

BC Athletics announced the 2009 BC Athletics Award winners and nominees presented at the Annual Awards Banquet held Saturday, December 6th at the Vancouver Airport Hilton – Richmond BC

2009 Track & Field Athletes of the Year

Award Recipients and Nominees

2009 Midget 15 Female Track & Field Athlete of the Year

Njideka Obioha

Golden Ears Athletics

Coach: Andrew Lenton

Event(s): Long Jump	5.70m Sherbrooke Aug.9, 2009
	5.47m Coquitlam June 13, 2009
	5.44m Abbotsford July 12, 2009
100m	12.18 Abbotsford July 12, 2009
	12.29 Burnaby June 6, 2009
	12.29 Burnaby July 5, 2009
200m	25.22 Sherbrooke Aug 9, 2009
	25.79 Abbotsford July 12, 2009
	25.80 Burnaby July 5, 2009
Teams:	BC Midget 15
Rank:	BC 100m 1st; 200m 1st; Long Jump 1 st

Also nominated in the Midget 15 Female category –

Cheyenne Tunti

Surrey Athletic Club

Coach: Bryan Onstad

Event: 400m	57.23 Abbotsford June 16, 2009
	57.41 Burnaby June 6, 2009
	57.44 Victoria June 10, 2009
Rank:	BC 1st

Tess Virgl

Vancouver Thunderbirds

Coach: Tom Nielsen

Event: Javelin	39.46m Burnaby BC June 6, 2009
	38.92m Surrey BC April 25, 2009
	37.67m Abbotsford BC July 12, 2009
Teams:	BC Midget 15
Rank:	BC 1st

2009 Midget 15 Male Track & Field Athlete of the Year:

Nicholas Fyffe

Kajaks Track & Field Club

Coach: Byron Jack

Event: Triple Jump 13.73m Sherbrooke QC August 9, 2009
13.15m Abbotsford BC July 12, 2009

Teams: BC Youth

Rankings: BC Midget Triple Jump 1st
Canada Youth Triple Jump 2nd

Records: BC Midget Triple Jump record of 13.73m
Canadian Legion Meet Record of 13.73m

Also nominated in the Midget 15 Male category –

Brendon Restall

Pacific Athletics

Coach: Dacre Bowen

Event 400m 49.21 Burnaby BC June 6, 2009
49.82 Burnaby BC June 6, 2009
50.72 Victoria BC May 13, 2009

Teams: BC Youth

Rankings: BC 1st
Canada Youth 5th

Christian Gravel

Vancouver Thunderbirds

Coach: Graeme Fell

Event: 800m 2:00.90 Sherbrooke QC Aug 9, 2009
2:00.95 Abbotsford July 12, 2009
2:02.74 Kelowna June 28, 2009

Teams: BC Youth

Rankings: BC 1st

2009 Youth Female Track & Field Athletes of the Year:

Shai Davis

Kajaks Track & Field Club

Coach: Mike Murray

Events: 100m 11.82 Richmond June 12, 2009
11.82 Richmond May 9, 2009
11.88 Toronto June 28, 2009

200m 24.25 Richmond June 12, 2009

24.33 Toronto June 28, 2009
24.38 Sherbrooke Aug 9, 2009

Teams: BC Youth
BC Junior
BC Senior
BC Canada Summer Games
Canadian World Youth
Canadian Pan Am Junior

Rankings: BC 100m 1st; 200m 1st
Canada 100m 1st; 200m 1st

and

Katie Reid

Ocean Athletics

Coach: Nick Stoffberg and Wes Moerman

Event: 400m 54.90 Sherbrooke QC Aug. 9, 2009
55.14 Charlottetown PEI Aug. 24, 2009
55.58 Burnaby BC June 6, 2009

Teams: BC Youth
BC Canada Summer Games
Canadian World Youth

Rankings: BC 1st
Canada 1st

Also nominated in the Youth Female category –

Selina Byer

Vancouver Thunderbirds

Coach: Tom Nielsen

Event: Javelin 40.84m Sherbrooke QC Aug. 9, 2009
39.50m Abbotsford July 12, 2009
38.79m Kelowna June 28, 2009

Teams: BC Youth

Rankings: BC 1st; Canada 2nd

2009 Youth Male Track & Field Athlete of the Year

Django Lovett

Valley Royals Track and Field Club

Coach: Ziggy Szelagowicz

Event: High Jump 2.17m Sudtiroil ITA July 8, 2009
2.16m Kelowna BC June 28, 2009
2.15m Burnaby BC June 14, 2009

Teams: BC Youth
BC Canada Summer Games
Canadian World Youth – Bronze Medallist 2.17m

Rankings: BC 1st
Canada 1st
World Youth 8th

Records: BC Youth Record in High Jump 2.17m
Canadian Youth Record in High Jump 2.17m

Also nominated in the Youth Male category –

Benjamin Ayesu-Attah

Coquitlam Cheetahs

Coach: Tara Self

Event: 400m 48.55 Sudtiroil ITA July 8, 2009
48.72 Sudtiroil ITA July 9, 2009
48.89 Sherbrooke QC Aug 9, 2009

Teams: BC Youth
Canadian World Youth

Rankings: BC 1st
Canada 2nd

David McKay

Victoria Track and Field Club

Coach: Gerard Dumas

Event: Pole Vault 4.55m Charlottetown (Canada Summer Games) Aug 24,
2009
4.50m Victoria June 10, 2009
4.50m Abbotsford July 11, 2009

Teams: BC Youth
BC Junior
BC Canada Summer Games
Canadian Pan Am Junior

Rankings: BC 1st
Canada 1st

2009 Junior Female Track & Field Athlete of the Year

Helen Crofts

West Vancouver, BC

Coach: Brit Townsend

Event: 800m 2:05.19 Trinidad Aug. 2, 2009

2:06.70 Edwardsville IL May 23, 2009
2:07.10 Victoria June 2, 2009

Teams: BC Junior
BC Canada Summer Games
Canadian Pan American Junior Bronze Medallist
Record: BC Junior Women's 800m Record 2:05.19 in Port of Spain Trinidad
Rankings: BC 1st
Canada 1st
World 30th

Also nominated in this category –

Emmalynne MacCorquodale
Kajaks Track & Field Club

Coach: Garrett Collier/Richard Collier

Event: Hammer 53.18m Trinidad Aug. 2, 2009
52.79m Charlottetown Aug. 24, 2009
52.13m Logan Utah May 16, 2009

Teams: BC Junior
BC Canada Summer Games
Canadian Pan American Junior
Rankings: BC 1st
Canada 1st

Holly Parent

Victoria Track and Field Club

Coach: Greg Peters

Event: High Jump 1.76m Abbotsford July 12, 2009
1.75m Richmond June 12, 2009
1.75m Burnaby April 4, 2009

Teams: BC Junior
BC Canada Summer Games
Rankings: BC 1st
Canada 3rd

2009 Junior Male Track & Field Athlete of the Year

Rohan Stewart

Vancouver Thunderbirds

Coach: Laurier Primeau

Event: 200m 21.20 Charlottetown Aug. 24, 2009
21.24 Azusa CA April 17, 2009
21.24 Trinidad Aug. 2, 2009

Teams: BC Junior
BC Canada Summer Games

Canadian Pan American Junior – 4 x 400m Relay Team Bronze
Medallist
Canadian Francophone Games
Rankings: BC 1st
Canada 2nd

Also nominated in the Junior Male category –

Evan Dunfee

Kajaks Track & Field Club

Coach: Gerry Dragomir

Event: 10km Race Walk 43:27.04 Trinidad Aug 2, 2009
44:16.00 El Salvador May 1, 2009
44:24.00 Minneapolis Minn Aug 16, 2009

Teams: BC Junior
Canada / USA Dual Meet
Canadian Americas Race Walk Championships
Canadian Pan American Junior

Rankings: BC 1st
Canada 1st
World Jnr 26th

Angus Taylor

Kajaks Track & Field Club

Coach: Richard Collier

Event: Hammer 65.33m Abbotsford BC July 12, 2009
64.32m Charlottetown PEI July 19, 2009
62.50m Burnaby BC July 5, 2009

Teams: BC Junior
BC Senior
BC Canada Summer Games
Canadian Pan American Junior

Ranking: BC 1st
Canada 1st

2009 Senior Female Track & Field Athlete of the Year

Ruky Abdulai

Valley Royals Track and Field Club

Coach: Jerrold Jones

Event: Long Jump 6.74m New York, NY May 30, 2009
6.64m Toronto ON June 27, 2009
6.60m Philadelphia April 25, 2009

Teams: BC Senior

Rankings: Canadian World Championships
BC 1st
Canada 1st
World 23rd
Record: BC Senior Women's Long Jump 6.74m

Also nominated in this category –

Elizabeth Gleadle

Vancouver Thunderbirds

Coach: Tom Nielsen

Event: Javelin 58.21m Belgrade Serbia July 9, 2009
56.16m Charlottetown PEI Aug. 24, 2009
55.85m Burnaby March 28, 2009

Teams: BC Senior
BC Team at Canada Summer Games
Canadian World Student Games

Rankings: BC 1st
Canada 1st
World 46th

Record: BC Senior Women's Javelin Throw 58.21m
Canadian Senior Women's Javelin Throw 58.21m

Jennifer Joyce

Kajaks Track & Field Club

Coach: Dr. Anatoly Bondarchuk

Event: Hammer 70.35m Madrid Spain July 4, 2009
69.05m Toronto June 27, 2009
68.37m Philadelphia April 25, 2009

Teams: Canadian World Championships

Rankings: BC 1st
Canada 2nd
World 30th

Record: Senior Women's Hammer Throw 70.35m Madrid Spain

**2009 Senior Male Track & Field Athlete of the Year
&**

2009 Male Athlete of the Year

Gary Reed

Pacific Athletics

Coach: Wynn Gmitroski

Event: 800m 1:43.95 Athens GRE July 13, 2009
1:44.26 Zurich SUI Aug. 28, 2009

1:45.23 Thessalonika GRE Sept. 12, 2009
Teams: BC Senior
Canadian World Championships
Rankings: BC 1st
Canada 1st
World 11th

Also nominated in this category –

Dylan Armstrong
Kamloops Track and Field Club
Coach: Dr. Anatoliy Bondarchuk
Event: Shot Put 20.92m Victoria June 10, 2009
20.68m Halle GER May 23, 2009
20.63m Eugene OR June 7, 2009
Teams: BC Senior Team
Canadian World Championships
Rankings: BC 1st
Canada 1st
World 12th

Curtis Moss
Vancouver Thunderbirds
Coach: Tom Nielsen
Event: Javelin 78.32m Copenhagen DK Aug. 6, 2009
75.26m Burnaby June 14, 2009
74.40m Abbotsford July 12, 2009
Teams: BC Senior
BC Canada Summer Games
Canadian Francophone Games Silver Medallist
Rankings: BC 1st
Canada 1st
World 74th

2009 Road Runners of the Year

2009 Junior Female Road Runner of the Year

Kyla Coates
University of Victoria

0:40:12	TC 10K	4/26/09	10K	2nd BCA JR
0:38:06	Cobble Hill 10K	11/25/09	10K	1st BCA JR
0:18:16	Bazan Bay 5K	3/9/09	5K	1st BCA JR

2009 Senior Female Road Runner of the Year

Cheryl Murphy

Prairie Inn Harriers Racing Team

Timex Series Winner

0:16:54	St Patricks Day 5K	3/14/09	5K	1st BCA SR
0:17:22	Chemainus 5K	6/16/09	5K	1st BCA SR
0:17:07	Dave Reed 5K	3/28/09	5K	1st BCA SR
0:28:05	Pioneer 8K	1/11/09	8K	1st BCA SR
0:28:05	Harry's 8K	3/8/09	8K	1st BCA SR
0:34:29	Sun Run	4/19/09	10K	2nd BCA SR
0:34:36	TC 10K	4/26/09	10K	1st BCA SR
1:16:06	First Half	2/15/09	Half M	1st BCASR
1:19:30	BMO VIM Half Marathon	5/3/09	Half M	2nd BCA SR
2:44:01	Royal Victoria Marathon	10/11/09	Marathon	1st BCA SR

2009 Senior Male Road Runners of the Year

Jon Brown

Prairie Inn Harriers Racing Team

0:14:42	UK	9/13/09	5K	
0:23:38	Pioneer 8K	1/11/09	8K	2nd BCA SR
0:23:59	Harry's 8K Vancouver	3/8/09	8K	1st BCA SR
0:24:12	Harry's 8K Toronto	3/8/09	8K	1st BCA SR
0:29:38	Manchester	5/17/09	10K	
0:29:56	Edinburgh	5/3/09	10K	
1:04:57	Royal Victoria Half Marathon	10/11/09	Half M	1st BCA SR
1:05:48	UK South Shields	9/11/09	Half M	1st BCA SR

and

Scott Simpson

Prairie Inn Harriers Racing Team

Timex Series Winner

0:14:42	ST Patrick's Day 5K	3/14/09	5K	1st BCA SR
0:14:28	Longest Day 5K	6/12/09	5K	2nd BCA SR
0:14:37	Bazan Bay 5k	3/8/09	5K	1st BCA SR
0:30:08	Sun Run	4/19/09	10K	2nd BCA SR
0:28:56	Cunningham Seawall Race	10/25/09	9.5k	1st BCA SR
0:30:38	TC 10K	4/26/09	10K	2nd BCA SR

2009 Cross Country Runners of the Year

2009 Midget 15 Female Cross Country Runner of the Year

Kansas MacKenzie

Vancouver Thunderbirds

1st BC Midget 15 Cross Country Championships

1st Pinetree Classic

1st Whistler Spirit Run

2009 Midget 15 Male Cross Country Runner of the Year

Christian Gravel

Vancouver Thunderbirds

1st BC Midget 15 Cross Country Championships

7th BC High School Cross Country Championships

1st Festival of Cross Country

2009 Youth Female Cross Country Runner of the Year

Alycia Butterworth

Oceanside Track & Field Club

1st BC Youth Cross Country Championships

1st BC Team scorer at National Junior Cross Country Championship

2nd Festival of Cross Country

2009 Youth Male Cross Country Runner of the Year

Justin Kent

South Fraser Track & Field Club

1st BC Youth Cross Country Championships

2nd BC High School Cross Country Championships

5th BC Team scorer at National Junior Cross Country Championship

Junior Female Cross Country Runner of the Year

Maggie Woodward

Pacific Athletics/UBC

1st BC Junior Cross Country Championships

2nd BC Team scorer at National Junior Cross Country Championships

6th NAIA Regional Cross Country Championships

Junior Male Cross Country Runner of the Year

Dylan Haight

Pacific Athletics

1st BC Junior Cross Country Championships
2nd Canadian Junior Cross Country Championships
1st BC team scorer at National Junior Cross Country Championships

2009 Senior Female Cross Country Runner of the Year
Natasha Wodak
Port Moody, B.C.

2nd BC Senior Cross Country Championships
7th Canadian Senior Cross Country Championships
1st Sundodger

2009 Senior Male Cross Country Runner of the Year
Richard Mosley
Prairie Inn Harriers Racing Team

4th BC Senior Cross Country Championships
9th Canadian Senior Cross Country Championships
1st BC Team scorer at National Senior Cross Country Championships

2009 Masters Athletes of the Year

2009 Master Female Track & Field Athlete of the Year
Olga Kotelko
West Vancouver, BC
Age 90

During 2009, Olga set 10 World records and 12 Canadian/BC records. She won eleven gold medals in the World Masters Athletics (WMA) Track and Field Championships in Lahti, Finland and nine gold medals in the World Masters Games in Sydney, Australia.

Olga set World records in the 200 metres, 400 metres, Long jump, Triple jump, High jump, Discus, Javelin, Hammer, Weight, Weight Pentathlon

She set Canadian records in the above events and in the 100 metres, Shot put

2009 Master Male Track & Field Athlete of the Year
Tom Dickson
Valley Royals Track & Field Club
Age 56

Tom broke the Canadian record in the 100 metres twice during the 2009 season. He won the bronze medal in the 200 metres at the World Masters Athletics Track and Field Championships in Lahti, Finland and finished fourth in the 100 metres. He also won the gold medal in the 100 metres in the Canadian Championships, the Azusa Pacific meet in California and the Langley Pacific meet.

His age-graded average for his top 5 performances for the year was (94.1%). His best performances for the year were:

60m	7.72	Kamloops	
100m	12.02 (-0.1)	Langley	Canadian Record
	12.04 (+2.9)	Lahti	4th World Championships
200m	25.15 (-0.1)	Lahti	Bronze medal World Championships

Masters Female Road Runner of the Year

Lucy Smith

Prairie Inn Harriers Racing Team

Age 42

Lucy averaged 90.5% age graded over her best 5 road races. She was the first woman finisher in the BC 5k and 8k Road Running Championships, she was 6th overall women in the Sun Run (1st 40+) and the 3rd overall women (1st 40+) in the Times Colonist 10k.

Masters Male Road Runner of the Year

Herb Phillips

Prairie Inn Harriers Racing Team

Age 69

Herb had the highest age graded average for his best five races of all male masters this year. Herb won the M6569 5k and 8k and Marathon BC Road Running Championships among many other races. His best performance was possibly his 18:37 5k win in Carlsbad California early in the year (92.6% on the age graded tables).

2009 Masters Female Cross Country Runner of the Year

Maureen de St. Croix

Ocean Athletics

Age 56

Maureen was the best age graded female athlete at the BC Championships. She also won five other cross country races in the F5059 age category in the Lower Mainland Cross Country Series this year.

2009 Masters Male Cross Country Runner of the Year

Rob Lonergan
North Vancouver
Age 50

Rob was the best age graded master in the 2009 BC Cross Country Championship. He was second overall in the race to a younger Norm Tinkham. Rob was third overall in the Canadian Championships, won the M5054 division and improved on his fine BC performance with an excellent 26:41 for the 8k.

2009 Athletes with a Disability Athlete of the Year

2009 Female Athlete with a Disability Athlete of the Year
&

2009 Female Athlete of the Year

Michelle Stilwell

Wheelchair Race Series

Ranked #1 in the World T52: 10km Road, 100m, 400m, 200m, Marathon
Oita Marathon – Oita, Japan – 2:21.17 – 1st T52
Vancouver Sun Run – 10km – 35:43 – 1st
Times Colonist 10K – 34:31 – 1st

2009 Male Athlete with a Disability Athlete of the Year

Dustin Walsh, Coquitlam BC

Steve Walters – Guide Runner, Surrey, BC

B1 400m Gold 2009 IBSA Pan Am Games
B1 4 x 400m Gold 2009 IBSA Pan Am Games (Exhibition Event)
T11 200M Ranked 5th in the World 25.84 - Toronto
T11 400m Ranked 2nd in the World 55.50 –Toronto

2009 Excellence in Officiating Awards

Ian McNeil Award – 2009 Official of the Year

Awarded to a registered Official who made an outstanding contribution to track and field and exemplified excellence in officiating. The recipient is automatically nominated for the “NOC Official of the Year”

John Cull
Surrey, BC

During this past year, John has been the chair of the Officials' Committee and has officiated at every Track and Field meet in the lower mainland except one. He has been the Officials' liaison with the PacificCanada series, the Police and

Fire Games which was held in August, and the upcoming World Masters Indoor Championships to be held in March, 2010 in Kamloops, B. C. He has spent many hours working with the organizing committees of these meets. He has conducted level I and II clinics throughout the province to help increase the number of officials needed for the many events held throughout the province. He attended the National Officials' Committee Spring Meeting. He has worked on updating clinics, kept the Officials' information up to date on the B. C. Athletics' web page and has worked hard to encourage the recruitment of officials. He has done an outstanding job during this past year.

2009 Ralph Coates Award – Long Standing Service

A registered Official who has contributed dependable, long term and versatile service to Track and Field.

Howard Brandt

Chilliwack Track & Field Club

Howard is an outstanding B. C. official who has been officiating as an official most of his life. He has been a starter since the 1980's and while he left Canada for a few years he returned to pick up where he left off. Howard commits a great deal of his time doing a considerable number of meets every year and needs to be recognized for this. He is a role model to many of the young people with whom he spends so much time and is extremely supportive of the B. C. officials' committee.

Ralph was a starter for many years and was always there helping out and he would have been proud to have known Howard was following in his footsteps.

2009 Mary Temple Award – Novice Official of the Year

A registered Official who, in his/her first 5 years, has focused substantial effort on learning to be an official as well as contributed willingly and unselfishly as a beginner Official.

Randy Stuart

Kajaks Track & Field Club

Always a cheerful, hardworking individual, Randy brings equipment to many of the venues throughout the province to weigh and measure throwing implements. He helps where ever there is a shortage especially in all Field Events. He keeps himself very well informed on the Rules and how to apply them. He has shown initiative and willingness to do as much as he can do for the sake of the sport, a great attribute to bring to officiating.

2009 Dave Coupland Award – Inspirational Award

The Dave Coupland Award is presented to a BC Athletics member who has been an inspiration for Officials; someone who has made it fun.

Tom Masich

Prince George Track & Field Club

Dave Coupland always brought laughter with him when he attended a meet and throughout the years. Tom has always done the same thing. His encouragement of officials, his friendliness, and his thoughtfulness has always been there with a smile and a hug for the ladies and a handshake or a slap on the back for the men who spend hours officiating at track meets. No one has been more supportive than Tom Masich of officials and he has encouraged his club members to be active in this way. He has always treated officials who have made the trek to Prince George with the best he can offer and sent many of us off with laughter in our hearts. He has helped to make officiating fun.

2009 Excellence in Coaching Awards

2009 Coaching Excellence - Junior Development Coach

Winston Reckord

Burnaby Striders

For over 25 years, Winston Record has been coaching track and field for the Burnaby Striders. To the benefit of both the BC Summer Games and all the Zone 4 athletes who have competed at them for the last 15 years, Winston has volunteered as an Assistant Rep and Coach. During that time he has been an inspiration and motivation to many athletes, and at Burnaby Striders that takes in quite a range of ages. His successful protégés have included both National and International Team Members.

On any given weeknight, rain or shine, if you are driving past Burnaby Central High School at 6 o'clock; you will see Winston on the track and hear his whistle as he critiques his athletes' technique and performance. His passion for his chosen sport combined with his caring and understanding make him a favorite with everyone in the Track Community.

2009 Coaching Excellence Award - Senior Coach

Tom Nielsen

Vancouver Thunderbirds

Athletes who are coached by Tom Nielsen:

Elizabeth Gleadle Senior Javelin Thrower pb this year sets a new Canadian Record - 58.21m

Senior Canadian Champion

Canada Summer Games Champion

6th at FISU Games

NAIA Champion

Brooke Pighin Senior Javelin Thrower

Second at National Seniors
Second at Canada Games
Canadian team member – Francophone Games - Beirut

Curtis Moss – Senior Javelin Thrower; Set a pb – 78.32m
Ranked first in Canada
Placed second at National Seniors
Placed Second at Canada Summer Games
Second at Francophone Games
4th on All-time Canadian list

Kyle Nielsen – Senior Javelin Thrower
First at National Seniors
Placed first at Canada Summer Games pb 72.98m
Attended Francophone Games

Selina Byer – Youth Javelin Thrower pb 40.84m
2nd at Canadian Legion Youth Championships

Tess Virgl – 15 Year Old Javelin Thrower – pb 39.54m
Ranks first in BC
2nd at Legion Championships

Tom attended the World Javelin Conference in Finland this past October

2009 Excellence in Coaching - High Performance Coach

Dr. Anatoliy Bondarchuk
Kamloops Track & Field Club
National Throws Centre Coach

Dylan Armstrong – Shot Put; pb 21.04m
Senior National Champion
Canadian Team member - World Championships in Athletics - Berlin

Sultana Frizzell – Hammer Thrower – pb 72.07m
Canadian Record Holder
10th at the World Championships in Athletics - Berlin

Jennifer Joyce – Hammer Thrower – pb is 70.35m a new BC Record
National Senior Champion
11th at the world Championships in Athletics - Berlin

Dr. Bondarchuk continues to be one of the best throws coaches in the world producing world class throwers at the National Throws Centre in Kamloops.

2009 Executive of the Year Award

Diana Hollefreund Victoria Track & Field Club

Diana Hollefreund has been active in various executive positions in Athletics for decades. Joining the BC Athletics Board of Directors and filling the roles of Zone Director, Vice Chair and now as Director of Administration and Planning Diana brought an enhanced focus to and development of Association policies and program guidelines too help in the management and delivery of programs and services to the membership. Her work within her club and as a key member of the VIAA (Vancouver Island Athletics Association) has provided leadership to enhance competitions for athletes.

Her work includes but is not limited to:

- Leadership in VIAA in the recruitment, training and development of 30 to 40 new Officials
- Executive member and Treasurer of the VIAA
- Vice Chair of the Victoria Track & Field Club
- BC Athletics Provincial Sport Advisor for the BC Summer Games
- Risk Management:
 - 2009 BC Athletics Criminal Records Review Policy - Chair
 - BC Athletics Risk Management Policy (currently underway) - Chair
- 2009 BC Athletics Human Resources Committee – Chair
- 2009 BC Athletics Membership Review Committee – Chair
- 2009 BC Athletics Director Liaison to the BC Athletics Officials Committee
- An active BC Athletics Official

.BC Athletics is very pleased to recognize Diana Hollefreund as the 2009 BC Athletics Executive of the Year Award.

2009 Jane Swan Award

The Jane Swan Award is to be given to a volunteer who has provided long term service to the JD Community of Track and Field as exemplified by the service given by Jane Swan as a volunteer.

Alwilda van Ryswyk Kamloops Track & Field Club

- Member of the BC Junior Development Committee since 1972
- Chairperson of the Junior Development Committee from 1980-2002
- Long time coach at Westsyde Elementary School beginning in 1969

- Headed the Officials Committee for the 1993 Kamloops Canada Summer Games.
- Has officiated in Track & Field since 1948.
- Head Coach - Kamloops Track & Field Club 1972-1995.
- Member of the Kamloops Track and Field Club executive since 1972.
- 1992 - B.C. Athletic Official of the year
- 1992 - B.C. Track & Field Hall of Fame
- 1999 - Ralph Coates (Long Standing Service for Track & Field
- 2004 - Sports B.C. Presidents' Award.
- 2005 - National Officials Committee Wall of Honour in Ottawa celebrating 50 years officiating in track & field

Alwilda has kept the interests of Junior Development athletes foremost in her mind.

She has spent countless hours on selection committees and supervising of the JD All Time Top Ten and the Junior Development annual awards banquet and award presentations.

Alwilda is truly a person who cares about young athletes, encourages their progress and celebrates their success.

2009 BC Athletics Hall of Fame

Don Steen

The Steen name is synonymous with Sport in British Columbia and Canada and it is our honour to recognize Don Steen with induction into the BC Athletics Hall of Fame.

Don Steen's achievements in sport span five decades as an athlete, coach and administrator. He was one of BC's outstanding high school basketball players, an elite level rugby star and a Canadian record holder in both the pentathlon and decathlon. Coaching track and field became Don's passion, first at Burnaby South high school where he established a prep dynasty, and as the founder and head coach of the Burnaby Striders Track and Field Club. During Don's 20-year tenure, the Striders became Canada's strongest juvenile club, producing numerous Olympic competitors. In 1967, Don became Simon Fraser University's first head athletics coach. To demonstrate SFU's province-wide interest in athletics, he developed and conducted the first two BC High School Track and Field Championships. In 1972, Don was a coach for Canada's track and field team at the Munich Olympics. Don's Legacy as an administrator began in 1969 when he became the first executive director of BC School Sports. Among his achievements over the next 17 years was coordinating 26 provincial

championships, significantly increasing the number of regional associations and Sport commissions, and starting fundraising events such as the 'Milk Run'. In 1992, Don began an association with Blind Sports that has included serving as president and athletics commissioner to the provincial body as national athletics commissioner. He was the head coach of the West Coast Pacers Track & Field Club, a national and provincial athletics coach for Blind Sports, a member of the coaching staff for the Canadian Paralympic teams of '92, '96 and 2000. Don continues as an active coach and adviser and is the coach of record for: Courtney Knight – Gold Medallist 2009 IBSA Pan Am Games – Shot Put and Discus; and Dustin Walsh/Steve Walters (guide runner) – Gold Medallist IBSA Pan Am Games – 400m and 4 x 400m Relay Exhibition.

Don is truly a multiple contributor to Athletics and very worthy of induction to the BC Athletics Hall of Fame.