

TIMEX BC ROAD RUNNING SERIES

2010

SEE WEBSITE FOR MORE INFO AND RANKINGS
www.bcathletics.org/RRSeries/



Next race:

Sandcastle City Classic 10k
 Sunday, June 6, 9:00am, Crescent Park Elem., White Rock
www.sunrunners.ca/sandcastle-race

WOMEN'S RANKINGS AFTER RACE #10: SHAUGHNESSY 8K

OVERALL

	PTS.	RACES
CARE WAKELY.....	4053	5
CLAIRE MORGAN.....	3906	5
NATALIE CLOSS.....	3817	5
SONJA YLI-KAHILA.....	3663	5
LUCY SMITH.....	3485	4
JACKIE EDDY.....	3330	5
KATHERINE MOORE.....	3269	4
SHANNON THOMPSON.....	3125	4
JULIE VAN VEELLEN.....	2889	4
CHARLENE WALDNER.....	2844	4
SARA GANS.....	2806	4
SUZANNE MANDY.....	2727	4
MICHELLE BUCKLEY.....	2712	4
NATASHA WODAK.....	2625	3
KARMEN JONGEWAARD.....	2561	4
DANIELLE MASON.....	2537	4
MEAGHAN MCCOLLUM.....	2511	3
RACHEL RUUS.....	2496	3
MELISSA ROSS.....	2478	3
SARAH ROBERTSON.....	2439	4
JESSICA SEDLOCK.....	2428	3
CATHERINE WATKINS.....	2396	3
MICHELLE GOROSH.....	2386	4
JANET NIELSEN.....	2359	3
NANCY BAXENDALE.....	2355	3

19 & U

NICHOLA KENNEL.....	2046	3
CHRISTINE RIDENOUR.....	1640	2
ALECIA KALLOS.....	1501	2
CARYS PINCHES.....	1470	2
GABRIELA BOLANOS.....	1459	2
REBECCA STAYNOR.....	1435	2
KIMBERLEY DOERKSEN.....	1419	2
KATRINA DUTKIEWICZ.....	1369	2
FARISHA ARENSEN.....	1368	2
SHERRY GU.....	1281	2
MICHELLE KO.....	1241	2
MATTIE BAKKER.....	1228	2
ROBYN NOEL.....	1107	2
TAYLOR NOEL.....	888	2

20-24

JESSICA SEDLOCK.....	2428	3
ANDREA BACHAND.....	2077	3
SHAUNA SKINNER.....	1667	2
SARAH BOSMA.....	1642	3
TARA BARRY.....	1381	2
LISA ADAMS.....	1331	2
KATIE BRITTON.....	1324	2
HEATHER AFFORD.....	1323	2
KAYLEE BEALES.....	1316	2
COURTNEY SWARTZ.....	1284	2
HILARY SPIRES.....	1243	2
LIBBY MACHATTIE.....	1233	2
LISANNE PRINCE.....	1198	2
DIANA DUBE.....	1161	2
CLAIRE MAYTOM.....	1152	2
SANAZ FOTOOHI.....	1145	2
ANGELA PUSZKA.....	1138	2
KATLIN BAMFORD.....	1121	2
KATE BEATON.....	1114	2
BRITTANY HARSHEY.....	1096	2
LINDSAY GOLDTHORPE.....	1064	2
JENNIFER JONES.....	1049	2
MERCEDES MACKIE.....	1027	2

25-29

	PTS.	RACES
CARE WAKELY.....	4053	5
SHANNON THOMPSON.....	3125	4
NATASHA WODAK.....	2625	3
DANIELLE MASON.....	2537	4
MELISSA ROSS.....	2478	3
SARAH ROBERTSON.....	2439	4
JANET NIELSEN.....	2359	3
KATE RICHARDS.....	2167	3
NICOLE KOENIG.....	2051	3
KATE LINDSAY.....	1824	3
MAGALI TISSEYRE.....	1701	2
ANNE-MARIE MADDEN.....	1641	2
ERIN BURRETT.....	1614	2
CHESSA ADSIT-MORRIS.....	1602	2
NANCY FEDORUK.....	1567	2
LOUISE ORAM.....	1491	2
SEANNA MARTIN.....	1438	2
ADRIENNE STEDFORD.....	1429	2
KRISTIN SMART.....	1406	2
MELISSA RUSSELL.....	1388	2
KATIE CROSS.....	1381	2
TERESA BERKHOLTZ.....	1374	2
PAMELA DINN.....	1346	2
SUMMER TOMASZEK.....	1337	2
VALERIE BODNARCHUK.....	1299	2

30-34

SONJA YLI-KAHILA.....	3663	5
KATHERINE MOORE.....	3269	4
JULIE VAN VEELLEN.....	2889	4
SARA GANS.....	2806	4
MICHELLE BUCKLEY.....	2712	4
KARMEN JONGEWAARD.....	2561	4
MEAGHAN MCCOLLUM.....	2511	3
KIM EVERETT.....	2082	3
MARIE-CLAUDE MAGNAN.....	2078	3
LEAH PAINTER.....	2013	3
KRISTA KITSON.....	1888	3
MALINDI ELMORE.....	1827	2
KRISTINA RODY.....	1769	2
KIRSTY SHELTON.....	1754	3
MARY DILLON.....	1615	3
ANDREA MINTER.....	1612	3
JENNIFER HALL.....	1578	3
EMILIE NADEAU.....	1490	3
KRISTAL ANDERSON.....	1470	2
DEBRA HOPKINS.....	1460	3
REBEKAH JOHNSON.....	1449	2
JENNA LOCK.....	1445	3
LEANNE BLACKWOOD.....	1441	2
DEVON EDMUNDSON.....	1434	3
ANGELA YAP.....	1403	2

35-39

CLAIRE MORGAN.....	3906	5
NATALIE CLOSS.....	3817	5
RACHEL RUUS.....	2496	3
CATHERINE WATKINS.....	2396	3
WENDY NAVAS.....	2254	4
KIRSTEN ARENSEN.....	2194	3
HEATHER CHRISTIE.....	2062	3
KATHLYN MCHUGH.....	1967	3
CINDY TODD.....	1893	3
NIKKI VAN HORNE.....	1868	3
TIFFANY SMITH.....	1786	3
APRIL DEYAEGER.....	1744	3
BERNICE SMITH.....	1685	3
TRISHA KAPLAN.....	1535	3
KATE BAYNE.....	1521	2
KAREN LABEREE.....	1513	2
JENNY MANZER.....	1480	2
MELINA THIBODEAU.....	1466	2
KATHY RUNG.....	1441	2
JACQUIE NELIGAN.....	1392	2
CRYSTAL FYFE.....	1354	2
STEPHANIE RENWICK.....	1342	2
AUDREY ATTIA.....	1331	2
TANYA JANOTA.....	1276	2
FIONA PETERS.....	1215	2

40-44

	PTS.	RACES
LUCY SMITH.....	3485	4
CHARLENE WALDNER.....	2844	4
BELINDA KISSACK.....	2342	4
SHANNON PECK.....	2210	4
ANGELA PLAMONDON.....	2209	3
DENISE DIXON.....	2137	4
MAUREEN CURTIN.....	2071	3
MELINDA BRAKE.....	1973	3
JUNKO POLEY.....	1901	3
SANDY PRZADA.....	1805	3
ALAYNE CARTWRIGHT.....	1797	3
JOANNE COSBY.....	1714	3
CHERYL MURPHY.....	1656	2
BARB COTTINGHAM.....	1647	3
GINA COUTTS.....	1547	3
SUE SANDERS.....	1533	3
TERESA NIGHTINGALE.....	1526	2
DONNA ANDERSON.....	1484	3
BEV KEMP.....	1460	2
LISA MORROW.....	1433	2
RENATA TROC.....	1372	2
PENNY DAVIS.....	1327	2
SANDRA MILLIGAN.....	1326	2
KARIN HOLM.....	1260	2
ANKE KESSLER.....	1223	2

45-49

SUZANNE MANDY.....	2727	4
NANCY BAXENDALE.....	2355	3
JEANETTE CARLSON.....	2324	4
KAREN IRVINE.....	2307	4
AUDREY STIBBE.....	2275	4
JUDI SIGURDSON.....	2255	4
BARI-ELYN WISE.....	2241	4
WENDY WILLIAMS.....	2170	4
SUE THORNE.....	1951	3
GERALDINE HUTCHINGS.....	1924	3
NADINE PADUR-ROSE.....	1886	3
NATALIE NOBERT.....	1831	3
SELINA LEW.....	1648	3
COLLEEN BARNATT.....	1634	3
CAROLE PHEE.....	1624	3
JULIETTE CHRISTIE.....	1592	2
SHANNON GROENEWEGEN.....	1581	3
SUSAN SCHIPHORST.....	1537	3
SHEILA MCKEE.....	1523	3
VALERIE BELL.....	1490	2
SANDRA MULLEN.....	1470	2
CATHY NOEL.....	1466	3
CAROLINE RAINE.....	1368	2
JOANELL STORM.....	1362	2
LOIS FEARON.....	1341	2

50-54

DANNA FRASER.....	2101	4
ROBERTA FERGUSON.....	1998	3
DIANA CONNER.....	1832	3
SYLVIA GRANT.....	1803	3
LORI STENSON.....	1734	3
BEV BAIN.....	1674	3
LESLIE EWART.....	1617	3
JANICE TUBA.....	1554	3
CINDY RHODES.....	1498	2
CHRIS BROWER.....	1410	2
JANE MCDONALD.....	1394	3
DONNA MORRISSEY.....	1330	2
JULIE FRYDENLUND.....	1260	2
LEE ANN DIL.....	1256	2
TAMI BEALES.....	1252	2
LEE WILLIAMS.....	1245	2
JUDITH NEWMAN.....	1241	2
ANN WILK.....	1239	2
KAREN WELLER.....	1221	2
LYNN ROSS.....	1206	2
DONNA GILBERT.....	1203	2
KAT MCGRATH.....	1195	2
TERESA RUSH.....	1187	2
CATHY MORTON.....	1162	2
JUDY THOMPSON.....	1140	2

55-59

	PTS.	RACES
JACKIE EDDY.....	3330	5
MICHELLE GOROSH.....	2386	4
JANET WRIGHT.....	1862	3
SHEILA WHITE.....	1545	3
MARY WILLIAMS.....	1503	3
LAURA GRIFFIN.....	1439	3
MELANIE CUNNINGHAM.....	1412	3
LAURELEE WELDER.....	1404	2
HEATHER BEATTY.....	1394	2
SANDRA FAWCETT.....	1377	3
AGNES STANSFIELD.....	1363	2
LORI ALLIN.....	1329	2
DONNA DE BELLEFEUILLE.....	1274	2
DENISE AUCOIN.....	1248	2
SHAVAUEN SEDLOCK.....	1223	2
MICHELE VON BECKMANN.....	1221	2
MARY FREEMAN.....	1186	2
PAULINE CONDON STYNES.....	1179	2
CHARLOTTE HEIDT.....	1169	2
HELEN MARTIN.....	1161	2
MARY ELLEN HEIDT.....	1159	2
TRICIA BOURASSA.....	1140	2
LIZ DYSON.....	1113	2
BARBARA LOW.....	1094	2
FERN ESAU.....	1079	2

60-64

CARA SMITH.....	2123	4
FELICITY PARKER.....	1798	3
BETH HAYSOM.....	1617	3
HEATHER JOHNS.....	1614	3
ROSLYN SMITH.....	1319	2
PEGGY SHERWOOD.....	1313	3
MARCIA STROMSMOE.....	1303	2
DIANE LEONARD.....	1159	2
MARIAN PATERSON.....	1093	2
PATRICIA RIEGEL.....	1084	2
ELAINE MILLER.....	1005	2
CHERYL HAYES.....	985	2
LINDA WOODBURY.....	979	2
VAL JANZEN.....	950	2
ANNE WARREN.....	900	2

65-69

PAULINE NAIDOO.....	1709	3
MEI-SHENG SHANKS.....	1464	3
CAROL JUDD.....	980	2
KAREN WILLIES.....	955	2
GLORIA LARRATT.....	909	2

70+

SANDRA DAVIES.....	1214	3
CORINNA GILLILAND.....	800	2
GEORGIE CLAPHAM.....	786	2