

TIMEX BC ROAD RUNNING SERIES

2010

SEE WEBSITE FOR MORE INFO AND RANKINGS
www.bcathletics.org/RRSeries/



THE VANCOUVER SUN

Next race:

Kelowna Midsummer 8k

Sunday, July 11, 8am, Capital News Centre, Kelowna

www.bcathletics.org/RRSeries/

MEN'S RANKINGS AFTER RACE #12: NSCU LONGEST DAY 5K

OVERALL	PTS.	RACES	25-29	PTS.	RACES	40-44	PTS.	RACES	55-59	PTS.	RACES
SCOTT SIMPSON	4490	5	TRISTAN SIMPSON	4230	5	CRAIG ODERMATT	4187	5	STEVE HOSFORD	3447	6
JAY MACDONALD	4300	5	MARK NELSON	3990	6	JO ASTORIA	3619	6	ROBERT HAINES	3114	5
WILLY LANGAT	4256	5	NIXON KIPROTICH	3356	4	LARRY LORETTE	3553	6	TRACY COOPER	3100	5
TRISTAN SIMPSON	4230	5	NICK WALKER	3300	4	NICK MUNDAY	3387	5	DAVE SAKAMOTO	3089	6
CRAIG ODERMATT	4187	5	KEITH MILLS	3187	4	BRUCE MARTELL	3097	4	BUDDY BHANDAR	2754	4
SHAWN NELSON	4107	6	TREVOR FEENEY	3139	4	RUSSELL BUSCHE	3025	4	GERALD JOE	2649	5
SHANE RULJANCICH	4062	5	DREW NICHOLSON	3116	4	TIM NIXON	2764	4	PAT CHEUNG	2580	6
MARK NELSON	3990	6	MARTEN SIMS	2864	4	ROBERT UEBBING	2733	4	ROGER WHITE	2567	4
DEREK WESTRA-LUNEY	3890	5	DAN MCKEAN	2779	4	RICHARD W BELLIZZ	2698	4	DOMINIC GERELLE	2530	4
KEVIN SEARLE	3830	5	RICHARD MOSLEY	2703	3	SEAN WINDRUM	2662	4	CHRIS GREENWAY	2360	4
GARY DUNCAN	3624	5	GEOFF REID	2459	3	DAVE KELSEY	2650	4	JOHN PARSONS	2354	5
JO ASTORIA	3619	6	GUS AMUNDSON	2413	3	JEFF LEWIS	2647	4	GRANT PARNELL	2323	4
STEVEN OSADUIK	3594	4	DAVID PALERMO	2396	3	MARK BOMBA	2575	3	PAUL REIMER	2276	3
LARRY LORETTE	3553	6	LEIF BARADOY	2314	3	CHEN GREIF	2408	4	CHRISTOPHER PAGAN	2190	4
DAVEY GIN	3473	5	BYRON TRAJAN	2286	3	PIROUZ KHAKZAD	2402	4	DAVID MACLEOD	2189	4
DAVE FRILUND	3464	5	KAMAL RAE	2271	3	STEVE MANDY	2370	4	LORNE BROWNSEY	2175	4
STEVE HOSFORD	3447	6	CLARKE LIND	2249	3	WALTER CANTWELL	2320	3	GLENN RICKETTS	2158	4
DAVID HOSKINS	3446	5	NICK GOTTFRIED	2168	3	TYLER GINTHER	2311	3	JOHN JOHNSTON	2158	4
YUKI OTSUBO	3425	5	BRAD CROWE	2160	3	MARCUS MURPHY	2246	4	GORD PHILLIPS	1936	3
NICK MUNDAY	3387	5	MARK CAROLAN	2115	3	FELIPE EDORA	2161	3	BRAD HOLMES	1918	3
NIXON KIPROTICH	3356	4	ROB EAKIN	2103	3	MARK RITCHIE	2149	3	LEO LAM	1914	3
HERB PHILLIPS	3319	7	PHILIP BIRRER	2095	3	EDWIN JOHNSTON	2112	3	MARK ZIEGLER	1840	3
NICK WALKER	3300	4	ANDREW MURPHY	2047	3	STEFAN FORRESTAL	2107	3			
STEVE JACKSON	3296	6	MICHAEL NEWTON	1876	3	DON COSTELLO	2012	3			
IAN HALLAM	3264	4	TREVOR AVENDER	1870	3	DAN JACKLIN	2005	3			
19 & U			30-34			45-49			60-64		
BEN PUSZKA	1783	4	SCOTT SIMPSON	4490	5	KEVIN SEARLE	3830	5	DAVID HOSKINS	3446	5
JOSH WILLIAMS	1711	3	JAY MACDONALD	4300	5	DAVEY GIN	3473	5	JIM CORNISH	3064	5
JOEY GARGARO	1671	3	SHANE RULJANCICH	4062	5	GORDON CHRISTIE	2974	4	ARTHUR BEADLE	2843	5
JAMES LAMERS	1567	2	STEVEN OSADUIK	3594	4	PETER MUSSENDEN	2809	5	DANNY EDDY	2526	5
TIMOTHY MACLEAN	1525	2	ROSS GREENWOOD	3106	4	GORDON DOERKSEN	2791	4	ORLANDO NARANJO	2436	6
CONNOR FOREMAN	1512	2	TIM ADKINS	3025	4	JOHN HERRON	2686	4	BERNIE STEININGER	2118	4
MICHAEL BUTLER	1467	2	AMIEL LOGAN	2797	4	BILL CODVILLE	2653	4	JOHN NEUFELD	2107	4
GAELAN MOORE	1415	2	DEREK NIZIOL	2698	4	LANCE HURRELL	2578	4	VINCE TRAHAN	2096	4
SAMUEL SILSIG	1414	2	TODD HOWARD	2549	3	RICHARD ARMSTRONG	2531	4	ZLATKO ZVEKICH	1892	3
DAVID PHILLIPS	1408	2	MICHAEL BROWN	2508	4	HENRY THOM	2511	4	JEAN-PIERRE POGGIOLI	1859	3
PERNEET SEKHON	1386	2	BRYAN CRERAR	2129	3	LEIGH LUNDGREN	2459	4	JOHN DURKIN	1792	3
WILLIAM VOSPER	1347	2	LOREN STEWART	2043	3	PETE LANGELO	2447	4	WAYNE PEHOWICH	1721	4
DANIEL VAN DER BASCH	1329	2	SEAN REILLY	1958	3	GEORGE GATES	2367	5	JAMES GRIFFIN	1702	4
JOE BALDERSTON	1311	2	ADAM KELLY	1956	3	ROBERT HASEGAWA	2342	3	TIM HENDRIE	1423	3
JEFF SEARLE	1308	2	KEVIN SPAHN	1950	3	PAUL SKARSGARD	2341	3	NICOLAS PEDLEY	1396	3
ALISTAIR NORMAN	1260	2	PATRICK MCMORRIS	1895	3	DAN EHLE	2319	4	GARY VERMETTE	1277	2
JEREMY SCUDDER	1178	2	JOHN GOLUZA	1824	3	JEFF SHELDRAKE	2273	4	MARK JACKMAN	1231	2
KONRAD HERRMANN	1167	2	DAVID JACKSON	1764	2	KEN CHEW	2243	3	JEFF VAN DEN DRIESEN	1177	2
DANIEL HOWARD	1108	2	JEREMIAH ZIAK	1735	2	GLEN RUNZER	2185	4	BOB COOK	1166	2
BRENDAN DECONTIE	917	2	KEVIN KING	1733	3	ROGER PLAMONDON	2138	3	RICK HORITA	1149	2
			TREVOR KLASSEN	1678	3	IAN SKELTON	2033	3	MICHAEL FOSTER	1145	2
			ADAM CAMPBELL	1651	2	MARTIN BRACKLEY	1967	3	ROSS MORGAN	1133	2
			JEREMY HOPWOOD	1582	2	LARRY PUSZKA	1868	3			
			SIMON PEARSON	1486	2	DEAN LOEWEN	1838	4	65-69		
			GLENN LEAR	1476	2	KEITH KENDAL	1835	3	HERB PHILLIPS	3319	7
								FRANK TOWLER	3209	6	
			35-39			50-54		JOHN PICKERING	2946	5	
			IAN HALLAM	3264	4	GARY DUNCAN	3624	5	AKRAM KHAN	2680	5
			GREG HOCKLEY	2994	4	DAVE FRILUND	3464	5	PETER MADDEROM	2597	5
			JASON BOWERS	2845	4	YUKI OTSUBO	3425	5	JOHN CLIFF	2569	4
			DICKSON CHOY	2765	6	STEVE JACKSON	3296	6	PETER POLLHAMMER	2464	4
			OLIVER UTTING	2609	3	BILL CHANG	3080	5	DAN CUMMING	2392	6
			LAURENCE COOGAN	2314	3	RIEL LUPIEN	3065	5	DAN MURPHY	1985	4
			IAN PERRIMAN	2306	3	NIGEL BARRETT	2687	5	DAVID SHANKS	1852	4
			DAVID VAN HORNE	2304	4	MIKE THOMSEN	2410	4	JOHN CROW	1787	3
			CIPRIAN CONSTANTINESCU	2296	4	LORNE MORROW	2376	4	TOM MUNRO	1458	3
			NOAH WALLACE	2270	3	STEPHEN COOK	2324	4	BEN SEGHERS	1403	3
			RICHARD LIGHT	2268	3	ROB HARE	2268	4	BRUCE HAWKES	1358	3
			JEFF HUNT	2175	3	KEITH BLAKEMORE	2214	4	ERIC SHERWOOD	1278	3
			DOUG CARMICHAEL	2147	4	MARK PINCKARD	2206	3	BILL SCRIVEN	1031	2
			MICHAEL ARENSEN	2082	3	ARTHUR BOILEAU	2200	3			
			SHAYNE STOKES	2064	3	FRANK GRAHAM	2156	3	70+		
			ALSTON MILLER	2010	3	BRUCE WILLIAMS	2008	3	MAURICE TARRANT	2216	4
			ROBERT HELMY	1884	4	BRUCE MACKENZIE	1997	3	ROBERT BUTTERWORTH	2211	4
			GIHAN WICKREMASURIYA	1883	3	BRIAN BELL	1888	4	JOHN DOWNING	2187	4
			JOHN DUTCHAK	1871	3	VINCE OHARA	1887	3	JOHN WOODALL	2086	4
			SIMON WHITFIELD	1791	2	RITCHIE MORRISON	1797	3	ROB DANIEL	2078	7
			JAMES FINLAYSON	1760	2	ANDRE COTE	1767	3	BALA NAIDOO	1639	3
			JASON LOUTITT	1698	2	CHRIS JONES	1746	3	JOHN PRINGLE	1638	3
			SEANN MAY	1674	3	NICK VAN DER WESTHUIZE	1711	3	GARTH BALL	1614	3
			GEORGE SALI	1632	3	ROSS PALFERY	1504	3	GARFIELD SAUNDERS	1141	2
			MIKE MURPHY	1592	2	KEITH WAKELIN	1426	2	MIKE EMERSON	999	2
								CHARLIE IRELAND	985	2	
								BILL MCMILLAN	981	2	
								GORDON MACDONALD	966	2	
								RINTJE RAAP	905	2	