

RJT and the new NCCP



The NCCP is currently undergoing a transition toward a competency-based program. One of the key implications for the coach is that training will now be targeted at “what a coach can do” as opposed to “what a coach knows”. In the new, competency-based system, training and certification programs are based on the clearly defined needs of participants.

A coach is now able to be trained within any one of the eight different coaching contexts which are specific to the type of athlete they are working with, and can progress through to a “Master Coach” level in any context. Each of these eight contexts fall within one of three streams, Community Sport, Competition and Instruction. Run Jump Throw fits into the Instruction stream at the Beginner Level.

What this means is that Run Jump Throw is geared towards working with participants who have little or no sport experience and teaching them basic sport skills.

How do I become a RJT Instructor?

- 1) Contact your provincial branch and register for a Run, Jump, Throw (RJT) Instructor Course
- 2) Attend and fully participate in the two-day workshop (or one day workshop for teachers)
- 3) Following the successful completion of all course activities, the course participant will be considered a **Trained** RJT Instructor. The Trained designation will enable the Instructor to be coaching/teaching in a RJT program immediately.

To become a **Certified** RJT Instructor...

- 4) Complete the on-line Ethical Decision Making Evaluation 1
- 5) Contact your provincial branch and arrange for an Evaluator to observe you teaching an RJT lesson
- 6) Submit a Lesson Plan and Emergency Action plan to your Evaluator

Candidates will be notified when the on-line evaluation options become available.

