





Run Jump Throw Wheel Instructor Course

Saturday November 18 – Sunday November 19, 2017

Tournament Capital Center, Kamloops, BC Hosted by: BC Athletics & Kamloops Track and Field Club

RunJumpThrowWheel (RJTW) is a national program that uses track and field games and activities to teach the fundamental movement skills of running, jumping, throwing, and wheeling. Regardless of whether you're a sports coach, recreation leader, teacher, or parent, this course will give you the skills to encourage physical literacy in all the youths in your life!

Date:

Saturday November 18 – Sunday November 19, 2017 9:30am – 5pm

Location:

Tournament Capital Centre 910 McGill Road Kamloops, BC V2C 6N6

Cost:

BC Athletics Members: \$100 (This is a 20% discount!) Non-BC Athletics Members: \$125

Registration Deadline:

Date: Tuesday November 14, 2017 Time: 11:59pm

To register, go to: <u>https://www.trackie.com/online-registration/event/nccp-run-jump-throw-wheel-instructor-course/19340/#.Wft2DVuPJvw</u>

For more information, contact Sabrina Nettey at: (604) 333 – 3554 or <u>sabrina.nettey@bcathletics.org</u>

Can't wait to see you there!