

**2014 B. C. MASTERS OUTDOOR TRACK AND FIELD RECORDS**  
**(NEW RECORDS SET IN 2014 – 56 BC, 27 CR & 7 WR)**  
**(Race Walk records – 17 BC & 4 CR)**

<b>AGE</b>	<b>RECORD</b>	<b>RECORD HOLDER</b>	<b>AGE</b>	<b>DATE</b>	<b>VENUE</b>	
<b>100M</b>						
M60	12.10 1.9	Tom Dickson	61	21/06/14	Pasadena, CA	<b>CR</b>
<b>200M</b>						
W35	26.63 1.0	Jeannette Van Den Bulk	37	11/05/14	Victoria, BC	
<b>800M</b>						
W40	2:01.38	Diane Cummins	40	08/07/14	Victoria, BC	<b>CR</b>
<b>3000M</b>						
M90	22:08.45	Harry Thompson	91	28/06/14	Kelowna, BC	<b>CR</b>
W40	9:40.89	Catherine Watkins	42	24/05/14	Victoria, BC	<b>CR</b>
<b>5000M</b>						
W60	22:36.07	Chris Race	60	12/09/14	Langley, BC	
<b>10000M</b>						
M40	31:03.64	Jim Finlayson	41	07/06/14	Victoria, BC	
<b>SPRINT HURDLES</b>						
M45	18.51 0.0	Pete Pretorius	48	05/07/14	Burnaby, BC	
M75	19.40 -0.4	Lynn Thompson	75	12/09/14	Langley, BC	
W55	16.70 0.3	Margaret Rhebergen	59	10/09/14	Langley, BC	
<b>LONG HURDLES</b>						
W35	1:02.79	Jeannette Van Den Bulk	37	10/05/14	Victoria, BC	<b>CR</b>
<b>4 x 100M RELAY</b>						
W45	1:08.71	Urith Hayley (63), Marie Johnson (61) Deborah Lee (64), Rachel Fouladi (46)		28/06/14	Kelowna, BC	
<b>4 x 400M RELAY</b>						
<b>LONG JUMP</b>						
W50	4.11 -0.9	Miriam Cavani	53	28/06/14	Kelowna, BC	
W95	1.28 1.5	Olga Kotelko	95	17/05/14	Kamloops, BC	<b>WR</b>
<b>TRIPLE JUMP</b>						
W55	8.59 -0.3	Margaret Rhebergen	58	18/05/14	Kamloops, BC	
W95	3.37 0.4	Olga Kotelko	95	18/05/14	Kamloops, BC	<b>WR</b>
<b>HIGH JUMP</b>						
M65	1.50	John Hawkins	65	13/09/14	Langley, BC	
M75	1.25	Les East	75	13/09/14	Langley, BC	
W95	0.75	Olga Kotelko	95	18/05/14	Kamloops, BC	<b>WR</b>
<b>POLE VAULT</b>						
M80	1.85	Joe Giegerich	82	10/09/14	Langley, BC	
M85	0.90	Doug Monds	85	10/09/14	Langley, BC	<b>CR</b>
W55	2.05	Margaret Rhebergen	59	10/09/14	Langley, BC	
<b>SHOT PUT</b>						
W50	11.02	Carolynn Boomer	50	18/05/14	Kamloops, BC	<b>CR</b>
W95	4.91	Olga Kotelko	95	16/05/14	Kamloops, BC	<b>CR</b>
<b>DISCUS THROW</b>						
W65	25.86	Rose Hare	65	05/07/14	Burnaby, BC	<b>CR</b>
W80	17.95	Myrtle Acton	81	16/05/14	Kamloops, BC	<b>CR</b>
W95	12.04	Olga Kotelko	95	17/05/14	Kamloops, BC	<b>CR</b>
<b>JAVELIN THROW</b>						
M45	60.42	Graham Morfitt	47	08/06/14	Duncan, BC	<b>CR</b>
W60 500g	23.94	Marilyn Benz	64	28/06/14	Kelowna, BC	<b>CR</b>
W65 500g	21.78	Rose Hare	66	13/09/14	Langley, BC	<b>CR</b>
W70 500g	22.08	Marg Radcliffe	72	06/10/14	St. George, UT	<b>CR</b>
W75	22.93	Gerda Crosthwaite	75	13/09/14	Langley, BC	<b>CR</b>
W95	11.24	Olga Kotelko	95	29/03/14	Budapest, HUN	<b>WR</b>
<b>HAMMER THROW</b>						
M60	43.80	Dave McDonald	60	27/09/14	Kamloops, BC	
M85	24.78	Doug Monds	85	11/09/14	Langley, BC	

W65	32.78	Rose Hare	65	05/07/14	Burnaby, BC	CR
W70	26.97	Kathy Brand	72	29/06/14	Kelowna, BC	
W95	14.92	Olga Kotelko	95	16/05/14	Kamloops, BC	WR

#### WEIGHT THROW

M60	16.22	Dave McDonald	60	13/09/14	Langley, BC	
M65	13.47	John Hawkins	65	12/09/14	Langley, BC	
M90	7.77	John Bandstra	91	13/09/14	Langley, BC	
W65	11.92	Rose Hare	65	13/06/14	Langley, BC	CR
W70	9.92	Kathy Brand	72	28/06/14	Kelowna, BC	
W95	6.72	Olga Kotelko	95	13/06/14	Langley, BC	WR

#### SUPERWEIGHT

M60	7.46	Dave McDonald	60	19/07/14	Seattle, WA	
M65	5.24	Hardev Sandhu	65	19/07/14	Seattle, WA	

#### THROWS PENTATHLON

M60	3608	Dave McDonald	60	12/09/14	Langley, BC (40.58/727, 10.91/704, 39.49/704, 41.04/708, 14.90/765)	
M65	3234	John Hawkins	65	12/09/14	Langley, BC (29.42/563, 10.65/758, 30.31/569, 32.83/608, 13.47/736)	
M75	3458	Les East	75	12/09/14	Langley, BC (31.42/747, 8.83/670, 30.32/735, 25.41/561, 12.35/745)	CR
M85	2637	Doug Monds	85	12/09/14	Langley, BC (14.87/413, 6.92/636, 16.34/501, 15.32/404, 9.75/683)	
W65	4021	Rose Hare	65	16/05/14	Kamloops, BC (30.37/971, 9.33/893, 23.78/706, 21.66/618, 11.70/833)	CR
W80	3712	Myrtle Acton	81	12/09/14	Langley, BC (20.38/864, 6.57/769, 17.65/742, 12.61/556, 8.63/781)	CR
W95	5016	Olga Kotelko	95	16/05/14	Kamloops, BC (14.92/1097, 4.91/985, 11.75/1066, 9.64/1072, 6.41/796)	WR

#### PENTATHLON

W55	2768	Margaret Rhebergen	59	11/09/14	Langley, BC (16.70, 0.3/622, 1.26/771, 6.52/460, 3.52, nwi/482, 3:28.52/433)	
W60	2302	Urith Hayley	63	11/09/14	Langley, BC (18.26, 0.3/475, 1.11/644, 6.32/496, 2.88, nwi/340, 3:51.93/347)	

#### HEPTATHLON

W45	1927	Rachel Fouladi	46	12-13/07/14	Kamloops, BC (18.92 w=1.2/251, 1.17/460, 4.60/239, 36.15 w=-0.5/323, 2.82 w=-0.2/165, 7.35/91, 3:13.46/398)	
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#### 1500M RACE WALK

M40	6:14.48	Dmitry Babenko	41	12/07/14	Toronto, ON	CR
M65	9:45.29	Harnek Toor	68	06/07/14	Burnaby, BC	
M80	10:15.26	Don Currie	80	28/06/14	Kelowna, BC	CR
W55	11:32.88	Lori Graham	56	07/10/14	St. George, UT	
W60	12:10.93	Suzanne Sharp	60	28/06/14	Kelowna, BC	

#### 3000M RACE WALK

M40	13:16.17	Dmitry Babenko	41	06/07/14	Burnaby, BC	CR
M65	21:13.38	Harnek Toor	68	27/06/14	Kelowna, BC	
M70	22:36.64	Arthur Gee	70	06/07/14	Burnaby, BC	
M80	21:06.88	Don Currie	80	27/06/14	Kelowna, BC	CR
W45	23:27.92	Rachel Fouladi	46	27/06/14	Kelowna, BC	
W55	24:46.27	Lori Graham	56	06/10/14	St. George, UT	
W60	21:08.94	Suzanne Sharp	60	27/06/14	Kelowna, BC	

#### 5000M RACE WALK

M40	22:52.56	Dmitry Babenko	41	13/07/14	Toronto, ON	
W55	40:35.0(h)	Lori Graham	56	26/07/14	Tumwater, WA	

#### 5K ROAD WALK

W45	38:30	Rachel Fouladi	46	10/08/14	Richmond, BC	
W55	42:14	Lori Graham	56	08/10/14	St. George, UT	

#### 10K ROAD WALK

M40	46:57	Dmitry Babenko	41	13/09/14	Edmonton, AB	
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