



KAJAKS

BC Athletics 2018 8K Road Championship

The BC Athletics 2018 8K Road Championship will be held in conjunction with the Steveston Icebreaker 8K on Sunday, January 21, 2018.

Race Information

A flat and fast, certified 8K, run out and back alongside the Fraser River. Event records are 23:59 (Adam Byles) and 25:57 (Tina Connelly). Race starts at 9:00 am. Complete race details on the event website: <http://www.kajaks.ca/icebreaker/>.

Entry Information

Enter online at: <https://www.events.runningroom.com/site/?raceId=14736>.
Entry fee is \$30.00 for BC Athletics athlete members until Dec 14, rising after that date.

Championship Eligibility

The Championship portion of the event is open to all 2018 Junior, Senior, Masters and Road & Trail members of BC Athletics. Memberships must be received by January 19, 2018 in order to be eligible.

BC Athletics Championship Awards

Championship Medals and Prize Money of \$200, \$100, and \$50 will be presented to:

- The first 3 eligible finishers, men and women, overall.

Championship Ribbons will be presented to:

- The first 3 eligible finishers, men and women, in each age category: 18-19, 20-24, 25-29, 30-34, ... 100+

High Performance Athletes' Awards

- Event Prizing: Top finishers receive Running Room gift cards.
- Requests for complimentary entries for High Performance runners will be handled on a case-by-case basis. Consideration will be given to men who have run under 25:00 and women who have run under 28:00, or 5K or 10K equivalents - <http://www.kajaks.ca/icebreaker/#1505855672061-a5676fe4-0bbd>