

## **Rules for Acceptance of Meets for Junior Development Awards & All Time Top-10**

1. The deadline for submission of meets each year is April 1.
2. Meets can be accepted after they have been in operation for one year in accordance with the rules below.
3. Meets must be sanctioned by BC Athletics.
4. Meets must use the JD regulation distances for runs, weights for throws and appropriate jumps for each age as set out in the [BC Athletics Events and Technical Specifications](#).
5. Athletes must compete in their correct single year age group category. (7.5a.d)
6. Races may be combined only if there are less than three athletes in an event. (7.5c)
7. BC Athletics encourages in-province competition for JD Athletes, however sanctioned meets from adjoining provinces may be considered for inclusion. (7.10a.b)
8. All meets must use electronic timing. If two cameras aren't available, back up timing must also be used; a video camera is not sufficient. Championship meets must have two cameras. (7.11a.b.c)
9. Meets must be open to any athlete in the BC JD program.
10. Meets must be run in accordance with IAAF rules or BC Athletics JD rule adaptations.

**The above rules were developed from [BC Athletics Operating Policies](#).  
Please refer to this document to review references.**