

2015 BC MASTERS INDOOR TRACK AND FIELD RECORDS
(NEW RECORDS SET IN 2015 – 44 BC plus 1 tie, 13 CR, 0 WR)

AGE	RECORD	RECORD HOLDER	AGE	DATE	VENUE	
60M						
M85	10.68	Norm Lesage	85	07/02/15	Richmond, BC	CR
W35	8.43	Natasha Bacchus	37	15/03/15	Toronto, ON	
W55	9.39	Margaret Rhebergen	59	14/02/15	Kamloops, BC	
200M						
M70	30.75	Tom Ukonmaanaho	70	15/02/15	Kamloops, BC	
M85	39.76	Norm Lesage	85	15/02/15	Kamloops, BC	CR
400M						
M40	56.82	Sam Walker	43	14/02/15	Kamloops, BC	
M85	1:38.16	Norm Lesage	85	14/02/15	Kamloops, BC	
800M						
M50	2:14.29	Mark Pinckard	54	15/03/15	Toronto, ON	
M70	2:58.41	Mark Stewart	70	15/02/15	Kamloops, BC	
W65	3:44.83	Lynette Baldock	68	15/02/15	Kamloops, BC	
1500M						
M70	6:14.26	Mark Stewart	70	14/02/14	Kamloops, BC	
W50	5:15.89	Juliette Christie	52	14/03/14	Toronto, ON	
W65	7:25.42	Lynette Baldock	68	14/02/15	Kamloops, BC	
3000M						
M70	13:15.21	Mark Stewart	70	13/02/15	Kamloops, BC	
W50	11:15.60	Juliette Christie	52	15/03/15	Toronto, ON	
4 x 200M RELAY						
M45	2:05.02	Jorge Woods (55), Mark Phillips (49) Surinder Shah (71), Branko Zurkovic (49)		07/02/15	Richmond, BC	
M70	2:19.16	Surinder Shah (71), Mark Stewart (70) Bill McNamara (73), Tom Ukonmaanaho (70)		15/02/15	Kamloops, BC	CR
W65	2:54.30	Lynette Baldock (68), Gabriella Moro (68) Winni MacKay-Smith (73), Christa Bortignon (78)		15/02/15	Kamloops, BC	CR
4 x 400M RELAY						
M45	5:05.38	Mark Phillips (49), Gordon Flett (54) Harjinder Kang (60), Steve Briggeman (55)		14/02/15	Kamloops, BC	
M70	5:12.10	Surinder Shah (71), Bill McNamara (73) Tom Ukonmaanaho(70), Mark Stewart (70)		14/02/15	Kamloops, BC	CR
W45	6:03.24	Cindy O'Brien Hugh (56), Kathy Friesen (55) Winni MacKay-Smith (73), Nicola Everton (49)		14/02/15	Kamloops, BC	
LONG JUMP						
M70	3.49	Surinder Shah	71	15/02/15	Kamloops, BC	
W60	3.38	Deborah Lee	64	15/02/15	Kamloops, BC	
TRIPLE JUMP						
M70	6.49	Arthur Gee	71	14/02/15	Kamloops, BC	
M90	3.34	Harry Thompson	92	14/02/15	Kamloops, BC	
W45	6.88	Rachel Fouladi	47	14/02/15	Kamloops, BC	
W60	7.24	Deborah Lee	64	15/03/15	Toronto, ON	
HIGH JUMP						
M65	1.39	Heinz Peter	66	14/02/15	Kamloops, BC	
M70	1.20 tie	Tom Ukonmaanaho	70	14/02/15	Kamloops, BC	
W55	1.34	Margaret Rhebergen	59	14/02/15	Kamloops, BC	CR
W60	1.15	Deborah Lee	64	15/03/15	Toronto, ON	

POLE VAULT						
M80	2.12	Gerard Dumas	80	26/03/15	Victoria, BC	CR
W45	2.75	Nancy Craig	49	07/02/15	Richmond, BC	
SHOT PUT						
M40	11.32	Phillip Vannini	40	07/02/15	Richmond, BC	
W65	8.45	Gabriella Moro	68	15/02/15	Kamloops, BC	
WEIGHT THROW						
M45	8.78	Jody Cranston	45	13/02/15	Kamloops, BC	
M65	12.62	Harnek Toor	68	13/02/15	Kamloops, BC	
1500M RACEWALK						
M70	10:36.12	Arthur Gee	71	14/02/15	Kamloops, BC	
M80	10:44.45	Don Currie	81	14/02/15	Kamloops, BC	CR
M90	19:20.25	Harry Thompson	92	14/02/15	Kamloops, BC	CR
W45	9:51.58	Rachel Fouladi	47	14/02/15	Kamloops, BC	
W55	12:12.06	Lori Graham	56	14/02/15	Kamloops, BC	
3000M RACEWALK						
M70	21:34.77	Arthur Gee	71	13/02/15	Kamloops, BC	
M80	21:31.36	Don Currie	81	13/02/15	Kamloops, BC	CR
W45	20:24.82	Rachel Fouladi	47	13/02/15	Kamloops, BC	

(7 Notable Performances in 50M & 50M Hurdles - non WMA events)

50M						
M60	7.19	Al Percival	63	14/03/15	Toronto, ON	CR
M65	7.85	Hardev Sandhu	66	14/03/15	Toronto, ON	
W35	7.34	Natasha Bacchus	37	14/03/15	Toronto, ON	
W60	9.07	Deborah Lee	64	14/03/15	Toronto, ON	
W75	8.64	Christa Bortignon	78	14/03/15	Toronto, ON	CR
50M HURDLES						
W60	11.14	Deborah Lee	64	15/03/15	Toronto, ON	
W75	11.52	Christa Bortignon	78	15/03/15	Toronto, ON	CR

CR Betters listed Canadian record

WR Betters listed World record