



PRESENTED In  
Partnership



## British Columbia Athletics

The goal of **RunJumpThrow** is to supply a program of physical activity that serves as a strong foundation for all sports.

Trained RunJumpThrow instructors are available to conduct FUN, SAFE and age appropriate lessons in a number of settings such as elementary schools, recreation programs and multi-sport camps to help develop physical literacy in children.

Facilitator services provide every coach with the skills and knowledge to successfully teach the basics of movement to all their students.



## British Columbia Golf

The **Playground to Fairway School Golf Program** introduces basic golf skills to school-aged children across BC in a simple, safe and fun way.

Each session is guided by a trained coach, in a comfortable setting to ensure kids have a positive experience learning the basics of golf. Following the session, schools interested in starting a golf program can partner with BC Golf to access resources and implement programming.

## **One Day Workshop to:**

**Become a RJT Instructor**

**Become a P2F School Golf Coach**

- Run a P2F School golf program and be compensated for your time.
- Run a RJT school or community program and be compensated for your time
- Promote active living and learn ABC'S of sport
- Learn valuable motor skills development activities to incorporate into Junior Golf Programs

**Friday, November 21<sup>st</sup>, 2014, 8:00am – 5:30pm**

***The Fortius Athlete Development Centre, Burnaby, BC***

**Cost for these TWO combined training modules: \$50**

**PRE-REGISTRATION IS REQUIRED.**

**Please register [HERE](#)**

**BC Athletics**  
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