

2008 BC Athletics AGM 2007 RunJumpThrow Report

February

- 2, 3, 5, - RJT Instructor Workshop @ Killarney
 - More Sports Leadership conference
 - Trained 28 Instructors

- 16 - RJT Instructor Workshop – Chilliwack
 - Teacher workshop
 - Trained 15 Instructors

- 23-25 - RJT Instructor Workshop – Ocean Athletics
 - Trained 15 Instructors

- 26 – Surrey Schools Direct Delivery

March

- 8, 9 – RJT Teacher Presentation
 - 4 hrs
 - *tracking?

- 18 – RJT Instructor Workshop, Prince George
 - Greg Peters delivered
 - trained 14 instructors
 - 13 children participated

- 19-23 – RJT Children’s camp, Smithers
 - total 15 hrs
 - 65 kids participated

April

- Various – Track Rascals Club program
 - 6 hours, 39 participants

- 15 – SunRun Demo
 - 2 hrs, 197 kids participated

- 16 – Power of Sport: Blue Jay Elementary

- 17 – Power of Sport: Watson Elementary
 - 45 min classes, 306 participants
 - Power of Sport: Ferndale Elementary
 - 45 min classes, 36 participants

- 18 – Power of Sport: Evans Elementary
 - 45 min classes, 108 participants

- 18 – World Athletics Day, Surrey Promotional Demo
 - 2 hours, 90 participants

- 19 – Power of Sport: Hillside Elementary

- 45 min classes, 236 participants

29 – Times Colonist Demo
- 2 hrs, 77 kids participated

May

1 – RJT session in Salmon Arm (Mike Lonergan)
- 4 hours, 11 participants

7, 8 – RJT Instructors workshop, UVIC
- 9 Instructors trained, (no kids)

12 – RJT Demo at Dogwood Track and Field meet, Victoria
- 2 hours, 16 participants

Various – Vikes Track Rascals day-camp
- 30 hours, 28 participants

Various – Vikes Track Rascals program
- 9 hours, 43 participants

June

1 – RJT session in Vancouver (Mike Lonergan)
- 2 hours, 42 participants

Various (3 sessions) – RJT session on Bowen Island (Mike Lonergan)
- 2 hours (each child), 44 participants

Various – RJT session in Langely (Mike Lonergan)
- 4 hours, 38 participants

9 – Harry Jerome Demonstration event
- 1.5 hours, 27 participants

July

Various – SFU summer Track and Field camp
- 10 hours (each child), 86 participants

August

1 – Deaf Sports camp
- 3 hours, 26 participants

15 – RJT Instructor Workshop
- 4 Instructors trained
- 2 hours, 24 participants

31 – RJT demo at Tsawwassen (KidSport)
- 3 hours, 28 participants

September

23 – Regional LF Workshop

- 5 Learning Facilitators trained
- 2 hours, 3 participants

October

Various – Cindrich Elementary Direct Delivery (Stef McCann)

- 1 hr

November

3 – BC Lions Street Party Demo (in conjunction with ActNow BC)

- 2 hours
- 28 participants

Various (November and December) – Special Olympics Run Jump Throw Program

- 1 hour/week
- 8 participants

'Soft' Deliverables

- Got in touch with Jack Miller acting dean of Education at Thompson Rivers University RE: implementing RJT into curriculum
- Ongoing discussions with Gail Wilson. UBC school of HKIN about value of RJT instruction and training as part of Teacher training at UBC
- RJT ongoing delivery with BC Blind SPORTS. Mike Lonergan using RJT in BC BLIND Sports camps on Bowen Island
- RJT partnering with PHOENIX Gymnastics to have RJT and Gymnastics basic movement training in summer camps
 - (June/July Run Jump ROLL camp on Bowen Island taught by BC Athletics athlete Ali Hudson. program developed by Andrew Lenton. Teacher , Head Track Coach with Golden Ears Athletics and RJT Learning Facilitator)
- Discussions with Phoenix Gymnastics Education coordinator, Lisa Brougham to train Gymnastics coaches in RJT to include in their camps and training for youth gymnasts.
- Discussions with : Doug Reimer, UBC volley ball coach sees the value of RJT for training for sports such as his and wants to see it included in PE programs in the elementary schools
- Discussions with : Drew Mitchell, SPORT FIT BC who also sees value of RJT for training for sports such as his and wants to see it included in PE programs in the elementary schools and arranged for workshop for staff and parent volunteers for his child's school in Port Moody
- Run Jump Throw adapted, and implemented, for Special Olympics Vancouver; ongoing program.
- POWER OF SPORT TOUR great responses, lots of participation
- Applied for Telus Community Initiatives Grant.
- Equipment bag, developed by RJT BC, adopted nationally. Various schools and programs purchasing equipment and equipment bags.

Submitted by
Jessica Olfert
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