

Pacific Sport Interior Region Report

The early part of 2006 presented some challenges searching for a new head coach and coping without a track for another season. In March 2006 we hired head coach Jarett McLean from Saskatoon and again started to build membership. Jarett attended a jumps clinic in Kelowna in early May and put on an Aboriginal Athletics camp in Kelowna on April 22-23.

The club held another successful manure sale giving athletes more support for programs and travel. Pacific Sport Interior through support from the Kamloops Blazers continued to provide the yearly travel grant of \$500.00 to 7 athletes for competitions.

Dr. Bonderchuk continued to attract throwing athletes to the interior and many came for training over the summer. One, in particular, US hammer thrower Walter Henning from New York was able to increase his personal best through the work and coaching expertise of Dr. Bonderchuk by nine metres in preparation for his competition in World Juniors Beijing in August. In May, he gave a throws clinic with the assistance of Shot Putter Dylan Armstrong and Amy Haapennnen from Santa Barbara to a large group of athletes from Vernon Secondary School in Kamloops.

Kamloops Track and Field Club hosted the Penthalon Championships in Kelowna in June as rain prevented the completion of the new track.

The City of Kamloops was supportive in the request to host a spring throws meet in April which we hope to grow each year. The new outdoor facility was completed in time for the Summer Games allowing the organizing committee access to the facility 2 days prior to the event after a 2 year absence of hosting meets. The goal of hosting an excellent meet was accomplished.

The new indoor facility will be completed sometime in March and its very exciting for track and field as we look forward to planning the first ever indoor meet in BC in 2008 as well as an elementary school Relay Fest. The facility will have the first dedicated indoor throws room in North American, a 6 lane 200 meter track, a high performance weight room, gymnastics room, physio on site, Pacific sport office as well as coaches offices to name a few.

The 5th annual officials spaghetti dinner will be held this February and Level 2 clinics were held in October 2006, one in Kamloops and Kelowna. In the spring of 2007 there will be a another level 2 clinic as well as mentorship training.

We look forward to the next year and thank Parks and Recreation, City of Kamloops, Carolyn Boomer, manager, Pacific Sport for the continuing support.

Respectfully submitted
Judy Armstrong
President, Kamloops Track and Field