

JD Crest Standards for 2009

These awards standards are based on the 2008 All Time Top Ten Tables as described below

Values for 60m and 13yr old Pole Vault are tentative and may be changed slightly

The same philosophy was used for creating these standards as was done for the JD Awards Standards:

- a Take the average of the #1, #2, and #3 from the All Time Top Ten list (Av123) from 2008 as the starting point for each event.
- b Multiply Av123 by factors which define the gold, silver and bronze standards for that event.
- c There is a different set of factors for each of the four area of athletics: runs, jumps, throws and pentathlon
- d The factors give a similar distribution in each area and give a weighting to each area that reflects the number of events.
- e The set of factors used was obtained from the results for all athletes and all events in both the 2007 and 2008 seasons

Criteria for awarding crests

- 1 be a full time competitive member of BC Athletics
- 2 qualifying performances must be done at meets from the JD approved list
- 3 to qualify for a crest athletes must attain a crest standard in each of at least 3 different events
the crest level is determined by the weakest standard of the top three events
e.g. if an athlete has 2 gold standard and one bronze standard performance then the crest awarded is BRONZE

G = GOLD

S = SILVER

B = BRONZE

GIRLS TRACK EVENTS

Event	Crest Std	9 Year Old	10 Year Old	11 Year Old	12 Year Old	13 Year Old	14 Year Old
60m	G	* 10.36	* 09.62	* 09.13			
	S	* 10.99	* 10.21	* 09.68			
	B	* 11.72	* 10.88	* 10.32			
100m	G	16.99	15.78	14.98	14.52	14.16	14.14
	S	18.02	16.75	15.89	15.41	15.02	15.01
	B	19.20	17.84	16.93	16.42	16.00	15.99
200m	G			31.32	29.97	29.34	29.03
	S			33.22	31.80	31.13	30.80
	B			35.40	33.88	33.17	32.82
400m	G			1 10.42	1 08.93	1 07.23	1 06.43
	S			1 14.71	1 13.12	1 11.32	1 10.48
	B			1 19.61	1 17.92	1 16.00	1 15.10
800m	G	3 05.10	2 55.80	2 49.00	2 41.10	2 37.50	2 34.30
	S	3 16.30	3 06.50	2 59.30	2 50.90	2 47.10	2 43.70
	B	3 29.20	3 18.80	3 11.10	3 02.10	2 58.00	2 54.40
1500m	G	6 18.10	6 02.00	5 51.40	5 33.00	5 27.40	5 22.20
	S	6 41.10	6 24.00	6 12.80	5 53.20	5 47.40	5 41.80
	B	7 07.40	6 49.20	6 37.20	6 16.40	6 10.20	6 04.20
3000m	G					11 54.10	11 38.70
	S					12 37.60	12 21.20
	B					13 27.30	13 09.80
60H	G	13.02	12.15	11.61			
	S	13.82	12.89	12.32			
	B	14.72	13.74	13.13			
80H	G				14.60	14.19	13.57
	S				15.49	15.05	14.40
	B				16.51	16.04	15.34
200H	G				34.38	32.84	
	S				36.47	34.83	
	B				38.87	37.12	
300H	G						53.19
	S						56.43
	B						1 00.13
800RW	G	5 43.60	5 09.70	5 21.60	4 57.40		
	S	6 04.60	5 28.50	5 41.10	5 15.50		
	B	6 28.50	5 50.10	6 03.50	5 36.20		
1500RW	G					9 33.00	9 05.50
	S					10 07.90	9 38.70
	B					10 47.70	10 16.70
1500SC	G						6 11.40
	S						6 34.00
	B						6 59.80

GIRLS FIELD EVENTS AND PENTATHLON

Event	Crest Std	9 Year Old	10 Year Old	11 Year Old	12 Year Old	13 Year Old	14 Year Old
Long Jump	G	03.05	03.46	03.68	03.96	04.25	04.47
	S	02.78	03.16	03.36	03.61	03.88	04.08
	B	02.55	02.90	03.08	03.31	03.56	03.74
High Jump	G	00.95	01.09	01.17	01.23	01.28	01.31
	S	00.87	01.00	01.06	01.13	01.16	01.19
	B	00.80	00.92	00.98	01.03	01.07	01.09
Triple Jump	G			07.60	08.19	08.77	09.11
	S			06.93	07.47	08.00	08.31
	B			06.37	06.86	07.35	07.63
Pole Vault	G					* 02.02	02.13
	S					* 01.84	01.94
	B					* 01.69	01.78
Shot Put	G	04.11	05.37	06.71	06.56	07.45	07.85
	S	03.47	04.54	05.67	05.55	06.30	06.64
	B	02.84	03.72	04.64	04.54	05.16	05.43
Discus	G		13.35	15.94	17.83	22.15	22.12
	S		11.28	13.47	15.07	18.73	18.70
	B		09.24	11.03	12.34	15.33	15.31
Javelin	G		12.32	16.15	19.31	22.29	25.31
	S		10.41	13.65	16.32	18.84	21.40
	B		08.53	11.18	13.36	15.43	17.52
Hammer	G				19.22	24.44	30.56
	S				16.25	20.66	25.83
	B				13.30	16.92	21.15
Pentathlon	G	1236	1557	1749	1950	2224	2302
	S	1075	1354	1521	1696	1934	2002
	B	842	1060	1192	1328	1515	1568

* tentative values since event is new.

BOYS TRACK EVENTS

Event	Crest Std	9 Year Old	10 Year Old	11 Year Old	12 Year Old	13 Year Old	14 Year Old
60m	G	* 09.99	* 09.43	* 09.17			
	S	* 10.60	* 10.01	* 09.73			
	B	* 11.30	* 10.67	* 10.37			
100m	G	16.39	15.47	15.04	14.54	13.47	12.89
	S	17.38	16.41	15.95	15.42	14.29	13.68
	B	18.52	17.49	17.00	16.44	15.22	14.57
200m	G			30.70	29.47	27.35	26.52
	S			32.56	31.27	29.01	28.14
	B			34.70	33.32	30.91	29.98
400m	G			1 09.77	1 07.01	1 02.79	59.90
	S			1 14.02	1 11.09	1 06.62	1 03.55
	B			1 18.87	1 15.75	1 10.98	1 07.72
800m	G	3 00.20	2 49.30	2 41.00	2 35.90	2 25.50	2 18.60
	S	3 11.20	2 59.60	2 50.80	2 45.40	2 34.30	2 27.00
	B	3 23.70	3 11.40	3 02.00	2 56.20	2 44.50	2 36.60
1500m	G	5 56.80	5 37.00	5 25.30	5 17.40	5 03.90	4 48.20
	S	6 18.50	5 57.50	5 45.10	5 36.80	5 22.40	5 05.80
	B	6 43.30	6 20.90	6 07.70	5 58.80	5 43.50	5 25.80
3000m	G					10 49.50	10 23.70
	S					11 29.00	11 01.70
	B					12 14.20	11 45.10
60H	G	12.56	11.97	11.45			
	S	13.33	12.70	12.15			
	B	14.20	13.54	12.94			
80H	G				14.35	13.61	
	S				15.23	14.44	
	B				16.23	15.39	
100H	G						15.99
	S						16.96
	B						18.07
200H	G				33.50	31.16	
	S				35.54	33.05	
	B				37.87	35.22	
300H	G						46.60
	S						49.44
	B						52.68
800RW	G	6 05.00	5 30.80	5 05.10	4 51.50		
	S	6 27.30	5 51.00	5 23.70	5 09.20		
	B	6 52.60	6 14.00	5 44.90	5 29.50		
1500RW	G					9 23.10	8 41.30
	S					9 57.30	9 13.00
	B					10 36.50	9 49.30
1500SC	G						5 16.40
	S						5 35.60
	B						5 57.60

BOYS FIELD EVENTS AND PENTATHLON

Event	Crest Std	9 Year Old	10 Year Old	11 Year Old	12 Year Old	13 Year Old	14 Year Old
Long Jump	G	03.13	03.43	03.64	03.93	04.56	05.04
	S	02.86	03.13	03.32	03.59	04.16	04.59
	B	02.62	02.87	03.05	03.29	03.82	04.22
High Jump	G	01.01	01.11	01.19	01.26	01.37	01.45
	S	00.92	01.01	01.08	01.15	01.25	01.32
	B	00.85	00.93	00.99	01.06	01.15	01.21
Triple Jump	G			07.78	08.25	09.23	10.04
	S			07.10	07.53	08.42	09.16
	B			06.52	06.91	07.73	08.41
Pole Vault	G					* 02.36	02.49
	S					* 02.15	02.27
	B					* 01.98	02.08
Shot Put	G	04.87	05.87	07.02	07.20	08.61	08.74
	S	04.12	04.96	05.93	06.09	07.28	07.39
	B	03.37	04.06	04.86	04.98	05.96	06.05
Discus	G		13.56	18.32	20.68	26.69	29.34
	S		11.46	15.49	17.48	22.56	24.80
	B		09.39	12.68	14.31	18.47	20.31
Javelin	G		16.47	19.63	19.89	25.79	31.35
	S		13.92	16.59	16.81	21.80	26.50
	B		11.40	13.58	13.76	17.85	21.70
Hammer	G				21.93	28.77	31.69
	S				18.53	24.32	26.79
	B				15.18	19.91	21.93
Pentathlon	G	1537	1738	1842	2270	2792	3142
	S	1336	1511	1601	1974	2427	2732
	B	1047	1184	1254	1546	1902	2140

* tentative values since event is new.