

BC Athletics AGM 2010**Youth 15, Youth, Juvenile, Junior, Senior Track and Field Sprint Committee****Committee Members: Jarett McLean, Ian Cameron, Tara Self**

Submitted By: Jarett McLean, Ian Cameron & Tara Self

Summary of Activity in 2009**Meetings as a Group**

- Four meetings with the track and field committee.
- Event Specific Communication was also done through e-mail at various times during the year when we felt it was necessary.

Event Specific Topics

- Reviewed and finalized all sprint standards for BC team selection
- Reported records achieved in 2009
- Selected sprinters and sprint coaches for all BC teams
- Confirmed Athlete Assistance for those who achieved standard.
- There was a sprints, relays and jumps clinic held in Edmonton in March and hosted by the Canadian Athletic Coaching Centre. Michael Khmel and Franz Bosch were the clinicians.

Challenges

- Find ways to get more athletes to compete at our local track and field meets.

Successes**Canadian Rankings**

- Benjamin Ayesu-Attah (Youth) - #2 in 400m
- Rohan Stewart (Junior) - #3 in 100m, #3 in 400m, #2 in 200m
- Shai Davis (Youth) - #1 in 100m, #1 in 200m
- Katie Reid (Youth) - #1 in 400m

World Youth Team Members from BC

- Benjamin Ayesu-Attah (400m), Shai Davis (200m), Katie Reid (400m), Jared Heldman (100m)
- Katie and Shai were on the Medley Relay team which finished 7th.
- Ben was on the Medley Relay team which finished 5th.

Pan-Am Juniors Members from BC

- Rohan Stewart (200m)

Canadian Junior Medalists

- Shai Davis – 100m - Bronze
- Rohan Stewart – 200m – Gold, 400 – Gold
- Men's 4x400m – Silver
- Women's 4x100m – Gold

Canadian Legion Championships

- Team BC medalled in 10 of 12 individual sprint events (4 gold, 4 silver, 2 bronze).
- Katie Reid set a meet record in the Juvenile Girls' 400m (54.90).
- BC teams came away with 6 gold and 1 silver in the 7 relays that were entered.
- Brendon Restall broke a 16 year old BC record in the midget men's 400m (49.21)

Planned Activities for 2010

- None as of today (November 4, 2009). May be more to come in the future.

Emerging Trends

- BC had 4 senior men under 48s in the 400m in 2009.
- BC had 4 fifteen year old girls under 58s in the 400m in 2009.

Major Initiatives Being Planned or Considered

- none

Urgent Matters

- none

Records

- New BC Open and Native Record:
- Brendon Restall (Y15) – 400m – 49.21 (old 49.90) – Location: BC High School Provincials 2009