

**B. C. MASTERS OUTDOOR TRACK AND FIELD RECORDS**  
**NEW RECORDS SET IN 2007 - as of Dec 31/07**

AGE	RECORD		RECORD HOLDER	AGE	DATE	VENUE	
<b>100M</b>							
M70	14.18	+1.9	Andy Aadmi	71	28/07/07	Saint John, NB	
M75	14.51	+1.7	Norm Lesage	77	10/10/07	St. George, UT	
<b>200M</b>							
<b>400M</b>							
<b>800M</b>							
M40	1:55.40		Mark Knoop	40	03/06/07	Richmond, BC	<b>CAN</b>
M65	2:29.39		Bill Hollingshead	65	09/09/07	Riccione, ITA	
M90	5:29.63		Les Leyland	90	09/09/07	Riccione, ITA	<b>CAN</b>
<b>1500M</b>							
<b>MILE</b>							
<b>3000M</b>							
<b>5000M</b>							
M90	52:49.87		Les Leyland	90	07/09/07	Riccione, ITA	<b>CAN</b>
W55	20:21.22		Gwyneth Woodson	56	07/09/07	Riccione, ITA	
<b>10000M</b>							
W55	42:03.42		Gwyneth Woodson	56	12/09/07	Riccione, ITA	<b>Can*</b>
<b>SPRINT HURDLES</b>							
W60	21.20	-3.3	Linda Paulic	62	16/06/07	Langley, BC	
<b>INTERMEDIATE HURDLES</b>							
<b>STEEPLECHASE</b>							
M55	13:57.53		Scott Leyland	57	15/09/07	Riccione, ITA	
<b>4 X 100M RELAY</b>							
M70	1:02.09		L Friesen (70), J Giegerich (74) N Lesage (77), A Aadmi (71)		17/06/07	Langley, BC	
M80	1:24.34		E McLaren (80), B Wilson (80) H Thompson (84), L Robson (80)		15/09/07	Nanaimo, BC	<b>CAN</b>
W35	54.96		M Rankin (46), Z Webber (39) G Titus (42), K Ross (46)		17/06/07	Langley, BC	<b>CAN</b>
<b>LONG JUMP</b>							
<b>TRIPLE JUMP</b>							
M65	9.36	1.7	Jan Vipler	65	21/07/07	Sherwood Park, AB	
M70	7.03	<b>p</b>	Larry Fiege	70	13/09/07	Nanaimo, BC	
M75	7.68	<b>p</b>	Adrian Meeuwissen	77	13/09/07	Nanaimo, BC	
W85	4.41	0.2	Olga Kotelko	88	17/06/07	Langley, BC	<b>CAN</b>
<b>HIGH JUMP</b>							
W65	1.22		Sandy Anderson	67	28/07/07	Tumwater, WA	<b>CAN</b>
<b>POLE VAULT</b>							
M70	2.62	<b>p</b>	Gerard Dumas	72	16/06/07	Duncan, BC	
W65	1.83		Sandy Anderson	67	28/07/07	Tumwater, WA	<b>CAN</b>
<b>SHOT PUT</b>							
W55	9.12		Rose Hare	59	14/09/07	Nanaimo, BC	
W65	8.76		Sandy Anderson	67	13/09/07	Nanaimo, BC	
W75	6.79		Mae Turek	75	17/06/07	Langley, BC	

## DISCUS

W55	24.60	Rose Hare	58	16/06/07	Langley, BC	<b>CAN</b>
W70	18.68	Myrtle Acton	74	14/09/07	Nanaimo, BC	
W75	18.34	Mae Turek	75	14/09/07	Nanaimo, BC	<b>CAN</b>
W85	15.35	Olga Kotelko	88	03/08/07	Orono, ME	<b>CAN</b>
W90	11.96	Olga Walker	90	14/09/07	Nanaimo, BC	<b>CAN</b>

## JAVELIN

M40	58.87	<b>p</b>	Graham Morfitt	40	16/06/07	Duncan, BC	
M50	50.26		Dale McRoberts	53	12/09/07	Riccione, ITA	
W65	29.41		Marg Radcliffe	65	09/10/07	St. George, UT	<b>CAN</b>
W90	7.40		Olga Walker	90	14/09/07	Nanaimo, BC	<b>CAN**</b>

## HAMMER

M80	19.79		Ewing McLaren	80	15/09/07	Nanaimo, BC	
W40	34.31		Judy MacDonald	40	17/06/07	Langley, BC	
W45	34.13		Denise Clements	46	05/05/07	Courtenay, BC	<b>CAN</b>
W70	21.53		Myrtle Acton	74	15/09/07	Nanaimo, BC	<b>CAN</b>
W75	17.43		Mae Turek	75	15/09/07	Nanaimo, BC	<b>CAN</b>

## WEIGHT THROW

M55	9.14		Don Brodeur	56	14/09/07	Nanaimo, BC	
W55	7.88		Rose Hare	59	13/09/07	Nanaimo, BC	
W70	8.54		Myrtle Acton	74	14/09/07	Nanaimo, BC	<b>CAN</b>
W75	6.79		Mae Turek	75	14/09/07	Nanaimo, BC	<b>CAN**</b>

## SUPER WEIGHT 20#

W85	4.89	<b>p</b>	Olga Kotelko	88	13/05/07	Eugene, OR	
-----	------	----------	--------------	----	----------	------------	--

## DECATHLON

M75	3543		Danny Daniels	78	04-05/09/07	Riccione, ITA	
(17.43 w: 0.3, 2.84 w:??, 7.19, 1.03, 1:44.30, 21.51 w: 0.6, 16.24, 1.30, 18.71, DNF)							

## WEIGHT PENTATHLON

M55	2593		Don Brodeur	56	13/09/07	Nanaimo	
(23.68, 10.49, 35.41, 31.53, 7.40)							
W55	2723		Rose Hare	59	13/09/07	Nanaimo	
(21.76, 8.92, 22.56, 17.64, 7.88)							
W65	3621		Sandy Anderson	67	13/09/07	Nanaimo	<b>Can*</b>
(21.70, 8.76, 19.60, 23.59, 9.05)							
W75	2553		Maxine Smallwood	78	13/09/07	Nanaimo	<b>CAN**</b>
(12.74, 5.16, 13.19, 8.37, 5.98)							

In 2007, BC athletes bettered the listed BC records 68 times and the Canadian records 32 times, resulting in 47 new BC records and 20 new Canadian records. Numbers vary because a few records were broken more than once.

**p** - pending record application forms (M70 pole vault, M40 javelin, W85 super weight) and wind readings in the triple jumps.

**Can\*** this potential Canadian record was bettered in 2007 by a non-BC athlete.

**CAN\*\*** Canadian record application form has not been completed.

**WORLD CHAMPIONSHIPS:** 8 BC, 2 CANADIAN

**BC SENIORS GAMES:** 20 BC, 9 CANADIAN

**BC MASTERS CHAMPS:** 7 BC, 3 CANADIAN

**CAN MASTERS CHAMPS:** 1 BC, 0 CANADIAN

**US MASTERS CHAMPS:** 1 BC, 1 CANADIAN

**OTHERS:** 10 BC, 5 CANADIAN

**TOTAL NEW RECORDS:** 47 BC, 20 CANADIAN

