

**RUNJUMPTHROW PROGRAM – BC ATHLETICS 2012 AGM REPORT**

By Taunya Geelhoed

**2011 PARTICIPATION (JAN-DEC)**

Total Participation	<b>9612</b>
Direct Delivery Events	<b>43</b>
RJT Courses Hosted	<b>21*</b>
New Instructors Trained	<b>283*</b>

*\*does not include December 2011 Courses***PARTICIPATION GROWTH**

2008	<b>2194</b>
2009	<b>6381</b>
2010	<b>6425</b>
2011	<b>9612</b>

**MINISTRY OF COMMUNITY, SPORT AND CULTURAL DEVELOPMENT: AFTER SCHOOL SPORTS INITIATIVE**

- Through the ASSI Funding, we were able to host the first RJT Learning Facilitator training course in BC since 2006. Held in Vancouver (June 5/6) - 6 LF candidates from Vancouver were trained, and 2 LF candidates from Prince George made the trip down to be trained.
- Through the Endorsement of the BC Government, and their recommendation for the After School Sports Initiatives 5 pilot communities to use RJT as their fundamental sport program for delivery, we have been fortunate to make impacts in over 72 new schools across BC.
- New communities for 2012 expansion are: Kamloops, New Hazelton, Grand Forks, Quesnel, Alert Bay and Prince Rupert

Overview of 2011 (Year 1):

COMMUNITY	REACH
Surrey	23 Elementary Schools - Over 1,300 students – called 'Jumpstart Academy' – 2 hrs twice a week (1 hr RJT/ 1 hr Sport Session) – 23 RJT Equipment Bags – 18 Leaders RJT NCCP Trained – 60+ volunteers trained
Vancouver	12 Community School 'Hubs'= 60+ Schools – Over 1,500 students – programming varies per hub (1 hr 8 week sessions mostly) – 12 RJT Equipment Bags – 24 Leaders RJT NCCP Trained – 10 volunteers trained
Victoria	3 schools (2 elem, 1 middle) – 250+ students – through PISE programmers – 3 RJT Equipment Bags – 9 Leaders RJT NCCP Trained
Prince George	3 schools (2 elem, 1 high) – 200 students (aboriginal, high risk target) – 2 RJT Equipment Bags – 8 Leaders RJT NCCP Trained
Haida Gwaii	2 towns (Port Clements, Masset) – 150+ students – variety of scheduling through local recreation centres – 2 RJT Equipment Bags – 13 Leaders RJT NCCP Trained

**JUMPSTART ACADEMY: SURREY SD36 COMMUNITY-SCHOOLS PARTNERSHIP TEAM**

- The Surrey School District's 'Jumpstart Academy' was established before the Ministry's ASSI – but is also included in their support and funding. I separate it from the group above because I have worked very closely with the leaders in Surrey on other initiatives with this programming.
- As the Jumpstart Academy has outside funders (ie. Canadian Tire) their programming is not reliant on the Gov't funding schedule, so training and programming for 2011/2012 began in September, where as the other communities will not begin until the New Year.

Year	Certified Instructors	Volunteers Trained	Bags Purchased (A/B)	Schools	Participants
2010/11 Year 1	18	66	23 (B)	23	1380
2011/12 Year 2	28	15	23 (A)	21 (Fall)	1260

#### Key Learning's from Year 1 (2010/11 Year 1)

- Instructors were not adequately prepared to deliver the program when faced with behaviour issues
- Equipment Bag B's were not sufficient for the programming (missing bean bags etc)
- Two participating schools did not have full faculty support, making gym time unavailable
- A specific curriculum for RJT teachings in the program needed to be established (quality control)
- Training path for Year 2 needs to be laid out – more certified instructors (Certification for champions, orientation for others)

#### Mentorship (Evaluations & Moving Forward)

- In May/June 2011 – Thelma and Gillian Wright went into each participating school and did a review on the session (evaluated instructors, program, overall quality, assisted in lesson delivery etc)
- Key findings were documented and allowed for specific feedback on each schools specific program
- The need for the specific curriculum was confirmed, and the identification of RJT champions occurred
- Beginning in November 2012, site visits will occur by order of need as determined by CSP Staff – 8 schools programs and instructors require immediate visits for support and feedback (starts Nov 15/11)

#### Curriculum – 'Jumpstart Academy Instructor Manual' (Written By J. Schutz & G. Wright)

- With permission from Athletics Canada, a 96 page document was put together by experienced RJT Learning Facilitators and BC Teachers Gillian Wright and Jenn Schutz for SD 36 to utilize within the Jumpstart Academy programming.
- The manual has 24 RJT lessons laid out, to create a 12 week program to follow. Some of the lessons include additions from 'Right to Play' teachings (nutrition and team building) and games - SD36 has partnership with RTP.
- Other important features include Instructional Strategies, Class Management, Steps in Preventing Behaviour Problems, and detailed skill observation techniques.

#### 'Jumpstart Academy Play Day' - Hershey's Track and Field Day in Canada

- Athletics Canada launched the HTFG Day in Canada last year. It took place on May 14<sup>th</sup>, 2011.
- Four events across the country were chosen to be 'National Spotlight' events – and ours was one of them – spotlight on national event website: [www.athletics.ca/hersheyday](http://www.athletics.ca/hersheyday)
- We hosted the 'Jumpstart Academy Play Day' meet where all the participants of the Jumpstart Academy within the Surrey SD were invited to participate.
- We facilitated buses for all participants, had snacks for everyone and event participant certificates. Over 400 kids participated in the Games.

## PACIFIC SPORT PARTNERSHIPS

### FRASER VALLEY EXPANSION & PARTNERSHIP – PACSPORT FRASER VALLEY: ABBOTSFORD

#### FRASER VALLEY

- Through some great community advertising, Eric Sinker (Programmer for Pac Sport Fraser Valley) – we have submitted a proposal to host an 8 HR Teacher Certification course in the Mission SD on their February Pro-D. Eric has also received enough interest for a Parks and Rec staff training weekend in RJT and KCM (Gym BC) in the New Year. We have been applying for some funding to cover all the costs associated with the training. Great feedback from the Parks & Rec people so far.

Nov 29/11

- Ridge Meadows is hosting an 'Intro' session on Dec 7<sup>th</sup>.
- The Municipality of Hope has signed on to offer an 'Intro' discussion on Feb 18, 2012 and then RJT Certification course on March 10/17, 2012.
- The Township of Langley is scheduling a RJT In-Service for their programmers on January 12<sup>th</sup>, 2012.

#### **NORTHERN BC EXPANSION & PARTNERSHIP – PACSPORT N. BC: PRINCE GEORGE (AND BC GAMES ZONES 7 & 8)**

##### *PRINCE GEORGE*

- Sarah Carter, PacSport Northern BC Physical Literacy Programmer, is a recently trained RJT Learning Facilitator, making our expansion and reach in the Northern zones easier.
- A NCCP Course took place in Terrace; for the inner city and all surrounding areas because of requests from both. Sarah facilitated the course on Nov 5/6. Another course is scheduled in Burns Lake on Dec 10/11.
- Through my continued partnership with Pacific Sport Northern BC's General Manager, Kristen Harrott, a plan for BC Games Zones 7&8 RJT Expansion has been established. A number of communities have been chosen to host. Sarah will be going for in-services in the chosen communities - offering RJT direct deliveries in schools, and recreation centres and also conducting an instructor training course.
- Also, new Post-Secondary education integration has taken place this Fall at the New Caledonia College in PG, with modules split over the semester leading to certification of new teachers.

#### **MULTI-SPORT – TRAINING & DELIVERY**

- Part of the new deliverables within the BCSPS Expansion funding is to support Multi-Sport partnerships within training and programming. Through continued partnership work with Gym BC and the Kids CanMove program, we have established a lot of new opportunities.

##### **Pilot – Multi Sport Training Weekend (Curling, Gymnastics & Athletics)**

- Our first Multi-Sport Training partnership weekend took place over Oct 14-16<sup>th</sup>. Friday night hosted the Curl BC 'Rocks & Rings' program training, Saturday afternoon hosted the RJT training, and Sunday afternoon was the Gymnastics BC 'Kids CanMove' program training.
- Not all participants had to attend the full weekend – 9 people attended RJT on Saturday (LF Andrew Lenton).

#### **RJT EQUIPMENT**

- New Bags were sourced this year (thanks to our friends at Big Kahuna). The removal of the First Aid kit will help to offset the cost increase of the bags. All RJT Equipment purchased now will receive one of the NEW bags.
- The continued investment of the RJT in the ASSI proves beneficial for RJT Equipment sales as well. 50 Bags were purchased at the inception of the ASSI – and more will be needed with the expansion.
- All Equipment sales continue to be managed and coordinated out of BC Athletics.

#### **ATHLETICS CANADA – FIRST CONTACT COORDINATOR**

- On June 21, 2011 I began working as the Athletics Canada First Contact Coordinator.
- The position became the national leadership for RJT in April, and when offered the opportunity to apply for the position, Brian and I put together a proposal. Phone interviews occurred, and I was offered the job.
- I act as a national resource for RJT; manage the AC First Contact funding (Branch Grants which were due on Dec 1), & work with AC and the Hershey's company on the partnership with the HTFG / RJT.
- In August, I travelled to Hershey, PA to take in the action at the HTFG North American Finals. In February I will be travelling to Ottawa to attend the CS4L Conference and meet at the AC office.

### ATHLETICS CANADA 2012 BRANCH GRANTS

- In September I finalized all the details around the newly formed AC 'Branch Grants' structure. I wrote the package and application form, and it was distributed Nation Wide.
- Sam had sent the information and the forms to all the BCA Club Registrars and the links had been posted on the BCA Blog. This was a funding opportunity for all BCA/AC Member clubs.

### PHYSICAL LITERACY WORKING GROUP

- Through leadership by Drew Mitchell of 2010 Legacies Now, and more recently the new BC Sport Agency - a BC Physical Literacy Working Group was formed. There are representatives from PSOs, Community Centres, Sport Councils, and School Districts etc.
- In meetings we have discussed partnerships, multi group endeavours, the need for centralized and consistent messaging and the successes we've had in the move towards CS4L in BC through the LTAD.
- Most recently was the CS4L BC Summit held in Kamloops at the Tournament Capital Centre; a good lead in to the National Summit which I will be attending in Ottawa in February.

### PENTICTON IMPLEMENTATION

- I travelled to Penticton on May 26-28<sup>th</sup> to host a RJT Participation area at the Rotary Okanagan International Children's Festival. RJT Leaders were identified from the local high schools, and they all attended a training orientation on May 25<sup>th</sup> with myself, and Nadeen Halls (Penticton HS PE teacher, RJT Instructor trained in Jan 2011). The festival was a huge success and promotional overhaul.
- Programming expansion to take place in Penticton Elementary Schools throughout the Fall and on-ward. Two teacher PRO-D presentations have been booked, and a hand-full of direct delivery sessions in elementary schools have been booked as well.
- Thanks to Greg Peters for donating his RJT Equipment Bag back to RJT, I could provide Penticton with a FREE used bag for all their programming endeavours.
- *(May 26-28: Rotary Okanagan Children's Festival, Penticton – RJT Area with Penticton HS Leadership Volunteers)*

### TEACHER PRO-D COURSES

Mar 12: Teacher Certification In-Service Course at Crofton House School, Vancouver  
 Sept 1: Links to Learning Conference SD67 – Teacher Pro-D, Penticton  
 Oct 10: Camosun College H-Kin RJT NCCP Course Begins, Victoria  
 Oct 18: New Caledonia College, Prince George (Fall semester certification)  
 Oct 22: Province Wide Teacher Pro-D – QDPE @ Douglas College (25<sup>th</sup> Anniversary Conference)  
 Nov 7: Teacher Certification In-Service for CIVSA, Burnaby

### RECREATION CENTRE PROGRAMMING IMPLEMENTATION

Apr 2/3: RJT NCCP Training Course, North Van – Ron Andrews Rec. Centre  
 Apr 30: Special Olympics RJT Coaches Presentation  
 June 22: City of Surrey Summer Staff 8 HR RJT In-Service  
 June 25: City of Surrey 'Park Play Palooza' – RJT Participation Area  
 July 19: Richmond Physical Literacy Team – RJT Presentation / Demo for Implementation  
 Aug 20: City of Surrey T&F Showcase – 'I'm Game on the Track' event with RJT & BCWCS – partner with Ocean Athletics

#### Vancouver - Hillcrest Recreation Centre

- Supporting the Multi-Sport partnership deliverable within the BCSP Expansion - Through Vancouver Parks and Recreation, a new pilot program has been set up and is currently running in the Hillcrest Recreation Centre on Saturdays.

Nov 29/11

- 6 weeks of Kids CanMove (Gymnastics) and then 6 weeks of RJT programming. This is the pilot for the program and in January additional offerings in new Centres will be established. The 6 weeks of RJT began in November!

#### **Richmond – Physical Literacy Strategic Plan**

- On July 19<sup>th</sup>, Maureen de St. Croix and I hosted a 2 HR RJT Intro course for the City of Richmond Parks & Recreations Physical Literacy programming team (20 participants).
- Eric Stepura, Manager, Sports and Community Events initiated the session. Eric and I both sit on the Physical Literacy working Group of BC, and he has heard a lot about RJT and its connections with developing Physical Literacy. His goal was to introduce the various recreation programmers to RJT so they can see its value and implement RJT at the Cities various community centres effective next winter.
- Been in contact with a number of the sessions participants on how to integrate RJT into their Centres programming.

#### **FUNDING**

Sources of Funding in 2011:

After School Sport Initiative Funding for Year 1 (Spring 2011) – received \$10,000  
BCSPP Expansion Funding for 2011/2012 – successful (asked for \$30,000 – received \$40,000)

Sources applied for in 2011 – Unsuccessful:

TELUS Community Board Funding  
Forzani Group Foundation Funding  
Forzani Group Power of Sport 4 Kids – Sports Equipment Funding Grants Available  
The Mike Weir Foundation  
Goodlife Kids Foundation

#### **PROMOTION – COMMUNITY EVENTS**

Sun, Apr 17 – Vancouver Sun Run – RJT Demo's in 'Shaw Kids Zone'  
May 7: PISE Family Sport & Recreation Festival RJT Participation Area – led by PISE RJT Instructors  
May 10: 'National Move For Health Day' at West End Comm. Centre, Vancouver – Instructor: Thelma Wright  
May 26-28: Rotary Okanagan Children's Festival, Penticton – RJT Area with Penticton HS Leadership Volunteers  
May 29: SOS Children's Village Run & Festival, Richmond Oval – RJT Participation Area  
July 1: RJT Showcase @ Harry Jerome International Meet, Burnaby  
July 10: Summer Live! Vancouver's 125<sup>th</sup> Birthday Celebration Sports Zone, Stanley Park  
Aug 20: City of Surrey T&F Showcase – 'I'm Game on the Track' event with RJT & BCWCS – partner with Ocean Athletics

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#### **LOOKING AHEAD TO EARLY 2012**

#### **AFTER SCHOOL SPORTS INITIATIVE**

Training budgets will be outlined for the new communities – and for the continued delivery in Year 1 communities, then submitted to the Ministry for approval. Once we receive the funding to provide the training, we will move into planning all of these sessions in each community.

New communities for Year 2 (2011/2012 School Year):

1. Prince Rupert
2. New Hazelton
3. Quesnel
4. Grand Forks
5. Kamloops
6. Alert Bay

## **HERSHEY'S TRACK & FIELD GAMES**

BC Athletics will begin to assist any club that is looking to host a HTFG Meet in their community. These meets are a great way to introduce the public to the sport, and also the meet "atmosphere" without the full membership needs. HTFG are fun and inclusive – events are designed for ages 9 to 14. ([www.hersheystackandfield.com](http://www.hersheystackandfield.com))