Two-Day NCCP Course

The RJTW Two-Day NCCP course is **15 hours in length** and can be scheduled to meet the needs of your club or community sport group.

This course option is highly recommended to any **club** looking to train coaches for **Track Rascals** or **introduction to track & field** type programs. It is also ideal for **parents, community sport leaders** and anyone looking to receive **NCCP certification** in the RJTW grassroots sport program.

This course provides an in depth analysis on the various roles and responsibilities that will be required of a **RJTW NCCP Coach**. NCCP modules covered include, **Risk Management, Planning a Lesson, Teaching & Learning, Ethics, Practical Teaching** with an additional option to include a **wheeling** movement skills module *– currently only available in BC!* *Module delivery dependent on location and equipment access.*

The **Making Ethical Decisions Online Module (Competition-Introduction)** will also become available for participants at **no additional cost**

SAMPLE COURSE SCHEDULE
Day 1

TIME	MODULE
8:30 – 9:30	Setting the Scene
9:30 – 11:00	Why RJTW? General Athletic Development
11:00 – 12:15	Risk Management & Emergency Action Plan
12:15 – 1:00	**LUNCH**
1:00 – 2:00	Analyzing Performance: THROW
2:00 – 3:00	Analyzing Performance: JUMP
3:00 – 3:15	**BREAK**
3:15 – 4:15	Analyzing Performance: RUN
4:15 – 4:30	Overview & Brief for Day 2

SAMPLE COURSE SCHEDULE
Day 2

TIME	MODULE
8:30 – 10:00	Planning a Lesson + Group Work
10:00 – 10:15	**BREAK**
10:15 – 11:45	Teaching & Learning
11:45 – 12:15	**LUNCH**
12:15 – 2:15	Roles & Responsibilities: Ethics
2:15 – 4:15	Practical Teaching: Lesson Plan Delivery
**Optional Developing WHEEL Movement Skills module can be added*	
4:15 – 4:45	Practical Teaching: Debrief
4:45 – 5:00	Wrap-up/Questions

COST

Cost per person: **$95.00* + GST**
BC Athletics members (current registration required) -20%

Minimum of 6 teachers required
*Prices may very due to other workshop related costs

Questions or **workshop registration information?**
Please contact the RJTW Coordinator
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604-333-3554