

2006 Activities:**Program Promotion**

- Continued identification of RJT instructor candidates within BC Athletics membership
- Contacted all member clubs with RJT upcoming workshops and opportunities to develop RJT within their clubs and region
- Met with Vancouver Parks Board, BC Parks and Rec, Douglas College NCCP course coordinator
- Met with Gail Wilson, Dept of HKin, UBC and Glenn Young, Surrey PE teachers Assoc.
- Sport BC Partnering delivery: Power of Sport Tour (Northern BC)
- Presentations at Vancouver Sun Run, Victoria Times Colonist 10km , Run with Dad , Jack Brow Track Meet
- RJT pages including photos on BC Athletics website
- Photo shoot of BC Athletics JD athletes involved in RJT
- Flyers and promotional letters distributed via email and club and school mailings
- RJT information available in Action Schools! BC Action Pages

Training and Certification (120 newly trained RJT instructors in 2006)

- BC Athletics RJT Learning facilitators attended Athletics Canada RJT program assessment and course revision meetings in Winnipeg
- Attended AC Technical Congress and RJT meetings in Edmonton
- Involved in the ongoing refinement of the course materials and program delivery
- Instructor workshops delivered: Richmond, Surrey, Maple Ridge, Victoria, Nanaimo (3), Terrace, Smithers, Penticton, Vancouver (3)
- Prioritizing training of more Instructors and Learning Facilitators throughout the province.
- New manuals for delivery of RJT and Learning Facilitators guides developed

Youth Program Delivery (approx 1000 children tracked as participating in these programs)

- To youth ages 6-12 in school PE programs by teachers trained as RJT instructors
- Through community centre programs : Vancouver Parks and Rec
- In Summer Sports Camp programs :, Vancouver , Victoria, Nanaimo, and Kelowna (XploreSports Camps)
- As part of High Performance meets: Run with the Stars ,Victoria International Track Classic
- Through participation as volunteer participants in training of Instructor training workshops
- Through special event days such as the Vancouver Sun Run and Times Colonist 10km
- Through BC Athletics member clubs within the Track Rascals program

Equipment and Materials (10 RJT equipment bags sold in 2006)

- Refined equipment and began marketing and selling RJT Equipment in a bag
- On going communications with AC regarding standardizing RJT Equipment based on BCA RJT Bag including the four colour approach to teaching
- Finalized agreement with Cook Contracting to supply and deliver RJT Equipment in a bag
- RJT equipment bag order form on BCA website

Program Planning and Development

- Developed a three year plan for BC Athletics RJT program
- Met the requirements of the BC Sport Participation Program for continued bilateral funding with projected annual budgets and year three deliverables
- Produced quarterly activity reports, semi annual financial reports, year three program plan outlines, and tracking forms to show participant numbers
- Met with BCSP manager to discuss ongoing program plans and refinements

2007 BC Athletics AGM RunJumpThrow Report

Thelma Wright RJT Coordinator

Background:

RunJumpThrow (RJT) is the National Athletics Canada foundation program to be implemented through member provincial associations and clubs with direction from AC. As a grassroots development program for our sport, this FUNdamentals program teaches the technical skill progressions for track and field events for boys and girls ages 6-12 and fits into levels 2&3 of the Sport Canada Long Term Athlete Development Model. BC Athletics adopted RJT as its development program in 2004/05 to be delivered through BCA's Track Rascals program. Funding from the LegaciesNow BC Sport Participation Program has been supporting the implementation and delivery of this program since 2005. Workshops for club coaches and Junior/ Senior athletes are available through contacting runjumpthrow@bcathletics.org

RJT EVENTS 2006

January

21st -Richmond, BC AGM, Promotion of Equipment Bag, Report to AGM: MLF Thelma Wright
22nd -Richmond, BC AGM, RJT Meeting: MLF Thelma Wright
27th – 29th Richmond, Instructor Workshop, McKinney Elementary: LF Neil Chinaleong

February

3rd-5th Vancouver, Instructor Workshop, St. Georges: MLF Thelma Wright
8th - Surrey, Southridge, Teacher Workshop: MLF Thelma Wright
17th Victoria, Teacher Workshop, Oak Bay Secondary: MLF Thelma Wright
17th - New Westminster, Douglas College Promotion at Teacher Pro D
17th - Surrey, ½ day Workshop, Walnut Grove School: LF Maureen De St. Croix
20th - Nanaimo, Presentation, Nanaimo school District Pro-D: MLF Al Johnston

March

13th-17th RJT activities as part of PacificSport XploreSportz day camps: Amber Gilbert
20th-24th RJT activities as part of PacificSport XploreSportz day camps: Amber Gilbert
22nd Nanaimo, Teacher Workshop: MLF Al Johnston
25th - 26th Comox Valley Instructor workshop: MLF Al Johnson

April

7th, Smithers, Teacher Workshop: MLF Greg Peters
23rd, Vancouver Sun Run demonstration and participation for kids: 10 RJT instructors
30th, Times Colonist 10Km participation event for kids: 4 RJT instructors

May

2nd May – 16th June
Nanaimo, 6 week Malaspina College Instructor course: MLF Al Johnston

June

9th, Run with the Stars, Victoria: T Wright/G. Peters/ B. Cunningham/K. Carpenter
13th and 20th, Vancouver, Ray Cam Community centre Leaders RJT Instructor course: TW
18th, RJT youth participation at Run for Dad, Victoria: B. Cunningham, K. Johnston
20th and 22nd, RJT activities and photo shoot at Ocean Athletics, South Surrey: T. Wright

July

4-7 Vancouver Summer at St. George's camp: Laurier Primeau
5th, Vancouver Parks and Rec, RJT 4 hr workshop: T Wright
10th, 13th, 17th, Maple Ridge, Golden Ears RJT Instructors workshop: T. Wright

11th Surrey, SFU teacher RJT workshop: T. Wright
24-28 Nanaimo, Summer Camp: Al Johnston
Various dates Kelowna, Vernon Penticton RJT as part of PacificSport XploreSports summer camps: Amber Gilbert

August

1st Vancouver Parks and Rec. RJT More Sports leadership course 3 instructors
12th Penticton RJT presentation to Special Olympics AGM G. Allander /A. Gilbert
16th RJT at the Beach , Vanc Parks and Rec. alongside Beach Pole Vault event: 4 RJT instructors
Various dates Kelowna, Vernon Penticton RJT as part of PacificSport XploreSportz summer camps: A. Gilbert

September

11 and 22nd RJT meetings with UBC HKIN faculty regarding program introduction to Teacher training programs

October

16th - 20th Power of Sport tour Northern BC: T Wright
16th, Port Edward and Prince Rupert school lessons
17th Terrace school programs
18th Kitwanga and Houston school programs
19th Terrace and Hazelton school programs
20th Terrace RJT teacher RJT In-service and LF training
25th Meeting with Douglas College re RJT certification programs

November

16-18th AC Technical Congress and RJT Meetings: G. Peters/ T. Wright