

**BC Athletics Track and Field -- Junior Development -- All Time Top Ten Performances -- as of 201**  
**12 YEAR OLD GIRLS**

**100m**

1	<b>Vuu</b>	Sandra	88	VOCA	12.3
2	<b>Nettey</b>	Sabrina	02	SFTC	12.64
3	<b>Dulay-McGuire</b>	Alysssa	15	COQC	12.67
4	<b>Mensah</b>	Yvonne	97	SFTC	12.72
5	<b>Polman-Tuin</b>	Connie	74	PRTC	12.6
5	<b>Noel</b>	Camille	86	VOCA	12.6
7	<b>Jackson</b>	Natalie	94	BBYS	12.7
8	<b>Nijjar</b>	Jasneet	13	UATH	12.95
9	<b>Vlahovic</b>	Katarina	12	UATH	13.02
10	<b>Flukinger</b>	Danielle	03	KAML	13.03

**300m (new in 2011)**

1	<b>Nijjar</b>	Jasneet	13	UATH	41.27
2	<b>Dulay-McGuire</b>	Alysssa	15	COQC	43.05
3	<b>Lenton</b>	Jade	15	GOLD	43.48
4	<b>Sabet</b>	Lana	15	SFTC	43.77
5	<b>Ogbeiw</b>	Samantha	14	OATF	43.80
6	<b>Vlahovic</b>	Katarina	12	UATH	43.97
7	<b>Steer</b>	Danielle	11	OATF	44.40
8	<b>Matthews</b>	Thea	12	VTFC	44.45
9	<b>Hoey</b>	Makayla	11	OTFC	44.81
10	<b>Kurucz</b>	Aaryanna	12	UNBC	44.84

**1200m ( new in 2011)**

1	<b>Heisterman</b>	Madison	12	NTFC	3.46.26
2	<b>Smith</b>	Cayla	13	OATF	3.50.52
3	<b>Kalisch</b>	Milena	15	SFTC	3.53.63
4	<b>Lewis</b>	Kendra	14	VOCA	3.56.31
5	<b>Steer</b>	Danielle	11	OATF	3.57.65
6	<b>Klause</b>	Juane	16	CHWK	3.58.08
7	<b>Mussche</b>	<b>Brooke</b>	<b>13</b>	<b>LANG</b>	<b>3.59.12</b>
8	<b>Cathro</b>	Ashley	12	VTFC	3.59.82
9	<b>Hoolsema</b>	Brooke	11	LANG	4.00.60
10	<b>Stewart-Barnett</b>	Katelyn	15	CITY	4.00.88

**200m Hurdles (Height change in 2000)**

1	<b>Dulay-McGuire</b>	Alyssa	15	COQC	28.53
2	<b>Nijjar</b>	Jasneet	13	UATH	28.62
3	<b>Arrais</b>	Amanda	01	VTFC	29.80
4	<b>Hoey</b>	Makayla	11	OTFC	29.81
5	<b>Cho</b>	Stephanie	09	VOCA	29.87
6	<b>Parker</b>	Kendra	00	CXVC	29.90
7	<b>Wallbank</b>	Charlene	00	RR	30.00
7	<b>Vucko</b>	Tanya	01	VTFC	30.00
9	<b>Steer</b>	Danielle	11	OATF	30.12

**200m**

1	<b>Nettey</b>
2	<b>Noel</b>
3	<b>Middlemass</b>
4	<b>Vuu</b>
5	<b>Payne</b>
6	<b>Bayley</b>
7	<b>Dulay-McGuire</b>
8	<b>Mensah</b>
9	<b>Nijjar</b>
10	<b>Corrales-Nelson</b>

**800m**

1	<b>Bennett</b>
2	<b>Heisterman</b>
3	<b>Peterson</b>
4	<b>Duncan</b>
5	<b>Noel</b>
6	<b>Walker</b>
7	<b>Bassett</b>
8	<b>Wilkinson</b>
9	<b>Kempf</b>
10	<b>Cochrane</b>

**80m Hurdles**

1	<b>Dulay-McGuire</b>
2	<b>Thiele</b>
3	<b>Mensah</b>
4	<b>Nijjar</b>
5	<b>Watts-Wattling</b>
6	<b>Monro</b>
7	<b>Kang</b>
8	<b>Vlahovic</b>
9	<b>Brisotto</b>
10	<b>Paristto</b>
10	<b>Aseltine</b>

**800m Race Walk**

1	<b>Chestnut</b>
2	<b>Lundman</b>
3	<b>Phillips</b>
4	<b>Bennie</b>
5	<b>Cruikshank</b>
6	<b>Andersen</b>
7	<b>Gaby</b>
8	<b>Haintz</b>
9	<b>Sayah</b>

10	<b>Cossette</b>	Cayla	00	CXVC	30.20
10	<b>Lenton</b>	Jade	15	GOLD	30.20

### High Jump

1	<b>Charlesworth</b>	Emily	04	CR	1.62
2	<b>Kempf</b>	Kelly Anne	82	LM	1.60
2	<b>Hoey</b>	Chelsea	09	OTFC	1.60
4	<b>Payne</b>	Gabrielle	01	KAJ	1.57
5	<b>Nettey</b>	Sabrina	02	SOF	1.56
5	<b>Vicic</b>	Amy	08	OA	1.56
7	<b>Beers</b>	Emily	96	CC	1.55
7	<b>Bayley</b>	Krysha	96	CC	1.55
7	<b>Pichor</b>	Chelsea	96	AVF	1.55
7	<b>Murphy</b>	Katherine	02	VTF	1.55
7	<b>Nettey</b>	Christabel	03	SOF	1.55

### Shot Put -- 3kg (new in 1998)

1	<b>Montgomery</b>	Megan	01	NORW	10.79
2	<b>Graf</b>	Serena	06	SFTC	10.34
3	<b>Payne</b>	Gabrielle	01	KAJ	10.30
4	<b>Forsyth</b>	Isabelle	15	OATF	10.06
5	<b>Richardson</b>	Leigh	06	NAN	9.80
6	<b>Wideski</b>	<b>Victoria</b>	<b>16</b>	<b>KJAK</b>	<b>9.77</b>
7	<b>Duchesne</b>	Nicolette	14	OATF	9.77
8	<b>Akhurst</b>	Ayla	06	CR	9.62
9	<b>Mrdeza</b>	Stephanie	99	CVAC	9.58
10	<b>Fontaine</b>	Alexandra	07	NTFC	9.55

### Javelin -- 400g (new in 1998)

1	<b>Denness</b>	Rori	13	OATF	38.02
2	<b>Hunter</b>	Hayley	11	CRVC	33.47
3	<b>Sara</b>	Eniko	14	OATF	32.92
4	<b>Prior</b>	Kandace	03	CRVC	31.39
5	<b>Fraser</b>	Nicole	02	COQC	30.65
6	<b>Green</b>	Katie	03	CXVC	30.37
7	<b>Graf</b>	Serena	06	SFTC	30.19
8	<b>Cathro</b>	Ashley	12	VTFC	29.31
9	<b>Rastad</b>	Julia	14	NORW	28.93
10	<b>Patry-Smith</b>	Jenevieve	13	CITY	28.67

### Pentathlon -- 3kg Shot (new in 1998)

	NAME		YR	CLUB	PENT	LJ	HJ
1	<b>Hoey</b>	Makayla	11	OTFC	2898	4.64	1.48
2	<b>Hoey</b>	Chelsea	09	OTFC	2888	4.70	1.60
3	<b>Smith</b>	Kelsey	08	COQC	2544	4.12	1.46
4	<b>Weaver</b>	Katie	09	NORW	2528	4.25	1.44
5	<b>Watts-Watling</b>	Keely	08	KEL	2527	4.59	1.28
6	<b>Rastad</b>	Julia	14	NORW	2424	4.32	1.36
7	<b>Wallbank</b>	Charlene	00	RR	2423	4.43	1.35

10	<b>Lenz</b>
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### Long Jump

1	<b>Nettey</b>
2	<b>Obioha</b>
3	<b>Walker</b>
4	<b>Dulay-McGuire</b>
5	<b>Perreault</b>
6	<b>Lenardon</b>
6	<b>Nelson</b>
8	<b>Hoey</b>
8	<b>Nettey</b>
10	<b>Griffith</b>
10	<b>Hough</b>
10	<b>Noel</b>

### Discus -- 750g (n

1	<b>Forsyth</b>
2	<b>Wideski</b>
3	<b>Dollyy</b>
4	<b>Duchesne</b>
5	<b>Willett</b>
6	<b>Rastad</b>
7	<b>Graf</b>
8	<b>Witzel</b>
9	<b>Wideski</b>
10	<b>Forsyth</b>

### Hammer -- 3kg (r

1	<b>MacDonnell</b>
2	<b>Duchesne</b>
3	<b>Dolfo</b>
4	<b>Wideski</b>
5	<b>Witzel</b>
6	<b>Bhandal</b>
7	<b>Malo</b>
8	<b>Tranfield</b>
9	<b>Haintz</b>
10	<b>Kraus</b>

8	<b>Macgregor</b>	Gabrielle	11	VRTC	2421	3.97	1.27
9	<b>Dulay-McGuire</b>	Alyssa	15	COQC	2415	4.75	1.33
10	<b>Lenz</b>	Sienna	12	CHWK	2402	4.17	1.31

#### ARCHIVE - EVENTS THAT HAVE BEEN DROPPED

##### 400m (dropped in 2011)

1	<b>Noel</b>	Camille	86	VOC	0.59.3
2	<b>Middlemass</b>	Keesha	83	KAJ	0.59.4
3	<b>Ellis</b>	Morgan	04	BBY	1.00.84
4	<b>Duncan</b>	Val	72	NORW	1.01.0
5	<b>Reedy</b>	Debbie	83	VTF	1.01.5
6	<b>Corrales-Nelson</b>	Zion	10	BBY	1.01.84
7	<b>Kempf</b>	Kelly Anne	82	LM	1.01.8
8	<b>Turner</b>	Sara	98	VR	1.02.00
9	<b>McConnell</b>	Rosemary	84	CC	1.02.0
9	<b>Peterson</b>	Laura	84	ABB	1.02.0

##### 1500m (dropped in 2011)

1	<b>Bennett</b>
2	<b>Peterson</b>
3	<b>McConnell</b>
4	<b>Walker</b>
5	<b>Foley</b>
6	<b>Pedersen</b>
7	<b>Boylan</b>
8	<b>Wilkinson</b>
9	<b>Smith</b>
10	<b>Huber</b>
10	<b>Quelch</b>

##### 200m Hurdles (dropped in 2000)

1	<b>Wendt</b>	Maggie	90	NORW	29.6
2	<b>Payne</b>	Chelsea	99	KAJ	29.89
3	<b>Landreville</b>	Kari	88	SOF	29.7
3	<b>Colluney</b>	Michaela	84	SOF	29.7
5	<b>Bayley</b>	Krysha	96	CC	29.8
6	<b>Mensah</b>	Yvonne	97	SOF	30.04
7	<b>Turner</b>	Sara	98	VR	30.16
8	<b>Catchlove</b>	Julie	85	NORW	30.2
9	<b>Le</b>	Teresa	94	SOF	30.3
9	<b>Kring</b>	Sherrill	84	SOF	30.3
9	<b>Regis</b>	Maria	88	LM	30.3

##### Triple Jump (dropped in 2000)

1	<b>Nettey</b>
2	<b>Kempf</b>
3	<b>Beers</b>
4	<b>Nettey</b>
5	<b>Colluney</b>
6	<b>Darbyshire</b>
6	<b>Perreault</b>
8	<b>Weaver</b>
9	<b>Nelson</b>
10	<b>Semeniuk</b>

##### Shot Put -- 6lbs (dropped in 1998)

1	<b>Polman-Tuin</b>	Connie	75	PR	10.60
2	<b>Polman-Tuin</b>	Ann	83	PR	10.49
3	<b>Monroe</b>	Nicole	81	PR	10.40
4	<b>Nemberry</b>	Lori	73	AVTC	10.14
5	<b>Wendt</b>	Maggie	90	NORW	9.89
6	<b>Knowles</b>	Caitlyn	97	KAM	9.68
7	<b>Binnie</b>	Angela	77	TRA	9.59
8	<b>MacDougall</b>	Angela	77	SOF	9.59
9	<b>Martin</b>	Linda	78	FLYY	9.54
10	<b>Mosdell</b>	Anna	82	AVTC	9.44

##### Discus -- 1.0kg

1	<b>Poman-Tuin</b>
2	<b>Polman-Tuin</b>
3	<b>Hughes</b>
4	<b>Martens</b>
5	<b>De Silva</b>
5	<b>Baldwin</b>
7	<b>Landreville</b>
8	<b>Granville</b>
9	<b>Bennett</b>
10	<b>Nosdell</b>

##### Pentathlon -- 6lb Shot (dropped in 1998)

	NAME		YR	CLUB	PENT	LJ	HJ
1	<b>Mensah</b>	Yvonne	97	SOF	2699	4.52	<b>1.52</b>
2	<b>Welch</b>	Lauren	97	VOC	2680	4.67	<b>1.41</b>
3	<b>Beers</b>	Emily	96	CC	2646	4.52	<b>1.55</b>
4	<b>DaDsilva</b>	Daniella	87	LM	2644	4.43	<b>1.44</b>
5	<b>Jackson</b>	Natalie	94	BS	2631	4.27	<b>1.40</b>

6	<b>Bayley</b>	Krysha	96	CC	2598	4.57	<b>1.40</b>
7	<b>Hanson-Monnie</b>	Hazel	91	CC	2589	4.00	<b>1.41</b>
8	<b>Nelson</b>	Sarah	97	NORW	2526	4.76	<b>1.38</b>
9	<b>Underdahl</b>	Karlyn	93	VTF	2517	4.22	<b>1.48</b>
10	<b>Wendt</b>	Maggie	92	NORW	2471	4.31	<b>1.39</b>

Sabrina	02	SFTC	25.92
Camille	86	VOCA	25.8
Keesha	83	KJAK	26.0
Sandra	88	VOCA	26.1
Chelsea	99	KJAK	26.37
Krysha	96	COQC	26.3
Alyssa	15	COQC	26.56
Yvonne	97	SFTC	26.62
Jasneet	13	UATH	26.65
Zion	10	BBYS	26.83

Stephanie	96	NORW	2.17.4
Madison	12	NTFC	2.19.91
Laura	84	ABB	2.20.4
Val	72	NORW	2.22.6
Camille	86	VOCA	2.23.0
Liza	91	NORW	2.23.6
Miryam	08	NTFC	2.23.94
Bianca	87	ABB	2.24.0
Kelly Anne	82	LANG	2.24.3
Paige	00	KEL	2.24.52

Alyssa	15	COQC	12.58
Lisa	83	SFTC	12.4
Yvonne	97	SFTC	12.69
Jasneet	13	UATH	12.73
Keely	08	KEL	12.78
Natalia	13	LANG	12.82
Karman	15	UATH	12.84
<b>Krysthina</b>	<b>16</b>	<b>UATH</b>	<b>12.87</b>
Nicole	97	KEL	12.93
Alita	90	TRA	12.7
Shari	79	ABB	12.7

**(new in 1996)**

Jessie	09	OTFC	4.08.24
Olivia	15	NTFC	4.11.54
Jessica	98	OTFC	4.13.0
Tiffany	99	NTFC	4.14.10
Heather	10	AVTC	4.17.61
Marina	12	NTFC	4.17.89
Jacqueline	09	PTFC	4.18.75
<b>Kaia</b>	<b>16</b>	<b>UNBC</b>	<b>4.23.16</b>
Taylor	12	OTFC	4.25.52

Kelly	00	BOW	4.28.89
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Sabrina	02	SOF	5.44
Chisom	14	GOLD	5.03
Vikki	72	KAJ	5.02
Alyssa	15	COQC	4.99
Amy	90	TRA	4.86
Teresa	73	TRA	4.84
Sarah	97	NORW	4.84
Makayla	11	OTFC	4.81
Christabel	03	SOF	4.81
Marsha	82	FLYY	4.77
Leslie	67	KAJ	4.77
Camille	86	VOC	4.77

**iew in 1998)**

Isabelle	15	OATF	35.41
Valerie	11	KJAK	31.52
Gabri	13	UNBC	30.69
Nicolett	14	OATF	30.58
Abby	13	PATH	29.72
Julia	14	NORW	29.22
Serena	06	SFTC	29.02
Jessica	00	KJAK	28.44
<b>Victoria</b>	<b>16</b>	<b>KJAK</b>	<b>28.28</b>
Marie Louise	11	TBIR	28.27

**iew in 1998)**

Malorie	98	NTFC	35.21
Nicolette	14	OATF	32.12
Tanika	11	LANG	30.12
Valerie	11	KJAK	30.11
Jessica	00	KJAK	29.65
Jasmin	15	VRTC	29.45
Jessica	02	BCF	27.14
Emily	03	CXVC	27.09
Mateya	13	UNBC	26.36
Sienna	13	RRTF	25.96

<b>SP</b>	<b>80H</b>	<b>800M</b>
8.86	13.31	2.28.44
9.17	13.64	2.38.37
7.30	13.30	2.35.16
6.88	13.34	2.34.50
7.41	13.33	2.35.75
7.73	13.13	2.49.46
7.04	13.73	2.35.70

8.01	14.07	2.29.70
5.41	12.78	2.42.21
7.55	13.97	2.35.25

<b>in 2011)</b>			4.43.8
Stephanie	96	NORW	4.52.4
Laura	84	ABB	4.52.5
Rosemary	84	CC	4.55.7
Liza	91	NORW	4.57.3
Cindy	85	RMT	4.58.5
Lisa	86	KAJ	4.58.9
Ange	92	SOF	5.00.1
Bianca	87	ABB	5.00.2
Kim	86	KAJ	5.00.9
Stephanie	94	KAJ	5.00.9
Emily	86	KAJ	

<b>opped in 2011)</b>			11.12
Sabrina	02	SOF	10.34
Kelly Anne	82	LM	10.21
Emily	96	CC	10.09
Christabel	03	SOF	10.07
Michaela	84	SOF	9.95
Cheryl	80	PR	9.95
Amy	90	TRA	9.83
Katie	09	NORW	9.82
Sarah	97	NORW	9.75
Jacquie	80	PG	

<b>dropped in 1998)</b>			28.24
Connie	75	PR	27.10
Ann	83	PR	26.16
Jean	88	SOF	25.22
Shona	82	SHD	24.64
Sara	82	VR	24.64
Cindy	72	KAJ	23.66
Kari	88	SOF	23.54
Michelle	86	SOF	23.37
Jennifer	90	VTF	23.36
Anna	82	AVF	

SP	80H	800M
7.68	12.74	2.43.58
7.54	13.38	2.31.47
8.09	13.0	2.50.7
8.66	13.0	2.39.3
7.73	12.9	2.31.0

7.63	12.8	2.40.7
7.25	12.9	2.27.6
8.58	13.98	2.44.3
7.62	13.4	2.42.0
9.89	12.8	2.59.7