

ZONE 3, 4, & 5 Report for the year 2009

This has been another successful year for the clubs and athletes of these zones.

We have continued to see the athletes perform at the expected high levels in all areas and events. This includes athletes exhibiting courtesy to their competitors and to the coaches and officials (and by itself this is success).

What happened this year –

There were many meets hosted for each discipline

Road Running races including the Vancouver Sun Run, Haney 2 Harrison, BMO International Marathon, World Police and Fire Half Marathon and many other races throughout the year.

Track and Field saw meets such as the Harry Jerome, BC Championship Jamboree, BC Junior Development Pentathlon and T & F Championships, World Police and Fire Games, BC Senior Games and many other meets that range from Elementary school to International competitions.

Cross Country had another full season that included such events as the BC Championships and the World Police and Fire Games.

Thanks to all the clubs and individuals that worked so hard to host this multitude of meets. You did a fantastic job, for which we appreciate.

My thanks go to the clubs, athletes, coaches and officials who have worked hard to make this a successful year.

Steve Martin
Tom Hastie