

BC Athletics Track and Field -- Junior Development -- All Time Top Ten Performances -- as of 2017  
12 YEAR OLD GIRLS

100m				
1	Vuu	Sandra	88	VOCA 12.3
2	Nettey	Sabrina	02	SFTC 12.64
3	Dulay-McGuire	Alyssa	15	COQC 12.67
4	Mensah	Yvonne	97	SFTC 12.72
5	Polman-Tuin	Connie	74	PRTC 12.6
5	Noel	Camille	86	VOCA 12.6
7	Jackson	Natalie	94	BBYS 12.7
8	Nijjar	Jasneet	13	UATH 12.95
9	Vlahovic	Katarina	12	UATH 13.02
10	Flukinger	Danielle	03	KAML 13.03

300m (new in 2011)				
1	Nijjar	Jasneet	13	UATH 41.27
2	Dulay-McGuire	Alyssa	15	COQC 43.05
3	Lenton	Jade	15	GOLD 43.48
4	Sabet	Lana	15	SFTC 43.77
5	Ogbbeiw	Samantha	14	OATF 43.80
6	Vlahovic	Katarina	12	UATH 43.97
7	Kleinschmidt	Taylor	17	OATF 44.36
8	Steer	Danielle	11	OATF 44.40
9	Matthews	Thea	12	VTFC 44.45
10	Eisses	Loren	17	TBIR 44.62

1200m ( new in 2011)				
1	Baechler	Maya	17	TBIR 3.44.49
2	Heisterman	Madison	12	NTFC 3.46.26
3	Smith	Cayla	13	OATF 3.50.52
4	Issel	Haley	17	OATF 3.52.60
5	Kalisch	Milena	15	SFTC 3.53.63
6	Madsen	Ella	17	COQC 3.55.40
7	Lewis	Kendra	14	VOCA 3.56.31
8	Steer	Danielle	11	OATF 3.57.65
9	Klause	Juane	16	CHWK 3.58.08
10	Mussche	Brooke	13	LANG 3.59.12

200m				
1	Nettey	Sabrina	02	SFTC 25.92
2	Noel	Camille	86	VOCA 25.8
3	Middlemass	Keesha	83	KJAK 26.0
4	Vuu	Sandra	88	VOCA 26.1
5	Payne	Chelsea	99	KJAK 26.37
6	Bayley	Krysha	96	COQC 26.3
7	Dulay-McGuire	Alyssa	15	COQC 26.56
8	Mensah	Yvonne	97	SFTC 26.62
9	Nijjar	Jasneet	13	UATH 26.65
10	Corrales-Nelson	Zion	10	BBYS 26.83

800m				
1	Bennett	Stephanie	96	NORW 2.17.4
2	Heisterman	Madison	12	NTFC 2.19.91
3	Peterson	Laura	84	ABB 2.20.4
4	Baechler	Maya	17	TBIR 2.21.05
5	Duncan	Val	72	NORW 2.22.6
6	Noel	Camille	86	VOCA 2.23.0
7	Walker	Liza	91	NORW 2.23.6
8	Bassett	Miryam	08	NTFC 2.23.94
9	Wilkinson	Bianca	87	ABB 2.24.0
10	Kempf	Kelly Anne	82	LANG 2.24.3

80m Hurdles				
1	Dulay-McGuire	Alyssa	15	COQC 12.58
2	Thiele	Lisa	83	SFTC 12.4
3	Mensah	Yvonne	97	SFTC 12.69
4	Nijjar	Jasneet	13	UATH 12.73
5	Watts-Wattling	Keely	08	KEL 12.78
6	Monro	Natalia	13	LANG 12.82
7	Dreger	Isabella	17	UNBC 12.84
7	Kang	Karman	15	UATH 12.84
9	Vlahovic	Krysthina	16	UATH 12.87
10	Brisotto	Nicole	97	KEL 12.93

**200m Hurdles (Height change in 2000)**

1	<b>Dulay-McGuire</b>	Alyssa	15	COQC	28.53
2	<b>Nijjar</b>	Jasneet	13	UATH	28.62
3	<b>Arrais</b>	Amanda	01	VTFC	29.80
4	<b>Hoey</b>	Makayla	11	OTFC	29.81
5	<b>Cho</b>	Stephanie	09	VOCA	29.87
6	<b>Parker</b>	Kendra	00	CXVC	29.90
7	<b>Wallbank</b>	Charlene	00	RR	30.00
7	<b>Vucko</b>	Tanya	01	VTFC	30.00
9	<b>Cyr</b>	<b>Lindsay</b>	<b>17</b>	<b>OATF</b>	<b>30.08</b>
10	<b>Steer</b>	Danielle	11	OATF	30.12

**High Jump**

1	<b>Charlesworth</b>	Emily	04	CR	1.62
2	<b>Kempf</b>	Kelly Anne	82	LM	1.60
2	<b>Hoey</b>	Chelsea	09	OTFC	1.60
4	<b>Payne</b>	Gabrielle	01	KAJ	1.57
5	<b>Nettey</b>	Sabrina	02	SOF	1.56
5	<b>Vicic</b>	Amy	08	OA	1.56
7	<b>Beers</b>	Emily	96	CC	1.55
7	<b>Bayley</b>	Krysha	96	CC	1.55
7	<b>Pichor</b>	Chelsea	96	AVF	1.55
7	<b>Murphy</b>	Katherine	02	VTF	1.55
7	<b>Nettey</b>	Christabel	03	SOF	1.55

**Shot Put -- 3kg (new in 1998)**

1	<b>Montgomery</b>	Megan	01	NORW	10.79
2	<b>Graf</b>	Serena	06	SFTC	10.34
3	<b>Payne</b>	Gabrielle	01	KAJ	10.30
4	<b>Forsyth</b>	Isabelle	15	OATF	10.06
5	<b>Cyr</b>	<b>Lindsay</b>	<b>17</b>	<b>OATF</b>	<b>9.88</b>
6	<b>Richardson</b>	Leigh	06	NAN	9.80
7	<b>Wideski</b>	Victoria	16	KJAK	9.77
8	<b>Duchesne</b>	Nicolette	14	OATF	9.77
9	<b>Akhurst</b>	Ayla	06	CR	9.62
10	<b>Mrdeza</b>	Stephanie	99	CVAC	9.58

**800m Race Walk (new in 1996)**

1	<b>Chestnut</b>	Jessie	09	OTFC	4.08.24
2	<b>Lundman</b>	Olivia	15	NTFC	4.11.54
3	<b>Phillips</b>	Jessica	98	OTFC	4.13.0
4	<b>Bennie</b>	Tiffany	99	NTFC	4.14.10
5	<b>Cruikshank</b>	Heather	10	AVTC	4.17.61
6	<b>Andersen</b>	Marina	12	NTFC	4.17.89
7	<b>Gaby</b>	Jacqueline	09	PTFC	4.18.75
8	<b>Haintz</b>	Kaia	16	UNBC	4.23.16
9	<b>Sayah</b>	Taylor	12	OTFC	4.25.52
10	<b>Lenz</b>	Kelly	00	BOW	4.28.89

**Long Jump**

1	<b>Nettey</b>	Sabrina	02	SOF	5.44
2	<b>Obioha</b>	Chisom	14	GOLD	5.03
3	<b>Walker</b>	Vikki	72	KAJ	5.02
4	<b>Dulay-McGuire</b>	Alyssa	15	COQC	4.99
5	<b>Perreault</b>	Amy	90	TRA	4.86
6	<b>Lenardon</b>	Teresa	73	TRA	4.84
6	<b>Nelson</b>	Sarah	97	NORW	4.84
8	<b>Hoey</b>	Makayla	11	OTFC	4.81
8	<b>Nettey</b>	Christabel	03	SOF	4.81
10	<b>Jackson</b>	<b>Ava</b>	<b>17</b>	<b>BBYS</b>	<b>4.77</b>
10	<b>Griffith</b>	Marsha	82	FLYY	4.77
10	<b>Hough</b>	Leslie	67	KAJ	4.77
10	<b>Noel</b>	Camille	86	VOC	4.77

**Discus -- 750g (new in 1998)**

1	<b>Forsyth</b>	Isabelle	15	OATF	35.41
2	<b>Wideski</b>	Valerie	11	KJAK	31.52
3	<b>Dollyy</b>	Gabri	13	UNBC	30.69
4	<b>Duchesne</b>	Nicolett	14	OATF	30.58
5	<b>Willett</b>	Abby	13	PATH	29.72
6	<b>Rastad</b>	Julia	14	NORW	29.22
7	<b>Graf</b>	Serena	06	SFTC	29.02
8	<b>Witzel</b>	Jessica	00	KJAK	28.44
9	<b>Wideski</b>	Victoria	16	KJAK	28.28
10	<b>Forsyth</b>	Marie Louise	11	TBIR	28.27

<b>Javelin -- 400g (new in 1998)</b>					
1	<b>Denness</b>	Rori	13	OATF	38.02
2	<b>Hunter</b>	Hayley	11	CRVC	33.47
3	<b>Sara</b>	Eniko	14	OATF	32.92
4	<b>Prior</b>	Kandace	03	CRVC	31.39
5	<b>Fraser</b>	Nicole	02	COQC	30.65
6	<b>Green</b>	Katie	03	CXVC	30.37
7	<b>Graf</b>	Serena	06	SFTC	30.19
8	<b>Cathro</b>	Ashley	12	VTFC	29.31
9	<b>Rastad</b>	Julia	14	NORW	28.93
10	<b>Patry-Smith</b>	Jenevieve	13	CITY	28.67

<b>Hammer -- 3kg (new in 1998)</b>					
1	<b>MacDonnell</b>	Malorie	98	NTFC	35.21
2	<b>Duchesne</b>	Nicolette	14	OATF	32.12
3	<b>Dolfo</b>	Tanika	11	LANG	30.12
4	<b>Wideski</b>	Valerie	11	KJAK	30.11
5	<b>Witzel</b>	Jessica	00	KJAK	29.65
6	<b>Bhandal</b>	Jasmin	15	VRTC	29.45
7	<b>Malo</b>	Jessica	02	BCF	27.14
8	<b>Tranfield</b>	Emily	03	CXVC	27.09
9	<b>Haintz</b>	Mateya	13	UNBC	26.36
10	<b>Kraus</b>	Sienna	13	RRTF	25.96

<b>Pentathlon -- 3kg Shot (new in 1998)</b>										
	<b>NAME</b>		<b>YR</b>	<b>CLUB</b>	<b>PENT</b>	<b>LJ</b>	<b>HJ</b>	<b>SP</b>	<b>80H</b>	<b>800M</b>
1	<b>Hoey</b>	Makayla	11	OTFC	2898	4.64	1.48	8.86	13.31	2.28.44
2	<b>Hoey</b>	Chelsea	09	OTFC	2888	4.70	1.60	9.17	13.64	2.38.37
3	<b>Smith</b>	Kelsey	08	COQC	2544	4.12	1.46	7.30	13.30	2.35.16
4	<b>Weaver</b>	Katie	09	NORW	2528	4.25	1.44	6.88	13.34	2.34.50
5	<b>Watts-Watling</b>	Keely	08	KEL	2527	4.59	1.28	7.41	13.33	2.35.75
6	<b>Lenz</b>	<b>Malia</b>	<b>17</b>	<b>CHWK</b>	<b>2479</b>	<b>3.97</b>	<b>1.45</b>	<b>8.42</b>	<b>13.77</b>	<b>2.42.45</b>
7	<b>Dreger</b>	<b>Isabella</b>	<b>17</b>	<b>UNBC</b>	<b>2456</b>	<b>4.29</b>	<b>1.36</b>	<b>7.32</b>	<b>12.84</b>	<b>2.45.03</b>
8	<b>Rastad</b>	Julia	14	NORW	2424	4.32	1.36	7.73	13.13	2.49.46
9	<b>Wallbank</b>	Charlene	00	RR	2423	4.43	1.35	7.04	13.73	2.35.70
10	<b>Macgregor</b>	Gabrielle	11	VRTC	2421	3.97	1.27	8.01	14.07	2.29.70

#### ARCHIVE - EVENTS THAT HAVE BEEN DROPPED

<b>400m (dropped in 2011)</b>					
1	<b>Noel</b>	Camille	86	VOC	0.59.3
2	<b>Middlemass</b>	Keesha	83	KAJ	0.59.4
3	<b>Ellis</b>	Morgan	04	BBY	1.00.84
4	<b>Duncan</b>	Val	72	NORW	1.01.0
5	<b>Reedy</b>	Debbie	83	VTF	1.01.5
6	<b>Corrales-Nelson</b>	Zion	10	BBY	1.01.84
7	<b>Kempf</b>	Kelly Anne	82	LM	1.01.8
8	<b>Turner</b>	Sara	98	VR	1.02.00
9	<b>McConnell</b>	Rosemary	84	CC	1.02.0
9	<b>Peterson</b>	Laura	84	ABB	1.02.0

<b>1500m (dropped in 2011)</b>					
1	<b>Bennett</b>	Stephanie	96	NORW	4.43.8
2	<b>Peterson</b>	Laura	84	ABB	4.52.5
3	<b>McConnell</b>	Rosemary	84	CC	4.55.7
4	<b>Walker</b>	Liza	91	NORW	4.57.3
5	<b>Foley</b>	Cindy	85	RMT	4.58.5
6	<b>Pedersen</b>	Lisa	86	KAJ	4.58.9
7	<b>Boylan</b>	Ange	92	SOF	5.00.1
8	<b>Wilkinson</b>	Bianca	87	ABB	5.00.2
9	<b>Smith</b>	Kim	86	KAJ	5.00.9
10	<b>Huber</b>	Stephanie	94	KAJ	5.00.9
10	<b>Quelch</b>	Emily	86	KAJ	

<b>200m Hurdles (dropped in 2000)</b>				
1	<b>Wendt</b>	Maggie	90 NORW	29.6
2	<b>Payne</b>	Chelsea	99 KAJ	29.89
3	<b>Landreville</b>	Kari	88 SOF	29.7
3	<b>Colluney</b>	Michaela	84 SOF	29.7
5	<b>Bayley</b>	Krysha	96 CC	29.8
6	<b>Mensah</b>	Yvonne	97 SOF	30.04
7	<b>Turner</b>	Sara	98 VR	30.16
8	<b>Catchlove</b>	Julie	85 NORW	30.2
9	<b>Le</b>	Teresa	94 SOF	30.3
9	<b>Kring</b>	Sherrill	84 SOF	30.3
9	<b>Regis</b>	Maria	88 LM	30.3

<b>Shot Put -- 6lbs (dropped in 1998)</b>				
1	<b>Polman-Tuin</b>	Connie	75 PR	10.60
2	<b>Polman-Tuin</b>	Ann	83 PR	10.49
3	<b>Monroe</b>	Nicole	81 PR	10.40
4	<b>Nemberry</b>	Lori	73 AVTC	10.14
5	<b>Wendt</b>	Maggie	90 NORW	9.89
6	<b>Knowles</b>	Caitlyn	97 KAM	9.68
7	<b>Binnie</b>	Angela	77 TRA	9.59
8	<b>MacDougall</b>	Angela	77 SOF	9.59
9	<b>Martin</b>	Linda	78 FLYY	9.54
10	<b>Mosdell</b>	Anna	82 AVTC	9.44

<b>Pentathlon -- 6lb Shot (dropped in 1998)</b>				
	<b>NAME</b>	<b>YR</b>	<b>CLUB</b>	<b>PENT</b>
1	<b>Mensah</b>	Yvonne	97 SOF	2699
2	<b>Welch</b>	Lauren	97 VOC	2680
3	<b>Beers</b>	Emily	96 CC	2646
4	<b>DaDsilva</b>	Daniella	87 LM	2644
5	<b>Jackson</b>	Natalie	94 BS	2631
6	<b>Bayley</b>	Krysha	96 CC	2598
7	<b>Hanson-Monnie</b>	Hazel	91 CC	2589
8	<b>Nelson</b>	Sarah	97 NORW	2526
9	<b>Underdahl</b>	Karlyn	93 VTF	2517
10	<b>Wendt</b>	Maggie	92 NORW	2471

<b>Triple Jump (dropped in 2011)</b>				
1	<b>Nettey</b>	Sabrina	02 SOF	11.12
2	<b>Kempf</b>	Kelly Anne	82 LM	10.34
3	<b>Beers</b>	Emily	96 CC	10.21
4	<b>Nettey</b>	Christabel	03 SOF	10.09
5	<b>Colluney</b>	Michaela	84 SOF	10.07
6	<b>Darbyshire</b>	Cheryl	80 PR	9.95
6	<b>Perreault</b>	Amy	90 TRA	9.95
8	<b>Weaver</b>	Katie	09 NORW	9.83
9	<b>Nelson</b>	Sarah	97 NORW	9.82
10	<b>Semeniuk</b>	Jacquie	80 PG	9.75

<b>Discus -- 1.0kg dropped in 1998)</b>				
1	<b>Poman-Tuin</b>	Connie	75 PR	28.24
2	<b>Polman-Tuin</b>	Ann	83 PR	27.10
3	<b>Hughes</b>	Jean	88 SOF	26.16
4	<b>Martens</b>	Shona	82 SHD	25.22
5	<b>De Silva</b>	Sara	82 VR	24.64
5	<b>Baldwin</b>	Cindy	72 KAJ	24.64
7	<b>Landreville</b>	Kari	88 SOF	23.66
8	<b>Granville</b>	Michelle	86 SOF	23.54
9	<b>Bennett</b>	Jennifer	90 VTF	23.37
10	<b>Nosdell</b>	Anna	82 AVF	23.36

	<b>LJ</b>	<b>HJ</b>	<b>SP</b>	<b>80H</b>	<b>800M</b>
1	4.52	1.52	7.68	12.74	2.43.58
2	4.67	1.41	7.54	13.38	2.31.47
3	4.52	1.55	8.09	13.0	2.50.7
4	4.43	1.44	8.66	13.0	2.39.3
5	4.27	1.40	7.73	12.9	2.31.0
6	4.57	1.40	7.63	12.8	2.40.7
7	4.00	1.41	7.25	12.9	2.27.6
8	4.76	1.38	8.58	13.98	2.44.3
9	4.22	1.48	7.62	13.4	2.42.0
10	4.31	1.39	9.89	12.8	2.59.7