



2012

BC Athletics Annual Awards Banquet



*An Evening to Honour Athletes,
Coaches, Officials & Volunteers*

December 1, 2012 • Richmond, BC



Welcome!

... to the BC Athletics Awards Banquet



The awards banquet is a wonderful opportunity to recognize the achievements of our athletes, coaches, officials, club executives and volunteers during the past year. They all contribute to the success of athletics in British Columbia.

I would like to thank the Province of BC, viaSport, our business partners, and the Royal Canadian Legion for their on-going support. Their involvement and participation in our sport enables us to provide a high level of programs and services to our members. BC Athletics offers so much to all levels and ages of its' members. It is the support of parents, family, friends and volunteers that makes this all possible.

On behalf of the Board of Directors, I would like to thank you for joining with us to celebrate the accomplishments of our athletes, coaches, officials, club executives and volunteers.

Greg White

Chair, Board of Directors
BC Athletics



On behalf of Athletics Canada it is my pleasure to welcome you to BC Athletics' 2012 Awards Banquet.

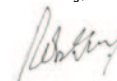
Tonight is about celebrating the accomplishments of those in athletics that have contributed to the success of this province. This season saw a number of high profile events taking place both on home soil and abroad highlighted with the Olympic and Paralympic Games. British Columbia saw eight Olympians and five Paralympians reach their dreams and represent our country, and our sport in London.

Thank you to everyone involved in making Athletics in B.C., so successful. This past year they played host to three major events including the National Track League's Harry Jerome and Victoria International Track Classic; and then just last weekend they hosted the 2012 Canadian Cross Country Championships. The local organizing committees, volunteers, athletes and officials all should be recognized for the work they do to make these events so outstanding.

Please join me tonight as we celebrate a year of athletics, accomplishments and success.

Congratulations to everyone.

Sincerely,



Rob Guy
Chief Executive Officer

2012 B.C. Athletics Annual Awards Banquet



Thank You

**... To Our Partners, Sponsors, Friends and Members
who helped to make the 2012 Year in Athletics SPECTACULAR!**

- Athletics Canada
- Attention Web & Graphic Design
- Big Kahuna Sport Company – adidas team wear
- BC Athletics Member Clubs and Regional Associations
- BC Athletics Officials
- BC Event Volunteers
- BC Ferries Corporation
- BC Gaming Branch – Ministry of Public Safety and Solicitor General, Hon. Shirley Bond, Minister
- BC/Yukon Command – Royal Canadian Legion
- Canadian Sport Centre Pacific
- Clif Bar
- Coaches Association of British Columbia
- Dominion Command – Royal Canadian Legion
- Flight Centre / Stage & Screen
- Filmrobot – web and email hosting
- Government of British Columbia, Ministry of Community, Sport and Cultural Development – Hon. Bill Bennett, Minister
- Hilton Vancouver Airport Hotel
- Impact Magazine
- Infigo Imaging – graphic and printing services
- MetaSport Systems Services Inc. – membership database
- Mountain FM
- National Coaching Institute – Victoria/Vancouver
- PacifiCanada International Track & Field Series Group - Achilles International Track Society -UBC Track & Field Club – Valley Royals Track and Field Club – Victoria International Running Society
- Pacific Newspaper Group – The Vancouver Sun – The Province Newspaper
- RM of Whistler
- Running Room Ltd
- PacificSport Regional Centres – Fraser Valley, Interior BC, Northern BC, Okanagan, Vancouver Island
- Penske Truck Rentals
- Sanctioned Event Organizers
- SBC/Allsport Insurance Agencies
- SFU Clan
- Sport BC
- Sprott-Shaw Community College - Officials support
- Times Colonist
- Timex – Adams, Manning and Associates
- Tourism Whistler
- TWU Spartans
- UBC Thunderbirds
- U. Vic Vikes
- viaSport
- Whistler BrewHouse
- Whistler Question

Supporting our Sponsors and Partners is our way of thanking them for their contributions to our sport. We urge you to purchase their products and services and support their programs.



The Program

Opening Remarks

Dinner

Awards Presentations

Track & Field

Road Running

Cross Country

Masters

Para-athletics

Officials

Excellence in Coaching

Executive of the Year

Jane Swan Memorial Award

BC Athletics Hall of Fame

Outstanding Athletes of the Year

Canadian Team Recognition

Closing Remarks

Cover photo and many athlete photos are courtesy of Athletics Canada.

Thank You also to coaches, parents and club member who generously provided photos of award nominees and winners.



2012 TRACK & FIELD ATHLETES OF THE YEAR

2012 Midget 15 Award Recipients

Robyn Buckingham

Club: LANG
Coach: Kim Chapdelaine
Events & Performances:
 Jumps - HJ (1.63m)
 Combined Events - OPENT (3092pts)



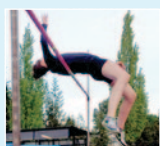
Stephanie Cho

Club: VOCA
Coach: Tatjana Mece
Events & Performances:
 Sprints - 200 (25.99)
 Hurdles - 200H (27.46), 80H (12.02)
 Jumps - LJ (5.42m), TJ (11.83m)
 Combined Events - OPENT (3320pts)



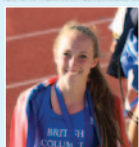
Autumn Covington

Club: KJAK
Coach: Richard Collier
Events & Performances:
 Throws - HT (49.9m)



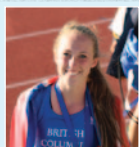
Anastasia Evans

Club: COQC
Coach: Per Andersen
Events & Performances:
 Jumps - HJ (1.6m)



Jessica Hanson

Club: VOCA
Coach: Tatjana Mece
Events & Performances:
 Jumps - HJ (1.6m)
 Combined Events - OPENT (2832pts)



Sophie Pauls

Club: TBIR
Coach: James Buhlman
Events & Performances:
 Combined Events - OPENT (3153pts)

Jenaya Pynn

Club: NTFC
Coach: Allen Johnston
Events & Performances:
 Distance - 800 (2:15.48)

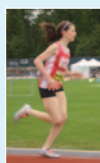
Teagan Rasche

Club: LANG
Coach: Kim Chapdelaine/Tom Nielsen
Events & Performances:
 Distance - 1500RW (7:48.52)
 Throws - HT (48.2m)



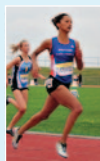
Alexandra Smith-Van Dyke

Club: KAML
Coach: Ryan Jensen
Events & Performances:
 Jumps - PV (2.8m)



Sophia Stevenson

Club: BBYS
Coach: Winston Reckord
Events & Performances:
 Distance - 800 (2:17.68), 1200 (3:42.89)



Raquel Tjernagel

Club: COQC
Coach: Tara Self
Events & Performances:
 Sprints - 200 (24.75)



Katie Weaver

Club: NORW
Coach: Elena Voloshin
Events & Performances:
 Combined Events - OPENT (3086pts)



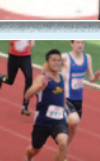
Brittini Wolczyk

Club: LANG
Coach: Tom Neilsen
Events & Performances:
 Throws - JT (44.97m)



Christopher Andrews

Club: UNBC
Coach: Ian Andrews
Events & Performances:
 Throws - SP (15.16m)



Matthew Chan

Club: TBIR
Coach: James Buhlman
Events & Performances:
 Sprints - 100 (11.41), 200 (23.23)



2012 Annual Awards Banquet

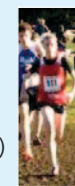
Eric Chatten

Club: COQC
Coach: Per Andersen
Events & Performances:
 Jumps - HJ (1.75m)



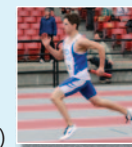
Nickolas Colyn

Club: LANG
Coach: Dave Hetherington
Events & Performances:
 Distance - 2000 (5:47.53), 1500SC (4:21.35)



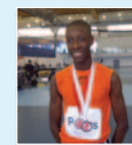
Jake Hanna

Club: OATF
Coach: Mary Chewning Korpach
Events & Performances:
 Sprints - 200 (22.78)
 Hurdles - 100H (14.06), 200H (24.4)



Micah Peters

Club: UNBC
Coach: Robert Esmie
Events & Performances:
 Jumps - HJ (1.75m)



Jemal Reta

Club: NWSA
Coach: Besnik Mece
Events & Performances:
 Distance - 2000 (5:46.23), 1500SC (4:21.21)



Kenneth Schultze

Club: WVAN
Coach: Eugene Konart/Erin Bell
Events & Performances:
 Hurdles - 100H (13.8), 200H (25.89)



Isaac Wadhvani

Club: GOLD
Coach: Vid Wadhvani
Events & Performances:
 Distance - 2000 (5:58.55)

2012 Youth Female Nominees

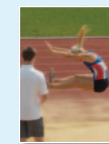
Asianna Covington

Club: KJAK
Coach: Richard Collier
Events: Discus/48.98m
 Hammer (4kg)/55.21m
 Hammer (3kg)/60.40m
Teams: BC Yth- Legion CDN Yth
 Champs- 1st Discus
 IAAF World Juniors
Rankings: Discus: BC Yth-1, CAN Yth-1
 Hammer: BC Yth-1, CAN Yth-1
Records: Discus: 48.98m BCRp/CRp (FV HS Invite)
 Hammer (3kg): 60.40m BCRp/CRp (Coq. Invite)



Georgia Ellenwood

Club: LANG
Coach: Kim Chapdelaine
Events: Heptathlon/5262 pts
Teams: BC Yth- Legion CDN Yth
 Champs
 IAAF World Juniors- 18th
Rankings: BC Jr-1, CAN Jr-1



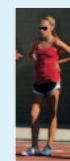
Meghan Palesch

Club: OATF
Coach: Dr Mary Korpach
Events: 300mH/42.73
 100mH/14.04
Teams: BC Yth- Legion CDN Yth
 Champs- 5th 300mH, 4th 100mH
Rankings: 300mH: BC Yth-1, CAN Yth-2
 100mH: BC Yth-1, CAN Yth-2
Records: 300mH: 42.73 BCRp (BC Champs)



Kala Stone

Club: KAML
Coach: Bruno Mazzotta
Events: 1500m/4:34.55
Teams: BC Yth- Legion CDN Yth Champs-
 1st 1500m
Rankings: 1500m: BC Yth-2, CAN Yth-3



Keely Watts-Walding

Club: OACS
Coach: Pat Sima-Ledding
Events: Heptathlon/4809
Teams: BC Yth- Legion CDN Yth Champs- 2nd
Rankings: BC Yth-1, CAN Yth-2

2012 TRACK & FIELD ATHLETES OF THE YEAR

Youth Female Nominee...continued

Regan Yee

Club: BVAS

Coach: Neal Currie

Events: 2000mSC/6:55.30

Teams: BC Yth- Legion CDN Yth
Champs- 2nd
2000mSC

Rankings: 2000mSC: BC Yth-1, CAN Yth-1

Records: 2000mSC: 6:55.30 BCRp (BC Champs)



2012 Youth Male Nominees

Sebastian Adugalski

Club: OATF

Coach: Dr Mary Korpach

Events: 300mH/38.38

Teams: BC Yth- Legion CDN Yth
Champs

Rankings: 300mH: BC Yth-1, CAN Yth-3



Andrew de Visser

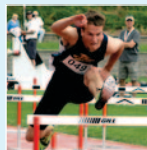
Club: TBIR

Coach: James Buhlman

Events: 110mH/14.51

Teams: BC Yth- Legion
CDN Yth Champs
- 7th 100mH

Rankings: BC Yth-1, CAN Yth-2



Aaron Stroda

Club: UNBC

Coach: Verena Stroda

Events: Discus/51.18m
Shot Put/15.82m

Teams: BC Yth- Legion CDN Yth
Champs- 2nd
Discus, 2nd SP

Rankings: Discus: BC Yth-1, CAN Yth-1

Shot Put: BC YTH-1, CAN Yth-1



Rostam Turner

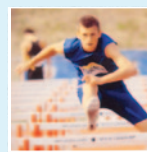
Club: OACS

Coach: Pat Sima-Ledding

Events: Octathlon/5435 pts
1000m/2:54.59

Rankings: Octathlon: BC Yth-1,
CAN Yth-1

1000m: BC Yth-1, CAN Yth-1



2012 Junior Female Nominees

Katelyn Hayward

Club: UVIC

Coach: Keith Butler

Events: 2000mSC/6:51.09

Teams: BC Jr- CDN Jr Champs- 1st

Rankings: BC Jr-1, CAN Jr-1



Samantha Kennedy

Club: KJAK

Coach: Richard Collier

Events: Hammer/55.18m

Teams: BC Jr- CDN Jr Champs- 1st

Rankings: BC Jr-1, CAN Jr-1



Katherine Tourigny

Club: VOCA

Coach: Tatjana Mece

Events: 400mH/1:01.44
100mH/14.70

Teams: BC Jr- CDN Jr Champs- 3rd
400mH, 5th 100mH

Rankings: 400mH: BC Jr-1, CAN Jr-6
100mH: BC Jr-1, CAN Jr-8



Devan Wiebe

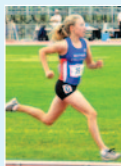
Club: PTGR

Coach: Marek Jedrzejek

Events: 800m/2:05.40

Teams: BC Jr- CDN Jr Champs- 2nd
BC Sr - CDN Olympic Trials
IAAF World Juniors- 14th

Rankings: BC Jr-1, CAN Jr-2



BC youth 4X400 relay teams

2012 Annual Awards Banquet

2012 TRACK & FIELD ATHLETES OF THE YEAR

2012 Junior Male Nominees

Spencer Allen

Club: KAML

Coach: Ryan Jensen

Event: Pole Vault/4.70m

Teams: BC Jr- CDN Jr Champs- 1st
CDN Olympic Trials- 7th

Rankings: BC Jr-1, CAN Jr-2



Adam Keenan

Club: KAML

Coach: Dr. Anatoliy Bondarchuk

Event: Hammer/74.11m

Teams: BC Jr- CDN Jr Champs- 1st
CDN Olympic Trials- 3rd
IAAF World Juniors

Rankings: BC Jr-1, CAN Jr-1, WORLD-
12

Records: Hammer: 74.11m CRp (Kamloops Throws
Fest)
CDN Jr Champs: 71.32m MR



Benjamin Thorne

Club: WALK

Coach: Gerry Dragomir

Event: 10km RW/ 40:26

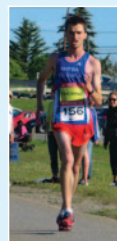
Teams: BC Jr- CDN Jr Champs- 1st
10km RW
CDN RW Champs- 1st 20km
RW

IAAF World RW Cup

Rankings: 10km RW: BC Jr-1, CAN Jr-1, World-6

20km RW: BC Jr-1, CAN Jr-1

Records: 10km RW: 40:26 BCRp/CRp (CDN Jr Champs)
20km RW: 1:21.55 BCRp/CRp (CDN Jr
Champs)



James Turner

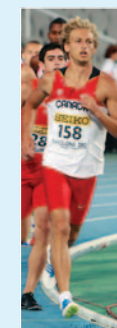
Club: OACS

Coach: Pat Sima-Ledding/Laurier
Primeau

Event: Decathlon/7017 pts

Teams: BC Jr- CDN Jr Champs- 1st
IAAF World Juniors- 18th

Rankings: BC Jr-1, CAN Jr-1



2012 Senior Female Nominees

Nicola Evangelista

Club: WALK

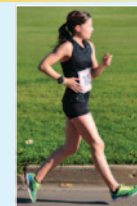
Coach: Gerry Dragomir

Events: 10,000m RW/47:16.8
10km RW/48:16
20km RW/1:37.32

Teams: BC Sr- CDN Olympic
Trials- 2nd 10,000m RW
IAAF World RW Cup- 76th 10km RW, 63rd
20km RW

Rankings: 10,000m RW: BC Sr-1, CAN Sr-1
10km RW: BC Sr-1, CAN Sr-2
20km RW: BC Sr-1, CAN Sr-2

Records: 10,000m RW: 47:16.8 BCRp (BC Champs)
10km RW: 48:16 BCRp (CDN 20km Champs)
20km RW: 1:37.32 BCRp (CDN 20km
Champs)



Jessica Smith

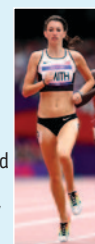
Club: VRTC

Coach: Brit Townsend

Events: 800m/1:59.86

Teams: BC Sr- CDN Olympic Trials- 3rd
Olympic Games

Rankings: BC Sr-1, CAN Sr-2, WORLD-47



2012 Senior Male Nominee

Dylan Armstrong

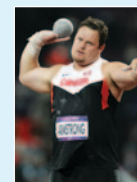
Club: KAML

Coach: Dr. Anatoliy Bondarchuk

Events: Shot Put/21.50

Teams: Olympics Games- 5th
CDN Olympic Trials- 1st
IAAF DL Paris- 1st

Rankings: BC Sr-1, CAN Sr-1, WORLD-8



Inaki Gomez

Club: WALK

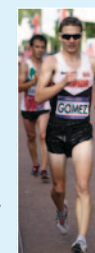
Coach: Gerry Dragomir

Events: 20km RW/1:20.58

Teams: Olympic Games - 13th
IAAF World RW Cup- 14th

Rankings: BC Sr-1, CAN Sr-1, WORLD-37

Records: 20km RW: 1:20.58 CRp
(Olympic Games)
5000m RW: 18:45 BCRp/CRp (Sydney, AUS)



2012 TRACK & FIELD ATHLETES OF THE YEAR

Senior Male Nominee...continued

Cameron Levins

Club: CXVC
Coach: Dave Scott-Thomas
Events: 10,000m/27:27.96
 5000m/13:18.29
Teams: Olympic Games- 11th 10,000m, 14th 5000m
Rankings: 10,000m: BC Sr -1, CAN Sr-1, WORLD-32
 5000m: BC Sr-1, CAN Sr-1, WORLD-62
Records: 2X NCAA Div1 Champion
 (5000m/10,000m)



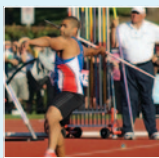
Michael Mason

Club: VRTC
Coach: Ziggy Szelagowicz
Events: High Jump/ 2.31m
Teams: BC Sr- CDN Olympic Trials- 2nd
 Olympic Games- 8th
Rankings: BC Sr-1, CAN Sr-T1, WORLD-T12
Records: High Jump: 2.31m BC Sr Native/Tied Open (DL, Mexico)



Curtis Moss

Club: KJAK
Coach: Don Steen
Events: Javelin/81.21m
Teams: BC Sr- CDN Olympic Trials- 1st
 Olympic Games
Rankings: BC Sr-1, CAN Sr-1, WORLD-42
Records: Javelin: 81.21m BC Sr Native (NTL Victoria)



Justin Rodhe

Club: KAML
Coach: Dr. Anatoliy Bondarchuk
Events: Shot Put/21.11m
Teams: Olympic Games
 CDN Olympic Trials- 2nd
Rankings: BC Sr-2, CAN Sr-2, WORLD-11



2012 ROAD RUNNERS OF THE YEAR

Junior Female Road Runner of the Year

Kirsten Lee

Club: PTGR
Coach: Richard Lee
 2012 BC 10K Junior Champion
Rankings:
 5K / 20:17, BC - 1, CAN - 7
 10K / 42:25, BC - 1, CAN - 1



Junior Male Road Runner of the Year

Joel Deschiffart

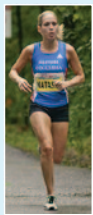
Club: NTFC / TWUS
Coach: Allen Johnston / Mark Bomba
 2012 Vancouver Island Race Series Junior Champion
Rankings:
 5K / 15:38, BC - 2, CAN - 3
 10K / 33:28, BC - 2, CAN - 2



Senior Female Road Runner of the Year

Natasha Fraser

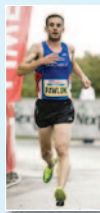
Club: PIHR
Coach: Brit Townsend
 2012 BC 10K & Half Marathon Champion
 2012 Timex BC Road Race Series Champion
 2012 Cdn 10K Road Race Champs - 4th
Rankings:
 5K / 16:45, BC - 2, CAN - 7
 10K / 34:13, BC - 1, CAN - 4
 Half / 1:14:06, BC - 1, CAN - 2



Senior Male Road Runner of the Year

Samuel Pawluk

Club: PTGR
Coach: Richard Lee
 2012 BC 10K Champion
 2012 Timex BC Road Race Series Champion
 2012 Cdn 10K Road Race Champs - 6th
Rankings:
 5K / 14:55, BC - 3, CAN - 3
 8K / 24:37, BC - 1, CAN - 5
 10K / 30:44, BC - 2, CAN - 11



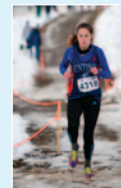
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2012 CROSS COUNTRY RUNNERS OF THE YEAR

Midget 15 Female Cross Country Runners of the Year

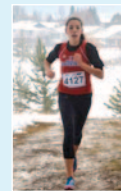
Nicole Hutchinson

Club: HHAC
Coach: Darcie Montgomery / Cindy O'Krane
 BC High School Champs: 1st
 BC Champs: 2nd



Chelsea Ribeiro

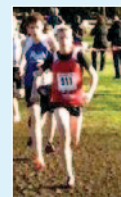
Club: OATF
Coach: Lynn Kanuka
 BC High School Champs: 5th
 BC Champs: 3rd
 Festival of Cross Country: 1st
 Pinetree: 2nd



Midget 15 Male Cross Country Runner of the Year

Nickolas Colyn

Club: LANG
Coach: Dave Hetherington
 BC Champs: 2nd
 Lower Mainland Series: 1st
 Pinetree: 1st
 Frank Reynolds Memorial: 1st



Youth Female Cross Country Runner of the Year

Kala Stone

Club: KAML
Coach: Bruno Mazzotta
 BC Champs: 1st
 Canadian Junior Champs: 16th
 BC High School Champs: 7th

Youth Male Cross Country Runner of the Year

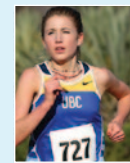
Jesse Hooton

Club: HHAC
Coach: Darcie Montgomery / Cindy O'Krane
 BC Champs: 1st
 BC High School Champs: 4th
 Festival of Cross Country: 1st

Junior Female Cross Country Runner of the Year

Jackie Regan

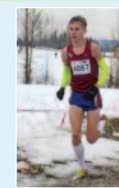
Club: UNBC
Coach: Marek Jedrzejek
 Canadian Junior Champs: 6th
 NAIA Champs: 7th
 NAIA Regionals: 1st



Junior Male Cross Country Runner of the Year

Tim Delcourt

Club: CTC1
Coach: Scott Kent
 BC High School Champs: 1st
 BC Champs: 3rd
 Canadian Junior Champs: 18th



Senior Female Cross Country Runner of the Year

Fiona Benson

Club: TWUS
Coach: Laurier Primeau / Mark Bomba
 BC Champs: 3rd
 Canadian Champs: 8th
 CIS Champs: 5th (CIS West 1st)
 Sundodger: 3rd



2012 Senior Male Cross Country Runner of the Year

Luc Bruchet

Club: OATF
Coach: Marek Jedrzejek
 Canadian Champs: 5th
 NAIA Champs: 3rd
 NAIA Regionals: 2nd
 Sundodger: 4th



2012 MASTERS ATHLETES OF THE YEAR

Masters Female Track & Field Athlete of the Year

Christa Bortignon - Age 75

Club: GREY

Christa set 6 Indoor and 4 Outdoor World Records this year (Indoor: 60m, 60mH, 200m, LJ, TJ, Pentathlon and 4x200 relay & Outdoor: 80mH, 200mH, TJ and Pentathlon). She set 19 Canadian records. She was named the North America, Central America and Caribbean Region Female Athlete of the Year and was runner-up for the World Masters Female Athlete of the Year. Her best age graded result was her 80mH world record of 17.71 (105.87%).



Masters Male Track & Field Athlete of the Year

Norm Lesage - Age 82

Club: GREY

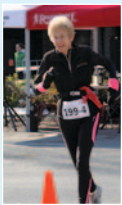
For Norm's 5 best events, his age graded average was 92.89%. He broke the BC record in the 100m 4 times, coming within .02 seconds of the Canadian record with his best time (15.70). He broke his own Canadian record in the 60m (9.90) and set another BC record in the 400m (1:24.83).

Masters Female Road Runner of the Year

Gwen McFarlan - Age 78

Club: KJAK

In 2012, Gwen was the best age graded road runner with 96.5% average for 5 races. She completed the Vancouver Marathon in 4:03.44, close to her W75-79 World Record (3:57:30). She won her age division in the Scotia Half, Sun Run, Longest Day 5K, Senior Games 10K and Icebreaker 8K.



Masters Male Road Runner of the Year

Kevin O'Connor - Age 45

Club: VFAC

Kevin had another great year, averaging 92.28% for his best 5 races. His best times were: Sun Run (31:33), First Half Marathon (1:08:47), St. Patrick's Day 5K (15:34) and Harry's 8K (25:41). In the M45-49 age division, Kevin set BC records in the half marathon (1:09:12) and the 10K (31:48).



Masters Female Cross Country Runner of the Year

Juliette Christie - Age 50

Club: PIH

Juliette had the best combined age graded score for the BC and Canadian Championships. She finished first in her age category in both championships and was the first overall master female in the Pinetree classic.

Masters Male Cross Country Runner of the Year

Norm Tinkham - Age 49

Club: GOLD

Norm had the best combined age graded score for the BC and Canadian Championships. He was the second overall master in the BC Championships and was the 4th best age graded runner from BC in the Canadian Championships to score as part of the BC team that finished second to Ontario in the competition for the Gaat trophy. Norm also finished 4th overall in the Remembrance Day race.

2012 Annual Awards Banquet

2012 PARA-ATHLETICS ATHLETES OF THE YEAR

2012 Para-athletics Female Athlete of the Year

Michelle Stilwell

Club: WCRS

Coach: Peter Lawless

Events: T52 100m/18.67
T52 200m/33.58 WRp
T52 400m/1:05.41 WRp
T52 800m/2:19.91

Teams: Paralympic Games- 2nd T52 100m, 1st T52 200m
CDN Paralympic Trials- 3rd T52 100m, 1st T52 200m

Rankings: T52 100m: BC Sr- 1, CAN Sr- 1, WORLD- 1
T52 200m: BC Sr- 1, CAN Sr- 1, WORLD- 1
T52 400m: BC Sr- 1, CAN Sr- 1, WORLD- 1

Records: T52 100m: 18.67 CRp (Boiling Point Elite)
T52 200m: 33.58 WRp (Notwill, SUI)
T52 400m: 1:05.41 WRp (Sydney Track Classic)
T52 800m: 2:19.91 CRp (Notwill, SUI)



2012 Para-athletics Male Athlete of the Year

Braedon Dolfo

Club: LANG

Coach: Laurier Primeau

Events: T13 100m/11.26
T13 200m/23.00
T11-13 4x100m/44.90

Teams: Paralympic Games - 7th T13 100m, 6th T11-13 4x100m
CDN Paralympic Trials - 1st T13 100m, 1st T13 200m

Rankings: T13 100m: BC Sr-1, CAN Sr-1, WORLD-8
T13 200m: BC Sr-1, CAN Sr-1, WORLD-T14
T13 4x100m Relay: CAN-1, WORLD-8

Records: T13 100m: 11.26 CRp (Paralympic Games)
T13 200m: 23.00 CRp (Para-Olympic Last Chance)



Michelle Stilwell

2012 EXCELLENCE IN OFFICIATING AWARDS

2012 Ian McNeil Award – Official of the Year

The Ian McNeil Award is awarded to a registered Official who made an outstanding contribution to track and field and exemplified excellence in officiating. The recipient is automatically nominated for the “NOC Official of the Year”

Ted de St. Croix

Club: OATF

Ted officiates a number of meets in the lower mainland each year and he is always willing to help other clubs. He is very calm, and has a great sense of humor. Ted is technically sound and meets work well when he is running the photo finish. He is always at the track to help with set-up or take-down. He is hard-working, knowledgeable and a true asset to any meet he is at.

2012 Mary Temple Award – Novice Official of the Year

A registered Official who, in his/her first 5 years, has focused substantial effort on learning to be an official as well as contributed willingly and unselfishly as a beginner Official.

Vince Sequeira

Club: CRVC

Vince has been officiating “un-officially” for years. He has been involved with the administration of the Campbell River Track Club, and is now “officially” working to advance his officiating skills and credentials.

He is knowledgeable, uses common sense, and is calm under pressure and efficient on the field. He is a wonderful part of the officials’ team.



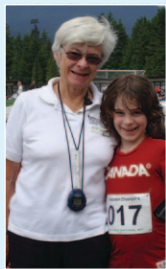
2012 Ralph Coates Award – Long Standing Service

The Ralph Coates Award is awarded to a registered Official who has contributed dependable, long term and versatile service to Track & Field.

Ina Wallace

Club: UNBC

Ina Wallace started officiating in the early 1970’s when her son started competing. By the early 1980’s she was a registered official and has been devoting herself to the sport ever since. She advanced quickly to become an international level official who is very competent and highly respected by her peers. She is constantly helping novice officials to learn and develop.



2012 Dave Coupland Award – Inspirational Award

The Dave Coupland Award is presented to a BC Athletics member who has been an inspiration for Officials; someone who has made it fun.

Erin Bell

Club: UNBC

Erin has been an inspiration as an official this year, refusing to slow down even as she has been undergoing chemotherapy treatment. She has been an athlete, so she has a great understanding of the sport. She is always smiling and is a great role model for athletes and other officials.



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2012 EXCELLENCE IN COACHING AWARDS

Junior Development Coaching Excellence

Moseley Jack

Club: KJAK

Moseley has been coaching at the JD level for 34 years with the Kajaks. As a JD coach, Moseley always makes training fun, and he focuses on personal bests and improvements rather than medals. He is extremely supportive and positive. Moseley is sure to keep updated with all event specifications and objectives of the Long Term Athlete Development program. With his wealth of experience and knowledge from over 40 years of coaching, Moseley always communicates in a calm and positive manner with his athletes and he loves to tell them stories of his past in Track & Field. He is always at practice well ahead of time, and is available long after training ends for his athletes and their parents.



Senior Coaching Excellence

Richard Collier

Club: KJAK

Athletes who are coached by Richard Collier:

Asianna Covington

Discus- 2012 BCRp/CRp
Hammer (3kg)- 2012
BCRp/CRp

Samantha Kennedy

Hammer
Ranked #1 Jr BC/CAN



Richard has been the Head Coach for Kajaks for 12 years. He was the 2012 BC Senior Team head coach, and the BC Youth Teams throws coach. He was the meet director for the BC Elementary School Championships in 2012, and has been the director for the JD Championships for the past 10 years.



Moseley Jack

High Performance Coaching Excellence

Dr. Anatoliy Bondarchuk

Club: KAML

National Throws Centre Coach

Athletes who are coached by Dr. Anatoliy Bondarchuk:

Dylan Armstrong

Shot Put
Ranked #1 BC/CAN, #8 WORLD

Adam Keenan

Hammer- 2012 CRp
Ranked #1 Jr BC/CAN, #12 WORLD

Justin Rodhe

Shot Put
Ranked #2 BC/CAN, #11 WORLD

Dr Bondarchuk currently coaches full time in the National Throws Centre in Kamloops. As the lead coach, he now produces the annual Throws Fest in Kamloops with his High Performance athletes, giving the opportunity for coaches and athletes to come learn from the best in a practical environment. His work ethic, dedication and commitment to the athletes and the sport of Track & Field is outstanding.



Cameron Levins

Photo: MARK BATES, 321photos.ca

Gerry Dragomir

Club: WALK

Athletes coached by Gerry Dragomir:

Inaki Gomez

20km RW- 2012 BCRp/CRp
Ranked #1 BC/CAN, #14 WORLD
2012 Olympic Games Team
Finished 14TH at Olympic Games with CRp

Nicola Evangelista

10km RW- 2012 BCRp
20km RW- 2012 BCRp
Ranked #1 BC, #2 CAN

Benjamin Thorne

10km RW- 2012 BCRp/CRp
20km RW- 2012 BCRp/CRp
Ranked #1 BC/CAN, #6 WORLD

In 2012 Gerry was a coach in London for the Olympic Games, a speaker at the 2012 Athletics Canada Development camp, a coach at the World Cup of Race Walk, and the World Junior Championships.

Don Steen

Club: KJAK

Athletes coached by Don Steen:

Curtis Moss

Javelin
Ranked #1 BC/CAN, #42 WORLD
2012 Olympic Games Team



2012 Annual Awards Banquet

2012 Executive of the Year Award



Jessie Dosanjh

Club: UATH

Jessie is receiving this award for his exceptional planning and execution as the Athletics Sport Chair for the 2012 BC Summer Games in Surrey. He had only 8 months to prepare and plan for the Games (where Sport Chairs usually have 2-4 years). Jessie's team had planned well and executed better making this one of the best ever run Athletics competitions at the Summer Games. He has received praise from the BC Games President on the planning and execution of the competition overall.

Some great feedback from Jessie's leadership and vision of the event:

- His volunteer recruitment campaign was so successful, the City of Surrey asked him to stop recruiting because he had 100 signed up by April 2012 (3 months before the games)
- Each days competition began and ended on time
- Medal ceremonies were on schedule and made special with formally dressed medal carriers
- Equipment was always in its place and on time and was moved without drawing any attention
- Jessie is an excellent leader and his total commitment and effort are recognized with the 2012 Executive of the Year Award.

2012 Jane Swan Award

The Jane Swan Award is to be given to a volunteer who has provided long term service to the JD Community of Track and Field as exemplified by the service given by Jane Swan as a volunteer.

Dawn Copping

Club: NORW

Club President for the past 7 years, Dawn has been a member of NorWesters Track & Field Club for 31 years; she has served on the Club's Board of Directors for 30 of these. She is a 17 year veteran of the BC Athletics JD Committee, and has been the Chair for the past 5 years.

- 10 years as Coaching Coordinator and Administrator of Coaching Services
- Meet Director and organizer for the North Shore High School Meets
- BC Summer Games Zone 5 Coordinator since 1995 and has attended 11 Games.
- BCA Board of Directors: She served several terms as a director, one as Vice Chair in charge of Affiliations and Liaisons and others as Zone 3/4/5 Representative.

2011 BC Athletics Hall of Fame Inductee

STEVE KING

Athlete, Coach, Poet, Lyricist, Narrator, Author, Publisher, Educator/Guest Speaker, Counsellor, Announcer, Builder (Athletics & Triathlon)



ATHLETE:

- Success as a school athlete in England in Track & Field, Cross Country Running, Football, Cricket, Gymnastics and Archery
- Race Walking – ranging from 2nd in the 53 Mile London to Brighton; 1st US 50 Mile Championships; Centurion 100 mile in under 24 hours as part of the British Team; to 1st in the BC Seniors Games 5k/10k
- Marathon, Ultra Running, Triathlon:
 - Best Marathon time 2:36:54
 - 50 mile best time 5:36:23
 - 50 km best time 3:17:11
 - 1984 – 6th Ironman Canada
 - 1994 2nd Ultraman Canada/1st age group (12 km swim, 200 mile bike, 52.4 mile run)
 - 1995-1997 Member of Canadian Nat'l 100km Teams
 - 1997 BC Marathon Champion
 - 1997 Winner Haney/Harrison 100km Ultra
 - 1999 – 7th Masters – South Africa's Comrades Marathon (56 miles)
 - 2001 – 4th overall Badwater Death Valley 135 mile Run

COACH:

- Special Olympics Coach
- Fred Johnson, Gold Medallist 400m / Silver Medallist – Special Olympics World Games, Baton Rouge, LA
- Poet, Lyricist, Narrator, Author, Publisher:
 - 20th Century Poets, 1975
 - The World's Great Contemporary Poems, 1981
 - Songs for Jean
 - In the Zone
 - The Distance of Truth
- Ironman Canada 30th Anniversary video
- TRI-FIT Training Log
- Running in the Zone
- Triathlete in Transition
- Publisher TRI-FIT Quarterly
- Impact Magazine
- BC Athletics Record

EDUCATOR/COUNSELLOR/ GUEST SPEAKER:

Since 1090 Steve has presented over 160 times on the topics of:

- Drug and Alcohol Addiction and Treatment
- Organizational Change
- Marathon Preparation
- Hydration and Electrolytes and Testing
- Marathon Mania w. Rod Dixon, Dick Beardsley & Bruce Deacon
- Performance & Motivation

- Adaptation & Attitude
- The Comrades Marathon Experience
- Relaxation and Healing

TV COMMENTATOR / EVENT ANNOUNCER:

- TV Commentator for CBC, TSN, CTV, ESPN, Rogers Sportsnet, Shaw Cable
- Vancouver Sun Run/Vancouver Marathon/World Triathlon Championships/Ironman Canada/BC Winter and Summer Games/Toronto Waterfront Marathon/Canadian 10k Rd Race Championships
- On-site Play-by-Play Announcer
 - over 150 different events including: '94 Commonwealth Games/'99 Pan Am Games/ Triathlons around the World/Marathons throughout No America/Cross Country Skiing/H2H/W50/ World Police & Fire Games/Cycling/BC Distance Swimming Champs/BC & Cdn XC Champs/Hawaiian Ultraman (double Ironman distance) Championships

HONOURS AND AWARDS:

- Interior Running Association Award
- City of the Year – Penticton & District
- Sports Leadership Award – City of Penticton
- Sport BC President's Award
- Frontrunners Walk of Fame - Victoria

BUILDER:

- Originator, Director, Board Member:
- Penticton Pounders Running Club/Blossom 10 Miler/Skaha Lake Ultra Swim/Ironman Canada/Ultraman Canada/Penticton Junior Triathlon

2012 Annual Awards Banquet



2012 CANADIAN TEAMS – RECOGNITION

The following BC members of Canadian Teams competing in 2012 are recognized for their accomplishments:

2012 WORLD INDOOR CHAMPIONSHIP

| | | | |
|------------------------|------------|------|----------------|
| Dylan Armstrong | Kamloops | KAML | Shot put |
| Dr Anatoliy Bondarchuk | Kamloops | KAML | National Coach |
| Dr Wilbour Kelsick | Port Moody | | Medical Staff |
| Justin Rodhe | Kamloops | KAML | Shot put |

NACAC U-23

| | | | |
|-------------------|-----------|------|--------------|
| Evan Dunfee | Richmond | WALK | 20km RW |
| Django Lovett | Langley | VRTC | High Jump |
| Christine Lowe | Coquitlam | COQC | 400m Hurdles |
| Christabel Nettey | Surrey | UNBC | Long Jump |
| Sabrina Nettey | Surrey | UATH | Long Jump |

2012 NACAC CROSS COUNTRY CHAMPIONSHIP

| | | | |
|------------------|--------------------|------|--------------|
| Maria Bernard | Calgary, AB | CALW | Jr Women 4km |
| Markus Bill | Vancouver | AITS | Team Manager |
| Ryan Cassidy | Grande-Digue, N.B. | O2NB | Sr Men 8km |
| Cameron Levins | Black Creek | CXVC | Sr Men 8km |
| Kansas Mackenzie | Vancouver | TBIR | Jr Women 4km |
| Samuel Pawluk | Richmond | PTGR | Sr Men 8km |
| Jerry Ziak | Vancouver | UNBC | Sr Men 8km |

Janet Neufeld

| | | | |
|-----------------|-----------------|------|--------------|
| Janet Neufeld | New Westminster | UNBC | Team Manager |
| Tiffany Perkins | Abbotsford | LANG | Javelin |
| Thomas Riva | Qualicum Beach | UVIC | 800m |
| Lauren Stuart | Smithers | UNBC | Hammer |
| Taryn Suttie | Saskatchewan | STFC | Shot put |

WORLD MOUNTAIN RUNNING CHAMPIONSHIP

| | | | |
|------------------|-----------------|------|-------|
| Stacey Cleveland | Penticton | PENP | 8.8K |
| Catrin Jones | Victoria | UNBC | 8.8K |
| Robert Krar | Flagstaff AZ | UNBC | 14.1K |
| Ed McCarthy | Vancouver | UNBC | 14.1K |
| Shannon Penway | North Vancouver | UNBC | 8.8K |

IAAF WORLD RACE WALKING CUP

| | | | |
|--------------------|-----------|------|--------------|
| Creighton Connolly | Winfield | UNBC | 20km RW |
| Gerry Dragomir | Vancouver | WALK | Team Manager |
| Evan Dunfee | Richmond | WALK | 20km RW |
| Nicola Evangelista | Vancouver | WALK | 20km RW |
| Inaki Gomez | Vancouver | WALK | 20km RW |
| Benjamin Thorne | Kitimat | WALK | 20km RW |

PANAMERICAN COMBINED EVENTS CUP

| | | | |
|----------------|------------|--|------------|
| Natasha Miller | Abbotsford | | Heptathlon |
|----------------|------------|--|------------|

BOLDER BOULDER 10K

| | | | |
|-------------------|-----------|------|--|
| Marilyn Arsenaunt | Victoria | UNBC | |
| Rob Watson | Guelph ON | | |

2012 WORLD JUNIOR CHAMPIONSHIPS

| | | | |
|----------------------|-----------|------|--------------|
| Benjamin Ayesu-Attah | Coquitlam | COQC | 400m |
| Asianna Covington | Surrey | KJAK | Discus |
| Gerry Dragomir | Vancouver | WALK | Team Manager |
| Georgia Ellenwood | Langley | LANG | Heptathlon |
| Adam Keenan | Victoria | KAML | Hammer |
| Sullivan Parker | Vancouver | UNBC | Shot put |
| Benjamin Thorne | Kitimat | WALK | 20km RW |
| James Turner | Kelowna | OACS | Decathlon |
| Jillian Weir | Vancouver | UNBC | Shot put |
| Devan Wiebe | Vancouver | PTGR | 800m |
| Thelma Wright | Vancouver | UNBC | Head Coach |

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2012 B.C. Athletics Annual Awards Banquet



2012 CANADIAN TEAMS ...continued

2012 OLYMPIC GAMES

| | | | |
|-------------------------------|-------------------|-------|-------------------|
| Dylan Armstrong | Kamloops | KAML | Shot put |
| Dr Anatoliy Bondarchuk | Kamloops | KAML | Event Coach |
| Garfield Crooks | Vancouver | | Massage Therapist |
| Sultana Frizell | Perth, ON | | Hammer |
| Elizabeth Gleadle | Vancouver | CHIN | Javelin |
| Wynn Gmitroski | Victoria | UNBC | Event Coach |
| Inaki Gomez | Vancouver | WALK | 20km RW |
| Kibwé Johnson | San Francisco, CA | USATF | Hammer |
| Dr Wilbour Kelsick | Port Moody | | Chiropractor |
| Cameron Levins | Black Creek | CXVC | 5000m |
| Michael Mason | Nanose Bay | VRTC | High Jump |
| Curtis Moss | Burnaby | KJAK | Javelin |
| Bob Pows | Vernon | | Physiotherapist |
| Justin Rodhe | Kamloops | KAML | Shot put |
| Jessica Smith | North Vancouver | VRTC | 800m |
| Hilary Stellingwerff | Sarnia ON | | 1500m |
| Dr Trent Stellingwerff | Victoria | | Nutritionist |
| Dr Linda Thyer | Vancouver | | Physician |

2012 PARALYMPIC GAMES

| | | | |
|--------------------------|--------------|------|----------------------------------|
| Nathan Dewitt | Surrey | WCRC | T34 100m |
| Braedon Dolfo | Langley | LANG | T11-13 4x100m |
| Laurier Primeau | Burnaby | TWUS | Head Coach |
| Michelle Stilwell | Nanose Bay | WCRC | T52 100m |
| Yvonne Visser | Nanaimo | | Massage Therapist |
| Dustin Walsh | Coquitlam | LANG | T11-13 4x100m |
| Dylan Williamson | Fort Langley | LANG | Guide Runner for Dustin Walsh |

2012 CHIBA EKIDEN ROAD RACE

| | | | |
|------------------------|---------------|------|-------------|
| Jon Brown | Victoria | | Team Leader |
| Geoff Martinson | Prince George | PGTF | |
| Rob Watson | Guelph ON | | |



2012 Canadian Cross-Country Championships

Photo: MARK BATES: 321photos.ca