



## **Club Coach Track & Field NCCP Courses**

**Friday May 9<sup>th</sup> – Sunday May 11<sup>th</sup>, 2014**

Tournament Capital Centre, 910 McGill Road, Kamloops, BC V2C 6N6

**Hosted by BC Athletics & Kamloops Track and Field Club**

**An Event Specific Course:** Ideal for the school educator/coach, club coach, or parent who is coaching 4-6 months a year and wants to learn about a specific event group in further detail. **Participants can sign up in two ways:**

- For the **Full Weekend Course** - receive training in 1 of the 5 event groups (Endurance, Jumps, Throws (including Para Throws), Sprints/Hurdles, and Wheelchair Racing)
- **Or just for one of the Technical Modules** (All Day Sat plus Sunday morning). Please note you can only do “just the technical modules” if you already have done a different Full Weekend Club Coach course in a different event area.

**Learning Facilitators** = Master LF's and Certified Coaches

**Agenda: Friday May 9<sup>th</sup>, 2014 – Tournament Capital Centre (TCC) – Upstairs Meeting Room**

6:00pm to 9:30pm - Package Pickup, LTAD, Mental Prep, Nutrition

**Saturday May 10<sup>th</sup>, 2014 – TCC Stadium** (please dress for physical activity and the weather)

9am to 6pm – Event Specific Technical Modules (Choose either Endurance, Jumps, Throws (including Para Throws), Sprints/Hurdles, or Wheelchair Racing)

12:30-1pm - Lunch Break – please bring your own lunch

**Sunday May 11<sup>th</sup>, 2014 – TCC Stadium**

9am to 12:30pm – Event Specific Skill Analysis and Strength

12:30 to 1:00pm - Lunch Break – please bring your own lunch

1:00-pm to 5:30pm – **TCC Upstairs Meeting Room** - Strength and Seasonal Planning

**Fees: Full Course** - BC Athletics Coach Members – Early = \$141.75, Regular = \$157.50, Late = \$173.25 (all including GST)

**Full Course** – Non-Members = Early = \$199.50, Reg = \$215.25, Late = \$231 (includes GST & Coach Membership)

**Just Technical** - BCA Coach Members – Early = \$78.33, Regular = \$87.03, Late = \$95.74 (all including GST)

**Just Technical** - Non-Members = Early = \$136.08, Reg = \$144.78, Late = \$153.49 (incl. GST & Coach Membership)

Fees include all workshop materials. Registration/payment must be done online. GST Reg. # 127293264

**Each Coach Must Register Themselves.**

### **4 Steps to Register Online:**

1. Register/Update your profile with the Coaching Association of Canada
  - First NCCP Course? - Register here <https://thelocker.coach.ca/Account/Register>
  - Look up your NCCP # here <https://nccp.coach.ca/Account/Login>
2. Register as a coach with Athletics Canada on their NCCP website.
  - Click "Register Now" link at <http://nccp.athletics.ca/>
  - This website is also where you will upload your information for the evaluation/certification process.
3. Complete the pre-course online components (takes about 1-2 hours) at <http://nccp.athletics.ca/>
  - Log in to your account and go to the Status link on the top of the page.
  - Scroll down to the Club Coach box and click on the Begin link for the Club Coach readings
4. Register Online for this course at <http://nccp.athletics.ca/>
  - Click on Clinics to see upcoming Club Coach Course
  - Choose 1 of the 5 Event Groups - either Endurance, Jumps, Throws (including Para Throws), Sprints/Hurdles, or Wheelchair Racing)
  - Click on Register to register online. You will need a credit card for payment.

For more information on this or other courses, please follow this link <http://www.bcatletics.org/Coaches/Education/> and go to **NCCP Courses** on the left

or contact Jennifer Schutz at [jennifer.schutz@bcathletics.org](mailto:jennifer.schutz@bcathletics.org) or 604-333-3558.