

B. C. MASTERS INDOOR TRACK AND FIELD RECORDS
 (NEW RECORDS SET IN 2013 – 29 +1tie, 13 CR, 2 WR & 2 BC w/oversize track)

(AGE)	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
60M						
M40	7.38	Luke Wang	40	02/02/13	Richmond, BC	
M70	8.71	Harold Morioka	70	02/02/13	Richmond, BC	
M90	13.35	Harry Thompson	90	16/02/13	Kamloops, BC	CR
W55	9.45	Margaret Rhebergen	57	16/02/13	Kamloops, BC	
200M						
M90	48.38	Harry Thompson	90	17/02/13	Kamloops, BC	CR
W35	27.39 #	Jeanette Van Den Bulk	35	10/02/13	Seattle, WA	
W55	32.00	Elaine Whidden	58	17/02/13	Kamloops, BC	
400M						
M40	57.44	Sam Walker	41	16/02/13	Kamloops, BC	
M90	2:03.84	Harry Thompson	90	16/02/13	Kamloops, BC	CR
W35	58.86 #	Jeannette Van Den Bulk	35	10/02/13	Seattle, WA	
W55	1:23.26	Elaine Whidden	58	16/02/13	Kamloops, BC	
W65	1:41.20	Lynette Baldock	66	16/02/13	Kamloops, BC	
W80	2:00.18	Lenore Montgomery	82	16/02/13	Kamloops, BC	CR
800M						
M65	3:04.07	Sewa Birring	67	17/02/13	Kamloops, BC	
M90	5:04.61	Harry Thompson	90	17/02/13	Kamloops, BC	CR
W65	3:55.76	Lynette Baldock	66	17/02/13	Kamloops, BC	
W75	3:45.05	Christa Bortignon	76	22/03/13	Landover, MD	CR
1500M						
M90	10:33.10	Harry Thompson	90	16/02/13	Kamloops, BC	CR
W65	7:27.54	Lynette Baldock	66	16/02/13	Kamloops, BC	
3000M						
W65	15:30.48	Lynette Baldock	66	17/02/13	Kamloops, BC	
W80	17:28.07	Lenore Montgomery	82	17/02/13	Kamloops, BC	CR
4 x 200M RELAY						
M60	1:53.37	Bruno Gartner (60), Roy Turkington (61) Ken Crockett (60), Al Percival (61)		03/04/13	Kamloops, BC	CR
M65	1:58.03	Tom Ukonmaanaho (68), John Winfield (66) Harold Morioka (70), Sewa Birring (67)		03/04/13	Kamloops, BC	CR
LONG JUMP						
M85	1.64	Les Robson	85	17/02/13	Kamloops, BC	
TRIPLE JUMP						
M85	3.58	Les Robson	85	16/02/13	Kamloops, BC	
W65	6.32	Lynette Baldock	66	16/02/13	Kamloops, BC	
W75	7.75	Christa Bortignon	76	24/03/13	Landover, MD	WR
HIGH JUMP						
W90	0.77	Olga Kotelko	93	16/02/13	Kamloops, BC	WR
POLE VAULT						
W55	1.90 (tie)	Margaret Rhebergen	57	15/02/13	Kamloops, BC	
SHOT PUT						
W55	6.91	Sylvia Byers	55	17/02/13	Kamloops, BC	
1500M RACEWALK						
M65	10:28.94	Harnek Toor	66	16/02/13	Kamloops, BC	
W50	13:40.63	Lori Graham	54	16/02/13	Kamloops, BC	

CR Betters listed Canadian record
WR Betters listed World record
Oversize track

NOTE: 50M 8.70 W75 Christa Bortignon 76 16/03/13 Toronto, ON **CR**
 7.24 M60 Roy Turkington 61 16/03/13 Toronto, ON