

THROWS Event Group Annual Report
Track & Field Committee
2009 BC Athletics Annual General Meeting

Committee Members of this Event: Richard Collier & Tom Nielsen

Summary of Activities for 2008:

1. Meetings as a Group: Track and Field Committee 4 times a year.
2. Event Specific Topics:
 - Selection of Throwers for BC Senior / Junior / Youth & Midget 15 Teams.
 - Confirm Athletes Assistance for all Throws that achieved the recommended standards.
 - Review and update all Throws standards for BC Team Selection
 - Annual Selection of Throws Coaches for all BC Teams
 - Ensure that deserving Throwers are nominated for BC Athletics Awards.
 - Research and report Throws records achieved in 2008.
3. Challenges: Getting more coaches to serve on BC Teams and as event group chairs on the Track & Field Committee.
4. Successes: 3 New BC Open & Native Records. Dylan Armstrong's performance in Shot Put at 2008 Olympic Games was the highest a Canadian has ever finished in this event.
5. Planned Activities for 2009: Summer games camps including throws clinics.
6. Emerging Trends both regional and provincially: Shot Put is finally gaining recognition and athletes are once again showing interest in the event. Thank you Dylan!
7. Major Initiatives are being planned or considered:
Arrange for high quality Throws Coaches from around the world to come to B.C. and present clinics for both Coaches and Athletes.
8. Urgent Matters that need to be dealt with at the earliest opportunity:
Work at getting more athletes interested and started in the Throws events.
9. Records set for 2008:

Jennifer Joyce (KAM)

Senior Women / Hammer Throw
Old Record: 68.60m / **New Record: 68.73m**
Windsor Ont. / 7/4/08
Provincial: Native

Dylan Armstrong (KAM)

Senior Men / Shot Put
Old Record: 20.45m / **New Record 21.04m**
Beijing / 8/15/08
Provincial: Native & Open
Canadian Record 21.04m

Tom Wilcox (CC)

Youth Men / Shot Put
New Record 5kg: 18.20m
Kamloops / 7/12/08
Provincial: Native & Open

Angus Taylor (KAJ)

Junior Men / Discus
New Record for Jr. 1.62kg
Burnaby / 5/30/08
Provincial: Native & Open

