

**Road Running Committee Members**

Frank Stebner – Chair

Geoffrey Buttner - Vice Chair

Clif Cunningham – Secretary

Bob Reid – Treasurer

Jake Madderom

Trudi Jackson

Rick Jenkner

Greg White – BCA Board Representative

Maurice Wilson – BCA Staff Representative

Minutes of the road running committee meetings can be found on the BCA website under “Governance.”

**A. INTRODUCTION**

I want to thank the members of the BCA Road Running Committee for their dedication and commitment to the road running community.

Many of the individual members on the committee are also active road race organizers of some of BC’s top road running events, including the Vancouver Marathon, Royal Victoria Marathon, the Scotiabank Vancouver Half Marathon and the PRR First Half Marathon. Committee members have a first hand knowledge of what is required to organize a road race event and what the needs of the road running community are.

As defined in the BCA Terms of Reference, the road running committee is “responsible for examining the current status of Road Running in British Columbia, designing, planning, and recommending programs and policies to the Board of Directors and implementing approved programs and policies to ensure the existence, growth, and development of road running in British Columbia.

**Road Running Highlights of 2009 were**

1. Increased number of road running championships in BC.
2. Official IAAF recognition of the masters age as being 40+ for non stadia events.
3. Increased support from Vancouver Island road running community and official recognition of more athletes from Vancouver Island.
4. Introduction of new Lower Mainland Road Race road race series.
5. Restructuring of the BC Timex Road Running Series to include more events

from around BC.

## **B. 2009 BCA ROAD RACE CHAMPIONSHIPS**

In 2008 only two championship road races were held in BC, the 5K and 8K championships. In 2009 four different road race championship road race events were offered to the BCA membership, the 5K, 8K, Half Marathon and Marathon championship events.

The Road Running Committee would like to thank the host organizing committees of the following 2009 BC Road Race Championships.

### **BCA 8K Road Race Championships**

#### **Prairie Inn Pioneer 8K**

January 11, 2009

Saanichton, BC

Organized by the Prairie Inn Harriers

#### **Championship Winners:**

Senior Male: Richard Mosely 23:35

Senior Female: Cheryl Murphy 28:05

Master Male: Neil Holm 26:07

Master Female: Lucy Smith 28:01

### **BCA Half Marathon Championships**

#### **April Fools Half Marathon and Relay**

April 5, 2009

Glbsons to Sechelt, BC

Organized by: Sunshine Coast Athletics

#### **Championship Winners:**

Senior Male: Graeme Wilson 1:12:40

Master Male: Jo Astoria 1:23:55

Master Female: Helen Ritchie 1:28:04

### **BCA 5K Road Race Championships**

#### **Chemainus Twilight Shuffle 5K**

June 16, 2009

Chemainus, BC

Organized by: Island Runner

#### **Championship Winners:**

Senior Male: Ryan McKenzie 14:23

Senior Female: Cheryl Murphy 17:22

Master Male: Kevin Searle 16:49

Master Female: Lucy Smith 16:49

**BCA Marathon Championships**

**Royal Victoria Marathon, Half Marathon and 8K**

October 11, 2009

Victoria , BC

Organized by: Victoria Marathon Society

**Championships winners:**

Senior Male: Steve Osaduik 2:22:42

Senior Female: Cheryl Murphy 2:44:01

Master Male: Phil Nichols 2:43:53

Master Female: Suzanne Evans 2:48:18

**C. 2010 / 2011 BCA ROAD RACE CHAMPIONSHIPS**

The 2010/ 2011 road race championships have been awarded to the following events. However the 5K and Road Relay championships are still up for grabs.

**BCA 8K Road Race Championships**

**Prairie Inn Pioneer 8K**

January 10, 2010

Saanichton, BC

Organized by the Prairie Inn Harriers

**BCA Half Marathon Championships**

**Sunshine Coast April Fools Half Marathon and Relay**

April 11 , 2010

Glbsons to Sechelt, BC

Organized by: Sunshine Coast Athletics

**BCA 10K Road Race Championships**

**Times Colonist 10K,**

April 25 , 2010

Victoria, BC

Organized by: Victoria International Running Society

**BCA Marathon Championships**

**Royal Victoria Marathon, Half Marathon and 8K**

October 10, 2010

Victoria , BC

Organized by: Victoria Marathon Society

## **D. 2009 NATIONAL ROAD RACE CHAMPIONSHIPS**

The BCA road running committee would like to congratulate the following BC runners who placed in the 2009 National Road Race Championships.

### **Canadian Half Marathon Championships**

#### **Scotiabank Montreal Half Marathon**

Montreal, Quebec

April 19, 2009

Open Male

3rd Steve Osaduik 0 1:04:09.2

4th Jon Brown 1:06:43.4

### **Canadian 10K Championships**

#### **Toronto Oasis Zoo Run.**

Toronto Ontario

October 17, 2009

Open Men- 4<sup>th</sup> Richard Mosely 30:01.3

Open Women - 5<sup>th</sup> Natasha Wodak 35:24.7

## **2009 BC TIMEX SERIES**

MEN:

1. Scott Simpson
2. Ryan McKenzie
3. Jay MacDonald
4. Craig Odermatt

WOMEN:

1. Cheryl Murphy
2. Kristina Rody
3. Rachel Ruus
4. Anne Marie Madden

## **2009 CANADIAN TIMEX SERIES FINALE**

BC Men

1. Ryan McKenzie
2. Jay MacDonald

## **C. ROAD RACE RANKINGS**

### **BC Road Race Rankings**

The committee would like to thank Maurice Wilson for compiling and maintaining the 2009 BC Road Race rankings for the 5K, 8K, 10k, Half Marathon and Marathon and recognizing BCA's best road running athletes.

### **Canadian Road Race Rankings**

Athletics Canada has created a national ranking system for road running that is modeled after the road race ranking system at BC Athletics. Although it is not as complete as it should be, it is a step in the right direction.

## **D. 2009 WORLD ROAD RACE RECORDS BY BCA ATHLETES**

### **Betty Jean McHugh**

Half Marathon W81 2:05:20 Royal Victoria Marathon, Oct 11, 2009

### **Gwen McFarlan**

Marathon W75-79 3:57:30 BMO Vancouver Marathon, May 03, 2009

Half Marathon W75-79 1:50:00 BMO Okanagan Half Marathon Oct 11, 2009

## **E. MASTERS AGE CHANGES TO 40+ FOR ROAD RUNNING**

At the 2009 BCA AGM the BCA membership rejected the resolution from the BCA road running committee to change the masters age events from 35+ to 40+.

However the concerns of the BCA Road Running committee have been addressed by the IAAF Road Running Commission who supported our recommendation. In 2009 the IAAF Road Running Commission was successful in their first attempt at the IAAF congress to change the masters age to 40+ for road running and cross country. This occurred at the August 2009 IAAF Congress in Berlin.

The masters 40+ motion was passed by a 2/3 majority and received the support of the IAAF Road Running Commission, the IAAF Cross country Committee, the IAAF Technical Committee as well as the IAAF Council.

## **F. UPDATING BCA POLICIES AND PROCEDURES**

In 2009 a motion was brought forth to the BCA AGM to the BCA board and legislative committee to update the BCA policies and procedures in a timely manner. However the resolution was unfortunately not presented at the AGM and there was no vote to formally accept or reject the motion.

The motion was basically put forth to have our policies and procedures updated in a timely manner as it has been over 5 years since the association rules have actually been updated and many rules are almost ten years out of date.

The concerns are that many of the policies are out of date and the membership has often been given conflicting verbal interpretations of what the current rules are supposed to be. It is very difficult to enforce rules that have not been properly documented and you have to rely conflicting verbal interpretations.

***“Recommendation and Actions of the BC Athletics Board of Directors***

*·This is not a matter that should or needs to go the AGM as a resolution. It has been directed to the BC Athletics Board of Directors to manage and insure the timely updating of the Constitution, Policies, Rules and Regulations.”*

It is disappointing at as of Dec. 1 2009 the BCA policies and procedures still have not been updated.

**G. GOALS FOR 2010**

1. Continue to increase the number of sanctioned events.
2. Continue to offer more value to the BCA Road Running Community.
3. Continue to enhance the reputation and credibility of the BCA Road Running Championships to attract and award the BC’s best road runners.
4. Monitor and ensure consistent enforcement of BCA policies that affect road running.
6. Continue to encourage runners under age 20 to participate in road running events and officially recognize them at annual awards.
7. Improve communication within BCA.

**H. FINAL THANK YOU**

As chair of the BCA Road Running Committee I want to offer the committee’s sincere thanks to BCA staff member Maurice Wilson. As BCA Road Running Manager for the last two years, Maurice has shown a sincere and dedicated commitment to improving and recognizing the sport of road running and has been a huge asset to the road running committee and the road running membership in general.

# 2009 BCA ANNUAL ROAD RUNNING AWARDS

## SENIOR MALE WINNER (TIE)

<b>Scott Simpson</b>	0:14:42	ST Patrick's Day 5K	14-Mar	5K
TIMEX SERIES WINNER	0:14:28	Longest Day 5K	12-Jun	5K
	0:14:37	Bazan Bay	8-Mar	5K
	0:30:08	Sun Run	19-Apr	10K
	0:28:56	Cunningham Seawall Race	25-Oct	9.5K
	0:30:38	TC 10K	26-Apr	10K
<b>Jon Brown</b>	0:14:42	UK	13-Sep	5K
	0:23:38	Pioneer 8K	11-Jan	8K
	0:23:59	Harry's 8K Vancouver	8-Mar	8K
	0:24:12	Harry's 8K Toronto	8-Mar	8K
	0:29:38	Manchester	17-May	10K
	0:29:56	Edinburgh	3-May	10K
	1:04:57	Royal Victoria Half Marathon	11-Oct	Half M
	1:05:48	UK South Shields	20-Sep	Half M

## SENIOR FEMALE WINNER

<b>Cheryl Murphy</b>	0:16:54	St Patricks Day 5K	14-Mar	5K
TIMEX SERIES WINNER	0:17:22	Chemainus 5K	16-Jun	5K
	0:17:07	Dave Reed 5K	28-Mar	5K
	0:28:05	Pioneer 8K	11-Jan	8K
	0:28:05	Harry's 8K	8-Mar	8K
	0:34:29	Sun Run	19-Apr	10K
	0:34:36	TC 10K	26-Apr	10K
	1:16:06	First Half	15-Feb	Half M
	1:19:30	BMO VIM Half Marathom	3-May	Half M
	2:44:01	Royal Victoria Martahon	11-Oct	Marathon

## JUNIOR FEMALE WINNER

<b>Kyla Coates</b>	0:40:12	TC 10K	26-Apr	10K
	0:38:06	Cobble Hill 10K	25-Jan	10K
	0:18:16	Bazan Bay 5K	9-Mar	5K