BC Athletics Officials' Newsletter January 30, 2017

Hello Officials,

We are just days away from our first BC Meet of the season. Great thanks to all who responded to the request for help.

Don't forget that if you haven't already done so, you will need to register with BC Athletics as a member (or remind your Club Registrar that this needs to be done for you).

If you are aware that your Club (or you personally) would like to sponsor or attend a Level 1, Level 2 or National Level Workshop, now would be a good time to let us know, so that dates and venues can be arranged and the appropriate advertising can be done. Just send a note to the development coordinator for your Region

	Region	Email	Phone
John & Carol Cull	Lower Mainland (Zones 3,4,5)	johncull@telus.net	(604) 599-6638
Vince Sequeira	Vancouver Island (Zone 6)	vince.sequeira@ shaw.ca	(250) 923-2458
Alwilda van Ryswyk	Okanagan/Kootenays (Zones 1,2)	alvan50@shaw.ca	(250) 372-9640
Greg Nicol	Okanagan/Kootenays (Zones 1,2)	greg-nicol@shaw.ca	(250) 372-7888
Cindy King	Northern BC (Zones 7,8)	cking@pgonline.com	(250) 613-7672

And this from our own Sue Kydd regarding those folk that we love and need to have working with us:

Volunteers Needing Volunteers! How do we appreciate them? Let's count the ways.

As officials we are volunteers, but there is also another important group of people. Those wonderful folks are the spine of any track and field competition; they're the **club volunteers** who assist us in carrying out our duties.

We officials have all been at events where we didn't have adequate help, and we know that grinds the competition to either a delay or even a full stop. We're in the unusual position of being Volunteers Needing Volunteers.

What can YOU do to encourage good volunteers, and maybe develop officials at the same time?

- Thank your volunteers. Make sure they know they're appreciated.
- Use them appropriately. Everyone wants to be useful, and if they don't have a specific duty or feel valued they will drift off.
- Train and encourage them in the job. Not everyone will know what to do, they need direction.
- If it's necessary correct someone, do it privately and positively.
- Make sure they get food and drink. If refreshments are brought to you, they should be brought to your volunteers as well. Speak up on their behalf if necessary
- Be sure to also thank the volunteers who bring you that refreshment.
- Make sure your helpers get a chance to use the bathroom and take a break between events. Tell them when to return.
- Remember smiles and laughter go a long way. It's a sport; we're supposed to be having fun!

Hold onto this thought. The positive effect of a happy experience encourages these good people to perhaps become officials themselves! It's safe to say most of us started out that way, and we need to encourage others to do the same.

We have received the following message from Bob Parent, Evelyn's husband.

A celebration of Ev's life will be held at 2 PM, on Saturday May 20th 2017 (May long week-end) in Victoria, at First Memorial located at 4725 Falaise Drive (Royal Oak / Broadmead area). We expect parking will be a challenge, so if possible, please carpool.

We encourage you to share your memories about Evelyn at the memorial. We would be pleased if you could voice your short story or memory about Evelyn (within 5 minutes), that relates to one of the following themes, or alternatively, share those memories with us beforehand, so we can include these in the main eulogy. Themes:

- Childhood
- · Student life
- · Work life (public servant and contractor)
- Motherhood
- Friendship
- Camping
- Sport (hockey, softball, bowling, hiking, biking, marathon, etc.)
- Holidays (including birthdays)
- Travel
- Track and field (or officiating)
- Other happy memories

The themes are just meant to help you decide what you might like to share. You are welcome to share your memories, even if it does not relate to one of the themes. Please let me know if you plan to say a few words about Evelyn and the theme of your story. Ev was very special person, and I believe we were all fortunate that in some way, she was part of our lives. I thank you in advance for helping us make this a truly special and memorable event that honours and reflects her life with us.

And finally, thanks to everyone that sent cards, called, texted, E-mailed, to express their condolences, offer support and assistance. Special thanks to our friend Gwen, my niece Michelle, and our caring neighbours.

I am grateful, thank you!

Bob.

bobparent@shaw.ca

Upcoming Officiating Opportunities

Please let me know if you are available to help with any of the Meets listed below!

Event: The 2017 Harry Jerome Indoor Games

Sponsored by: Achilles Track and Field Club

Date: Saturday, February 4, 2017

Location: Richmond Oval

Times: Track

(Please note that both the Straightaway and the Oval Tracks will be used throughout the day)

First Event – 9:45am

Last Event (Straightaway – 2:40pm)

Last Event (Oval Track – 5:10)

Race Walk Judges will be needed for this Meet as a 1500 Race Walk Event is scheduled for

9:45.

Field

Shot Put – 10:00, 11:30 High Jump – 1:00, 3:00

The final schedule will be posted before 2:00pm on Wednesday, Feb. 1 on www.harryjerome.com/events

Officials who have committed to attend:

Howard Brandt, Jeff Byington, Shirley Byington, Maureen de St. Croix, Chris Eliopoulos, Peter Fejfar, Sharon Hann, Enrique Merkt, Marthy Merkt-Caprile, Kirstie Merkt-Caprile, Alice Kubek, Mike Bassett, Bill Koch, Jake Madderom, Steve Martin, Louise Meville (until 2:00pm), Sabrina Nettey, Carol Parsakish (until 2:00pm), Jason Swan, Kathy Terlicher, Sanda Turner, Brian Thomson, Anthony Thomson, Vince Sequeira, John Akehurst, Dave Hopkins, Keith Newell, Shirley Young, Jason Swan, Ted de St. Croix, John Cull, Carol Cull

Event: Kamloops Indoor

Sponsored by: Kamloops Track and Field

Date: Saturday, February 18th Location: Kamloops Indoor Track

Times:

A schedule of Events is not yet available

Interested Officials please contact Greg Nicol for further information.

Event: Spring Fling

Sponsored by: Kajaks Track and Field Club

Date: March 18

Location: Minoru, Richmond

Times:

This is a Throws Meet only.

A schedule of Events is not yet available

Officials who have committed to attend:

Gary Bell, Peter Feifar

Event: **Spring Breaker**Sponsored by: Ocean Athletics

Date: Saturday, March 18

Location: South Surrey Athletic Park

Times:

A schedule of Events is not yet available

Officials who have committed to attend:

Tammea Arthur, John Cull, Carol Cull, Rose Hare, Ron Heron, Bill Koch, Sue Kydd, Jake Madderom, Gabriella Moro, Harnek Toor, Shirley Young

Event: 2017 ULTRA Throws Festival #1

Sponsored by: Ultra Throws Club

Date: Sunday, March 19

Location: South Surrey Athletic Park

Times:

This is a Masters Throws Event only. A rolling schedule will be used.

First Event – 8:30am Last Event – 3:30pm

Events:

Hammer, Shot Put, Discus, Javelin, Weight

There will be a Throws Triathlon, Throws Pentathlon as well as Individual Throwing Events.

Officials who have committed to attend:

Event: Achilles Cup

Sponsored by: SFU Track and Field

Date: Saturday, March 25

Location: SFU and Percy Perry Stadium (Discus and Hammer Events only)

Times:

A schedule of Events is not yet available

Officials who have committed to attend:

Gary Bell, John Cull, Carol Cull, Maureen de St. Croix (after 12:30), Bill Koch, Sue Kydd, Jake Madderom, Steve Martin, Shirley Young, Jason Swan

Event: The van Ryswyk Indoor and BC Masters Indoor Championship

Sponsored by: Kamloops Track and Field Date: Friday, March 31, April 1 and April 2

Location: Kamloops Indoor Track

Times:

A schedule of Events is not yet available

Interested Officials please contact Greg Nicol for further information.

Event: 2017 UBC Open

Sponsored by: UBC Track and Field

Date: April 1st and 2nd Location: UBC Rashpal Dhillon Track and Field Oval

(Wesbrook/16th Ave.), Vancouver

Times: Track Saturday

First Event – 10:45 Last Event – 4:25

Sunday

First Event – 10:00 Last Event – 1:45

Field

Saturday

Hammer – 8:30, 9:30

Javelin – 11:30, 12:30 Discus – 1:30, 2:30 Shot Put – 2:15, 2:45 High Jump – 11:30, 12:30, 1:30, 3:00 Pole Vault – 1:30, 2:30 Long Jump – 11:30, 12:30, 1:30 Triple Jump – 2:30, 3:30

<u>Sunday</u>

Discus – 10:30 Javelin – 11:30, 1:00 Long Jump – 10:30 Pole Vault – 11:45

Officials who have committed to attend:

Event: Emilie Mondor

Sponsored by: SFU Track and Field

Date: Saturday, April 8

Location: SFU and Percy Perry Stadium (Discus and Hammer Events only)

Times: (tentative)

Track

First Event – 10:30 Last Event – 4:05

Please note that there is a 5km Race Walk event scheduled at 3:20.

Field

Discus (Percy Perry Stadium) – 9:00 Hammer (Percy Perry Stadium) – 10:30 Javelin – 12:00, 1:00 Shot Put – 2:00, 3:00 Long Jump – 12:00, 3:15 Triple Jump – 1:15, 2:15 High Jump – 1:00, 2:00

Officials who have committed to attend:

Howard Brandt, Maureen de St. Croix (after 12:30), Bill Koch, Sue Kydd, Jake Madderom, Steve Martin, John Cull, Carol Cull, Shirley Young, Jason Swan

Time to let us know about your plans for upgrading certification in 2017. Find information on the upgrading/certification process here:

http://www.bcathletics.org/Officials/

click on: Upgrading and Certification

Have you completed requirements for the next officials' certification level?

Fill out an upgrading application form (Level 1,2,3 Upgrade Form Level 4,5 Upgrade Form)

Do you need specific credits, mentoring or evaluations?

Complete the <u>Upgrading Tracking Survey Form</u> to let us know your needs for the next season.

Cheers and looking forward to hearing from you, Carol