

The RJTW Presentation is **4 hours in length** and is designed to give **Teachers and Special Interest groups** a look into the Modules of RJTW.

The presentation offers a **Pro-D credit from the Coaching Association of Canada** and can be delivered in **variety of settings**.

It is an introduction to the teachings and theories of the program/ Topics covered include ‘Why RJTW’ and ‘General Athletic Development – which describe the details of **physical literacy** and its importance.

Time is also allocated for **RJTW Games & Practical Application** so you can see the program in action.

## SAMPLE PRESENTATION SCHEDULE

TIME	MODULE
8:30 – 9:00	Welcome, Introduction & Athletics for Life Video
9:00 – 9:45	Why RJTW? General Athletic Development
9:45 – 10:00	<b>BREAK</b>
10:00 – 12:00	Teaching progressions for RJTW with games & application <i>*Optional Developing WHEEL Movement Skills module can be added</i>
12:00 – 12:30	Options for workshops and delivery

## COST

Cost per person: **\$40.00\* + GST**

**Minimum of 10** participants required

\*Prices may vary due to other workshop related costs

For **questions** or **workshop registration information**

please contact the RJTW Coordinator

[sabrina.nettey@bcathletics.org](mailto:sabrina.nettey@bcathletics.org)

604-333-3554

