

BC Athletics Officials' Newsletter

June 6, 2017

Hello Officials,

There are a number of competitions still needing your help. Please consider coming out to help the athletes and your fellow Officials. Experience is a great teacher. If you are new to the ranks of Officiating, here is your opportunity to learn while lending a hand.

Provincial Regional Development Coordinators

	Region	Email	Phone
John & Carol Cull	Lower Mainland (Zones 3,4,5)	johncull@telus.net	(604) 599-6638
Vince Sequeira	Vancouver Island (Zone 6)	vince.sequeira@shaw.ca	(250) 923-2458
Alwilda van Ryswyk	Okanagan/Kootenays (Zones 1,2)	alvan50@shaw.ca	(250) 372-9640
Greg Nicol	Okanagan/Kootenays (Zones 1,2)	greg-nicol@shaw.ca	(250) 372-7888
Cindy King	Northern BC (Zones 7,8)	cking@pgonline.com	(250) 613-7672

With Many Thanks to Aileen Lingwood for her excellent contribution to this Newsletter

A little goes a long way ...

I have had the opportunity to give horizontal jumps workshops in La Paz, Bolivia and last month in Gabarone, Botswana, thanks to my brother who is an international schools headmaster. As always, athletic talent has no boundaries; it just needs to be recognised and encouraged. These schools participated in national high school championships and just as in our school competitions, the participating schools were responsible for providing staff to officiate. And, just as here, many teachers are not confident running a higher level event. I presented a workshop based on their needs with the athletes demonstrating. Of course, it was also a coaching session with all involved learning the rules and technique. All agreed that they were far more confident going on to the next level and their subsequent performances were much improved. Keep in mind that the LJ/TJ runway was a worn path in the turf and the board was a battered, warped piece of wood which had become more a part of the runway than something that could be seen!

In La Paz, they just happened to have the national shot put champion, an 18 year old looking to improve in order to benefit his scholarship chances. He had to warn the soccer players every time he threw! And in Botswana, at the high school nationals in 2016, two seniors (17& 18) met Olympic standard in women's 800 & men's 1500! One teacher/coach was already on the Olympic team.

Most international schools have about 40% local students. My brother is so impressed by the depth of talent, especially in middle distance runners at his present school, and finds that it is a wonderful way to instill team spirit and pride.

Aileen Lingwood, BC Athletics Official, Level 5 Horizontal Jumps

Officials' Clinics and Workshops

Athletics Officials Workshop - Level 1 - Kelowna - June 30, 2017

This 90 minute workshop is an introduction to officiating with BC Athletics. It prepares novice officials for successful participation and future upgrading. It covers some rules and best practices for individual track and field events. There will be opportunities for questions and answers and to take notes, bring a pen or pencil.

Hosted by: The BC Athletics Branch Officials Committee and the Okanagan Athletics Club

Date: Friday, June 30, 2017 5:00pm - 6:30pm

Location: In the stands of the Apple Bowl, Kelowna

There is no registration fee for this workshop

Instructor: [Greg Nicol](#) (250-372-7888)

Registrar: [Okanagan Athletics](#)

[ON-LINE REGISTRATION FORM](#)

Two amazing Official Education/Training Opportunities June 25th and June 27th

2017 Harry Jerome Track Classic - Officials Training Week

The BC Athletics Officials Committee is offering TWO Athletics Officials Workshops. There will be both Level 1 and Level 2 National Officials Certification.

Details:

Athletics Officials Workshop Level 2

WHEN: Sunday June 25th, 2017

WHERE: Fortius Athlete Development Centre, 3713 Kensington Avenue, Burnaby

WHY: Gain in-class knowledge for advancement to Level 2 of the National Officials Certification Program.

BONUS OPPORTUNITY: Choose to participate in this workshop? Then you're invited to assist in officiating at the Harry Jerome International Track Classic! Why just watch some of Canada's world-class athletes (including Olympic Bronze medallist sprinter Andre De Grasse) compete, when you can get right in on the action and officiate!

SO HOW MUCH? As a BC Athletics member, take this 5-hour workshop for only \$25! (\$30 for non-BCA members)

LIGHT LUNCH PROVIDED



Not certified to be a Level 2 official quite yet? You may be interested in a second workshop being offered...

Athletics Officials Workshop Level 1

WHEN: Tuesday June 27th, 2017

WHERE: South Surrey Athletic Park Track

WHY: As a novice official, gain the knowledge and preparation needed to be further certified. Learn the basic skills required of Track & Field officials in an outdoor setting.

BONUS OPPORTUNITY: Want to practice the skills and knowledge you just learned? Gain practical experience as an official at the Ocean Athletics Twilight Summer Series T&F Meet following the workshop at the South Surrey Track.

SO HOW MUCH? Take advantage of this great combination of in-class and practical experience FREE of cost!



Sound like something you may be interested in? Register at the following links:

Athletics Officials Workshops Level 1:

<https://www.cognitoforms.com/BCAthletics1/OfficialsLevel1ClinicSurreyJune272017>

Athletics Officials Workshops Level 2: <https://www.trackie.com/online-registration/register/bc-athletics-level-2-officials-workshop/17123/>

Many Thanks for your help

Event: **BC High Schools Championship**

Sponsored by: BC High Schools

Date: Thursday June 1, Friday June 2, Saturday June 3

Location: McLeod Park, Langley

Thanks to:

Bill Koch, Carol Parsakish, Carol Cull, John Cull, Greg Nicol, Neil Chin Aleong, Sharon Hann, Howard Brandt, Ina Wallace, Ken Christensen, Sue Kydd, Gabriella Moro, Alwilda van Ryswyk, Kathy Terlicher, Iain Fisher, Anthony Thomson, Brian Thomson, Keith Newell, Wayne Elke, Cheryl Elke, Celina Wong, Vince Sequeira, David Hopkins, John Akehurst, Greg Bush, Dave Short, Steve Martin, Bob Cowden, Marilyn Benz, Maureen de St. Croix, Sandra Dever, Nancy Champagne, Peter Fejfar, Natasha Friedman, Sabrina Nettey, Aileen Lingwood, Ted de St. Croix, Yogi Ashta, Kevin Kydd, Dale Loewen, Al McLeod, Mark Lillicrap, Chris Eliopoulos Dawn Driver, Harnek Toor, Susan Creighton, Sanda Turner, Mark Lillicrap, Jim Rollins, Betsy Rollins, Jack Ready, Judy Needham, Tom Hastie, Eric Frederiksen, Phil Froment, (special thanks to Emily Kydd and Julie Kuwai-Herdman)

Upcoming Officiating Opportunities

Please let me know if you are available to help with any of the Meets listed below!

Event: **2017 Jesse Bent Invitational Track & Field Meet and Canada Summer Games Trials**

Sponsored by: Coquitlam Cheetahs

Date: Saturday, June 10 and Sunday, June 11

Location: Percy Perry Stadium, Coquitlam

Times:

Track

Saturday

First Event – 9:00

Last Event – 5:45

Sunday

First Event – 9:00

Last Event – 4:00

Field

Saturday

High Jump – First Event 9:30, Last Event 3:30 (two pits)

Pole Vault – 10:30, 2:00

Long Jump – First Event 9:00, Last Event 4:00 (two pits)

Shot Put – First Event 9:30, Last Event 4:30

Discus – First Event 9:00, Last Event 4:30

Javelin – First Event 10:30, Last Event 3:00

Sunday

High Jump – First Event 9:00, Last Event 1:00

Triple Jump – First Event 9:30, Last Event 2:30

Long Jump – First Event 9:30, Last Event 2:00
Shot Put – First Event 9:30, Last Event 3:00
Discus – First Event 12:00, Last Event 3:30
Javelin – First Event 10:00, Last Event 2:00
Hammer – 8:30, 10:30

Officials who have committed to attend:

Bill Koch (Sat.), John Cull, Carol Cull, Judy Needham, Howard Brandt, Maureen de St. Croix, Chris Eliopoulos, Iain Fisher, Dona Lawson, Howard Brandt, Sue Kydd (Sat.), Judy Needham, Carol Parsakish, Celina Wong, Shirley Young, Dawn Driver, Susan Creighton, Laurel Wichmann, Ted de St. Croix

Event: **Pacific Invitational Track and Field Meet and Masters Championships**

Sponsored by: Langley Mustangs Track and Field Club

Date: Friday June 16, Saturday June 17, Sunday June 18

Location: McLeod Park, Langley

Please note that there are a limited number of accommodation spaces available for this Meet, however, we will have to cancel the reservation for these rooms very soon unless we have people from out of town who wish to use them.

Times:

Track

Friday

First Event – 5:00pm

Last Event – 7:15pm

Saturday

First Event – 8:30am

Last Event – 4:15pm

Sunday

First Event – 8:45am

Last Event – 2:30pm

Field

Friday

High Jump – 4:30

Shot Put – 5:30, 6:00

Long Jump – 6:00, 7:00

Hammer – 6:00, 7:00

Weight Throw – 3:00, 4:30

Saturday

High Jump – First event 9:00, Last event 2:30 (2 pits)

Long Jump – First event 8:30, Last event 3:00 (2 pits)

Pole Vault – First event 9:00, Last event 1:00

Shot Put – First event 9:00, Last event 4:00

Discus – First event 8:30, Last event 4:30

Javelin – First event 9:00, Last event 3:30

Sunday

High Jump – First event 9:00, Last event 2:00 (2 pits)

Long Jump – 1:00

Triple Jump – First event 9:00, Last event 1:00 (2 pits)

Shot Put – First event 8:30, Last event 3:00

Hammer – First event 10:00, Last event 2:00

Javelin – First event 9:00, Last event 2:00

Officials who have committed to attend:

John Cull, Carol Cull, Dawn Driver, Sharon Evans, Bill Koch, Celina Wong (Sat., Sun.), Betsy Rollins (Sat., Sun.), Jim Rollins (Sat., Sun.)

Event: **Ocean Summer Series #1**

Sponsored by: Ocean Athletics

Date: Tuesday, June 27, 2017

Location: South Surrey Athletic Park

Times:

Track

First Event – 4:00pm

Last Event – 8:00pm

Field

High Jump – 6:00, 7:30

Long Jump – 6:00, 7:30

Pole Vault – 6:00

Shot Put – 6:00, 7:30

Discus – 6:00, 7:30

Officials who have committed to attend:

John Cull, Carol Cull, Maureen de St. Croix, Ted de St. Croix, Sharon Hann, Sue Kydd, Dave McDonald, Sanda Turner, Shirley Young

Event: **2017 Pre-Jerome Developmental Meet**

Sponsored by: UBC

Date: Tuesday, June 27, 2017

Location: UBC Rashpal Dhillon Track

Times:

Track

First Event – 4:30pm

Last Event – 6:22pm

Officials who have committed to attend:

Event: **Harry Jerome Track Classic**

Sponsored by: Achilles Track and Field Club

Date: Wednesday, June 28, 2017

Location: Percy Perry Stadium, Coquitlam

Times:

Track

First Event – 6:30pm

Last Event – 9:02pm

Field

Javelin – 6:36, 7:45

High Jump – 6:38, 7:54

Long Jump – 6:42, 8:00

Officials who have committed to attend:

Jason Swan, Kevin Kydd, Howard Brandt, Sharon Hann, Rick Rathy, Reg Harris, Brian Thomson, Bill Koch, Sue Kydd, Kathy Terlicher, Kanwal Neel, Louise Meville, Steve Martin, Alice Kubek, Vince Sequeira, John Akehurst, Judy Needham, Shirley Byington, Tom Hastie, Peter Fejfar, Wayne Elke, Cheryl Elke, Celina Wong, Rose Hare, Jeff Byington, John Cull, Jake Madderom, Chris Eliopoulos, Alwilda van Ryswyk, Dale Loewen, Shirley Young, Linda Schatkoske, Mike Bassett, Jack Ready, Greg Nicol

Event: **Jack Brow**

Sponsored by: Okanagan Track and Field Club

Date: Friday June 30, Saturday July 1, Sunday July 2

Location: Apple Bowl Stadium, Kelowna

Folks are still needed for this Meet. Please let Roberta know if you are available!

Times:

Friday

Track and Field Events begin at 6:00pm

Saturday

Track and Field Events begin at 8:00am, last event begins at 4:00pm

Sunday

Track and Field Events begin at 8:00am, last event begins at 4:00pm

Throws and Jumps Officials are required for this Meet. There are a limited number of accommodation spaces available. If you are able to attend, please contact Roberta Tetlock – rttetlock@shaw.ca

Event: **Third Annual Universal Track & Field Meet**

Sponsored by: Universal Track & Field Club

Date: Saturday, July 1 and Sunday, July 2

Location: Bear Creek Park, Surrey

Times:

Saturday

Track

First Event – 9:30

Last Event – 3:50

Field

High Jump – first event 9:00, last event 4:00

Long Jump – first event 9:00, last event 4:00

Triple Jump – first event 9:00, last event 1:30
Shot Put – first event 10:00, last event 4:00
Javelin – first event 10:00, last event 2:30
Discus – first event 12:00, last event 4:00
Hammer – first event 9:00, last event 10:30

Sunday

Track

First Event – 9:30
Last Event – 3:00

Field

High Jump – first event 9:00, last event 2:00
Long Jump – first event 9:00, last event 12:30 (two pits)
Triple Jump – first event 1:00, last event 2:00
Shot Put – first event 9:00, last event 2:00
Javelin – first event 9:00, last event 2:00
Discus – first event 9:00, last event 2:00

Officials who have committed to attend:

Howard Brandt, Carol Cull, John Cull, Maureen de St. Croix, Ted de St. Croix, Chris Eliopoulos, Natasha Friedmann, Sharon Hann, Rose Hare (possibly), Brian Thomson, Anthony Thomson, Bill Koch, Jake Madderom, Judy Needham, Carol Parsakish, Kathy Terlicher, Harnek Toor, Celina Wong (Sat.), Shirley Young

Event: **Ocean Summer Series #2**

Sponsored by: Ocean Athletics

Date: Tuesday, July 4, 2017

Location: South Surrey Athletic Park

Times:

Track

First Event – 5:00pm
Last Event – 8:00pm

Field

High Jump – 6:00, 7:30
Long Jump – 6:00, 7:30
Triple Jump – 6:00, 7:30
Javelin – 6:00, 7:30
Discus – 6:00
Weight Throw – 7:30

Officials who have committed to attend:

John Cull, Carol Cull, Maureen de St. Croix, Ted de St. Croix, Sue Kydd

Event: **Trevor Craven**

Sponsored by: NorWesters Track and Field Club

Date: Saturday, July 8 and Sunday, July 9

Location: Burnaby Central High School

Times:

Track

Saturday

First Event – 9:00

Last Event – 4:00

Sunday

First Event – 9:00

Last Event – 3:45

Field

Saturday

Long Jump – first event 8:30, last event 3:00 (2 pits)

High Jump – first event 9:00, last event 3:00

Shot Put – first event 9:00, last event 3:00

Discus – first event 9:00, last event 3:00

Javelin – first event 9:00, last event 3:00

Sunday

Triple Jump – first event 9:00, last event 3:00

High Jump – first event 9:00, last event 3:00

Pole Vault – 10:00, 12:00

Hammer – first event 9:00, last event 3:00

Shot Put – first event 9:00, last event 3:00

Javelin – first event 9:00, last event 3:00

Officials who have committed to attend:

Bill Koch, Carol Parsakish, John Cull, Carol Cull, Ted de St. Croix

Event: Jamboree

Sponsored by: BC Athletics and Coquitlam Cheetahs Track and Field Club

Date: Friday July 14, Saturday July 15 and Sunday July 16

Location: Percy Perry Stadium, Coquitlam

Times:

An Event Schedule is not yet available

Officials who have committed to attend:

Bill Koch, Celina Wong, Shirley Young, Brian Thomson, John Cull, Carol Cull, Dawn Driver, Ina Wallace, Aileen Lingwood, Sue Kydd, Fred Allen, Sandy Allen, Wayne Elke, Cheryl Elke, Meta de Bruijn

Event: BC Junior Development Championships

Sponsored by: Okanagan Track and Field Club

Date: Friday July 21, Saturday July 22 and Sunday July 23

Location: Apple Bowl Stadium, Kelowna

Times:

Friday

Field Events – 6:00pm, 7:30pm

Saturday

Field Events begin at 9:00am, last event begins at 2:30pm

Sunday

Field Events begin at 9:00am, last event begins at 2:30pm

Throws and Jumps Officials particularly, are required for this Meet. There are a limited number of accommodation spaces available. If you are able to attend, please contact Roberta Tetlock – rtetlock@shaw.ca

Event: 2017 ULTRA Throws Festival #3

Sponsored by: Ultra Throws

Date: Sunday, August 13, 2017

Location: Bear Creek Park, Surrey

Times:

Weigh-in for personal Implements – 8:00am

Hammer – 8:15, 9:30, 12:00

Shot Put – 9:30, 10:45, 12:45

Discus – 10:45, 12:45, 3:15

Javelin – 9:30, 12:45, 2:00,

Weight Throw – 2:00, 3:15

Super Weight – 4:30

Officials who have committed to attend:

Dave McDonald, Maureen de St. Croix, Ted de St. Croix, John Cull, Carol Cull

Upgrading and Certification

Don't forget:

Please see the revised information on the Officials' Webpage regarding Upgrading and Certification. <http://www.bcathletics.org/Officials/upgrading-and-certification/153/>

You will find reference here to 'Passports', which will be distributed to Officials working toward Level 2 certification. These Passports will help you track the areas in which you need to gain experience and credits and also provide space for Mentor evaluations. The Regional Development Coordinator in your area will make these Passports available to you.

If I have forgotten to include your name in any of the above events I will be very pleased to hear from you and make the necessary corrections. Just send me a note!

So nice to have a use for the sunscreen.

Carol