Athletics Canada
Athlétisme Canada

BC ATHLETICS

2006 CANADIAN CROSS COUNTRY CHAMPIONSHIPS
TEAM DECLARATION FORM (JR., SR. & MASTERS)

CLUB/REGION-BRANCH _____

COACH/CONTACT _____

TELEPHONE # (WORK) ( ) _____(HOME) ( )_____

E-MAIL _____

TEAM SIZE:
Junior Men & Women, Senior Women - Min. 4, Max. 6
Senior Men - Min. 5, Max. 7
Masters M30/M40/M50/W30/W40 - 6 Runners, 4 to Count
Masters M60/W50 - 5 Runners, 3 to Count
Masters M70/W60/W70 - 4 Runners, 2 to Count

NOTE: Masters and Sub-Masters 10-year age groups must consist of bona fide Club members only. Athletes may compete in their own age group or a younger age group but not an older age group. Women may compete on a Men's team but men may not compete on a Women's team.

TEAM DECLARATION:

Please check one (√): ☐ Male ☐ Female

(√) ☐ Junior ☐ Senior ☐ Masters (Age Category _____)

(√) ☐ Club Championships ☐ Region-Branch Championships

Name	**Bib #**
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____

Note: As far as teams are concerned, Canadian permanent residents, non-Canadian residents (claiming refugee status), foreign athletes and athletes that have been members of Athletics Canada for at least six months prior to the Championships, can be scoring members for their team. However, they still are not eligible, to win individual Canadian Championship medals.

Team Declaration Deadline: 9:00 p.m., Friday, December 1, 2006 (please submit at Championships Technical Meeting). Coaches unable to arrive in time for this meeting should fax all team declarations to B.C. Athletics, (604) 737–3171, prior to noon, Thursday, November 30, 2006.