

FOREWORD

The idea of an information manual for BC Junior Development [BCJD] track meet organizers has been the dream of the Junior Development Committee for many years. This enormous task became reality when Diana Hollefreund took on this commitment. By sorting through previous manuals and minutes of meetings from 1985 to 1996, Diana came up with a first draft. With input from the members of the past and present JD Committees listed below who contributed information and suggestions, Diana has revised the original draft many times.

Through this manual and the BC Athletics Record, we [the JD Committee] hope that all Junior Development clubs will find these guidelines helpful in the implementation of their Junior Development programs and in organizing successful Junior Development meets.

Once again a big thank you to Diana Hollefreund.

Sincerely,
Dawn Copping
Chair of the Junior Development Committee

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1996 - 2005

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**BC ATHLETICS
JUNIOR DEVELOPMENT MANUAL**

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SECTION 1.1 GENERAL INTRODUCTION

The original purpose of this handbook is to co-ordinate all of the information about the three Junior Development Championship Meets [Track & Field, Multi-Events or Pentathlon, and Cross Country Championships]. As the Manual developed it was decided to expand the handbook to include information that could be used by any club hosting a Junior Development Track and Field, Cross Country or Multi-Event meet.

In addition the information contained in the handbook can be used at any Junior Development Track and Field Meet.

This information will be available through the BC Athletics website to all clubs registered with BC Athletics.

The information has been adapted throughout the years by the JD Committee and has been collected from the notes and minutes of this committee.

It is hoped that this information will help to eliminate any problems that could occur at these meets.

Not all of the information contained in this manual can be used for general Junior Development track and field meets, cross country races, and multi-events meets.



This symbol will indicate rules that apply only to Championship Events.

Note: The rules governing the sport of Athletics are those of the IAAF, Athletics Canada, and BC Athletics. Some of the following rules have been amended to meet the philosophies of the Junior Development Age Group.

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