

4x100m

Senior	O	44.75	K. Johnson(63), J. Fleming(65), M. Chapman(63), J. Flaherty,(60)	Australia	6/18/85	Burnaby
	N	45.3	I. Piotrowsk, P. May, G. Turney, S. Berto	BC	9/3/71	Palermo
	C	45.9	R. Jerome, D. McKinnon, J. Sparling, K. Beatch	VOC	7/7/73	Victoria
Junior	O	44.88	K. Anderson, A. Thomas, C. Taffe, F. Gareau	Canada	7/26/85	Burnaby
	N	46.9	R. Jerome, K. Beatch, J. Sparling, J. Pelland	BC	8/21/71	Winnipeg
	C	47.3	J. Sadowick, E. Smith, D. McKinnon, L. Wilson	SFU	6/7/70	Victoria
Juvenile	O	47.12	Y Mensah(85), C. Borowsky(86), C Hewitt(85), J. Rogers(85)	BC	8/18/02	Sherbrooke
	N	47.12	Y Mensah(85), C. Borowsky(86), C Hewitt(85), J. Rogers(85)	BC	8/18/02	Sherbrooke
	C	49.1	C. Palmgren(56), G. Gummer(58), J. Turner(56), C. Druce(57)	Victoria Track	7/4/71	Calgary
Midget	O	49.93	K. Landreville(76), J. Koper(76), M. Dacumos(77), T. Clarke(77)	Zone 3	7/27/91	Coquitlam
	N	49.93	K. Landreville(76), J. Koper(76), M. Dacumos(77), T. Clarke(77)	Zone 3	7/27/91	Coquitlam
	C	50.7	J. Turner(56), C. Druce(57), C. Palmgren(56), G. Gummer(58)	Victoria Track	6/20/70	Victoria

4x200m

Senior	O	1:39.0		VOC	6/5/78	Burnaby
	N	1:39.0		VOC	6/5/78	Burnaby
	C	1:39.0		VOC	6/5/78	Burnaby
Junior	O	1:40.7				
	N	1:41.5	S. Berto, D. McKinnon, K. Beatch, J. Sadowick	SFU	1973	
	C	1:41.5	S. Berto, D. McKinnon, K. Beatch, J. Sadowick	SFU	1973	
Juvenile	O	1:41.5				
	N	1:41.6	A. McLaughlin, M. Robb, S. Berto, T. Fynn	VOC	5/26/65	
	C	1:41.6	A. McLaughlin, M. Robb, S. Berto, T. Fynn	VOC	5/26/65	
Midget	O	1:45.0				
	N	1:45.0				

4x400M

Senior	O	3:32.11		Valley Royals	6/30/85	Burnaby
	N	3:32.11		Valley Royals	6/30/85	Burnaby
	C	3:32.11		Valley Royals	6/30/85	Burnaby
Junior	O	3:36.03	S. Brydon, K. Berge, L. Maxie, S. Saleem	USA	7/27/85	Burnaby
	N	3:46.5	C. McCarthy(59), S. Vandembos(60), J. Tobacco(61), D. Campbell(58)	BC	8/12/77	St. John's, NFLD
	C	4:00.9	D. Bower (68), P. Wallace (65), D. Fejfar (66), C. Wagner (67)	South Fraser	7/18/82	Burnaby
Juvenile	O	3:53.17	M. Upuu (82), N. Jackson (82), N. Fedoruk (82), A. Anoliefoh (82)	Team BC	8/14/99	Sudbury ON
	N	3:53.17	M. Upuu (82), N. Jackson (82), N. Fedoruk (82), A. Anoliefoh (82)	Team BC	8/14/99	Sudbury ON
	C	4:00.9	D. Bower(68), P. Wallace(65), D. Fejfar(66), C. Wagner(67)	South Fraser	7/18/82	Burnaby
Midget	O	4:01.9	J. Melhado(69), S. Kring(69), J. Swan(70), A. Krempf(70)	Zone 3	7/22/84	Burnaby
	N	4:01.9	J. Melhado(69), S. Kring(69), J. Swan(70), A. Krempf(70)	Zone 3	7/22/84	Burnaby
	C	4:06.72		Valley Royals	6/11/88	Abbotsford

4x800m

Senior	O	8:41.7	T. Wellman(64), C. McCarthy(59), R. Meagher(67), D. Bowker(58)	Vikes 'A'	5/14/88	Richmond
	N	8:41.7	T. Wellman(64), C. McCarthy(59), R. Meagher(67), D. Bowker(58)	Vikes 'A'	5/14/88	Richmond
	C	8:41.7	T. Wellman(64), C. McCarthy(59), R. Meagher(67), D. Bowker(58)	Vikes 'A'	5/14/88	Richmond
Junior	O	9:14.2		Richmond	3/15/75	
	N	9:14.2		Richmond	3/15/75	
	C	9:14.2		Richmond	3/15/75	
Juvenile	O	9:38.5	K. Sheridan(62), B. Otto(61), c. Grant(63), S. Boothroyd(61)	NorWesters	6/12/75	Surrey
	N	9:38.5	K. Sheridan(62), B. Otto(61), c. Grant(63), S. Boothroyd(61)	NorWesters	6/12/75	Surrey
	C	9:38.5	K. Sheridan(62), B. Otto(61), c. Grant(63), S. Boothroyd(61)	NorWesters	6/12/75	Surrey
Midget	O	9:16.8				
	N	9:16.8				

4x1500m

Senior	O	18:24.8	T. Wellman(64), C. McCarthy(59), R. Meagher(67), D. Bowker(58)	Vikes 'A'	5/14/88	Richmond
	N	18:24.8	T. Wellman(64), C. McCarthy(59), R. Meagher(67), D. Bowker(58)	Vikes 'A'	5/14/88	Richmond
	C	18:24.8	T. Wellman(64), C. McCarthy(59), R. Meagher(67), D. Bowker(58)	Vikes 'A'	5/14/88	Richmond

Sprint Medley Relay (400m, 200m, 200m, 800m)

Senior	O	3:24.08				
	N	3:25.0				
	C	3:25.0				
Juvenile	O	4:08.90		BC Juvenile	8/15/92	Calgary
	N	4:08.90		BC Juvenile	8/15/92	Calgary

Distance Medley Relay (400m, 800m, 1200m, 1600m)