

JD Award Standards for 2007

These criteria are based the 2006 All Time Top Ten Tables as described in the report

Criteria

1	be a full time competitive member of BC Athletics
2	compete in at least one BC Junior Development Championship in the preceding 12 months (Track and Field, Pentathlon and Cross Country) plus two other meets from the approved list
3	at a meet on the approved list of meets .. 9 to 12 year olds should have at least one performance that attain or exceeds the standard AND have competed in one running event, one jumping event and one throwing event .. 13 and 14 year olds should have at least one performance that attains or exceeds the standard

GIRLS

	9		10		11		12		13		14	
	Year Old		Year Old		Year Old		Year Old		Year Old		Year Old	
Event	F98		F97		F96		F95		F94		F93	
60m	new		new		new							
100m	15.55		14.45		13.71		13.30		12.96		12.95	
200m					28.67		27.44		26.86		26.58	
400m					1 04.46	1 02.74	1 02.04	1 00.81				
800m	2 49.44	2 41.23	2 34.77	2 27.51	2 24.18	2 21.26						
1500m	5 46.14	5 31.37	5 21.68	5 04.81	4 59.77	4 54.95						
3000m								10 53.72	10 39.54			
60H	11.93		11.49		10.64							
80H							13.42	12.99	12.43			
100H												
200H							31.47	30.06				
300H											49.12	
800RW	5 19.22	4 54.03	4 56.04	4 32.28								
1500RW								8 44.66	8 31.89			
1500SC										5 43.87		
Long Jump	03.56		04.03		04.28		04.61		04.95		05.20	
High Jump	01.11		01.28		01.36		01.44		01.48		01.52	
Triple Jump					08.84		09.52		10.20		10.60	
Pole Vault									new	02.48		
Shot Put	05.46		07.46		09.95		09.11		10.10		10.55	
Discus			17.79	22.13	24.75	30.13	30.70					
Javelin			17.10	20.96	26.80	30.94	35.13					
Hammer						26.68	33.92	43.98				
Pentathlon	1267		1545		1890		2085		2299		2527	

BOYS

	9		10		11		12		13		14	
	Year Old		Year Old		Year Old		Year Old		Year Old		Year Old	
Event	M98		M97		M96		M95		M94		M93	
60m	new		new		new							
100m	15.00		14.16		13.68		13.32		12.47		11.80	
200m					28.10		27.07		25.04		24.28	
400m					1 03.87		1 01.34		57.48		54.99	
800m	2 44.97		2 34.99		2 27.45		2 22.72		2 13.22		2 06.88	
1500m	5 26.63		5 08.47		4 57.79		4 50.60		4 38.21		4 23.86	
3000m									9 54.56		9 30.95	
60H	11.69		11.29		10.60							
80H							13.15		12.46			
100H											14.64	
200H							30.92		28.52			
300H											43.51	
800RW	5 34.17		5 02.85		4 39.35		4 26.85					
1500RW									8 35.43		7 57.21	
1500SC											4 49.61	
Long Jump	03.64		03.99		04.24		04.58		05.30		05.86	
High Jump	01.18		01.30		01.39		01.47		01.60		01.69	
Triple Jump					09.05		09.60		10.74		11.67	
Pole Vault									new		02.90	
Shot Put	06.77		08.15		09.66		10.00		11.96		12.14	
Discus			18.54		25.43		28.70		37.04		40.72	
Javelin			22.81		27.24		27.60		33.25		42.84	
Hammer							30.43		39.93		43.98	
Pentathlon	1638		1870		2052		2468		2866		3490	