



Club Coach Throws, Para Throws, and Wheelchair Racing NCCP Courses

Friday March 7th – Sunday March 9th, 2014

*Minoru Park Sports Pavilion and Stadium plus the Richmond Olympic Oval
7191 Granville Avenue, Richmond, BC, V6Y 1N9 and 6111 River Rd, Richmond, BC V7C 0A2*

Hosted by BC Athletics and BC Wheelchair Sports Association

An Event Specific Course: Ideal for the school educator/coach, club coach, or parent who is coaching 4-6 months a year and wants to learn about a specific event group in further detail. **Participants can sign up in two ways:**

- For the **Full Weekend Course** - receive training in both Throws (including Para Throws) and Wheelchair Racing
- **Or just for one or both of the Technical Modules** (Throws = All Day Sat, Wheelchair Racing = Sun morning) if you already have done a different Club Coach course or just want to learn about Throws or the Para events!

Learning Facilitators = Master Learning Facilitators Barb Vida and Ron Bunting, plus Guest Coaches Ken Hall (Canadian Para Throws Coach) and James Hustvedt (Wheelchair Racer and Team BC Coach)

Agenda:

Friday March 7th, 2014 – Minoru Park Sports Pavilion (7191 Granville Ave, Richmond, BC)

6:30pm-9:30pm - Long Term Athlete Development, Mental Prep, Nutrition

Saturday March 8th, 2014 – BC Wheelchair Sports Office (780 SW Marine Drive, Vancouver, BC)

8:30am-10:30am - Club Coach and Para Throws Technical Modules

11:00-4:30 pm – Technical Modules plus Strength (Richmond Olympic Oval - 6111 River Road, Richmond, BC)

Sunday March 9th, 2014 – BC Wheelchair Sports Office (780 SW Marine Drive, Vancouver, BC)

8:30am – 12:00noon - Wheelchair Racing Technical Modules plus Skill Analysis of Wheelchair Racing and Strength

1:30pm - 4:30pm – Seasonal Planning (Minoru Park Sports Pavilion - 7191 Granville Ave, Richmond, BC)

Fees: BCA Members – Full Course = \$131.25 (125.00 + 6.25 GST) or just Para Modules = \$ 76.56 (72.91 + 3.65 GST)
Non-Members – Full Course = \$147.00 (140.00 + 7.00 GST) or just Para Modules = \$85.75 (81.66 + 4.09 GST)
Fees include all workshop materials and registration must be done online. GST Reg. # 127293264

Each Coach Must Register Themselves - 4 Steps to the Online Registration:

1. Register with the Coaching Association of Canada
 - First NCCP Course? - Register here <https://thelocker.coach.ca/Account/Register>
 - Look up your NCCP # here <https://nccp.coach.ca/Account/Login>
2. Register as a coach with Athletics Canada on their NCCP website
 - Click "Register Now" link at <http://nccp.athletics.ca/>
 - This website is also where you will upload your information for the evaluation/certification process.
3. Complete the pre-course online readings (takes about 1-2 hours) at <http://nccp.athletics.ca/>
 - Log in to your account and go to the Status link on the top of the page
 - Scroll down to the Club Coach Throws box (or Para as they are all the same) and click on the Begin link for the readings and assignments
4. Register Online for this course at <http://nccp.athletics.ca/>
 - Click on Clinics to see upcoming Club Coach Courses
 - can choose to do the Full Weekend Course
 - can choose to just to the Technical Modules (Sat and/or Sunday Morning)
 - Click on Register to register online for the correct clinic. You will need a credit card for payment.

For more information on this or other courses, please follow this link <http://www.bcathletics.org/Coaches/Education/>
and **go to NCCP Courses** on the left
or contact Jennifer Schutz at jennifer.schutz@bcathletics.org or 604-333-3558.