

BC ATHLETICS PROVINCIAL TEAM STAFF RESPONSIBILITIES

TEAM COACHES

- 1. BC Team Coaches will be selected by BC Athletics Track & Field Committee.
- 2. To be selected as a Team Coach, a coach should have met the criteria of the BC Team requirements.
- 3. A Team Coach will be advised by the Team Head Coach which group of athletes he/she is responsible for.
- 4. A Team Coach makes recommendations to the Team Head Coach regarding necessary changes of athletes in the given event.
- 5. A Team Coach is responsible for the execution of the individual training program which should be designed by the Personal Coach of the athletes.
- 6. A Team Coach assists the athletes in training and preparation sessions, competition warm-up, and competition whenever possible and appropriate.
- 7. A Team Coach obtains details of the athletes' season and lifetime best performances and, if possible, those of the opposition.
- 8. A Team Coach establishes the athletes' readiness and maintains close liaison with Physicians and Physiotherapists on existing problems.
- 9. A Team Coach ensures that the athletes' equipment is adequate.
- 10. A Team Coach ensures that the athletes have their competitive numbers.
- 11. A Team Coach is responsible for providing the athletes with all technical information which they should know prior to the event.

- 12. A Team Coach is responsible for ensuring the athletes make use of medical and sport science staff when required.
- 13. A Team Coach takes part in technical meetings when designated by the Team Head Coach.
- 14. A Team Coach attends team and staff meetings.
- 15. A Team Coach organizes group meetings when appropriate.
- 16. A Team Coach must submit a report within fourteen days of the event to the BC Athletics Technical Manager T&F or Rd/XC.
- 17. A Team Coach is responsible to the Head Coach.