



3 Simple Steps to Becoming a NCCP Trained Coach

Step-by-Step Instructions plus Questions and Solutions

Step 1 – get an NCCP Number

This step needs to be done before January 1st, 2017.

This only applies to 16% of the coaches, only takes 2 minutes, and is **FREE!**

- Go to this website: <https://thelocker.coach.ca/Account/login?mode=register>
- Click Agree, then click “I want to register....”
- Fill in your contact details (an email that no other coach has is important – i.e., family emails that are already used on another NCCP account will not work)
- Click Register and shortly you will get an email confirmation with your NCCP Number

Step 2 – Take a NCCP Coaching Course (In-Training)

This step needs to be done before January 1st, 2018.

For the next 16 months we will be working with clubs to ensure that a course become available in your area. However, it is important that coaches and club registrars check out the Yearly Coaching Calendar well in advance and “Save the Date” for weekends near them. The full 2017 Calendar will be online mid-November. Coaching Courses Link: <http://www.bcathletics.org/Education/Sub/upcoming-courses-pro-d-sessions/250/>

What NCCP course should I take?

- **Run, Jump, Throw, Wheel** (15 hours) is a fun grassroots course for those working in with Track Rascals or young children age 5-8
- **Sport Coach** (19 hours) course is for generalist coaches working with either JD’s (Junior Development) or elementary school age children age 9-13. This might also be helpful for coaches who are doing some practice plans or seasonal plans for the Track Rascals.
- **Club Coach** (19 hours) course is for coaches who are working with athletes in just one event group (the technical component is specialized into either Endurance, Jumps, Sprints/Hurdles, Throws (including Para Throws), and Wheelchair Racing).
- **Road Running Instructor** (19 hours) is still in the pilot phase but is an event specific course tailored to Run Leaders, Run Clinic Coordinators, and coaches with athletes whose focus is Road Running.
- Coaches do NOT need to take RJTW or Sport Coach before they take Club Coach the Road Running Instructor Course. The NCCP is now context based and coaches are encouraged to take the course that best applies to the athletes they are working with.
- Additionally, you can start with one of the **Multi-Sport Modules** (many can even be done through homestudy or online). See Step 3 below for a detailed lists of the modules recommended by Athletics Canada. See viaSport for course details: <http://www.viasport.ca/coaching/nccp-course-calendar>

What if I can’t take any of the courses listed?

- If your club or your area can find at least 8 coaches who want to take a NCCP course, BC Athletics will create a course just for you!! You can pick the date, time, and location and we will send an LF to you.
- If you have 8 or more coaches, we can also offer a course on weeknights, or split over a number of weeks or weekends. We can tailor a course to fit your needs!
- Don’t forget you can also take a Multi-Sport Module through homestudy or online: <http://www.viasport.ca/coaching/nccp-course-calendar>

What if I have been coaching for a long time and I don't want to go back and take a course?

- Good news for you.... The NCCP is now competency based, so if a coach feels that they have all the skills necessary to coach athletes at that level, they can go “Direct to Evaluation”.
- This means that you can skip the course and request an evaluation to become certified.
- See the following link for details and steps to become certified:
<http://www.bcathletics.org/Education/Sub/certification-explained/246/>

What if I my club can't afford to train all the coaches this year?

- Again – we have a few solutions for you! The minimum standards are being phased in over 2 fiscal years so clubs can spread out the cost of course fees.
- It might also be cheaper for a club to pay for 1 coach to attend the RJTW Learning Facilitator Training who can then deliver the RJTW instructor course at no cost to their coaches. Then the only cost for your club would then be the course manuals for each participant.
- Additionally, clubs are encouraged to clearly define who is really coaching, and who is a volunteer helper. If the person is telling the athlete what to do or how to do it – they are coaching and should have a coach membership. If they are supervising the athletes (and not telling them what to do in an athletic context or how to do it), timing runners, moving hurdles, pulling tape, retrieving implements, raking pits, or putting up bars then they are a volunteer.
- It is advised for all volunteers to have associate memberships and from a liability perspective it would be prudent to ensure that there is at least one trained coach on site at all time (and strongly suggested to have at least one certified coach on site at all times.)
- Please note, volunteers should not be giving athletic advice, much like parents in the stands should not be telling athletes what to do. Since they are hands on volunteers it would open them up for litigation as the associate membership does NOT include coach liability insurance.
- BC Athletics has also been working hard to help reduce costs for clubs by offering **FREE** Make Ethical Decisions courses in conjunction with the regularly scheduled courses, cheaper courses targeted to Varsity Athletes and Current or Recent National Team Members.
- Just so you are aware BC Athletics already has some of the cheapest courses in the country and all the fees for courses go to pay for the materials, facilities, and learning facilitators. We do not make any money on courses (we often lose money) but we see it as passing the money onto you!

Step 3 – Complete Additional Requirements (Trained)

This step needs to be done before January 1st, 2019. New coach members have 2 years to complete this step.

All coaches, in all sports must also complete a Multi-Sport Course called Make Ethical Decisions in order to be Trained. Again, good news – as right now BC Athletics offers this course for **FREE** during any of our regularly scheduled NCCP Courses. Multi-Sport Modules suggest by Athletics Canada include:

- **Make Ethical Decisions** (and/or online eval) – **REQUIRED for all coaches** in order to be Trained
- Nutrition
- Mental Skills
- Leading Drug Free Sport (and/or online eval) – **REQUIRED** to be Performance Coach Trained
- Managing Conflict (and/or the online evaluation) – **REQUIRED** to be Performance Coach Trained

Additionally, since the NCCP is now competency based, coaches also have the option to go “Direct to Evaluation” for the multi-sport modules that have online evaluations such as Make Ethical Decisions, Leading Drug Free Sport, and Managing Conflict.

See the following link for a graphic representation of Athletics Canada's NCCP Coaching Pathway:

<http://www.bcathletics.org/admin/js/elfinder/files/Coaching/AthleticsCoachingPathwaySportCoachClubCoach.pdf>