

2015 B. C. MASTERS OUTDOOR TRACK AND FIELD RECORDS
(NEW RECORDS SET IN 2015 – 53 BC & 1 tie, 23 CR, 2 WR) *to Dec 31
(Race Walk records – 7 BC & 0 CR)

* All records are pending until approved by the BC Athletics Board at the 2015 AGM

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
100M						
M85	18.00 -1.0	Norm Lesage	85	25/04/15	Surrey, BC	CRp
M95	1:18.82 -0.2	William Falconer	95	27/08/15	Burnaby, BC	CR
W35	13.19 1.4	Natasha Bacchus	37	13/06/15	Coquitlam, BC	
W60	14.60 1.0	Elaine Whidden	60	04/07/15	Burnaby, BC	
200M						
M90	39.99 -1.1	Norm Lesage	85	26/08/15	Burnaby, BC	
W60	30.27 1.4	Elaine Whidden	60	05/07/15	Burnaby, BC	
400M						
W65	1:19.39	Sandra Bissessur	65	28/08/15	Burnaby, BC	
W85	2:11.85	Lenore Montgomery	85	28/08/15	Burnaby, BC	CR
800M						
W85	4:39.14	Lenore Montgomery	85	05/07/15	Burnaby, BC	WR (broken)
W85	4:33.86	Lenore Montgomery	85	27/08/15	Burnaby, BC	CR
1500						
M75	5:56.11	Herb Phillips	75	28/08/15	Burnaby, BC	
M85	7:59.56	Maurice Tarrant	85	16/05/15	Victoria, BC	CR
W85	9:06.76	Lenore Montgomery	85	28/08/15	Burnaby, BC	CR
3000M						
M85	17:01.99	Maurice Tarrant	85	30/05/15	Victoria, BC	CR
W45	9:44.94	p Marilyn Arsenault	47	30/05/15	Victoria, BC	CRp
5000M						
M75	20:51.35	Herb Phillips	75	26/08/15	Burnaby, BC	
M85	30:12.55	Maurice Tarrant	85	26/08/15	Burnaby, BC	CR
W45	16:51.08	p Marilyn Arsenault	47	??/06/15	Portland, OR	CR
W85	32:36.20	Lenore Montgomery	85	26/08/15	Burnaby, BC	WR
SPRINT HURDLES						
M75	18.96 0.5	Lynn Thompson	76	26/08/15	Burnaby, BC	
W65	17.90 -0.5	Deborah Lee	65	18/07/15	Seattle, WA	
2000 STEEPLECHASE						
M60	7:55.08	Reidar Zapf-Gilje	63	19/06/15	Langley, BC	
4 x 100M RELAY						
W55	1:01.43	Urith Hayley(64), Cindy O'Brien Hugh(57) Marie Johnson(62), Elaine Whidden(60)		27/08/15	Burnaby, BC	
W60	1:03.74	Deborah Lee (64), Christa Bortignon (78) Urith Hayley (64), Elaine Whidden (60)		26/04/15	Eugene, OR	CR
4 x 400M RELAY						
W60	5:27.92	Marie Johnson (62), Christa Bortignon (78) Valerie Scott (60), Elaine Whidden (60)		07/07/15	Surrey, BC	CR
LONG JUMP						
M90	1.40 1.1	Harry Thompson	92	20/06/15	Langley, BC	
TRIPLE JUMP						
M60	9.98 1.8	Reidar Zapf-Gilje	63	26/08/15	Burnaby, BC	
M90	3.68 -0.8	Harry Thompson	92	21/06/15	Langley, BC	
W65	8.35 -0.9	Deborah Lee	65	18/07/15	Seattle, WA	

HIGH JUMP						
M65	1.50	tie	John Hawkins	66	28/08/15	Burnaby, BC
POLE VAULT						
M65	2.80		John Hawkins	66	27/08/15	Burnaby, BC
M80	2.02		Gerard Dumas	80	24/09/15	Victoria, BC
M85	1.00		Douglas Monds	86	27/08/15	Burnaby, BC
W45	3.03		Nancy Craig	49	09/05/15	Victoria, BC
SHOT PUT						
M75	12.95		Marek Glowacki	75	29/09/15	Sopot, POL
M85	8.98		Rainer Sillantaus	85	28/08/15	Burnaby, BC
DISCUS THROW						
M75	39.94		Marek Glowacki	75	29/09/15	Sopot, POL
JAVELIN THROW						
M75	34.68		Marek Glowacki	75	08/10/15	Nice, FRA
M85	19.91		Rainer Sillantaus	85	26/08/15	Burnaby, BC
M90	16.78		Scot Henney	90	26/08/15	Burnaby, BC
W65	25.27		Marilyn Benz	65	20/06/15	Langley, BC
HAMMER THROW						
M75	35.71		Marek Glowacki	75	03/10/15	Nice, FRA
W70	27.79		Kathy Brand	72	16/05/15	Kamloops, BC
W80	22.46		Myrtle Acton	82	27/08/15	Burnaby, BC
WEIGHT THROW						
M60	16.95		Dave McDonald	61	25/04/15	Surrey, BC
M90	7.89		Jim Murray	90	31/07/05	Edmonton, AB
<i>(missed from earlier years, result from Throws pentathlon)</i>						
W65	12.21		Rose Hare	66	19/06/15	Langley, BC
SUPERWEIGHT						
M45	6.28		Jody Cranston	46	30/08/15	Seattle, WA
M60	8.19		Dave McDonald	61	11/04/15	Coos Bay, OR
THROWS PENTATHLON						
PENTATHLON						
M60	3575		Reidar Zapf-Gilje	63	13/06/15	Tonsberg, Norway
<i>(4.58 w=0.0/684), 38.05/645, 29.01 w=0.0/677, 38.37/680, 5:13.42/889)</i>						
1500M RACE WALK						
M70	10:44.58		Arthur Gee	72	05/07/15	Burnaby, BC
W60	10:25.40		Suzanne Sharp	61	25/07/15	Tumwater, WA
3000M RACE WALK						
M70	20:39.30		Jim Dyer	72	19/06/15	Langley, BC
M75	27:22.35		Mac McNair	79	19/06/15	Langley, BC
5000M RACE WALK						
W40	25:42.01	x	Nardene Hammond	42	03/03/15	Vancouver, BC
5K ROAD WALK						
10K ROAD WALK						
W40	57:02		Nardene Hammond	43	10/08/15	Lyon, FRA
20K ROAD WALK						
W40	1:57.00		Nardene Hammond	43	14/08/15	Lyon, FRA

CR Betters listed Canadian record
WR Betters listed World record
p Pending completed record form
x Insufficient qualified race walk officials