

BC Athletics Track and Field -- Junior Development -- All Time Top Ten Performances -- as of 2013  
 13 YEAR OLD GIRLS

100m				
1	<b>Nettey</b>	Sabrina	03	STFC 12.22
2	<b>Mensah</b>	Yvonne	98	STFC 12.28
3	<b>McAllum</b>	Leah	85	VTFC 12.2
4	<b>Sleiman</b>	Rheanne	02	NORW 12.51
5	<b>Lew</b>	<b>Jasmine</b>	<b>13</b>	<b>SFTC 12.59</b>
6	<b>Obioha</b>	Njideka	07	GOLD 12.61
7	<b>Lenardon</b>	Theresa	74	TRA 12.4
8	<b>Vlahovic</b>	Katarina	<b>13</b>	<b>UATH 12.67</b>
9	<b>Stasiak</b>	<b>Natalie</b>	04	NORW 12.69
10	<b>Kisielewsk</b>	Paulina	01	CFAL 12.73

200m				
1	<b>Nettey</b>	Sabrina	03	SFTC 25.03
2	<b>Noel</b>	Camille	87	VOCA 25.5
3	<b>Mensah</b>	Yvonne	98	SFTC 25.78
4	<b>Joyce</b>	Elisa	08	KEL 26.07
5	<b>Kisielewsk</b>	Pauline	01	CFAL 26.11
6	<b>Lew</b>	<b>Jasmine</b>	<b>13</b>	<b>SFTC 26.12</b>
7	<b>Payne</b>	Chelsea	00	KJAK 26.24
8	<b>Polman-Tu</b>	Connie	76	PR 26.1
8	<b>Middlema</b>	Keesha	84	KJAK 26.1
8	<b>Duncan</b>	Val	73	NORW 26.1
8	<b>Julie</b>	McLellan	94	VER 26.1

300m (new in 2011)				
1	<b>Moore</b>	<b>Amanda</b>	<b>13</b>	<b>SFTC 42.06</b>
2	<b>Vlahovic</b>	Katarina	<b>13</b>	<b>UATH 42.08</b>
3	<b>Lew</b>	<b>Jasmine</b>	<b>13</b>	<b>SFTC 42.72</b>
4	<b>Matthews</b>	Thea	<b>13</b>	<b>VTFC 42.83</b>
5	<b>Lam</b>	Georgia	12	KJAK 43.00
6	<b>Lenz</b>	<b>Sienna</b>	<b>13</b>	<b>CHWK 43.15</b>
7	<b>Jansen</b>	Shelby	12	PGTF 43.29
8	<b>Steer</b>	Danielle	12	OATF 43.32
9	<b>Hoey</b>	Makayla	12	OTFC 43.33
10	<b>Mousseau</b>	Alyssa	11	NTFC 43.43

800m				
1	<b>Vogt</b>	Abby	05	BBYS 2.15.21
2	<b>Heisterma</b>	Madison	<b>13</b>	<b>NTFC 2.15.51</b>
3	<b>Bassett Myr</b>	Myriam	09	OTFC 2.17.37
4	<b>Duncan</b>	Val	73	NORW 2.17.7
5	<b>Froses</b>	Angela	89	AR 2.18.0
6	<b>Boylan</b>	Ange	93	STFC 2.18.4
7	<b>Vandenbu</b>	Jeanette	90	VTFC 2.19.5
7	<b>Schoch</b>	Sasha	06	KEL 2.19.98
9	<b>Inman</b>	Courtney	93	AR 2.20.0
10	<b>Smith</b>	Kim	87	KJAK 2.20.0

1200m (new in 2011)				
1	<b>Heisterma</b>	Madison	<b>13</b>	<b>NTFC 3.44.03</b>
2	<b>O'Neill</b>	<b>Taryn</b>	<b>13</b>	<b>OACS 3.50.90</b>
3	<b>Fetherston</b>	Grace	<b>13</b>	<b>CITY 3.52.71</b>
4	<b>Champoux</b>	Megan	12	LANG 3.54.14
5	<b>Greer</b>	Julia	11	OATF 3.54.26
6	<b>Hoolsema</b>	Brooke	12	LANG 3.56.24
7	<b>Terry</b>	<b>Alyssa</b>	<b>13</b>	<b>SFTC 3.57.34</b>
8	<b>Da Luz</b>	Lauren	11	COQC 3.58.54
9	<b>Cathro</b>	<b>Ashley</b>	<b>13</b>	<b>VTFC 3.59.32</b>
10	<b>Ribeiro</b>	<b>Haley</b>	<b>13</b>	<b>OATF 4.01.41</b>

2000m (new in 2011)				
1	<b>O'Neill</b>	<b>Taryn</b>	<b>13</b>	<b>OACS 6.36.69</b>
2	<b>Fetherston</b>	<b>Grace</b>	<b>13</b>	<b>CITY 6.40.89</b>
3	<b>Heisterma</b>	<b>Madison</b>	<b>13</b>	<b>NTFC 6.53.94</b>
4	<b>Champoux</b>	<b>Megan</b>	12	LANG 6.54.71
5	<b>Greer</b>	Julia	11	OATF 6.57.10
6	<b>Fitzgerald</b>	<b>Makenna</b>	<b>13</b>	<b>KAML 7.11.38</b>
7	<b>Martinez</b>	<b>Mariana</b>	<b>13</b>	<b>LANG 7.12.66</b>
8	<b>Hoolsema</b>	<b>Brooke</b>	12	LANG 7.13.01
9	<b>Belknap</b>	<b>Delaney</b>	12	CHWK 7.15.07
10	<b>Morris</b>	Amy	11	NTFC 7.17.55

80m Hurdles				
1	<b>Mensah</b>	<b>Yvonne</b>	98	SFTC 12.11
2	<b>Polman-Tu</b>	<b>Connie</b>	76	PR 12.2
3	<b>Nettey</b>	Christabel	4	SFTC 12.47
4	<b>Landrevill</b>	<b>Kari</b>	89	SFTC 12.3
4	<b>Reglis</b>	Maria	89	LANG 12.3
4	<b>Thiele</b>	Lisa	84	SFTC 12.3
4	<b>Stygall</b>	Joanne	82	KJAK 12.3
8	<b>Walker</b>	Vikki	73	KJAK 12.4
8	<b>Klingspoh</b>	Allison	84	SFTC 12.4
10	<b>Parisotto</b>	Alita	91	TTFC 12.5
10	<b>Bell</b>	Erin	87	BBYS 12.5
10	<b>Colluney</b>	Michaela	85	SFTC 12.5

1500m Race Walk (new in 1996)				
1	<b>Supeene</b>	Dalyce	03	CVC 7.52.10
2	<b>Andersen</b>	Marina	<b>13</b>	<b>NTFC 8.15.76</b>
3	<b>Bennie</b>	Tiffany	00	NAN 8.26.37
4	<b>Henderson</b>	Aimee	08	VTFC 8.36.40
5	<b>Inglis</b>	Rachael	06	VTFC 8.36.80
6	<b>Sayah</b>	<b>Taylor</b>	<b>13</b>	<b>OTFC 8.38.86</b>
7	<b>Meade</b>	Courtenay	03	CVC 8.45.00
8	<b>Gaby</b>	Jacqueline	10	PEN 8.45.14
9	<b>Davison-O</b>	Angelina	11	VTFC 8.48.74
10	<b>Chestnut</b>	Jessie	10	OTFC 8.52.23

Triple Jump				
1	<b>Nettey</b>	Sabrina	03	SFTC 11.82
2	<b>Nettey</b>	Christabel	04	SFTC 11.35
3	<b>Kempf</b>	Kelly-Anne	83	LANG 10.77
4	<b>Gallagher</b>	Katie	01	CXVC 10.75
5	<b>Weaver</b>	Katie	10	NORW 10.59
6	<b>Gee</b>	<b>Cassidy</b>	<b>13</b>	<b>VOCA 10.58</b>
7	<b>Beers</b>	Emily	97	COQC 10.57
8	<b>Polman-Tu</b>	Ann	84	PR 10.49
9	<b>Koehler</b>	Britta	80	KAML 10.40
10	<b>Colluney</b>	Michaela	85	SFTC 10.37

200m Hurdles - 5 hur				
90	NORW			28.0
1	<b>Hancherof</b>	Leanne	99	VRTC 28.59
2	<b>Turner</b>	Sara	93	NORW 28.6
3	<b>Anstey</b>	Tamsin	89	SFTC 28.7
4	<b>Landrevill</b>	Kari	85	SFTC 28.7
4	<b>Colluney</b>	Michaela	98	SFTC 29.04
6	<b>Mensah</b>	Yvonne	86	NORW 28.9
7	<b>Catchlove</b>	Julie	<b>13</b>	<b>OATF 29.20</b>
8	<b>Snow</b>	<b>Cayla</b>	<b>13</b>	<b>PATH 29.26</b>
9	<b>D'Agnolo</b>	Nicole	01	CXVC 29.33
10	<b>Parker</b>	Kendra		

Long Jump				
03	STFC			5.79
1	<b>Nettey</b>	Sabrina	04	STFC 5.34
2	<b>Nettey</b>	Christabel	76	PR 5.33
3	<b>Polman-Tu</b>	Connie	87	VOCA 5.10
4	<b>Noel</b>	Camille	74	TRA 5.10
4	<b>Lenardon</b>	Thereasa	98	SFTC 5.09
6	<b>Mensah</b>	Yvonne	04	NORW 5.07
7	<b>Stasiak</b>	Natalie	10	OTFC 5.06
8	<b>Hoey</b>	Chelsea	12	OTFC 5.03
9	<b>Hoey</b>	Makayla	71	KJAK 5.01
10	<b>Stark</b>	Mia	94	VER 5.01
10	<b>Julie</b>	McLellan		

High Jump				
08	LANG			1.66
1	<b>Ellenwood</b>	Georgia	01	NORW 1.65
2	<b>Sheppard</b>	Emily	83	LANG 1.64
3	<b>Kempf</b>	Kelly-Anne	97	COQC 1.63
4	<b>Bayley</b>	Krysha	97	COQC 1.62
5	<b>Beers</b>	Emily	97	KAML 1.62
5	<b>Adkin</b>	Brenna	98	SFTC 1.62
5	<b>Mensah</b>	Yvonne	82	KAML 1.61
8	<b>Novak</b>	Kathy	02	KJAK 1.61
8	<b>Payne</b>	Gabrielle	10	OTFC 1.60
10	<b>Hoey</b>	Chelsea	95	UNBC 1.60
10	<b>Lisinski</b>	Natalie	97	LANG 1.60
10	<b>Halcro</b>	Natalie	77	FLYY 1.60
10	<b>Wellman</b>	Pat	03	VTF 1.60
10	<b>Murphy</b>	Katherine	06	KAJ 1.60
10	<b>Young</b>	Sky		1.60

**Pole Vault - New in 2007**

1	<b>Cheung</b>	Laurn	12	LANG	2.60
2	<b>Smith</b>	Alexzandra	10	KAM	2.55
3	<b>Acosta</b>	Maria	10	NORW	2.20
4	<b>Choboter</b>	Rachel	11	VRTC	2.10
4	<b>Champoux</b>	Megan	12	LANG	2.10
6	<b>Katzberg</b>	Jessica	13	NTFC	1.95
6	<b>Rogers</b>	Kendek	13	PGTF	1.95
6	<b>Stewart</b>	Hope	13	NTFC	1.95
9	<b>Buckingha</b>	Robyn	10	LANG	1.90
9	<b>Weaver</b>	Katie	10	NORW	1.90
9	<b>Martinuse</b>	Christina	12	PATH	1.90

**Discus -- 750g (new in 1998)**

1	<b>Macauley Laura</b>		03	AVTF	36.25
2	<b>Wideski Valerie</b>		12	KJAK	35.37
3	<b>MacDonal Eilish</b>		07	OA	35.35
4	<b>Mrdeza</b>	Stephanie	00	KAJ	34.42
5	<b>Botsis</b>	Chanell	11	COQC	33.74
6	<b>Witzel</b>	Jessica	01	KAJ	33.41
7	<b>Graf</b>	Serena	07	SFTC	32.03
8	<b>Willing</b>	Tasha	11	CHWK	30.65
9	<b>Dosanjh</b>	Prabjit	09	UN-BC	30.61
10	<b>CovingtonAsianna</b>		08	KAJ	30.53

**Hammer -- 3kg (new in 1998)**

1	<b>Macdonne</b>	Maloria	99	NTFC	44.56
2	<b>Toney</b>	Camryn	12	KJAK	42.07
3	<b>Frederikse</b>	Lindsey	12	UNBC	40.39
4	<b>Dolfo</b>	Tanika	12	LANG	39.49
5	<b>Botsis</b>	Chanell	11	COQC	38.66
6	<b>Clifford</b>	Florence	05	SFTC	36.90
7	<b>Wideski</b>	Valerie	12	KJAK	36.06
8	<b>Willing</b>	Tasha	11	CHWK	35.65
9	<b>Covington</b>	Autumn	10	UNBC	35.11
10	<b>Janessens</b>	Yannick	06	CHTF	34.52

**Shot Put -- 3kg - new**

			00	BOW	12.16
1	<b>Jillian</b>	Jillian	00	CXVC	11.85
2	<b>Mrdeza</b>	Stephanie	07	OATF	11.66
3	<b>MacDonal</b>	Eilish	03	AVTF	10.83
4	<b>Macauley</b>	Laura	08	KJAK	10.74
5	<b>Covington</b>	Asianna	98	PGTF	10.71
6	<b>Stinson</b>	Maria	07	SFTC	10.69
7	<b>Graf</b>	Serena	12	OTFC	10.27
8	<b>Hoey</b>	Makayla	09	UATH	10.26
9	<b>Nijjar</b>	Avneet	00	KJAK	10.25
10	<b>Payne</b>	Chelsea	12		

**Javelin -- 400g (new)**

1	<b>Hunter</b>	Hayley	03	COQC	37.73
2	<b>Fraser</b>	Nicole	04	VER	35.10
3	<b>Green</b>	Katey	03	AVTF	33.86
4	<b>Maccauley</b>	Laura	13	VTFC	33.57
5	<b>Cathro</b>	Ashley	11	COQC	33.10
6	<b>Botsis</b>	Chanell	04	LANG	32.85
7	<b>Stuart</b>	Michelle	04	CXVC	32.65
8	<b>Erikson</b>	Quinn	07	COQC	31.85
9	<b>Hernandez</b>	Tiffani	10	COQC	31.46
10	<b>McLellan</b>	Paige	12	CRVC	38.32

**Pentathlon -- 3kg Shot (new in 1998)**

NAME	YR	CLUB	PENT	LJ	HJ	SP	80H	800M
1 EllenwoodGeorgia	08	LANG	3039	4.78	1.66	8.24	13.04	2.33.04
2 Hoey Makayla	12	OTFC	3020	4.98	1.51	9.42	13.46	2.30.34
3 Hoey Chelsea	10	OTFC	3007	4.95	1.50	9.64	14.30	2.36.00
4 Payne Gabrielle	02	KJAK	2846	4.74	1.61	9.12	<b>13.32</b>	<b>2.28.26</b>
5 Lenz Sienna	13	CHWK	<b>2834</b>	<b>4.45</b>	<b>1.49</b>	<b>8.67</b>	13.56	2.28.77
6 Weaver Katie	10	NORW	2763	4.71	1.50	7.35	13.54	2.39.42
7 Pauls Sophia	10	COCA	2697	4.45	1.59	7.90	13.10	2.40.32
8 Watts-Wat Keely	09	KEL	2683	4.41	1.44	8.75	13.57	2.31.23
9 Vicic Carla	07	OATH	2661	3.95	1.51	8.52	12.88	2.40.76
10 Rastad Emma	12	NORW	2626	4.52	1.42	7.70	13.34	2.25.58

**ARCHIVES - EVENTS THAT HAVE BEEN DROPPED**

**400m (dropped in 2011)**

1 Joyce Elisa	08	KEL	0.58.01
2 Duncan Val	73	NORW	0.58.2
3 Noel Camille	87	VOC	0.58.9
4 Vogt Abby	05	BBY	0.59.30
5 Wagner Chris	80	SOF	0.59.2
6 Sloman Jenny	07	SAC	0.59.37
7 Rayner Adrienne	82	BS	0.59.3
8 Boylan Ange	93	SOF	0.59.7
9 Tunti Cheyenne	07	SAC	0.59.91
10 Vuu Sandra	89	VOC	0.59.8

**1500m (dropped in 20**

85	ABB	4.44.2	
1 Peterson Laura	06	KEL	4.44.34
2 Schoch Sasha	86	RMT	4.45.8
3 Foley Cindy			
4 McConnel Rosemary	89	AR	4.49.1
5 Froese Angela	81	VR	4.49.8
6 Embacher Louise	93	SOF	4.50.8
7 Boylan Ange	89	KAJ	4.51.5
8 Ramperad Cari	09	OTFC	4.52.51
9 Bassett Myriam	87	KAJ	4.52.4
10 Smith Kim	84	PR	12.08

**3000m (dropped in 2011)**

1 Foley Cindy	86	RMT	10.15.2
2 Froese Angela	89	AR	10.22.7
3 McConnel Rosemary	78	CC	10.25.2
4 Rampersa Cari	89	KAJ	10.30.1
5 Andrew Tessa	01	VTC	10.30.23
6 Baldwin Shelley	74	KAJ	10.35.0
7 Lewin Jenny	84	SOF	10.35.1
8 Foster Kelly	76	KAJ	10.35.8
9 Walker Liza	92	NORW	10.38.7
10 Mawby Jennifer	81	KAJ	10.38.9

**Shot Put -- 6lbs (dro**

1 Polman-Tu Anna	78	SOF	12.04
2 MacDougla Angela	76	PR	11.88
3 Polman-Tu Connie	75	PR	11.54
4 Melan Jennifer	84	NORW	11.52
5 Bard Shannon	82	PR	11.33
6 Munro Nicole	86	UNA	11.30
7 McNeill Signi	83	AVF	11.08
8 Mosdell Anna	82	BS	11.08
8 Bennett Cindy	78	PR	11.08
8 McPhee Theresa			

**Discus -- 1.0kg (dropped in 1998)**

1	<b>Polman-Tu</b>	Anna	84	PR	32.72
2	<b>Polman-Tu</b>	Connie	76	PR	30.88
3	<b>McNeill</b>	Signi	86	UNA	29.64
4	<b>Livingston</b>	Erin	87	SOF	29.54
5	<b>MacDouga</b>	Angela	78	SOF	29.48
6	<b>Lewis</b>	Kelly	72	KAJ	29.44
7	<b>Jordan</b>	Cecelia	86	KAJ	28.84
8	<b>Hughes</b>	Jean	87	SOF	28.78
9	<b>Mosdell</b>	Anna	83	AVF	28.24
10	<b>Murray</b>	Novelle	97	CC	27.88

**Pentathlon -- 6lb Shot (dropped in 1998)**

	NAME	YR	CLUB	PENT	LJ	HJ	SP	80H	800M
1	<b>Beers</b>	Emily	97	CC	2937	4.88	1.62	9.40	13.7 2.30.6
2	<b>Anstey</b>	Tamsin	93	NORW	2861	4.88	1.52	8.02	13.5 2.27.6
3	<b>Hanson-M</b>	Hazel	92	CC	2805	4.58	1.50	7.86	13.01 2.44.77
4	<b>Adkins</b>	Brenna	97	KAM	2776	4.17	1.62	9.18	12.9 2.42.9
5	<b>Wendt</b>	Maggie	91	NORW	2749	4.58	1.42	10.17	13.9 2.25.7
6	<b>Quelch</b>	Sarah	89	KAJ	2731	4.37	1.49	7.87	13.0 2.43.0
7	<b>McLellan</b>	Julie	94	VER	2718	5.01	1.35	9.27	13.3 2.37.4
8	<b>McGee</b>	Nikki	87	PR	2702	4.29	1.49	9.12	12.9 2.48.9
9	<b>Perreault</b>	Amy	91	TRA	2694	4.67	1.51	8.48	12.3 2.35.9
10	<b>Reglis</b>	Maria	89	LM	2691	4.45	1.35	8.38	13.05 2.47.84