

# SUN RUN RECORDS

## MASTERS (40+)

### FIVE YEAR AGE GROUPS

	MEN		WOMEN
<b>40</b> Graeme Fell (2001)	<b>30:09</b> (92.43%)	A/G	Lioudmila Kortchaguina (2013) <b>33:25</b> (93.79%)
<b>45</b> Steve Boyd (2009)	<b>31:09</b> (92.78%)		Marilyn Arsenault (2013) <b>34:59</b> (93.04%)
<b>50</b> Jim Swadling (1998)	<b>33:26</b> (89.8%)		Maureen De St. Croix (2005) <b>37:40</b> (90.34%)
<b>55</b> Simon Timmer (1999)	<b>34:22</b> (91.09%)		Brenda Baker (2008) <b>41:01</b> (87.02%)
<b>60</b> Jim Swadling (2007)	<b>36:12</b> (90.47%)		Lenore Montgomery (1991) <b>44:40</b> (84.21%)
<b>65</b> Maurice Tarrant (1995)	<b>37:29</b> (91.86%)		BettyJean McHugh (1993) <b>45:05</b> (88.42%)
<b>70</b> William Iffrig (2007)	<b>43:17</b> (84.18%)		BettyJean McHugh (2002) <b>48:55</b> (87.03%)
<b>75</b> John Cahill (1999)	<b>41:38</b> (93.42%)		Betty Jean McHugh (2003) <b>50:33</b> (90.88%)
<b>80</b> Frank Kurucz (2010)	<b>54:28</b> (77.15%)		Betty Jean McHugh (2008) <b>59:01</b> (85.21%)
<b>85</b> Chris McGuire (2009)	<b>58:55</b> (78.46%)		Chantal Labelle (2009) <b>1:13:05</b> (76.97%)
<b>90</b> Clive Jackson (2010)	<b>1:03:04</b> (83.27%)		Linda Yee (2010) <b>1:20:32</b> (81.25%)
<b>95</b> Kirk Sargent (2011)	<b>2:30:54</b> (42.62%)		Eleanor Cross (2011) <b>2:13:19</b> (62.63%)

AGE GRADED PER 5 YEAR AGE GROUP – NOT SINGLE YEAR AGE GRADED  
 (1994 WAVA Tables, 2010 tables after 2012)