

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
<b>800m</b>										
<b>800m</b>	<b>Midget</b>									
800m	Midget	2:13.33		1	Shaw	Angela	89	LM	Kamloops	July 23-25
800m	Midget	2:15.66		2	Shaw	Angela	89	WG	Burnaby	June 4-5
800m	Midget	2:15.98		5	Crofts	Helen	90	WVSS	Burnaby	June 4-5
800m	Midget	2:17.13		4	Shaw	Angela	89	WG	Burnaby	June 4-5
800m	Midget	2:17.47		5	Groenewoud	Chantel	89	HSS	Burnaby	June 4-5
800m	Midget	2:17.59		6	Groenewoud	Chantel	89	HSS	Burnaby	June 4-5
800m	Midget	2:18.17		6	Crofts	Helen	90	WVSS	Burnaby	June 4-5
800m	Midget	2:18.27		2	Crofts	Helen	90	WVAN	Kelowna	July 3
800m	Midget	2:18.82		4	Trenholm	Stephanie	90	CR	Abbotsford	June 26-27
800m	Midget	2:19.04		1	Shaw	Angela	89	LM	Sudbury, ON	August 8
800m	Midget	2:19.57		1	Groenewoud	Chantel	89	NORW	Langley	June 19-20
800m	Midget	2:19.58		2	Groenewoud	Chantel	89	NORW	Kamloops	July 23-25
800m	Midget	2:19.64		1	Groenewoud	Chantel	89	NORW	Abbotsford	July 16-18
800m	Midget	2:19.65		5	Shaw	Angela	89	LM	Abbotsford	June 26-27
800m	Midget	2:19.76		2	Trenholm	Stephanie	90	CR	Abbotsford	July 16-18
800m	Midget	2:19.98		1	Groenewoud	Chantel	89	NORW	Burnaby	July 11
800m	Midget	2:20.09		1	Crofts	Helen	90	WVAN	Burnaby	July 11
800m	Midget	2:20.12		2	Shaw	Angela	89	LM	Langley	June 19-20
800m	Midget	2:20.23		3	Crofts	Helen	90	WVAN	Abbotsford	July 16-18
800m	Midget	2:20.25		8	Pattison	Alana	90	WG	Burnaby	June 4-5
800m	Midget	2:20.27		8h4	Groenewoud	Chantel	89	HSS	Gresham, OR	April 24
800m	Midget	2:20.31		1	Trenholm	Stephanie	90	CR	Kamloops	July 23-25
800m	Midget	2:21.0h		1	Trenholm	Stephanie	90	CR	Victoria	May 22-23
800m	Midget	2:21.25		3	Kehler-Stevens	Amanda	90	CVC	Kelowna	July 3
800m	Midget	2:21.41		7	Pattison	Alana	90	WG	Burnaby	June 4-5
800m	Midget	2:21.52		9	Weslowski	Jennifer	89	BSS	Burnaby	June 4-5
800m	Midget	2:21.57		1h1	Crofts	Helen	90	WVAN	Abbotsford	July 16-18
800m	Midget	2:21.5h		1	Trenholm	Stephanie	90	CR	Port Alberni	June 19-20
800m	Midget	2:21.69		2h1	Trenholm	Stephanie	90	CR	Abbotsford	July 16-18
800m	Midget	2:22.24		4	Kunzer	Jennifer	90	TBIRD	Kelowna	July 3
800m	Midget	2:22.2h		1	Trenholm	Stephanie	90	CR	Duncan	June 12-13
800m	Midget	2:22.41		3	Imlach	Brittany	89	KAJ	Kamloops	July 23-25
800m	Midget	2:22.45		3h1	Schoch	Teegan	90	KEL	Abbotsford	July 16-18
800m	Midget	2:22.48		2	Crofts	Helen	90	WVAN	Kamloops	July 23-25
800m	Midget	2:22.60		1	Trenholm	Stephanie	90	CRC	Nanaimo	May 8-9
800m	Midget	2:22.73		4	Pattison	Alana	90	U	Abbotsford	July 16-18
800m	Midget	2:23.33		pen	Groenewoud	Chantelle	89	NORW	Nanaimo	June 26
800m	Midget	2:23.44		12	Kunzer	Jennifer	90	LBYNG	Burnaby	June 4-5
800m	Midget	2:23.49		3	Schoch	Teegan	90	KEL	Kamloops	July 23-25
800m	Midget	2:23.5h		2	Kehler-Stevens	Amanda	90	CVC	Victoria	May 22-23
800m	Midget	2:23.64		5	Shaw	Angela	89	LM	Abbotsford	July 16-18
800m	Midget	2:24.2h		1	Forbes	Kelly	89	CVC	Victoria	May 22-23
800m	Midget	2:24.5h		hep	Pattison	Alana	90	WG	Abbotsford	May 28-29
800m	Midget	2:24.86		6	Schoch	Teegan	90	KEL	Abbotsford	July 16-18
800m	Midget	2:24.92		4h1	Pattison	Alana	90	U	Abbotsford	July 16-18
800m	Midget	2:25.00		1h2	Shaw	Angela	89	LM	Abbotsford	July 16-18
800m	Midget	2:25.71		6h3	Kunzer	Jennifer	90	STM	Gresham, OR	April 24
800m	Midget	2:25.7h	m	8h2	Cukor	Alexandra	90	CC	Burnaby	July 20
800m	Midget	2:25.8h		2	Kehler- Stevens	Amanda	90	CVC	Port Alberni	June 19-20
800m	Midget	2:26.10		7	Mclvor	Laura	89	U	Abbotsford	July 16-18
800m	Midget	2:26.0h	m	9h2	Mclvor	Hayley	90	U	Burnaby	July 20
800m	Midget	2:26.25		1	Schoch	Teegan	90	KEL	Kamloops	May 8-9
800m	Midget	2:26.51		2h2	Kehler-Stevens	Amanda	90	CVC	Abbotsford	July 16-18
800m	Midget	2:26.52		8	Kehler-Stevens	Amanda	90	CVC	Abbotsford	July 16-18
800m	Midget	2:26.52		9	Mclvor	Laura	89	U	Abbotsford	June 26-27

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Midget	2:26.65		3	Weslowski	Jennife	89	LM	Langley	June 19-20
800m	Midget	2:26.77		3h2	Groenewoud	Chantel	89	NORW	Abbotsford	July 16-18
800m	Midget	2:26.7h	m	6	Mclvor	Laura	89	U	Burnaby	June 22
800m	Midget	2:26.8h		2	Kehler-Stevens	Amanda	90	CVC	Duncan	June 12-13
800m	Midget	2:27.02		4	Therrien	Brittany	90	VTF	Kamloops	July 23-25
800m	Midget	2:27.06		1	Vogt	Emma	90	BBY	Coquitlam	June 12-13
800m	Midget	2:27.36		2	Kehler-Stevens	Amanda	90	CVC	Nanaimo	May 8-9
800m	Midget	2:27.42		3h2	Kunzer	Jennifer	90	TBIRD	Abbotsford	May 1
800m	Midget	2:27.80		1	Forbes	Kelly	89	CVC	Kelowna	July 3
800m	Midget	2:27.87		5h1	Mclvor	Laura	89	U	Abbotsford	July 16-18
800m	Midget	2:27.87		8	Kunzer	Jennifer	90	TBIRD	SFU	April 10
800m	Midget	2:27.8h	m	9h2	Vogt	Emma	90	BBY	Burnaby	July 13
800m	Midget	2:28.0h	m	6h2	Smith	Jessica	89	U	Burnaby	June 29
800m	Midget	2:28.14		5	Vogt	Emma	90	BBY	Kamloops	July 23-25
800m	Midget	2:28.34		2	Vogt	Emma	90	BBY	Burnaby	July 11
800m	Midget	2:28.3h		2	Stutz	Linda	89	KAJ	Victoria	May 22-23
800m	Midget	2:28.7h	m	7	Mclvor	Hayley	90	U	Burnaby	June 22
800m	Midget	2:28.88		5	Vogt	Emma	90	BBY	Kelowna	July 3
800m	Midget	2:28.9h		1	Trenholm	Stephanie	90	CR	Powell River	April 17
800m	Midget	2:29.2h		3	Therrien	Brittany	90	VTF	Victoria	May 22-23
800m	Midget	2:29.8h		1	Flick	Kirsty	89	PGTF	Prince George	June 12-13
800m	Midget	2:30.03		4	Mclvor	Laura	89	U	Langley	June 19-20
800m	Midget	2:30.11		3	Meehan	Erin	90	VR	Burnaby	July 11
800m	Midget	2:30.4h		3	DePaoli	Tamara	89	VTF	Victoria	May 22-23
800m	Midget	2:30.64		3	Olleck	Cali	89	REV	Kelowna	July 3
800m	Midget	2:30.98		4	Palibroda	Emily	89	SZTF	Kamloops	July 23-25
800m	Midget	2:31.09		pen	Forbes	Kelly	89	CVC	Nanaimo	June 26
800m	Midget	2:31.25		2	Meehan	Erin	90	VR	Coquitlam	June 12-13
800m	Midget	2:31.32		4h2	Stutz	Linda	89	KAJ	Abbotsford	July 16-18
800m	Midget	2:31.32		3	Cukor	Alexandra	90	CC	Coquitlam	June 12-13
800m	Midget	2:31.3h	m	4h2	Mclvor	Laura	89	U	Burnaby	July 6
800m	Midget	2:31.64		6	Kehler-Stevens	Aman	90	CVC	Kamloops	July 23-25
800m	Midget	2:31.75		4	Zimmer	Anna	90	BBY	Coquitlam	June 12-13
800m	Midget	2:32.26		1	Pattison	Alana	90	WG	Surrey	April 24
800m	Midget	2:32.29		7	Cukor	Alexandra	90	CC	Kamloops	July 23-25
800m	Midget	2:32.65		4	Cukor	Alexandra	90	CC	Burnaby	July 11
800m	Midget	2:33.1h	m	5h2	Mclvor	Hayley	90	U	Burnaby	July 6
800m	Midget	2:33.30		5h2	Tegart	Laurel	89	U	Abbotsford	July 16-18
800m	Midget	2:33.69		5	Stutz	Linda	89	KAJ	Kamloops	July 23-25
800m	Midget	2:33.91		2	Flick	Kirsty	89	PGTF	Kamloops	May 8-9
800m	Midget	2:33.8h		1	Rose	Courtney	89	PA	Penticton	July 31
800m	Midget	2:33.9h	m	4	Rose	Courtney	89	PEN	Penticton	July 13
800m	Midget	2:34.10		1	Vogt	Emma	90	BS	Langley	June 19-20
800m	Midget	2:34.26		pen	Shoults	Katherine	89	WVAN	Nanaimo	June 26
800m	Midget	2:34.43		6h2	Martinson	Melissa	89	PGTF	Abbotsford	July 16-18
800m	Midget	2:34.60		6	DePaoli	Tamara	89	VTF	Kamloops	July 23-25
800m	Midget	2:34.5h		3	Lee	Andrea	90	CVC	Port Alberni	June 19-20
800m	Midget	2:34.5h		2	Rose	Courtney	89	PA	Prince George	June 12-13
800m	Midget	2:34.72		7	Schoch	Teegan	90	KEL	Kelowna	July 3
800m	Midget	2:34.96		2	Zimmey	Anna	90	BS	Langley	June 19-20
800m	Midget	2:34.96		2	Salli	Rachelle	89	WG	Surrey	April 24
800m	Midget	2:35.22		3	Olleck	Cali	89	REV	Kamloops	May 8-9
800m	Midget	2:35.33		8	Ling	Grace	90	KAJ	Kamloops	July 23-25
800m	Midget	2:35.45		5	Rose	Courtney	89	PA	Kelowna	July 3
800m	Midget	2:35.69		3	Andronik	Kelsey	90	VAAA	Langley	June 19-20
800m	Midget	2:35.76		5	Stutz	Linda	89	KAJ	Langley	June 19-20
800m	Midget	2:36.12		4	Cukor	Alexandra	90	CC	Langley	June 19-20
800m	Midget	2:36.2h		4	Schaefer	Meaghan	89	RSS	Victoria	May 22-23
800m	Midget	2:36.34		7	Martinson	Melissa	89	PGTF	Kamloops	July 23-25

Event	Age	Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Midget		2:36.88		pen	Donner	Claire	89	TRA	Abbotsford	July 16-18
800m	Midget		2:36.8h		3	Lee	Andrea	90	CVC	Duncan	June 12-13
800m	Midget		2:37.00		1	DePaoli	Tamara	89	VTF	Nanaimo	May 8-9
800m	Midget		2:37.05		3	Andrew	Kalee	90	VTF	Nanaimo	May 8-9
800m	Midget		2:37.06		6h1	Lukac	Larissa	89	DCAC	Abbotsford	July 16-18
800m	Midget		2:37.08		pen	Shoult	Katherine	89	WVAN	Abbotsford	July 16-18
800m	Midget		2:37.13		6	Stanley	Roxanne	89	CHTF	Kelowna	July 3
800m	Midget		2:37.34		3h1	Stutz	Linda	89	KAJ	Abbotsford	May 1
800m	Midget		2:37.71		5	Spurr	Hayley	90	WVAN	Burnaby	July 11
800m	Midget		2:38.01		pen	Milburn	Preeya	90	VISSA	Abbotsford	July 16-18
800m	Midget		2:38.21		8	Rose	Courtney	89	PA	Kamloops	July 23-25
800m	Midget		2:38.1h		3	Palibroda	Emily	89	SZTF	Prince George	June 12-13
800m	Midget		2:38.30		9	Gallagher	Katrina	90	PA	Kelowna	July 3
800m	Midget		2:38.6h		5	Shoult	Katherine	89	WVAN	Victoria	May 22-23
800m	Midget		2:38.83		5	Warwick	Heather	90	KAJ	Langley	June 19-20
800m	Midget		2:38.98		6	Ling	Grace	90	KAJ	Burnaby	July 11
800m	Midget		2:39.06		8	DeMarinis	Jessica	89	KEL	Kelowna	July 3
800m	Midget		2:39.4h		4	Hopp	Carly	90	VTF	Victoria	May 22-23
800m	Midget		2:39.77		4	Andronick	Kelsey		U	Kamloops	May 8-9
800m	Midget		2:39.98		pen	Neveu	Karly	89	SOF	Nanaimo	June 26
800m	Midget		2:40.08		7h2	Amos	Jennifer	90	U	Abbotsford	July 16-18
800m	Midget		2:40.0h		4	Lukac	Larissa	89	DCAC	Prince George	June 12-13
800m	Midget		2:40.2h		hep	Neveu	Karly	89	EMSS	Abbotsford	May 28-29
800m	Midget		2:40.36		pen	Murphy	Katherine	90	VTF	Nanaimo	June 26
800m	Midget		2:40.3h		hep	Quinn	Miranda	90	BBYC	Abbotsford	May 28-29
800m	Midget		2:40.6h		5	Hutton	Lauren	89	BCV	Prince George	June 12-13
800m	Midget		2:40.87		9	Martinson	Melissa	89	PGTF	Kelowna	July 3
800m	Midget		2:41.1h		1	Pighin	Brooke	89	AVTC	Port Alberni	June 19-20
800m	Midget		2:41.5h		4	Riva	Lauren	90	OTFC	Port Alberni	June 19-20
800m	Midget		2:41.61		4	Santa Cruz	Stephanie	90	KAJ	Richmond	May 8
800m	Midget		2:41.6h		6	Martinson	Melissa	89	PGTF	Prince George	June 12-13
800m	Midget		2:41.77		7h1	Grasic	Spela	90	U	Abbotsford	July 16-18
800m	Midget		2:41.8h		6	Lussier	Vanessa	89	NAN	Victoria	May 22-23
800m	Midget		2:42.06		9h1	Spurr	Hayley	90	HSS	Gresham, OR	April 24
800m	Midget		2:42.10		5	Spurr	Hayley	90	WVAN	Richmond	May 8
800m	Midget		2:42.26		5	Amos	Jennifer	90	HLTF	Kamloops	May 8-9
800m	Midget		2:42.37		11	Warwick	Heather	90	KAJ	Kelowna	July 3
800m	Midget		2:42.3h		5	Riva	Lauren	90	OSS	Victoria	May 22-23
800m	Midget		2:42.4h		1	Ensor	Haley	89	CVC	Powell River	April 17
800m	Midget		2:42.59		6	Ling	Grace	90	KAJ	Langley	June 19-20
800m	Midget		2:42.91		7	Milburn	Preeya	90	VISSA	Burnaby	July 11
800m	Midget		2:43.14		pen	Vandermale	Olea	90	CVC	Nanaimo	June 26
800m	Midget		2:43.6h	m	4	Rose	Courtney	89	PEN	Penticton	July 20
800m	Midget		2:43.8h		4	Riva	Lauren	90	OTF	Duncan	June 12-13
800m	Midget		2:44.05		pen	Milburn	Preeya	90	VISSA	Nanaimo	June 26
800m	Midget		2:44.05		2	Pighin	Brooke	89	AVTC	Nanaimo	May 8-9
800m	Midget		2:44.30		4	Hackl	Natalie	89	CROF	Surrey	April 24
800m	Midget		2:44.36		12	Riva	Lauren	90	OTF	Kelowna	July 3
800m	Midget		2:44.4h		3	Murphy	Katherine	90	VTF	Powell River	April 17
800m	Midget		2:44.61		pen	Kantonen	Elyse	90	U	Abbotsford	July 16-18
800m	Midget		2:44.8h		6	Ling	Grace	90	KAJ	Victoria	May 22-23
800m	Midget		2:44.9h		7	Gray	Hannah	90	PEN	Victoria	May 22-23
800m	Midget		2:45.14		6	Rose	Courtney	89	PA	Kamloops	May 8-9
800m	Midget		2:45.19		pen	Pighin	Brooke	89	AVTF	Nanaimo	June 26
800m	Midget		2:45.20		7	Gallagher	Katrina	90	U	Kamloops	May 8-9
800m	Midget		2:46.13		8	DeMarinis	Jessica	89	KEL	Kamloops	May 8-9
800m	Midget		2:46.42		4h1	Santa Cruz	Stephanie	90	KAJ	Abbotsford	May 1
800m	Midget		2:47.01		2	Lawson	Melissa	90	NORW	Surrey	April 24
800m	Midget		2:47.0h		1	Pighin	Brooke	89	AVTF	Duncan	June 12-13

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Midget	2:47.3h		1	Kryschuk	Erin	90	MSS	Prince George	June 12-13
800m	Midget	2:47.4h		5	Milburn	Preeya	90	VISSA	Duncan	June 12-13
800m	Midget	2:47.83		pen	Vandermale	Olea	90	CVC	Abbotsford	July 16-18
800m	Midget	2:48.50		8h1	Cater	Marlee	90	U	Abbotsford	July 16-18
800m	Midget	2:48.82		9	Martinson	Melissa	89	PGTF	Kamloops	May 8-9
800m	Midget	2:48.93		pen	Buchanan	Samantha	89	U	Abbotsford	July 16-18
800m	Midget	2:49.05		7	Crawford	Erin	90	LM	Langley	June 19-20
800m	Midget	2:49.6h		2	Forseille	Angela	90	WL	Prince George	June 12-13
800m	Midget	2:49.8h		3	Cater	Marlee	90	Terrace	Prince George	June 12-13
800m	Midget	2:50.06		8h2	Pellow	Morgan	90	U	Abbotsford	July 16-18
800m	Midget	2:50.36		pen	L'Heureux	Lindsay	89	AVTF	Nanaimo	June 26
800m	Midget	2:50.70		4	Galavan	Erin	90	VISSA	Nanaimo	May 8-9
800m	Midget	2:50.7h		6	Vandermale	Olea	90	CVC	Duncan	June 12-13
800m	Midget	2:51.79		8	Parkinson	Kate	90	CROF	Richmond	May 8
800m	Midget	2:51.80		10	Cater	Marlee	90	TER	Kamloops	May 8-9
800m	Midget	2:52.21		5	Behan	Tanya	90	PR	Nanaimo	May 8-9
800m	Midget	2:52.54		5h1	Ling	Grace	90	KAJ	Abbotsford	May 1
800m	Midget	2:53.9h		4	Riva	Lauren	90	OTF	Powell River	April 17
800m	Midget	2:54.79		9	Daviel	Melisendra	90	KAJ	Richmond	May 8
800m	Midget	2:55.3h		7	Schmidt	Danielle	89	DCAC	Prince George	June 12-13
800m	Midget	2:56.05		3	Roberts	Kendra	90	WG	Surrey	April 24
800m	Midget	2:56.31		11	Gibson	Amanda	89	ALFSS	Kamloops	May 8-9
800m	Midget	2:57.9h		2	Anderson	Britnee	89	CXVC	Port Alberni	June 19-20
800m	Midget	2:58.10		pen	Dube	Diana	89	AVTF	Nanaimo	June 26
800m	Midget	2:58.7h		7	Behan	Tanya	90	PR	Duncan	June 12-13
800m	Midget	2:58.7h		5	Campbell	Kyla	90	OTF	Powell River	April 17
800m	Midget	2:59.51		3	Forseth	Chelsea	89	OTFC	Nanaimo	May 8-9
800m	Midget	2:59.68		4	McAuley	Cloe	90	WG	Surrey	April 24
800m	Midget	3:01.6h		2	Dube	Diana	89	AVTF	Duncan	June 12-13
800m	Midget	3:01.6h		6	Behan	Tanya	90	PR	Powell River	April 17
800m	Midget	3:01.72		12	John	Alica	89	U	Kamloops	May 8-9
800m	Midget	3:01.73		13	Knuff	Dawn	90	REV	Kamloops	May 8-9
800m	Midget	3:04.57		14	Hales	Lori	90	TER	Kamloops	May 8-9
800m	Midget	3:04.97		15	Hogue	Sarah	90	TDBSS	Kamloops	May 8-9
800m	Midget	3:05.5h		3	Dube	Diana	89	AVTC	Port Alberni	June 19-20
800m	Midget	3:07.4h		4	Malo	Jessica	90	BCV	Prince George	June 12-13
800m	Midget	3:27.94		5	McAuley	Sigourney	90	WG	Surrey	April 24
<b>800m</b>	<b>Juvenile</b>									
800m	Juvenile	2:11.49		1	Egami	Lisa	88	VR	Abbotsford	June 26-27
800m	Juvenile	2:11.55		1	Egami	Lisa	88	CC	Kelowna	July 3
800m	Juvenile	2:11.77		1	Egami	Lisa	88	Centinel	Burnaby	June 4-5
800m	Juvenile	2:12.65		7p	Egami	Lisa	88	VR	Saskatoon	July 23
800m	Juvenile	2:13.39		1	Hudson	Ali	87	NORW	Coquitlam	June 12-13
800m	Juvenile	2:13.43		1	Egami	Lisa	88	Centinel	Burnaby	June 4-5
800m	Juvenile	2:13.50		4	Egami	Lisa	88	VR	Sudbury, ON	August 8
800m	Juvenile	2:13.90		6	Egami	Lisa	88	VR	Saskatoon	July 24
800m	Juvenile	2:13.93		2h4	Hudson	Ali	87	HSS	Gresham, OR	April 24
800m	Juvenile	2:14.47		3h4	Egami	Lisa	88	ABFD	Gresham, OR	April 24
800m	Juvenile	2:14.7h	m	4	Appelt	Melissa	87	SOF	Burnaby	August 3
800m	Juvenile	2:15.00		2	Hudson	Ali	87	Argyle	Burnaby	June 4-5
800m	Juvenile	2:15.13		1	Hudson	Ali	87	NORW	Langley	June 19-20
800m	Juvenile	2:15.75		1h2	Egami	Lisa	88	VR	Abbotsford	May 1
800m	Juvenile	2:15.97		4	Mancell	Heather	87	CC	Kelowna	July 3
800m	Juvenile	2:16.16		2	Hudson	Ali	87	NORW	Abbotsford	June 26-27
800m	Juvenile	2:16.55		2	Mancell	Heather	87	CC	Langley	June 19-20
800m	Juvenile	2:16.72		5	Hudson	Alison	87	NORW	Kelowna	July 3
800m	Juvenile	2:17.24		3	Mancell	Heather	87	CC	Abbotsford	June 26-27
800m	Juvenile	2:17.90		5	Egami	Lisa	88	VR	SFU	April 10

Event	Age	Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Juvenile		2:19.07		4	Hudson	Ali	87	Argyle	Burnaby	June 4-5
800m	Juvenile		2:19.55		22	Mancell	Heather	87	CC	Saskatoon	July 23
800m	Juvenile		2:20.48		1	Ershov	Victoria	88	CC	Burnaby	July 11
800m	Juvenile		2:20.72		2	Mancell	Heather	87	CC	Surrey	April 24
800m	Juvenile		2:21.13		2	Ershov	Victoria	88	CC	Coquitlam	June 12-13
800m	Juvenile		2:21.0h	m	7h2	Suddaby	Jessica	88	VR	Burnaby	July 13
800m	Juvenile		2:21.7h		hep	Fell	Corri	87	Pt Grey	Abbotsford	May 28-29
800m	Juvenile		2:22.34		3	DeGagne	Gabrielle	88	VR	Coquitlam	June 12-13
800m	Juvenile		2:22.38		2	Crawley	Megan	88	PGTF	Kelowna	July 3
800m	Juvenile		2:22.41		6	Ershov	Victoria	88	CC	Abbotsford	June 26-27
800m	Juvenile		2:22.8h	m	11h1	DeGagne	Gabrielle	88	VR	Burnaby	July 13
800m	Juvenile		2:22.97		3	DeGagne	Gabrielle	88	CC	Kelowna	July 3
800m	Juvenile		2:23.16		11	Hewitt	Jessica	87	SKAM	Burnaby	June 4-5
800m	Juvenile		2:24.52		3	Ershov	Victoria	88	CC	Langley	June 19-20
800m	Juvenile		2:24.94		14	Aynsley	Samantha	87	Kelowna	Burnaby	June 4-5
800m	Juvenile		2:24.97		2	Degagne	Gabriele	88	VR	Burnaby	July 11
800m	Juvenile		2:24.98		4	Nyarady	Jenna	87	VR	Coquitlam	June 12-13
800m	Juvenile		2:25.1h	m	6h2	Griffin	August	88	KAJ	Burnaby	July 20
800m	Juvenile		2:25.2h		1	Crawley	Megan	88	PGTF	Prince George	June 12-13
800m	Juvenile		2:25.38		7	DeGagne	Gabrielle	88	VR	Abbotsford	June 26-27
800m	Juvenile		2:25.78		15	Myers	Emma	87	YORK	Burnaby	June 4-5
800m	Juvenile		2:25.98		3	Suddaby	Jessica	88	VR	Burnaby	July 11
800m	Juvenile		2:26.27		8	Crawley	Megan	88	PGTF	Abbotsford	June 26-27
800m	Juvenile		2:26.6h		hep	Nyarady	Jenna	87	Garibaldi	Abbotsford	May 28-29
800m	Juvenile		2:26.84		4	Nyarady	Jenna	87	VR	Langley	June 19-20
800m	Juvenile		2:26.84		13h4	Suddaby	Jessica	88	ABFD	Gresham, OR	April 24
800m	Juvenile		2:27.04		10	Raison	Erinn	88	PA	Abbotsford	June 26-27
800m	Juvenile		2:27.09		4	Myers	Emma	87	CITY	Burnaby	July 11
800m	Juvenile		2:27.12		16	Nyarady	Jenna	87	Garibaldi	Burnaby	June 4-5
800m	Juvenile		2:27.31		5	Nyarady	Jenna	87	VR	Burnaby	July 11
800m	Juvenile		2:27.37		hep	Nestman	Jenna	88	SCA	Abbotsford	June 26-27
800m	Juvenile		2:27.3h		1	Trenholm	Rachelle	88	CR	Port Alberni	June 19-20
800m	Juvenile		2:27.61		1	Ershov	Victoria	88	CC	Surrey	April 24
800m	Juvenile		2:27.7h		hep	Jensen	Hayley	87	BBYC	Abbotsford	May 28-29
800m	Juvenile		2:28.52		hep	Nyarady	Jenna	87	VR	Abbotsford	June 26-27
800m	Juvenile		2:28.82		1h1	Nyarady	Jenna	87	VR	Abbotsford	May 1
800m	Juvenile		2:28.89		20	Erchov	Victoria	88	PM	Burnaby	June 4-5
800m	Juvenile		2:28.89		2	Pearse	Anastasia	88	VTF	Victoria	May 22-23
800m	Juvenile		2:29.0h		hep	Nestman	Jenna	88	ESS	Abbotsford	May 28-29
800m	Juvenile		2:29.37		7	Nyarady	Jenna	87	CC	Kelowna	July 3
800m	Juvenile		2:29.90		22	Gaboury	Christina	88	OAKB	Burnaby	June 4-5
800m	Juvenile		2:29.98		1	Nestman	Jenna	88	ESS	Kamloops	May 8-9
800m	Juvenile		2:30.43		1	Gaboury	Christina	88	VTFC	Nanaimo	May 8-9
800m	Juvenile		2:31.23		1	Ershov	Victoria	88	CC	Richmond	May 8
800m	Juvenile		2:31.27		5	Nestman	Jenna	88	SUNC	Langley	June 19-20
800m	Juvenile		2:31.49		2	Raison	Erinn	88	PA	Kamloops	May 8-9
800m	Juvenile		2:31.6h	m	10	Jensen	Hayley	87	U	Burnaby	June 15
800m	Juvenile		2:31.79		11	Trenholm	Rachelle	88	CR	Abbotsford	June 26-27
800m	Juvenile		2:31.7h		hep	Schmidt	Jourdan	88	MEI	Abbotsford	May 28-29
800m	Juvenile		2:31.8h		hep	Gallagher	Katie	88	GPV	Abbotsford	May 28-29
800m	Juvenile		2:33.35		hep	Schaefer	Kara	88	T5450	Abbotsford	June 26-27
800m	Juvenile		2:33.48		hep	Tolton	Vicki	87	T5450	Sudbury, ON	Aug 8
800m	Juvenile		2:33.5h		hep	Smith	Kaitlyn	88	YORK	Abbotsford	May 28-29
800m	Juvenile		2:33.8h	m	6	Raison	Erinn	88	PA	Penticton	June 22
800m	Juvenile		2:34.2h		hep	Tolton	Vicki	87	Smithers	Abbotsford	May 28-29
800m	Juvenile		2:34.57		hep	Tolton	Vicki	87	T5450	Abbotsford	June 26-27
800m	Juvenile		2:34.61		8	Raison	Erinn	88	PA	Kelowna	July 3
800m	Juvenile		2:35.35		2	Trenholm	Rachelle	88	CRC	Nanaimo	May 8-9
800m	Juvenile		2:35.39		hep	Arkell	Olivia	87	KEL	Abbotsford	June 26-27

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Juvenile	2:35.8h		1	Raison	Erinn	88	PA	Penticton	July 31
800m	Juvenile	2:35.8h		hep	Hewitt	Katie	87	OAKB	Abbotsford	May 28-29
800m	Juvenile	2:36.06		12	Gaboury	Christina	88	VTF	Abbotsford	June 26-27
800m	Juvenile	2:36.0h		hep	Arkell	Olivia	87	KSS	Abbotsford	May 28-29
800m	Juvenile	2:36.39		3	Gaboury	Christina	88	VTF	Victoria	May 22-23
800m	Juvenile	2:36.40		hep	Arkell	Olivia	87	KEL	Sudbury, ON	Aug 8
800m	Juvenile	2:38.36		3	Turnbull	Hilary	88	OTFC	Nanaimo	May 8-9
800m	Juvenile	2:38.6h		1	Anderson	Krystle	88	CR	Powell River	April 17
800m	Juvenile	2:39.57		2	Wong	Janet	88	CROF	Richmond	May 8
800m	Juvenile	2:40.07		3	Swift	Meghan	87	PGTF	Kamloops	May 8-9
800m	Juvenile	2:40.60		3	Wong	Janet	88	CROF	Surrey	April 24
800m	Juvenile	2:40.75		4	Dalhuisen	Alisa	88	KAJ	Victoria	May 22-23
800m	Juvenile	2:41.3h		2	Gallagher	Kathryn	88	CVC	Powell River	April 17
800m	Juvenile	2:41.91		6	Howes	Veronica	88	WVAN	Langley	June 19-20
800m	Juvenile	2:44.9h		hep	Williams	Valerie	88	FVCh	Abbotsford	May 28-29
800m	Juvenile	2:44.9h		3	Gaboury	Christina	88	VTF	Powell River	April 17
800m	Juvenile	2:47.93		12	Howes	Veronica	88	WVAN	SFU	April 10
800m	Juvenile	2:47.94		4	Schoenherr	Jasmin	87	KEL	Kamloops	May 8-9
800m	Juvenile	2:47.9h		hep	Mercier	Celine	87	Smithers	Abbotsford	May 28-29
800m	Juvenile	2:54.56		5	Krystalovick	Aman	87	ESS	Kamloops	May 8-9
800m	Juvenile	2:55.04		4	Anderson	Krystle	88	CRC	Nanaimo	May 8-9
800m	Juvenile	2:58.7h		hep	Hildenbrandt	Leanne	87	RH	Abbotsford	May 28-29
800m	Juvenile	3:00.56		5	Koehle	Lily	88	AVTF	Victoria	May 22-23
800m	Juvenile	3:03.95		5	Koehle	Lily	88	AVTC	Nanaimo	May 8-9
800m	Juvenile	3:05.00		hep	Hildenbrandt	Leanne	87	U	Abbotsford	June 26-27
800m	Juvenile	3:16.20		11	Lund	Francie	88	KEL	Kelowna	July 3
<b>800m</b>	<b>Junior</b>									
800m	Junior	2:11.83		2	Elmer	Shannon	85	UBC	Kelowna	July 3
800m	Junior	2:12.21		1	Kolstad	Kristen	86	SOF	Langley	June 19-20
800m	Junior	2:12.3h	m	5	Elmer	Shannon	85	TBIRD	Burnaby	June 15
800m	Junior	2:12.80		5	Elmer	Shannon	85	UBC	Richmond	June 23
800m	Junior	2:13.97		10	Elmer	Shannon	85	UBC	Victoria	July 9
800m	Junior	2:14.07		2	Elmer	Shannon	85	UBC	Calgary, AB	June 19-20
800m	Junior	2:14.64		7	Elmer	Shannon	85	U	Saskatoon	July 24
800m	Junior	2:14.92		1	Kolstad	Kristen	86	SOF	Surrey	April 24
800m	Junior	2:15.45		6p	Elmer	Shannon	85	U	Saskatoon	July 23
800m	Junior	2:15.80		1	Chipney	Breanna	86	GEA	Burnaby	July 11
800m	Junior	2:15.86		3	Chipney	Breanna	86	GEA	Kelowna	July 3
800m	Junior	2:15.98		1	Elmer	Shannon	85	UBC	Abbotsford	May 1
800m	Junior	2:16.07		2	Chipney	Breanna	86	GEA	Langley	June 19-20
800m	Junior	2:16.23		3	Chipney	Breanna	86	THAN	Burnaby	June 4-5
800m	Junior	2:16.70		6	Ballard	Carmen	86	KEL	Seattle, WA	May 15
800m	Junior	2:16.89		3	Chipney	Breanna	86	THAN	Burnaby	June 4-5
800m	Junior	2:17.10		10	Elmer	Shannon	85	UBC	Eugene, OR	April 24
800m	Junior	2:17.4h	m	6	Reeve	Sabrina	85	CITY	Burnaby	June 15
800m	Junior	2:18.0h	m	4h2	Hein	Mary	86	KAJ	Burnaby	July 20
800m	Junior	2:18.27		6	Elmer	Shannon	85	UBC	SFU	May 8
800m	Junior	2:18.54		4h4	Chipney	Breanna	86	THAN	Gresham, OR	April 24
800m	Junior	2:18.70		31	Elmer	Shannon	85	UBC	Claremont, CA	April 16
800m	Junior	2:19.92		19	Elmer	Shannon	85	UBC	LongBeach, CA	April 17
800m	Junior	2:20.06		7	Teer	Ashley	86	WJM	Burnaby	June 4-5
800m	Junior	2:20.22		6	Elmer	Shannon	85	UBC	SFU	April 10
800m	Junior	2:21.12		7	Chipney	Breanna	86	GEA	SFU	April 10
800m	Junior	2:22.42		10	Crawley	Megan		CH	Burnaby	June 4-5
800m	Junior	2:22.61		10h4	Teer	Ashley	86	ABFD	Gresham, OR	April 24
800m	Junior	2:22.70		6	Elmer	Shannon	85	UBC	Bellingham	April 3
800m	Junior	2:23.09		hep	Hewitt	Cloe	85	VTF	Kelowna	July 3-4
800m	Junior	2:23.09		8	Teer	Ashley	86	WJM	Burnaby	June 4-5

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Junior	2:24.93		13	Hein	Mary	86	Kits	Burnaby	June 4-5
800m	Junior	2:26.2h	m	10h2	Akeroyd	Nicole	86	KAJ	Burnaby	July 20
800m	Junior	2:28.06		17	Vos	Amelia	86	Alberni	Burnaby	June 4-5
800m	Junior	2:28.19		18	Kolodinski	Leah		MTE	Burnaby	June 4-5
800m	Junior	2:28.53		9	Hein	Mary	86	KAJ	Kelowna	July 3
800m	Junior	2:28.64		19	Flick	Kirsty		CH	Burnaby	June 4-5
800m	Junior	2:28.94		13	Hein	Mary	86	KAJ	Abbotsford	June 26-27
800m	Junior	2:29.85		21	Francis	Danielle		OAKB	Burnaby	June 4-5
800m	Junior	2:30.20		23	Olleck	Cali		RSS	Burnaby	June 4-5
800m	Junior	2:32.8h		2	Nusse	Julianna	86	PGTF	Prince George	June 12-13
800m	Junior	2:34.04		24	Edgar	Natasha		BBYC	Burnaby	June 4-5
800m	Junior	2:34.98		25	Tegart	Laurel		DTI	Burnaby	June 4-5
800m	Junior	2:37.70		1	Peters	Delayne	86	Mei	Victoria	May 22-23
800m	Junior	2:43.61		26	Liu	Shudan		Killarney	Burnaby	June 4-5
800m	Junior	2:47.79		27	Masuhara	Jillian		JNB	Burnaby	June 4-5
800m	Junior	3:12.2h		3	Dugan	Tamara	86	MSS	Prince George	June 12-13
<b>800m</b>	<b>Senior</b>									
800m	Senior	1:59.38		2	Cummins	Diane	74	PATH	Gresham, OR	June 5
800m	Senior	1:59.67		3	Cummins	Diane	74	PATH	Palo Alto, CA	May 30-31
800m	Senior	1:59.78		1	Cummins	Diane	74	PATH	Burnaby	July 1
800m	Senior	1:59.86		1	Cummins	Diane	74	PATH	Victoria	July 10
800m	Senior	1:59.99		4	Cummins	Diane	74	PATH	Eugene, OR	June 19
800m	Senior	2:00.30		4s3	Cummins	Diane	74	PATH	Athens, GRE	August 21
800m	Senior	2:01.19		5h2	Cummins	Diane	74	PATH	Athens, GRE	August 20
800m	Senior	2:01.94		5	Teteris	Aimee	79	PATH	Palo Alto, CA	May 30-31
800m	Senior	2:02.14		2	Teteris	Aimee	79	PATH	Victoria	July 10
800m	Senior	2:02.31		1	Vermeulen	Katie	77	PATH	Victoria	June 11
800m	Senior	2:02.69		2	Elmore	Malindi	80	ASIC	Victoria	June 11
800m	Senior	2:02.83		5	Teteris	Aimee	79	PATH	Gresham, OR	June 5
800m	Senior	2:03.4h		1	Teteris	Aimee	79	PATH	Victoria	May 22-23
800m	Senior	2:03.61		3	Teteris	Aimee	79	PATH	Victoria	June 11
800m	Senior	2:05.19		1	Lynch-Pounds	Vicky	70	MW	Victoria	July 3
800m	Senior	2:05.36		4	Hennigar	Heather	73	PATH	Kingston, JAM	May 9
800m	Senior	2:05.89		9	Hennigar	Heather	73	PATH	Palo Alto, CA	May 30-31
800m	Senior	2:06.27		5	Hennigar	Heather	73	PATH	Victoria	July 10
800m	Senior	2:07.08		3	Inman	Courtney	80	VR	Claremont, CA	April 16
800m	Senior	2:07.51		7	Hennigar	Heather	73	PATH	Burnaby	July 1
800m	Senior	2:07.52		1	Elmore	Malindi	80	ASIC	Calgary	May 15
800m	Senior	2:07.53		2	Inman	Courtney	80	VR	SFU	April 10
800m	Senior	2:08.00		8	Hennigar	Heather	73	PATH	Gresham, OR	June 5
800m	Senior	2:08.21		1p	Cummins	Diane	74	PATH	Victoria	July 9
800m	Senior	2:08.34		2p	Teteris	Aimee	79	PATH	Victoria	July 9
800m	Senior	2:08.57		1	Inman	Courtney	80	VR	Eugene, OR	April 24
800m	Senior	2:08.65		7	Bouchard	Sarah	74	U	Victoria	July 10
800m	Senior	2:08.66		3p	Hennigar	Heather	73	PATH	Victoria	July 9
800m	Senior	2:09.3h		2	Henniger	Heather	73	PATH	Victoria	May 22-23
800m	Senior	2:09.87		7p	Bouchard	Sarah	74	U	Victoria	July 9
800m	Senior	2:10.90		3	Johnstone	Rebecca	84	SFU	Louisville, KY	May 27-29
800m	Senior	2:11.24		1	Johnstone	Rebecca	84	SFU	SFU	May 8
800m	Senior	2:11.56		6	Johnstone	Rebecca	84	SFU	Abbotsford	June 26-27
800m	Senior	2:12.24		24	Johnstone	Rebecca	84	SFU	Walnut, CA	Apr 16-18
800m	Senior	2:12.51		5	Thibodeau	Melina	71	PATH	Victoria	July 3
800m	Senior	2:12.73		2	Krasovska	Alexandra	84	SFU	SFU	May 8
800m	Senior	2:13.11		6	DePol	Andrea	76	PATH	Victoria	July 3
800m	Senior	2:13.3h	m	8h1	DePol	Andrea	76	PATH	Burnaby	July 6
800m	Senior	2:13.43		10	Johnstone	Rebecca	84	SFU	Claremont, CA	April 16
800m	Senior	2:13.48		30	Krasovska	Alexandra	84	SFU	Walnut, CA	Apr 16-18
800m	Senior	2:13.49		9	DePol	Andrea	76	PATH	Victoria	July 9

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Senior	2:13.62		8	DePol	Andrea	76	PATH	Victoria	June 11
800m	Senior	2:13.78		7	Krasovska	Alexandra	84	SFU	Louisville, KY	May 27-29
800m	Senior	2:13.94		1h1	Johnstone	Rebecca	84	SFU	Louisville, KY	May 27-29
800m	Senior	2:13.97		3	Johnstone	Rebecca	84	SFU	SFU	April 10
800m	Senior	2:14.18		12	Krasovska	Alexandra	84	SFU	Claremont, CA	April 16
800m	Senior	2:14.35		3	DePol	Andrea	76	PATH	SFU	May 8
800m	Senior	2:14.37		2	Mark	Michelle	83	TBIRD	Seattle, WA	June 20
800m	Senior	2:14.43		11	Mark	Michelle	83	TBIRD	Victoria	July 9
800m	Senior	2:14.47		10	Mark	Michelle	83	TBIRD	Abbotsford	June 26-27
800m	Senior	2:14.51		2	Johnstone	Rebecca	84	SFU	Bellingham	April 3
800m	Senior	2:14.83		2	Mark	Michelle	83	TBIRD	Kelowna	July 3
800m	Senior	2:15.05		4	Burley	Leah	83	PATH	SFU	May 8
800m	Senior	2:15.18		2h2	Krasovska	Alexandra	84	SFU	Louisville, KY	May 27-29
800m	Senior	2:15.21		4	Krasovska	Alexandra	84	SFU	Eugene, OR	April 24
800m	Senior	2:15.31		3h1	Krasovska	Alexandra	84	SFU	Louisville, KY	May 27-29
800m	Senior	2:15.44		5	Mark	Michelle	83	UBC	Eugene, OR	April 24
800m	Senior	2:15.65		8	Burley	Leah	83	PATH	Victoria	July 3
800m	Senior	2:15.67		9	Burley	Leah	83	PATH	Victoria	June 11
800m	Senior	2:15.6h		1	Burley	Leah	83	PATH	Victoria	June 3
800m	Senior	2:15.78		4	Krasovska	Alexandra	84	SFU	SFU	April 10
800m	Senior	2:15.81		2h1	Johnstone	Rebecca	84	SFU	Louisville, KY	May 27-29
800m	Senior	2:15.7h	m	11h1	Butler	Margaret	78	KAJ	Burnaby	June 29
800m	Senior	2:16.02		5	Allander	Anna-Marie	83	PENN	Princeton, NJ	April 10
800m	Senior	2:16.0h		2	Fedoruk	Nancy	82	PATH	Victoria	June 3
800m	Senior	2:16.28		3	Krasovska	Alexandra	84	SFU	Bellingham	April 3
800m	Senior	2:16.65		5	Mark	Michelle	83	UBC	SFU	May 8
800m	Senior	2:16.95		13	Krasovska	Alexandra	84	SFU	Victoria	July 9
800m	Senior	2:17.19		24	Fox	Chloe	84	SFU	Claremont, CA	April 16
800m	Senior	2:17.23		12	Burley	Leah	83	PATH	Abbotsford	June 26-27
800m	Senior	2:17.34		1	Krasovska	Alexandra	84	SFU	Edmonds, WA	Mar 27
800m	Senior	2:17.66		9	Fedoruk	Nancy	82	PATH	Victoria	July 3
800m	Senior	2:17.73		10	Mark	Michelle	83	TBIRD	Richmond	June 23
800m	Senior	2:17.74		13	Mark	Michelle	83	UBC	LongBeach, CA	April 17
800m	Senior	2:17.92		10	Krasovska	Alexandra	84	SFU	Victoria	June 11
800m	Senior	2:18.33		27	Mark	Michelle	83	UBC	Claremont, CA	April 16
800m	Senior	2:18.33		10	Fox	Chloe	84	SFU	Seattle, WA	May 15
800m	Senior	2:19.3h		1	Allander	Anne-Marie	83	PA	Prince George	June 12-13
800m	Senior	2:19.68		4	Fox	Chloe	84	SFU	Bellingham	April 3
800m	Senior	2:19.99		10	Evans	Tiffany	74	PATH	Victoria	July 3
800m	Senior	2:20.43		2	Fox	Chloe	84	SFU	Edmonds, WA	Mar 27
800m	Senior	2:20.60		14	Banini	Gaelle	84	WASH	Eugene, OR	April 24
800m	Senior	2:21.66		16	Fox	Chloe	84	SFU	Eugene, OR	April 24
800m	Senior	2:22.6h	m	6	Everton	Nicola	65	VFAC	Burnaby	July 27
800m	Senior	2:25.0h	m	8h2	Everton	Nicola	65	VFAC	Burnaby	July 13
800m	Senior	2:26.2h	m	3h2	Everton	Nicola	65	VFAC	Burnaby	July 6
800m	Senior	2:26.2h	m	5h2	Bezdan	Jeanie	64	HH	Burnaby	June 29
800m	Senior	2:26.3h	m	5	Bezdan	Jeanie	64	HH	Burnaby	June 22
800m	Senior	2:27.88		2	Everton	Nicola	65	VFAC	Calgary	July 17-18
800m	Senior	2:27.99		11	Fedoruk	Karen	82	PATH	Victoria	July 3
800m	Senior	3:12.9h	m	6	Suter	Christine	68	U	Penticton	July 20
<b>800m</b>	<b>Masters</b>									
800m	Masters	2:23.7h	m	4h2	de St. Croix	Maureen	53	KAJ	Burnaby	June 29
800m	Masters	2:24.4h	m	2h2	de St. Croix	Maureen	53	KAJ	Burnaby	July 6
800m	Masters	2:25.24		1	de St. Croix	Maureen	53	KAJ	Langley	June 19-20
800m	Masters	2:26.1h	m	8	de St. Croix	Maureen	53	KAJ	Burnaby	July 27
800m	Masters	2:28.2h	m	7	Jordan	Debbie	57	HH	Burnaby	June 15
800m	Masters	2:31.0h	m	4	Jordan	Debbie	57	HH	Burnaby	Aug 10
800m	Masters	2:31.6h	m	7h2	Jordan	Debbie	57	HH	Burnaby	June 29

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Masters	2:32.6h	m	9	Jordan	Debbie	57	HH	Burnaby	June 22
800m	Masters	2:42.20		1	Summers	Judy	64	DAC	Langley	June 19-20
800m	Masters	2:45.23		4	Summers	Judy	64	DAC	Calgary	July 17-18
800m	Masters	2:50.89		2	Sieben	Karen	63	U	Langley	June 19-20
800m	Masters	3:03.10		1	Palmason	Diane	38	RUNU	Langley	June 19-20
800m	Masters	3:30.84		1	Saunders	Barbara	39	U	Calgary	July 17-18
<b>1500m</b>										
<b>1500m</b>	<b>Midget</b>									
1500m	Midget	4:45.0h	m	7	Lotnick	Samantha	89	LM	Burnaby	June 15
1500m	Midget	4:46.72		1	Groenewoud	Chantel	89	NORW	Abbotsford	July 16-18
1500m	Midget	4:46.85		2	Trenholm	Stephanie	90	CR	Abbotsford	July 16-18
1500m	Midget	4:49.14		1	Lotnick	Samantha	89	LM	Kamloops	July 23-25
1500m	Midget	4:50.44		3	Lotnick	Samantha	89	LM	Abbotsford	July 16-18
1500m	Midget	4:52.40		6	Lotnick	Samantha	89	BSS	Burnaby	June 4-5
1500m	Midget	4:53.44		3	Trenholm	Stephanie	90	CR	Abbotsford	June 26-27
1500m	Midget	4:54.45		1	Trenholm	Stephanie	90	CR	Kamloops	July 23-25
1500m	Midget	4:54.7h		3	Lotnick	Samantha	89	LM	Burnaby	July 6
1500m	Midget	4:55.0h		1	Trenholm	Stephanie	90	CR	Duncan	June 12-13
1500m	Midget	4:55.84		4	Lotnick	Samantha	89	BSS	Burnaby	June 4-5
1500m	Midget	4:56.2h		2	Kehler-Stevens	Amanda	90	CVC	Duncan	June 12-13
1500m	Midget	4:56.32		9	Imlach	Brittany	89	LF	Burnaby	June 4-5
1500m	Midget	4:58.45		1	Groenewoud	Chantelle	89	NORW	Richmond	May 8
1500m	Midget	4:58.64		4	Lotnick	Samantha	89	LM	Abbotsford	June 26-27
1500m	Midget	4:58.86		4	Schoch	Teegan	90	KEL	Abbotsford	July 16-18
1500m	Midget	4:59.41		1	Trenholm	Stephanie	90	CR	Victoria	May 22-23
1500m	Midget	5:00.20		1	Crofts	Helen	90	WVAN	Burnaby	July 10
1500m	Midget	5:00.2h	m	10	Mclvor	Laura	89	U	Burnaby	June 15
1500m	Midget	5:00.42		2	Schoch	Teegan	90	KEL	Kamloops	July 23-25
1500m	Midget	5:00.48		10	Imlach	Brittany	89	LF	Burnaby	June 4-5
1500m	Midget	5:00.68		1	Groenewoud	Chantel	89	NORW	Langley	June 19-20
1500m	Midget	5:00.92		1	Trenholm	Stephanie	90	CRC	Nanaimo	May 8-9
1500m	Midget	5:01.11		4	Groenewoud	Chantelle	89	NORW	Abbotsford	May 1
1500m	Midget	5:01.28		5	Mclvor	Laura	89	U	Abbotsford	July 16-18
1500m	Midget	5:02.63		6	Mitic	Laura	89	VTF	Abbotsford	July 16-18
1500m	Midget	5:03.18		5	Lotnick	Samantha	89	LM	Abbotsford	May 1
1500m	Midget	5:03.33		2	Imlach	Brittany	89	KAJ	Kamloops	July 23-25
1500m	Midget	5:03.47		1	Mitic	Laura	89	CSS	Victoria	May 22-23
1500m	Midget	5:05.16		3	Kehler-Stevens	Aman	90	CVC	Kamloops	July 23-25
1500m	Midget	5:05.81		4	Vogt	Emma	90	BBY	Kamloops	July 23-25
1500m	Midget	5:06.29		2	Mclvor	Laura	89	U	Langley	June 19-20
1500m	Midget	5:06.49		2	Kehler-Stevens	Amanda	90	CVC	Kelowna	July 4
1500m	Midget	5:06.69		1	Schoch	Teegan	90	KEL	Kamloops	May 8-9
1500m	Midget	5:07.1h	m	2	Smith	Jessica	89	U	Burnaby	June 22
1500m	Midget	5:07.22		3	Vogt	Emma	90	BBY	Kelowna	July 4
1500m	Midget	5:07.30		7	Mclvor	Laura	89	U	Abbotsford	June 26-27
1500m	Midget	5:08.89		2	Kehler-Stevens	Amanda	90	CVC	Victoria	May 22-23
1500m	Midget	5:09.06		2	Stutz	Linda	89	KAJ	Victoria	May 22-23
1500m	Midget	5:09.15		7	Olleck	Cali	89	REV	Abbotsford	July 16-18
1500m	Midget	5:09.21		1	Smith	Jessica	89	NORW	Burnaby	July 10
1500m	Midget	5:09.67		3	Imlach	Brittany	89	KAJ	Langley	June 19-20
1500m	Midget	5:10.75		2	Vogt	Emma	90	BBY	Burnaby	July 10
1500m	Midget	5:11.4h	m	15	Farnan	Emily	89	U	Burnaby	July 20
1500m	Midget	5:12.29		1	Mclvor	Hayley	90	U	Surrey	April 24
1500m	Midget	5:12.32		1	Salli	Rachelle	89	WG	Surrey	April 24
1500m	Midget	5:12.3h	m	11	Mclvor	Hayley	90	U	Burnaby	June 15
1500m	Midget	5:13.41		8	Palibroda	Emily	89	SZTF	Abbotsford	July 16-18
1500m	Midget	5:14.90		9	Lukac	Larissa	89	DCAC	Abbotsford	July 16-18

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Midget	5:14.92		10	Kehler-Stevens	Amanda	90	CVC	Abbotsford	July 16-18
1500m	Midget	5:15.17		1	Sttz	Linda	89	KAJ	Coquitlam	June 12-13
1500m	Midget	5:15.18		1	Mclvor	Hayley	90	U	Langley	June 19-20
1500m	Midget	5:15.64		2	Stevens	Amanda	90	CVAC	Nanaimo	May 8-9
1500m	Midget	5:16.01		11	Tegart	Laurel	89	U	Abbotsford	July 16-18
1500m	Midget	5:17.77		4	Rose	Courtney	89	PA	Kelowna	July 4
1500m	Midget	5:18.1h		1	Palibroda	Emily	89	SZTF	Prince George	June 12-13
1500m	Midget	5:18.6h	m	13	Grainer	Marley	89	U	Burnaby	June 15
1500m	Midget	5:19.03		3	Stutz	Linda	89	KAJ	Kamloops	July 23-25
1500m	Midget	5:19.05		4	Riva	Lauren	90	OTF	Kelowna	July 4
1500m	Midget	5:19.58		12	Foster	Alexi	90	LM	Abbotsford	July 16-18
1500m	Midget	5:20.23		2	Vogt	Emma	90	BS	Langley	June 19-20
1500m	Midget	5:20.33		13	Mclvor	Hayley	90	U	Abbotsford	July 16-18
1500m	Midget	5:20.8h	m	3	Greiner	Marley	89	U	Burnaby	June 22
1500m	Midget	5:22.20		2	Mclvor	Laura	89	U	Surrey	April 24
1500m	Midget	5:22.25		3	Faren	Brittany	90	U	Victoria	May 22-23
1500m	Midget	5:22.63		4	Stutz	Linda	89	KAJ	Langley	June 19-20
1500m	Midget	5:22.92		4	Palibroda	Emily	89	SZTF	Kamloops	July 23-25
1500m	Midget	5:23.0h		2	Lukac	Larissa	89	DCAC	Prince George	June 12-13
1500m	Midget	5:24.01		2	Olleck	Cali	89	REV	Kamloops	May 8-9
1500m	Midget	5:24.55		5	Therrien	Brittany	90	VTF	Kamloops	July 23-25
1500m	Midget	5:24.57		4	Andrews	Kalee	90	VTF	Victoria	May 22-23
1500m	Midget	5:25.26		3	DePaoli	Tamara	89	VTF	Victoria	May 22-23
1500m	Midget	5:25.37		5	Stanley	Roxanne	89	CHTF	Kelowna	July 4
1500m	Midget	5:25.72		6	DeMarinis	Jessica	89	KEL	Kelowna	July 4
1500m	Midget	5:26.2h		3	Rose	Courtney	89	PA	Prince George	June 12-13
1500m	Midget	5:26.41		4	Ensor	Haley	89	CVC	Victoria	May 22-23
1500m	Midget	5:26.91		3	Greiner	Marley	89	BBYS	Surrey	April 24
1500m	Midget	5:27.94		2	Warwick	Heather	90	KAJ	Richmond	May 8
1500m	Midget	5:27.9h		3	Lee	Andrea	90	CVC	Duncan	June 12-13
1500m	Midget	5:28.11		6	Riva	Lauren	90	OTF	Kamloops	July 23-25
1500m	Midget	5:28.26		2	Foster	Alexi	90	WG	Surrey	April 24
1500m	Midget	5:28.88		5	Riva	Lauren	90	OSS	Victoria	May 22-23
1500m	Midget	5:28.97		1	Kits	Rebecca	90	LM	Coquitlam	June 12-13
1500m	Midget	5:30.07		3	Kits	Rebecca	90	LM	Langley	June 19-20
1500m	Midget	5:30.1h		1	Mitic	Laura	89	VTFC	Port Alberni	June 19-20
1500m	Midget	5:30.29		7	Kits	Rebecca	90	LM	Kamloops	July 23-25
1500m	Midget	5:30.47		5	Rose	Courtney	89	PA	Kamloops	July 23-25
1500m	Midget	5:30.47		8	Ling	Grace	90	KAJ	Kamloops	July 23-25
1500m	Midget	5:30.49		3	Warwick	Heather	90	KAJ	Surrey	April 24
1500m	Midget	5:30.95		4	Warwick	Heather	90	KAJ	Langley	June 19-20
1500m	Midget	5:31.17		3	Rose	Courtney	89	PA	Kamloops	May 8-9
1500m	Midget	5:31.83		4	Santa Cruz	Stephanie	90	KAJ	Surrey	April 24
1500m	Midget	5:32.4h	m	6	Rose	Courtney	89	PA	Penticton	July 27
1500m	Midget	5:32.87		5	Amos	Jennifer	90	HSS	Kelowna	July 4
1500m	Midget	5:32.95		5	McDougal	Courtney	90	VR	Langley	June 19-20
1500m	Midget	5:33.00		5	Greiner	Marley	89	BBYS	Langley	June 19-20
1500m	Midget	5:33.03		4	Flick	Kirsty	89	PGTFTF	Kamloops	May 8-9
1500m	Midget	5:34.00		6	SantaCruz	Stephanie	90	KAJ	Langley	June 19-20
1500m	Midget	5:34.14		6	Warwick	Heather	90	KAJ	Kelowna	July 4
1500m	Midget	5:34.49		3	Douglas	Meaghan	90	VISSA	Nanaimo	May 8-9
1500m	Midget	5:34.5h		1	Riva	Lauren	90	OTF	Powell River	April 17
1500m	Midget	5:36.02		6	Warwick	Heather	90	KAJ	Victoria	May 22-23
1500m	Midget	5:37.03		7	Shinoe	Nicola	90	U	Victoria	May 22-23
1500m	Midget	5:37.30		8	Kits	Rebecca	90	LM	Victoria	May 22-23
1500m	Midget	5:37.98		7	Ling	Grace	90	KAJ	Langley	June 19-20
1500m	Midget	5:38.1h		1	Riva	Lauren	90	OTFC	Port Alberni	June 19-20
1500m	Midget	5:38.20		7	Andronik	Kelsey	90	VAAA	Kelowna	July 4
1500m	Midget	5:38.74		5	Daviel	Melisendra	90	KAJ	Surrey	April 24

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Midget	5:39.45		4	Riva	Lauren	90	OTFC	Nanaimo	May 8-9
1500m	Midget	5:40.28		6	Ling	Grace	90	KAJ	Surrey	April 24
1500m	Midget	5:40.3h		4	Martinson	Melissa	89	PGTF	Prince George	June 12-13
1500m	Midget	5:40.59		3	Spurr	Hayley	90	WVAN	Burnaby	July 10
1500m	Midget	5:41.17		3	Santa Cruz	Stephanie	90	KAJ	Richmond	May 8
1500m	Midget	5:41.3h		1	Forseille	Angela	90	WL	Prince George	June 12-13
1500m	Midget	5:41.87		7	Wollenberg	Rowan	90	CROF	Surrey	April 24
1500m	Midget	5:42.47		9	SantaCruz	Stephanie	90	KAJ	Victoria	May 22-23
1500m	Midget	5:42.52		6	Martinson	Melissa	89	PGTF	Kamloops	July 23-25
1500m	Midget	5:42.53		14	Desjarlais	Kelsey	90	U	Abbotsford	July 16-18
1500m	Midget	5:43.87		5	DeMarinis	Jessica	89	KEL	Kamloops	May 8-9
1500m	Midget	5:45.96		10	Armour	Emily	90	CVAC	Victoria	May 22-23
1500m	Midget	5:46.69		7	DePaoli	Tamara	89	VTF	Kamloops	July 23-25
1500m	Midget	5:46.7h		6	Digby	Erica	89	TBIRD	Burnaby	July 6
1500m	Midget	5:46.82		5	Hackl	Natalie	89	CROF	Surrey	April 24
1500m	Midget	5:47.18		1	Lussier	Vanessa	89	DBSS	Nanaimo	May 8-9
1500m	Midget	5:47.9h		5	Schmidt	Danielle	89	DCAC	Prince George	June 12-13
1500m	Midget	5:48.1h		1	Lussier	Vanessa	89	NAN	Duncan	June 12-13
1500m	Midget	5:48.68		11	Ling	Grace	90	KAJ	Victoria	May 22-23
1500m	Midget	5:49.27		6	Gallagher	Katrina	90	U	Kamloops	May 8-9
1500m	Midget	5:50.51		7	Martinson	Melissa	89	PGTF	Kamloops	May 8-9
1500m	Midget	5:51.2h		2	Lussier	Vanessa	89	NAN	Port Alberni	June 19-20
1500m	Midget	5:54.34		8	Forsythe	Amber	90	FP	Surrey	April 24
1500m	Midget	5:55.0h	m	8	Gallagher	Katrina	90	PEN	Penticton	July 13
1500m	Midget	5:56.78		8	Cater	Marlee	90	TER	Kamloops	May 8-9
1500m	Midget	6:00.53		5	Galavan	Erin	90	VISSA	Nanaimo	May 8-9
1500m	Midget	6:01.4h		1	Pierk	Laura	89	TRAF	Trail	May 1
1500m	Midget	6:03.60		5	Lussier	Vanessa	89	NAN	Victoria	May 22-23
1500m	Midget	6:03.7h		2	Ravensbergen	Sarah	90	CVC	Powell River	April 17
1500m	Midget	6:04.69		4	Parkinson	Kate	90	CROF	Richmond	May 8
1500m	Midget	6:05.23		10	Hales	Lori	90	TER	Kamloops	May 8-9
1500m	Midget	6:06.7h		3	DePaoli	Tamara	89	VTF	Port Alberni	June 19-20
1500m	Midget	6:08.53		15	Pierik	Laura	89	U	Abbotsford	July 16-18
1500m	Midget	6:08.4h		2	Reaka	Bethany	90	TRA	Trail	May 1
1500m	Midget	6:09.5h		3	Saarinen	Melissa	89	FSSS	Trail	May 1
1500m	Midget	6:10.49		3	Lussier	Vanessa	89	NAN	Burnaby	July 10
1500m	Midget	6:11.91		9	Parkinson	Kate	90	CROF	Surrey	April 24
1500m	Midget	6:12.60		11	Knuff	Dawn	90	REV	Kamloops	May 8-9
1500m	Midget	6:13.53		9	Ovens	Katrina	90	CHTF	Kelowna	July 4
1500m	Midget	6:18.22		12	John	Alicia	89	U	Kamloops	May 8-9
1500m	Midget	6:40.42		7	Gibbs	Jenny	89	CROF	Surrey	April 24
1500m	Midget	8:08.4h		4	Hornquist	Stephanie	89	FSSS	Trail	May 1
<b>1500m</b>	<b>Juvenile</b>									
1500m	Juvenile	4:43.04		7	Egami	Lisa	88	VR	SFU	May 8
1500m	Juvenile	4:46.03		1	Egami	Lisa	88	VR	Abbotsford	June 26-27
1500m	Juvenile	4:46.45		2	Mancell	Heather	87	CC	Abbotsford	June 26-27
1500m	Juvenile	4:47.41		7	Mancell	Heather	87	CC	Kelowna	July 4
1500m	Juvenile	4:47.5h	m	11	Griffin	August	88	KAJ	Burnaby	July 13
1500m	Juvenile	4:47.7h	m	14	Mancell	Heather	87	CC	Burnaby	July 27
1500m	Juvenile	4:48.75		3	Mancell	Heather	87	Pinetree	Burnaby	June 4-5
1500m	Juvenile	4:50.30		10	Egami	Lisa	88	VR	Sudbury, ON	August 7
1500m	Juvenile	4:51.12		1	Dennis	Stacey	87	NORW	Abbotsford	May 1
1500m	Juvenile	4:51.16		2	Mancell	Heather	87	CC	Abbotsford	May 1
1500m	Juvenile	4:51.71		1	Mancell	Heather	87	Pinetree	Burnaby	June 4-5
1500m	Juvenile	4:52.11		5	Dennis	Stacey	87	Argyle	Burnaby	June 4-5
1500m	Juvenile	4:52.31		9	Egami	Lisa	88	CC	Kelowna	July 4
1500m	Juvenile	4:53.30		5	Sweetland	Kirsten	88	Stelly's	Burnaby	June 4-5
1500m	Juvenile	4:53.71		7	Sweetland	Kirsten	88	Stelly's	Burnaby	June 4-5

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Juvenile	4:53.82		8	Cliff	Rachel	88	YORK	Burnaby	June 4-5
1500m	Juvenile	4:53.84		9	Aynsley	Samantha	87	KSS	Burnaby	June 4-5
1500m	Juvenile	4:55.9h		4	Griffin	August	88	KAJ	Burnaby	July 6
1500m	Juvenile	4:56.15		7	Mancell	Heather	87	CC	SFU	April 10
1500m	Juvenile	4:56.22		6	Dennis	Stacey	87	Argyle	Burnaby	June 4-5
1500m	Juvenile	4:56.24		8	Aynsley	Samantha	87	KSS	Burnaby	June 4-5
1500m	Juvenile	4:56.24		15	Mancell	Heather	87	CC	SFU	May 8
1500m	Juvenile	4:56.86		10	Degagne	Gabrielle	88	WJM	Burnaby	June 4-5
1500m	Juvenile	5:00.10		12	Cliff	Rachel	88	YORK	Burnaby	June 4-5
1500m	Juvenile	5:00.41		5	Cliff	Rachel	88	TBIRD	Abbotsford	June 26-27
1500m	Juvenile	5:00.90		6	Degagne	Gabrielle	88	VR	Abbotsford	June 26-27
1500m	Juvenile	5:01.27		11	Degagne	Gabrielle	88	WJM	Burnaby	June 4-5
1500m	Juvenile	5:01.53		14	Raison	Erinn	88	Penticton	Burnaby	June 4-5
1500m	Juvenile	5:01.6h		1	Aynsley	Samantha	87	KEL	Kamloops	May 8-9
1500m	Juvenile	5:04.02		2	Degagne	Gabrielle	88	CC	Kelowna	July 4
1500m	Juvenile	5:05.32		15	Griffin	August	88	KAJ	Kelowna	July 4
1500m	Juvenile	5:06.13		1	Griffin	August	88	KAJ	Victoria	May 22-23
1500m	Juvenile	5:08.18		1	Degagne	Gabrielle	88	VR	Langley	June 19-20
1500m	Juvenile	5:10.33		8	Raison	Erinn	88	PA	Abbotsford	June 26-27
1500m	Juvenile	5:11.05		18	Griffin	August	88	McRSS	Burnaby	June 4-5
1500m	Juvenile	5:11.22		3	Crawley	Megan	88	PGTF	Kelowna	July 4
1500m	Juvenile	5:11.25		4	Hay	Stephanie	88	PVTF	Kelowna	July 4
1500m	Juvenile	5:14.05		19	Hay	Stephanie	88	PV	Burnaby	June 4-5
1500m	Juvenile	5:14.54		5	Raison	Erinn	88	PA	Kelowna	July 4
1500m	Juvenile	5:16.67		20	Swift	Meghan	87	KRD	Burnaby	June 4-5
1500m	Juvenile	5:17.0h		2	Raison	Erinn	88	PA	Kamloops	May 8-9
1500m	Juvenile	5:18.06		2	Hall	Amanda	88	LM	Langley	June 19-20
1500m	Juvenile	5:19.3h		1	Crawley	Megan	88	PGTF	Prince George	June 12-13
1500m	Juvenile	5:21.42		9	Swift	Meghan	87	PGTF	Abbotsford	June 26-27
1500m	Juvenile	5:21.52		2	Clift	Justine	87	SOF	Surrey	April 24
1500m	Juvenile	5:26.9h		1	Anderson	Krystle	88	CR	Powell River	April 17
1500m	Juvenile	5:28.91		10	Gaboury	Christina	88	VTF	Abbotsford	June 26-27
1500m	Juvenile	5:29.7h		2	Gaboury	Christina	88	VTF	Powell River	April 17
1500m	Juvenile	5:29.93		2	Turnbull	Hilary	88	NAN	Victoria	May 22-23
1500m	Juvenile	5:30.98		1	Turnbull	Hilary	88	OTFC	Nanaimo	May 8-9
1500m	Juvenile	5:31.12		23	Hartwick	Rachel	88	Killarney	Burnaby	June 4-5
1500m	Juvenile	5:31.0h		2	Swift	Meghan	87	PGTF	Prince George	June 12-13
1500m	Juvenile	5:35.71		3	Gaboury	Christina	88	VTF	Victoria	May 22-23
1500m	Juvenile	5:35.8h		3	Swift	Meghan	87	PGTF	Kamloops	May 8-9
1500m	Juvenile	5:39.40		3	Hailey	Kaitlin	88	RR	Langley	June 19-20
1500m	Juvenile	5:40.82		2	Nelson	Whitney	87	DBSS	Nanaimo	May 8-9
1500m	Juvenile	5:43.92		3	Anderson	Krystle	88	CRC	Nanaimo	May 8-9
1500m	Juvenile	5:45.6h		3	Robillard	Anna	87	MSS	Prince George	June 12-13
1500m	Juvenile	5:46.30		4	Dalhuisen	Alisa	88	KAJ	Surrey	April 24
1500m	Juvenile	5:47.7h		4	Irvine	Sara	88	DCAC	Prince George	June 12-13
1500m	Juvenile	5:48.7h		4	Jones	Katrina	87	ESS	Kamloops	May 8-9
1500m	Juvenile	5:49.18		4	Dalhuisen	Alisa	88	KAJ	Victoria	May 22-23
1500m	Juvenile	5:51.57		5	Fretter	Megan	88	FV	Victoria	May 22-23
1500m	Juvenile	6:01.9h		5	Apps	Heather	88	DCAC	Prince George	June 12-13
1500m	Juvenile	6:07.8h		5	Creighton	Nikki	88	REV	Kamloops	May 8-9
1500m	Juvenile	6:10.0h		1	Palmer	Arlene	87	TRA	Trail	May 1
1500m	Juvenile	6:13.82		7	White	Alyssa	87	KEL	Kelowna	July 4
1500m	Juvenile	6:15.4h		1	Derksen	Deanne	88	CRCS	Duncan	June 12-13
1500m	Juvenile	6:18.18		4	McKay	Tamara		ADSS	Nanaimo	May 8-9
1500m	Juvenile	6:20.38		5	Koehle	Lily	88	AVTC	Nanaimo	May 8-9
1500m	Juvenile	6:23.10		8	Valois	Erin	88	GEA	Abbotsford	May 1
1500m	Juvenile	6:25.19		6	DeLisle	Sophie		DBSS	Nanaimo	May 8-9
1500m	Juvenile	6:26.98		6	Valois	Erin	88	GEA	Surrey	April 24
1500m	Juvenile	6:28.9h		1	Koehle	Lily	88	AVTF	Port Alberni	June 19-20

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Juvenile	6:45.9h		6	White	Alyssa	87	KEL	Kamloops	May 8-9
1500m	Juvenile	7:43.1h	m	11	Hattan	Andrea	88	U	Penticton	July 13
<b>1500m</b>	<b>Junior</b>									
1500m	Junior	4:28.13		1	Ballard	Carmen	86	KEL	Saskatoon	July 25
1500m	Junior	4:30.89		1	Ballard	Carmen	86	KEL	Kelowna	July 4
1500m	Junior	4:31.10		4	Elmer	Shannon	85	UBC	Burnaby	July 1
1500m	Junior	4:34.53		1	Reeve	Sabrina	85	CITY	Abbotsford	May 1
1500m	Junior	4:34.72		5	Kolstad	Kristen	86	SOF	Saskatoon	July 25
1500m	Junior	4:35.40		3	Reeve	Sabrina	85	CITY	Victoria	May 22-23
1500m	Junior	4:35.93		1	Ballard	Carmen	86	KEL	Seattle, WA	May 15
1500m	Junior	4:36.17		3	MacGregor	Meredith	85	SFU	SFU	May 8
1500m	Junior	4:36.19		2hB	Ballard	Carmen	86	KEL	Victoria	June 11
1500m	Junior	4:36.32		2	Kolstad	Kristen	86	SOF	Kelowna	July 4
1500m	Junior	4:36.34		1	Kolstad	Kristen	86	LAM	Burnaby	June 4-5
1500m	Junior	4:36.95		1	Kolstad	Kristen	86	SOF	Surrey	April 24
1500m	Junior	4:37.52		6	Elmer	Shannon	85	U	Saskatoon	July 25
1500m	Junior	4:37.83		3	Elmer	Shanon	85	UBC	Kelowna	July 4
1500m	Junior	4:37.90		2p	Ballard	Carmen	86	KEL	Saskatoon	July 23
1500m	Junior	4:38.29		1	Ballard	Carmen	86	KEL	Kelowna	June 17
1500m	Junior	4:39.68		9p	Elmer	Shannon	85	U	Saskatoon	July 23
1500m	Junior	4:39.69		4p	Kolstad	Kristen	86	SOF	Saskatoon	July 23
1500m	Junior	4:39.98		5	Reeve	Sabrina	85	CITY	SFU	May 8
1500m	Junior	4:39.10		3hB	Reeve	Sabrina	85	CITY	Victoria	June 11
1500m	Junior	4:40.42		8	Kolstad	Kristen	86	SOF	Abbotsford	June 26-27
1500m	Junior	4:44.63		6hB	MacGregor	Meredith	86	SFU	Victoria	June 11
1500m	Junior	4:44.74		21	Ouwerkerk	Melinda	85	IDAH	Berkeley, CA	April 10
1500m	Junior	4:44.8h	m	10	Taylor	Kimmy	86	KAJ	Burnaby	July 13
1500m	Junior	4:45.27		1	Elmer	Shannon	85	U	Coquitlam	June 12-13
1500m	Junior	4:48.06		2	Taylor	Kimmy	86	LBYNG	Burnaby	June 4-5
1500m	Junior	4:48.2h	m	8	Chipney	Breanna	86	GEA	Burnaby	June 15
1500m	Junior	4:49.4h	m	4	Taylor	Kimberly	86	KAJ	Burnaby	August 3
1500m	Junior	4:49.8h		2	Chipney	Breanna	86	GEA	Burnaby	July 6
1500m	Junior	4:50.20		8	Ouwerkerk	Melinda	85	IDAH	Palo Alto, CA	38072
1500m	Junior	4:50.45		11hB	Attorp	Adrienne	86	PATH	Victoria	June 11
1500m	Junior	4:51.90		4	Attorp	Adrienne	86	LP	Burnaby	June 4-5
1500m	Junior	4:51.97		11	Taylor	Kimmy	86	KAJ	Burnaby	July 1
1500m	Junior	4:52.08		1	Chipney	Breanna	86	GEA	Langley	June 19-20
1500m	Junior	4:52.15		14	Hood	Stephanie	85	PATH	SFU	May 8
1500m	Junior	4:52.91		3	Chipney	Breanna	86	GEA	Abbotsford	May 1
1500m	Junior	4:52.96		3	Attorp	Adrienne	86	LP	Burnaby	June 4-5
1500m	Junior	4:54.09		7	Taylor	Kimmy	86	LBYNG	Burnaby	June 4-5
1500m	Junior	4:54.28		13	Hood	Stephanie	85	PATH	Victoria	June 11
1500m	Junior	4:54.34		10	Taylor	Kimmy	86	KAJ	Kelowna	July 4
1500m	Junior	4:54.96		9	Hood	Stephanie	85	PATH	Victoria	May 22-23
1500m	Junior	4:55.16		2	Kolstad	Kristen	86	LAM	Burnaby	June 4-5
1500m	Junior	4:55.2h	m	13	Akeroyd	Nicole	86	KAJ	Burnaby	July 13
1500m	Junior	4:55.50		5	MacGregor	Meredith	85	SFU	SFU	April 10
1500m	Junior	4:57.63		11	Tam	Karen		DTV	Burnaby	June 4-5
1500m	Junior	4:59.23		1	Chipney	Breanna	86	GEA	Burnaby	July 10
1500m	Junior	4:59.92		12	Chipney	Breanna	86	GEA	Kelowna	July 4
1500m	Junior	5:01.10		13	Farnan	Emily		WVSS	Burnaby	June 4-5
1500m	Junior	5:02.15		15	Horsting	Kelsey		BSS	Burnaby	June 4-5
1500m	Junior	5:02.97		14	Akeroyd	Nicole	86	KAJ	Kelowna	July 4
1500m	Junior	5:05.87		16	Akeroyd	Nicole	86	LBYNG	Burnaby	June 4-5
1500m	Junior	5:07.15		1	Akeroyd	Nicole	86	KAJ	Victoria	May 22-23
1500m	Junior	5:10.92		17	Lachlan	Lauren		PM	Burnaby	June 4-5
1500m	Junior	5:11.2h		1	Nusse	Julianna	86	PGTF	Prince George	June 12-13
1500m	Junior	5:13.46		12	Tam	Karen		DTV	Burnaby	June 4-5

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Junior	5:16.97		21	Tegart	Laurel		DTI	Burnaby	June 4-5
1500m	Junior	5:24.04		22	Murray	Jennifer		WJM	Burnaby	June 4-5
1500m	Junior	5:25.52		18	Berardo	Casey	86	NORW	Kelowna	July 4
1500m	Junior	5:31.58		24	Cabrera	Naiely		Cambie	Burnaby	June 4-5
1500m	Junior	5:37.01		25	Chavez	Tania	86	Victoria	Burnaby	June 4-5
1500m	Junior	6:14.4h		1	Vandenbogerd	Nadine	86	FSSS	Trail	May 1
<b>1500m</b>	<b>Senior</b>									
1500m	Senior	4:02.64		4	Elmore	Malindi	80	ASIC	Rome, ITA	July 2
1500m	Senior	4:04.06		3	Elmore	Malindi	80	ASIC	Eugene, OR	June 19
1500m	Senior	4:04.51		1	Elmore	Malindi	80	ASIC	Victoria	July 11
1500m	Senior	4:06.92		3	Vermeulen	Katie	77	PATH	Victoria	July 11
1500m	Senior	4:07.13		2	Vermeulen	Katie	77	PATH	Carson, CA	May 22
1500m	Senior	4:07.42		3	Vermeulen	Katie	77	PATH	Zagreb, CRO	June 29
1500m	Senior	4:07.58		6	Vermeulen	Katie	77	PATH	Eugene, OR	June 19
1500m	Senior	4:07.60		3	Malindi	Elmore	80	ASIC	Carson, CA	May 22
1500m	Senior	4:08.18		9h1	Babcock	Courtney	72	U	Athens, GRE	August 24
1500m	Senior	4:08.88		1	Vermeulen	Katie	77	PATH	Palo Alto, CA	May 30-31
1500m	Senior	4:09.48		4	Elmore	Malindi	80	U	Gateshead, GB	June 27
1500m	Senior	4:09.57		3	Elmore	Malindi	80	ASIC	Palo Alto, CA	May 30-31
1500m	Senior	4:09.73		1	Elmore	Malindi	80	ASIC	Walnut, CA	Apr 16-18
1500m	Senior	4:09.81		10h2	Elmore	Malindi	80	ASIC	Athens, GRE	August 24
1500m	Senior	4:09.85		1	Elmore	Malindi	80	ASIC	Palo Alto, CA	Apr30-May1
1500m	Senior	4:10.52		1	Cummins	Diane	74	NIKE	Victoria	June 11
1500m	Senior	4:10.66		2	Vermeulen	Katie	77	TOT	Palo Alto, CA	Apr30-May1
1500m	Senior	4:10.68		10	Vermeulen	Katie	77	PATH	Villeneuve, FR	June 26
1500m	Senior	4:11.80		7	Lynch-Pounds	Vicky	70	U	Palo Alto, CA	May 30-31
1500m	Senior	4:12.21		9	Babcock	Courtney	72	U	Palo Alto, CA	May 30-31
1500m	Senior	4:12.35		4	Inman	Courtney	80	VR	Palo Alto, CA	Apr30-May1
1500m	Senior	4:13.56		6	Inman	Courtney	80	VR	Walnut, CA	Apr 16-18
1500m	Senior	4:13.65		4	Babcock	Courtney	72	U	Victoria	July 11
1500m	Senior	4:15.87		5	Lynch-Pounds	Vicky	70	U	Victoria	June 11
1500m	Senior	4:16.73		8	Lynch-Pounds	Vicky	70	U	Victoria	July 11
1500m	Senior	4:16.91		14	Babcock	Courtney	72	U	Eugene, OR	June 19
1500m	Senior	4:20.2h	m	10	Inman	Courtney	80	VR	Burnaby	July 20
1500m	Senior	4:21.26		2	Hennigar	Heather	73	PATH	Abbotsford	June 26-27
1500m	Senior	4:21.72		6	Butler	Margaret	78	KAJ	Eugene, OR	April 24
1500m	Senior	4:23.90		10	Inman	Courtney	80	VR	Victoria	July 11
1500m	Senior	4:24.0h	m	9	Inman	Courtney	80	VR	Burnaby	July 27
1500m	Senior	4:24.82		3	Lynch-Pounds	Vicky	70	MWTC	Modesto, CA	38115
1500m	Senior	4:26.46		1	Butler	Margaret	78	KAJ	Claremont, CA	April 16
1500m	Senior	4:27.09		2	Mills	Stephanie	77	PATH	Burnaby	July 1
1500m	Senior	4:27.87		1	Butler	Margaret	78	KAJ	LongBeach, CA	April 17
1500m	Senior	4:28.32		1	Thibodeau	Melina	71	PATH	Victoria	May 22-23
1500m	Senior	4:28.77		2	Mills	Stephanie	77	PATH	Victoria	May 22-23
1500m	Senior	4:29.66		3	Bulter	Margret	78	UBC	Abbotsford	June 26-27
1500m	Senior	4:31.71		10	Thibedeau	Melina	71	PATH	Palo Alto, CA	Apr30-May1
1500m	Senior	4:32.3h		1	Johnstone	Rebecca	84	SFU	Burnaby	July 6
1500m	Senior	4:32.40		5	Johnstone	Rebecca	84	SFU	Burnaby	July 1
1500m	Senior	4:32.72		1	Thibedeau	Melina	71	PATH	SFU	May 8
1500m	Senior	4:33.12		13	Johnstone	Rebecca	84	SFU	Victoria	July 11
1500m	Senior	4:33.26		3	Johnstone	Rebecca	84	SFU	Eugene, OR	April 24
1500m	Senior	4:33.94		2	Mills	Stephanie	77	PATH	SFU	May 8
1500m	Senior	4:34.78		5	Klassen	Marcie	71	U	Eugene, OR	April 24
1500m	Senior	4:35.65		1hB	Johnstone	Rebecca	84	SFU	Victoria	June 11
1500m	Senior	4:36.37		6	Wodak	Natasha	81	SFU	Eugene, OR	April 24
1500m	Senior	4:36.62		15	Thibodeau	Melina	71	PATH	Victoria	July 11
1500m	Senior	4:36.87		4	Klassen	Marcie	71	U	SFU	May 8
1500m	Senior	4:38.12		7	Thibodeau	Melina	71	PATH	Abbotsford	June 26-27

Event	Age	Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Senior		4:39.09		1	Wodak	Natasha	81	SFU	SFU	April 10
1500m	Senior		4:40.2h	m	9	Mark	Michelle	83	TBIRD	Burnaby	July 13
1500m	Senior		4:40.77		4	Burley	Leah	83	PATH	Victoria	May 22-23
1500m	Senior		4:41.49		5	Evans	Tiffany	74	PATH	Victoria	May 22-23
1500m	Senior		4:41.54		14	Thibedeau	Melina	71	PATH	Victoria	June 11
1500m	Senior		4:41.79		4hB	Evans	Tiffany	74	PATH	Victoria	June 11
1500m	Senior		4:41.86		9	Evans	Tiffany	74	PATH	Abbotsford	June 26-27
1500m	Senior		4:41.93		9	Mark	Michelle	83	UBC	Burnaby	July 1
1500m	Senior		4:42.25		6	Fedoruk	Nancy	82	PATH	Victoria	May 22-23
1500m	Senior		4:42.32		6	Wodak	Natasha	81	SFU	SFU	May 8
1500m	Senior		4:43.48		5hB	Fedoruk	Nancy	82	PATH	Victoria	June 11
1500m	Senior		4:43.79		94	Wodak	Natasha	81	SFU	Walnut, CA	Apr 16-18
1500m	Senior		4:44.29		7	Ramage	Liz	81	PATH	Victoria	May 22-23
1500m	Senior		4:44.43		3	Mark	Michelle	83	UBC	Seattle, WA	May 15
1500m	Senior		4:44.56		8	Ambery	Celia	83	UBC	SFU	May 8
1500m	Senior		4:44.66		2	Ambery	Celia	83	UBC	Bellingham	April 3
1500m	Senior		4:44.71		9	Rendell	Alison	76	KAJ	SFU	May 8
1500m	Senior		4:45.01		8	Burley	Heather	83	PATH	Victoria	May 22-23
1500m	Senior		4:45.22		2	Mark	Michelle	83	TBIRD	Kelowna	July 4
1500m	Senior		4:46.01		7hB	Mark	Michelle	83	TBIRD	Victoria	June 11
1500m	Senior		4:46.36		2	McEwen	Heather	81	KAJ	SFU	April 10
1500m	Senior		4:47.10		11	Fedoruk	Nancy	82	PATH	Abbotsford	June 26-27
1500m	Senior		4:47.22		8hB	Ramage	Liz	81	PATH	Victoria	June 11
1500m	Senior		4:47.67		10	Ramage	Liz	81	PATH	SFU	May 8
1500m	Senior		4:47.68		10	Ambery	Celia	83	UBC	Burnaby	July 1
1500m	Senior		4:47.73		9hB	Burley	Heather	83	PATH	Victoria	June 11
1500m	Senior		4:47.81		11	Fedoruk	Nancy	82	PATH	SFU	May 8
1500m	Senior		4:47.89		3	Boulin	Justine	83	SFU	SFU	April 10
1500m	Senior		4:48.16		11	Ambery	Celia	83	UBC	LongBeach, CA	April 17
1500m	Senior		4:48.26		12	Burley	Heather	83	PATH	SFU	May 8
1500m	Senior		4:48.57		12	Wodak	Natasha	81	SFU	Abbotsford	June 26-27
1500m	Senior		4:48.74		10hB	Gilgunn	Lyz		PATH	Victoria	June 11
1500m	Senior		4:48.82		13	Burley	Heather	83	PATH	Abbotsford	June 26-27
1500m	Senior		4:50.44		6h1	Ambery	Celia	83	UBC	Louisville, KY	May 27-29
1500m	Senior		4:50.71		19	Ambery	Celia	83	UBC	Eugene, OR	April 24
1500m	Senior		4:51.26		13	Boulin	Justine	83	SFU	SFU	May 8
1500m	Senior		4:51.49		21	Boulin	Justine	83	SFU	Eugene, OR	April 24
1500m	Senior		4:52.1h		3	Boulin	Justine	83	SFU	Edmonds, WA	Mar 27
1500m	Senior		4:52.75		12hB	Boulin	Justine	83	SFU	Victoria	June 11
1500m	Senior		4:56.50		10	Gilgunn	Lyz		PATH	Victoria	May 22-23
1500m	Senior		4:56.70		16	Gilgunn	Sarah	84	PATH	SFU	May 8
1500m	Senior		4:57.07		14hB	Fedoruk	Karen	82	PATH	Victoria	June 11
1500m	Senior		4:57.1h	m	15	Carpenter	Kristin	82	UBC	Burnaby	July 27
1500m	Senior		5:00.1h	m	9h2	Carpenter	Kristin	82	UBC	Burnaby	June 29
1500m	Senior		5:00.6h	m	17	Blakefield	Corina	74	VFAC	Burnaby	July 27
1500m	Senior		5:01.00		8	Carpenter	Kristin	82	UBC	SFU	April 10
1500m	Senior		5:03.42		11	Fedoruk	Karen	82	PATH	Victoria	May 22-23
1500m	Senior		5:04.1h	m	6	Everton	Nicola	65	VFAC	Burnaby	August 3
1500m	Senior		5:04.35		17	Fedoruk	Karen	82	PATH	SFU	May 8
1500m	Senior		5:07.36		1	Everton	Nicola	65	VFAC	Calgary	July 17-18
1500m	Senior		5:09.63		15	Fedoruk	Karen	82	PATH	Abbotsford	June 26-27
1500m	Senior		5:09.64		18	Carpenter	Kristin	82	UBC	SFU	May 8
1500m	Senior		5:10.6h		11	Geisreiter	Christine	83	SFU	Edmonds, WA	Mar 27
1500m	Senior		5:17.34		9	Geisreiter	Christine	83	SFU	SFU	April 10
1500m	Senior		5:42.98		1	Holm	Karin		U	Nanaimo	May 8-9
1500m	Senior		6:28.6h	m	4	Suter	Christine	68	U	Penticton	July 20
1500m	Senior		6:30.2h	m	7	Loo	Nancy	79	U	Burnaby	Aug 10
<b>1500m</b>	<b>Masters</b>										

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Masters	7:02.05		2	Montgomery	Lenore	30	CAP	Calgary	July 17-18
1500m	Masters	7:12.25		1	Saunders	Barbara	39	U	Calgary	July 17-18
<b>1600m</b>										
<b>1600m</b>	<b>Midget</b>									
1600m	Midget	5:58.45		20h2	Spurr	Hayley	90	HSS	Gresham, OR	April 24
<b>1600m</b>	<b>Juvenile</b>									
1600m	Juvenile	5:17.55		9h3	Dennis	Stacey	87	HSS	Gresham, OR	April 24
1600m	Juvenile	5:39.72		11h2	Degagne	Gabrielle	88	ABFD	Gresham, OR	April 24
<b>1600m</b>	<b>Junior</b>									
1600m	Junior	4:57.46		1	Ballard	Carmen	86	OMS	Snohomish, WA	Apr 24
<b>Mile</b>	<b>Senior</b>									
Mile	Senior	5:35.31		2	Everton	Nicola	65	VFAC	Richmond	June 23
<b>Mile</b>	<b>Masters</b>									
Mile	Masters	5:17.78		1	de St. Croix	Maureen	53	KAJ	Richmond	June 23
<b>3000m</b>										
<b>3000m</b>	<b>Midget</b>									
3000m	Midget	10:37.13		1	Lotnick	Samantha	89	LM	Abbotsford	July 16-18
3000m	Midget	10:42.14		6	Lotnick	Samantha	89	BSS	Burnaby	June 4-5
3000m	Midget	10:57.03		1	Lotnick	Samantha	89	LM	Kamloops	July 23-25
3000m	Midget	10:57.66		2	Farnan	Emily	89	U	Abbotsford	July 16-18
3000m	Midget	11:00.21		3	Mitic	Laura	89	VTF	Abbotsford	July 16-18
3000m	Midget	11:00.31		4	Olleck	Cali	89	U	Abbotsford	July 16-18
3000m	Midget	11:08.42		1	Mitic	Laura	89	CSS	Victoria	May 22-23
3000m	Midget	11:19.36		5	Mclvor	Hayley	90	U	Abbotsford	June 26-27
3000m	Midget	11:19.82		1	Olleck	Cali	89	REV	Kelowna	July 2
3000m	Midget	11:26.84		5	Mclvor	Hayley	90	U	Abbotsford	July 16-18
3000m	Midget	11:27.76		1	Andrews	Kalee	90	VTF	Victoria	May 22-23
3000m	Midget	11:28.17		6	Andrew	Kalee	90	VTF	Abbotsford	July 16-18
3000m	Midget	11:28.93		1	Mclvor	Hayley	90	U	Langley	June 19-20
3000m	Midget	11:31.6h		1	Mitic	Laura	89	VTF	Port Alberni	June 19-20
3000m	Midget	11:33.71		1	Andrew	Kalee	90	VTF	Nanaimo	May 8-9
3000m	Midget	11:36.07		1	Olleck	Cali	89	REV	Kamloops	May 8-9
3000m	Midget	11:38.14		19	Garrison	Alyssa	90	Argyle	Burnaby	June 4-5
3000m	Midget	11:41.71		2	Riva	Lauren	90	OSS	Victoria	May 22-23
3000m	Midget	11:50.31		2	Digby	Erica	89	TBIRD	Kamloops	July 23-25
3000m	Midget	11:51.21		22	Rose	Courtney	89	PRM	Burnaby	June 4-5
3000m	Midget	11:53.60		3	Lee	Andrea	90	CVC	Victoria	May 22-23
3000m	Midget	11:57.17		2	Riva	Lauren	90	OTF	Nanaimo	May 8-9
3000m	Midget	11:57.21		23	Desjarlais	Kelsey	90	Garibaldi	Burnaby	June 4-5
3000m	Midget	11:58.91		7	Desjarlais	Kelsey	90	U	Abbotsford	July 16-18
3000m	Midget	12:00.39		8	Digby	Erica	89	TBIRD	Abbotsford	July 16-18
3000m	Midget	12:00.69		9	Riva	Lauren	90	OTF	Abbotsford	July 16-18
3000m	Midget	12:00.98		1	Arden	Courtney	90	VR	Kamloops	July 23-25
3000m	Midget	12:01.45		10	Schmidt	Danielle	89	U	Abbotsford	July 16-18
3000m	Midget	12:01.2h		1	Lee	Andrea	90	CVC	Port Alberni	June 19-20
3000m	Midget	12:01.6h		1	Lee	Andrea	90	CVC	Duncan	June 12-13
3000m	Midget	12:01.75		3	Lee	Andrea	90	CVC	Nanaimo	May 8-9
3000m	Midget	12:01.82		2	Stanley	Roxanne	89	CHTF	Kelowna	July 2
3000m	Midget	12:02.18		1	Foster	Alexi	90	WG	Surrey	April 24
3000m	Midget	12:03.39		1	Riva	Lauren	90	OTF	Kelowna	July 3
3000m	Midget	12:03.45		2	Amos	Jennifer	90	HLTF	Kamloops	May 8-9

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
3000m	Midget	12:10.94		3	Rose	Courtney	89	PA	Kamloops	May 8-9
3000m	Midget	12:12.4h		1	Palibroda	Emily	89	SZTF	Prince George	June 12-13
3000m	Midget	12:12.4h		1	Lee	Andra	90	CVAC	Powell River	April 17
3000m	Midget	12:12.57		4	Kits	Rebecca	90	LM	Victoria	May 22-23
3000m	Midget	12:16.10		11	VanSoeren	Melani	89	U	Abbotsford	July 16-18
3000m	Midget	12:16.79		3	Warwick	Heather	90	KAJ	Abbotsford	May 1
3000m	Midget	12:17.40		2	McDougal	Courtney	90	VR	Langley	June 19-20
3000m	Midget	12:20.84		5	SantaCruz	Stephanie	90	KAJ	Victoria	May 22-23
3000m	Midget	12:21.18		2	Kits	Rebecca	90	LM	Kamloops	July 23-25
3000m	Midget	12:23.47		6	Armour	Emily	90	CVAC	Victoria	May 22-23
3000m	Midget	12:24.0h		2	Riva	Lauren	90	OTF	Port Alberni	June 19-20
3000m	Midget	12:24.7h		2	Riva	Lauren	90	OTF	Powell River	April 17
3000m	Midget	12:28.32		12	Amos	Jennifer	90	U	Abbotsford	July 16-18
3000m	Midget	12:28.69		1	Kits	Rebecca	90	LM	Coquitlam	June 12-13
3000m	Midget	12:29.2h		1	Lussier	Vanessa	89	NAN	Duncan	June 12-13
3000m	Midget	12:29.35		3	Daviel	Melisendra	90	KAJ	Kamloops	July 23-25
3000m	Midget	12:29.98		1	McDougal	Courtney	90	VR	Burnaby	July 10
3000m	Midget	12:30.7h		2	Riva	Lauren	90	OTF	Duncan	June 12-13
3000m	Midget	12:31.2h		2	Schmidt	Danielle	89	DCAC	Prince George	June 12-13
3000m	Midget	12:32.81		1	Kits	Rebecca	90	LM	Langley	June 19-20
3000m	Midget	12:33.23		2	Amos	Jennifer	90	HSS	Kelowna	July 3
3000m	Midget	12:36.18		13	Forseille	Angela	90	U	Abbotsford	July 16-18
3000m	Midget	12:41.59		2	Daviel	Melisendra	90	KAJ	Burnaby	July 10
3000m	Midget	12:42.03		4	Reaka	Bethany	90	TRA	Kamloops	July 23-25
3000m	Midget	12:43.74		1	Lussier	Vanessa	89	NAN	Burnaby	July 10
3000m	Midget	12:45.50		14	Pierik	Laura	89	U	Abbotsford	July 16-18
3000m	Midget	12:49.15		15	Pellow	Morgan	90	U	Abbotsford	July 16-18
3000m	Midget	12:49.35		5	Amos	Jennifer	90	U	Kamloops	July 23-25
3000m	Midget	12:56.9h		2	Lussier	Vanessa	89	NAN	Port Alberni	June 19-20
3000m	Midget	13:24.92		16	Reaka	Bethany	90	TRA	Abbotsford	July 16-18
3000m	Midget	13:40.5h		1	Forseille	Angela	90	WL	Prince George	June 12-13
3000m	Midget	13:42.29		6	Riva	Lauren	90	OTF	Kamloops	July 23-25
3000m	Midget	14:19.25		4	Hales	Lori	90	TER	Kamloops	May 8-9
<b>3000m</b>	<b>Juvenile</b>									
3000m	Juvenile	10:21.99		3	Sweetland	Kirsten	88	Stelly's	Burnaby	June 4-5
3000m	Juvenile	10:29.43		5	Cliff	Rachel	88	YORK	Burnaby	June 4-5
3000m	Juvenile	10:40.37		6	Griffin	August	88	KAJ	Kelowna	July 2
3000m	Juvenile	10:44.1h	m	5	Griffin	August	88	KAJ	Burnaby	August 3
3000m	Juvenile	10:44.87		10	Griffin	August	88	KAJ	Richmond	June 23
3000m	Juvenile	10:46.10		1	Cliff	Rachel	88	TBIRD	Abbotsford	June 26-27
3000m	Juvenile	10:49.35		2	Griffin	August	88	KAJ	Abbotsford	June 26-27
3000m	Juvenile	10:51.08		9	Griffin	August	88	McRSS	Burnaby	June 4-5
3000m	Juvenile	10:58.17		1	Appelt	Melissa	87	SOF	Surrey	April 24
3000m	Juvenile	11:15.35		16	Hall	Amanda	88	HDS	Burnaby	June 4-5
3000m	Juvenile	11:23.20		1	Hall	Amanda	88	LM	Abbotsford	May 1
3000m	Juvenile	11:43.57		1	Hay	Stephanie	88	PLV	Kamloops	May 8-9
3000m	Juvenile	12:02.99		24	Hartwick	Rachel	88	Killarney	Burnaby	June 4-5
3000m	Juvenile	12:08.7h		1	Gaboury	Christina	88	VTF	Powell River	April 17
3000m	Juvenile	12:13.3h		1	Carlson	Charlane	88	NAN	Port Alberni	June 19-20
3000m	Juvenile	12:18.1h		1	Robillard	Anna	87	MSS	Prince George	June 12-13
3000m	Juvenile	12:25.29		1	Gaboury	Christina	88	VTF	Victoria	May 22-23
3000m	Juvenile	12:28.65		1	Adrian	Melissa	88	BRKW	Surrey	April 24
3000m	Juvenile	12:46.97		2	Jones	Katrina	87	ESS	Kamloops	May 8-9
3000m	Juvenile	12:58.39		26	Ross	Emily	88	MTE	Burnaby	June 4-5
3000m	Juvenile	13:06.82		3	Flick	Kali	87	PGTF	Kamloops	May 8-9
3000m	Juvenile	13:19.18		4	Creighton	Nikki	88	REV	Kamloops	May 8-9
3000m	Juvenile	14:16.3h		2	Koehle	Lily	88	AVTF	Port Alberni	June 19-20
3000m	Juvenile	14:37.26		2	Koehle	Lily	88	AVTF	Victoria	May 22-23

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
3000m	Juvenile	14:45.40		1	Koehle	Lily	88	AVTF	Nanaimo	May 8-9
<b>3000m</b>	<b>Junior</b>									
3000m	Junior	9:37.96		2	Ballard	Carmen	86	KEL	Saskatoon	July 24
3000m	Junior	9:50.14		1	Ballard	Carmen	86	KCSS	Burnaby	June 4-5
3000m	Junior	9:53.35		1	Ballard	Carmen	86	KEL	Kelowna	July 2
3000m	Junior	10:12.53		2	Kolstad	Kristen	86	LAM	Burnaby	June 4-5
3000m	Junior	10:25.16		4	Bilsbarrow	Chelsea		Equimalt	Burnaby	June 4-5
3000m	Junior	10:26.3h	m	3	Akeroyd	Nicole	86	KAJ	Burnaby	August 3
3000m	Junior	10:42.75		7	Akeroyd	Nicole	86	LBYNG	Burnaby	June 4-5
3000m	Junior	10:43.61		8	Taylor	Kimmy	86	LBYNG	Burnaby	June 4-5
3000m	Junior	10:45.76		16h2	Berardo	Casey	86	HSS	Gresham, OR	April 24
3000m	Junior	10:50.59		3	Taylor	Kimmy	86	KAJ	Abbotsford	June 26-27
3000m	Junior	10:53.49		10	Salli	Rochelle		WG	Burnaby	June 4-5
3000m	Junior	10:53.79		4	Akeroyd	Nicole	86	KAJ	Abbotsford	June 26-27
3000m	Junior	10:54.89		8	Taylor	Kimmy	86	KAJ	Kelowna	July 2
3000m	Junior	10:55.05		11	Gonzales	Bianca		FH	Burnaby	June 4-5
3000m	Junior	10:59.18		12	Rawldys	Kayla		EMSS	Burnaby	June 4-5
3000m	Junior	11:05.19		13	Murray	Jennifer		WJM	Burnaby	June 4-5
3000m	Junior	11:05.96		14	Berardo	Casey	86	Argyle	Burnaby	June 4-5
3000m	Junior	11:12.98		9	Akeroyd	Nicole	86	KAJ	Kelowna	July 2
3000m	Junior	11:15.16		15	Mustfelt	Taralyn		CSS	Burnaby	June 4-5
3000m	Junior	11:15.35		16	Murray	Danielle		WJM	Burnaby	June 4-5
3000m	Junior	11:24.56		18	Edmileo	Sara		REM	Burnaby	June 4-5
3000m	Junior	11:32.51		6	Berado	Casey	86	NORW	Abbotsford	June 26-27
3000m	Junior	11:41.57		20	Forsman	Karen		Moscrop	Burnaby	June 4-5
3000m	Junior	11:42.45		21	Chavez	Tania	86	Victoria	Burnaby	June 4-5
3000m	Junior	11:55.78		1	Keen	Robyn	86	Correliou	Kamloops	May 8-9
3000m	Junior	13:06.04		29	McLellan	Megan		STM	Burnaby	June 4-5
3000m	Junior	10:17.0h		4	Hood	Stephanie	85	PATH	Victoria	June 3
<b>3000m</b>	<b>Senior</b>									
3000m	Senior	8:52.63		9	Babcock	Courtney	72	U	Stockholm, SWE	July 27
3000m	Senior	9:31.31	m	5	Mills	Stephanie	77	PATH	Victoria	July 3
3000m	Senior	9:36.6h		1	Brych	Barbara	70	PIH	Victoria	June 3
3000m	Senior	9:37.4h		2	Mills	Stephanie	77	PATH	Victoria	June 3
3000m	Senior	9:51.16		4	Rendell	Alison	76	KAJ	Richmond	June 23
3000m	Senior	9:52.0h		1	Butler	Margaret	78	KAJ	Edmonds, WA	Mar 27
3000m	Senior	9:55.4h	m	2	Rendell	Alison	76	KAJ	Burnaby	June 29
3000m	Senior	10:01.7h		3	Evans	Tiffany	74	PATH	Victoria	June 3
3000m	Senior	10:04.26		2	Wodak	Natasha	81	SFU	Seattle, WA	May 15
3000m	Senior	10:22.6h		2	Ambery	Celia	83	UBC	Edmonds, WA	Mar 27
3000m	Senior	10:30.5h	m	6	Carpenter	Kristin	82	UBC	Burnaby	July 20
3000m	Senior	10:32.67		8	Carpenter	Kristin	82	UBC	Richmond	June 23
3000m	Senior	11:14.53		1	McLean	Desneige	79	NAN	Nanaimo	May 8-9
3000m	Senior	17:59.9h	m	3	Noonan	Kathy	65	U	Penticton	August 10
<b>3000m</b>	<b>Masters</b>									
3000m	Masters	10:44.7h	m	1	Fudge	Paula	52	WSEH	Penticton	August 10
3000m	Masters	13:50.3h	m	2	Dickie	Simone	49	U	Penticton	August 10
<b>5000m</b>										
<b>5000m</b>	<b>Junior</b>									
5000m	Junior	17:36.87		3	MacAlister	Mandy	85	IDAH	Berkeley, CA	April 10
5000m	Junior	20:04.78		11	Cliff	Amanda	85	SFU	Bellingham	April 3
<b>5000m</b>	<b>Senior</b>									
5000m	Senior	15:46.62		3	Babcock	Courtney	72	U	Victoria	July 9

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
5000m	Senior	15:47.35		16h2	Babcock	Courtney	72	U	Athens, GRE	August 20
5000m	Senior	15:56.68		4	Smith	Lucy	67	U	Victoria	July 9
5000m	Senior	16:00.20		3	Smith	Lucy	67	U	Abbotsford	June 26-27
5000m	Senior	16:00.21		9	Babcock	Courtney	72	U	Palo Alto, CA	April 30
5000m	Senior	16:02.02		1	Smith	Lucy	67	PACS	Victoria	June 11
5000m	Senior	16:28.50		7	Mills	Stephanie	77	PATH	Victoria	July 9
5000m	Senior	16:34.87		4	Mills	Stephanie	77	PATH	Victoria	June 11
5000m	Senior	16:37.34		1	Rendell	Alison	76	KAJ	Eugene, OR	April 24
5000m	Senior	16:39.53		8	Rendell	Alison	76	KAJ	Victoria	July 9
5000m	Senior	17:03.18		31	Wodak	Natasha	81	SFU	Walnut, CA	Apr 16-18
5000m	Senior	17:03.71		6	Brych	Barbara	70	PIH	Victoria	June 11
5000m	Senior	17:04.1h m		2	Brych	Barbora	70	PIH	Burnaby	June 15
5000m	Senior	17:04.65		2	Rendell	Alison	76	KAJ	Seattle, WA	June 20
5000m	Senior	17:18.91		1	Wodak	Natasha	81	SFU	Bellingham	April 3
5000m	Senior	17:29.76		44	Boulin	Justine	83	SFU	Walnut, CA	Apr 16-18
5000m	Senior	17:52.32		5	Montgomery	Darcie	69	HH	Abbotsford	June 26-27
5000m	Senior	17:54.77		5	Wodak	Natasha	81	SFU	Louisville, KY	May 27-29
5000m	Senior	17:55.06		5	Montgomery	Darcie	69	U	Seattle, WA	June 20
5000m	Senior	17:56.31		6	Ambery	Celia	83	UBC	Louisville, KY	May 27-29
5000m	Senior	17:57.97		5	Ambery	Celia	83	UBC	Claremont, CA	April 16
5000m	Senior	18:21.31		2	Boulin	Justine	83	SFU	Bellingham	April 3
5000m	Senior	18:31.6h		3	Carpenter	Kristin	82	UBC	Edmonds, WA	Mar 27
5000m	Senior	18:36.34		4	Carpenter	Kristin	82	UBC	Bellingham	April 3
5000m	Senior	18:40.14		11	Carpenter	Kristin	82	UBC	LongBeach, CA	April 17
5000m	Senior	19:08.17		21	Boulin	Justine	83	SFU	Louisville, KY	May 27-29
<b>5000m</b>	<b>Masters</b>									
5000m	Masters	25:41.36		1	Montgomery	Lenore	30	CAP	Calgary	July 17-18
5000m	Masters	26:46.39		1	Wilson	Leanne	63	U	Kamloops	May 8-9
<b>10000m</b>										
<b>10000m</b>	<b>Senior</b>									
10000m	Senior	32:46.84		13	Smith	Lucy	67	PACS	Palo Alto, CA	Apr30-May1
10000m	Senior	32:59.21		3	Smith	Lucy	67	PACS	Burnaby	June 5
10000m	Senior	34:32.57		10	Rendell	Alison	76	KAJ	Burnaby	June 5
10000m	Senior	38:43.17		12	Dunn	Carla	70	U	Burnaby	June 5
<b>1500m</b>	<b>Steeplechase</b>									
<b>1500mS/C</b>	<b>Midget</b>									
1500mS/C	Midget	5:07.98		1	Lotnick	Samantha	89	LM	Abbotsford	July 16-18
1500mS/C	Midget	5:17.58		1	Groenewoud	Chantelle	89	NORW	Kamloops	July 23-25
1500mS/C	Midget	5:18.43		1	Groenewoud	Chantelle	89	NORW	Burnaby	July 11
1500mS/C	Midget	5:21.96		2	Smith	Jessica	89	NORW	Abbotsford	July 16-18
1500mS/C	Midget	5:24.81		5	Groenewoud	Chantelle	89	HSS	Burnaby	June 4-5
1500mS/C	Midget	5:26.32		1	Crofts	Helen	90	WVAN	Kamloops	July 23-25
1500mS/C	Midget	5:27.94		2	Smith	Jessica	89	NORW	Burnaby	July 11
1500mS/C	Midget	5:31.74		3	Vogt	Emma	90	BBY	Abbotsford	July 16-18
1500mS/C	Midget	5:32.08		1	Lotnick	Samantha	89	LM	Langley	June 19-20
1500mS/C	Midget	5:32.15		4	Andrew	Kalee	90	VTF	Abbotsford	July 16-18
1500mS/C	Midget	5:35.16		5	Palibroda	Emily	89	U	Abbotsford	July 16-18
1500mS/C	Midget	5:40.20		6	Lee	Andrea	90	CVC	Abbotsford	July 16-18
1500mS/C	Midget	5:43.83		7	Lukac	Larissa	89	DCAC	Abbotsford	July 16-18
1500mS/C	Midget	5:44.62		1	Andrews	Kalee	90	VTF	Victoria	May 22-23
1500mS/C	Midget	5:45.31		10	Palibroda	Emily	89	BBOW	Burnaby	June 4-5
1500mS/C	Midget	5:49.04		2	Lee	Andrea	90	CVC	Victoria	May 22-23
1500mS/C	Midget	5:49.25		8	Tegart	Laurel	89	U	Abbotsford	July 16-18
1500mS/C	Midget	5:57.1h		1	Palibroda	Emily	89	SZTF	Prince George	June 12-13

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500mS/C	Midget	5:57.43		1	Andrew	Kalee	90	VTF	Nanaimo	May 8-9
1500mS/C	Midget	5:59.57		9	Arden	Courtney		U	Abbotsford	July 16-18
1500mS/C	Midget	6:01.71		10	Bullivant	Kelly	89	LM	Abbotsford	July 16-18
1500mS/C	Midget	6:03.76		1	Ensor	Haley	89	CVC	Victoria	May 22-23
1500mS/C	Midget	6:04.6h		2	Lukac	Larissa	89	DCAC	Prince George	June 12-13
1500mS/C	Midget	6:04.59		2	Moerman	Marit	89	Mei	Victoria	May 22-23
1500mS/C	Midget	6:05.86		2	Arden	Courtney	90	VR	Kamloops	July 23-25
1500mS/C	Midget	6:11.12		11	Hay	Kirsten	89	U	Abbotsford	July 16-18
1500mS/C	Midget	6:11.76		2	Bullivant	Kelly	89	LM	Langley	June 19-20
1500mS/C	Midget	6:12.29		1	Olleck	Cali	89	REV	Kamloops	May 8-9
1500mS/C	Midget	6:13.12		3	Kampen	Aleah	90	Mei	Victoria	May 22-23
1500mS/C	Midget	6:13.36		3	French	Leah	89	Mei	Victoria	May 22-23
1500mS/C	Midget	6:16.94		1	McDougall	Courtney	90	VR	Burnaby	July 11
1500mS/C	Midget	6:19.91		2	Douglas	Meaghan	90	VISSA	Nanaimo	May 8-9
1500mS/C	Midget	6:20.86		3	Daviel	Melisendra	90	KAJ	Kamloops	July 23-25
1500mS/C	Midget	6:24.22		2	Hay	Kirsten	89	PLV	Kamloops	May 8-9
1500mS/C	Midget	6:25.15		2	Bullivant	Kelly	89	WG	Richmond	May 8
1500mS/C	Midget	6:25.99		1	Vogt	Emma	90	BS	Langley	June 19-20
1500mS/C	Midget	6:30.3h		1	Forseille	Angela	90	WL	Prince George	June 12-13
1500mS/C	Midget	6:31.99		4	Behan	Tanya	90	PR	Victoria	May 22-23
1500mS/C	Midget	6:39.02		4	Behan	Tanya	90	PR	Kamloops	July 23-25
1500mS/C	Midget	6:39.03		2	Daviel	Melisendra	90	KAJ	Burnaby	July 11
1500mS/C	Midget	6:43.8h		1	Behan	Tanya	90	PR	Duncan	June 12-13
1500mS/C	Midget	6:49.81		3	Behan	Tanya	90	PRTC	Nanaimo	May 8-9
1500mS/C	Midget	7:10.26		3	Knuff	Dawn	90	REV	Kamloops	May 8-9
1500mS/C	Midget	7:12.20		4	Trenholm	Stephanie	90	CRC	Nanaimo	May 8-9
1500mS/C	Midget	7:20.5h		2	Pitkethly	Koren	90	MSS	Prince George	June 12-13
1500mS/C	Midget	7:22.2h		3	Wright	Jessica	90	MSS	Prince George	June 12-13
<b>1500mS/C</b>	<b>Juvenile</b>									
1500mS/C	Juvenile	5:03.71		1	Appelt	Melissa	87	HCSS	Burnaby	June 4-5
1500mS/C	Juvenile	5:05.87		1	Appelt	Melissa	87	SOF	Abbotsford	June 26-27
1500mS/C	Juvenile	5:15.42		2	Clift	Justine	87	SOF	Abbotsford	June 26-27
1500mS/C	Juvenile	5:15.57		1	Hudson	Alison	87	NORW	Abbotsford	May 1
1500mS/C	Juvenile	5:15.96		3	Hudson	Alison	87	NORW	Abbotsford	June 26-27
1500mS/C	Juvenile	5:18.12		2	Hudson	Alison	87	Argyle	Burnaby	June 4-5
1500mS/C	Juvenile	5:21.47		4	Clift	Justine	87	ELGP	Burnaby	June 4-5
1500mS/C	Juvenile	5:21.57		1	Cliff	Justine	87	SOF	Burnaby	July 11
1500mS/C	Juvenile	5:23.48		1	Clift	Justine	87	SOF	Langley	June 19-20
1500mS/C	Juvenile	5:31.79		6	Suddaby	Jessica	88	WJM	Burnaby	June 4-5
1500mS/C	Juvenile	5:33.39		2	Suddaby	Jessica	88	VR	Burnaby	July 11
1500mS/C	Juvenile	5:41.32		4	Hay	Stephanie	88	U	Abbotsford	June 26-27
1500mS/C	Juvenile	5:47.25		11	Hay	Stephanie	88	PV	Burnaby	June 4-5
1500mS/C	Juvenile	5:47.71		5	Suddaby	Jessica	88	VR	Abbotsford	June 26-27
1500mS/C	Juvenile	5:49.94		1	Gaboury	Christina	88	VTFC	Nanaimo	May 8-9
1500mS/C	Juvenile	5:50.07		12	Gaboury	Christina	88	OAKB	Burnaby	June 4-5
1500mS/C	Juvenile	5:51.30		1	Hay	Stephanie	88	PLV	Kamloops	May 8-9
1500mS/C	Juvenile	5:56.27		1	Gaboury	Christina	88	VTF	Victoria	May 22-23
1500mS/C	Juvenile	5:56.34		6	Swift	Meghan	87	PGTF	Abbotsford	June 26-27
1500mS/C	Juvenile	5:56.97		16	Wright	Gillian	88	CROF	Burnaby	June 4-5
1500mS/C	Juvenile	6:01.33		1	Wright	Gillian	88	CROF	Richmond	May 8
1500mS/C	Juvenile	6:03.14		18	Haley	Kaitlan	88	MAPR	Burnaby	June 4-5
1500mS/C	Juvenile	6:09.97		2	Jones	Katrina	87	ESS	Kamloops	May 8-9
1500mS/C	Juvenile	6:10.4h		1	Swift	Meghan	87	PGTF	Prince George	June 12-13
1500mS/C	Juvenile	6:15.3h		2	Flick	Kali	87	PGTF	Prince George	June 12-13
1500mS/C	Juvenile	6:18.5h		3	Irvine	Sara	88	DCAC	Prince George	June 12-13
1500mS/C	Juvenile	6:22.72		23	Jones	Katrina	87	ESS	Burnaby	June 4-5
1500mS/C	Juvenile	6:27.89		3	Krystalovick	Aman	87	ESS	Kamloops	May 8-9
1500mS/C	Juvenile	6:43.27		4	Flick	Kali	87	PGTF	Kamloops	May 8-9

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500mS/C	Juvenile	7:07.08		5	Creighton	Nikki	88	REV	Kamloops	May 8-9
1500mS/C	Juvenile	7:12.19		2	Anderson	Krystle	88	CRC	Nanaimo	May 8-9
<b>1500mS/C</b>	<b>Junior</b>									
1500mS/C	Junior	5:18.86		3	Wilson	Emily		OAKB	Burnaby	June 4-5
1500mS/C	Junior	5:31.25		2	Berardo	Casey	86	NORW	Abbotsford	May 1
1500mS/C	Junior	5:32.15		1	Berardo	Casey	86	NORW	Victoria	May 22-23
1500mS/C	Junior	5:36.78		7	Berardo	Casey	86	Argyle	Burnaby	June 4-5
1500mS/C	Junior	5:37.08		8	Olleck	Cali		RSS	Burnaby	June 4-5
1500mS/C	Junior	5:39.86		9	Anwseeuw	Nadine		MTD	Burnaby	June 4-5
1500mS/C	Junior	5:50.55		13	Tegart	Laurel		DTI	Burnaby	June 4-5
1500mS/C	Junior	5:52.29		1	Keen	Robyn	86	Correliou	Kamloops	May 8-9
1500mS/C	Junior	5:53.10		14	Caviglia	Chrissy		ELGP	Burnaby	June 4-5
1500mS/C	Junior	5:53.87		15	Keen	Robyn	86	Correliou	Burnaby	June 4-5
1500mS/C	Junior	5:59.12		17	King	Marci		ENVC	Burnaby	June 4-5
1500mS/C	Junior	6:08.10		19	Delaney	Lindsey		SEMI	Burnaby	June 4-5
1500mS/C	Junior	6:15.38		20	Coughllin	Caighlin		LP	Burnaby	June 4-5
1500mS/C	Junior	6:21.74		21	Ardern	Courtney		WJM	Burnaby	June 4-5
1500mS/C	Junior	6:22.23		22	Mclellan	Megan		STM	Burnaby	June 4-5
<b>1500mS/C</b>	<b>Senior</b>									
1500mS/C	Senior	5:16.6h		1	Allander	Anne-Marie	83	PA	Prince George	June 12-13
1500mS/C	Senior	7:56.07		1	Brown	Erica	83	SOF	Langley	June 19-20
<b>2000mS/C</b>										
<b>2000mS/C</b>	<b>Juvenile</b>									
2000mS/C	Juvenile	7:06.09		2	Appelt	Melissa	87	SOF	Sudbury, ON	August 7
2000mS/C	Juvenile	7:07.15		2	Appelt	Melissa	87	SOF	Saskatoon	July 24
2000mS/C	Juvenile	7:14.96		2	Appelt	Melissa	87	SOF	Kelowna	July 3
2000mS/C	Juvenile	8:09.29		4	Hay	Stephanie	88	PVTF	Kelowna	July 3
<b>2000mS/C</b>	<b>Junior</b>									
2000mS/C	Junior	7:00.55		1	MacGregor	Meredith	85	VR	Saskatoon	July 24
2000mS/C	Junior	7:01.49		1	MacGregor	Meredith	85	VR	Kelowna	July 3
2000mS/C	Junior	7:57.47		3	Berardo	Casey	86	NORW	Kelowna	July 3
<b>3000mS/C</b>	<b>Junior</b>									
3000mS/C	Junior	10:54.17		9h2	MacGregor	Meredith	84	VR	Grosseto, ITA	July 13
3000mS/C	Junior	11:01.15		8	MacGregor	Meredith	85	SFU	Eugene, OR	April 24
3000mS/C	Junior	11:11.91		8	MacGregor	Meredith	85	SFU	Louisville, KY	May 27-29
3000mS/C	Junior	11:13.02		3	MacGregor	Meredith	85	SFU	Claremont, CA	April 16
3000mS/C	Junior	11:14.35		1h2	MacGregor	Meredith	85	SFU	Louisville, KY	May 27-29
3000mS/C	Junior	11:18.64		1	MacGregor	Meredith	85	VR	Abbotsford	June 26-27
3000mS/C	Junior	11:25.2h		1	MacGregor	Meredith	85	SFU	Bellingham	April 3
3000mS/C	Junior	11:27.52		2	MacAlister	Mandy	85	IDAH	Pullman, WA	April 17
<b>3000mS/C</b>	<b>Senior</b>									
3000mS/C	Senior	10:18.10		5	Butler	Margaret	78	KAJ	Palo Alto, CA	Apr30-May1
3000mS/C	Senior	10:28.37		1	Butler	Margaret	78	KAJ	Seattle, WA	May 15
3000mS/C	Senior	10:51.52		1	Kennelly	Bevin	84	IDAH	Berkeley, CA	April 10
3000mS/C	Senior	11:26.22		2	Carpenter	Kristin	82	UBC	Victoria	July 11
3000mS/C	Senior	11:28.08		2	Carpenter	Kristin	82	UBC	Abbotsford	June 26-27
3000mS/C	Senior	11:43.26		5	Carpenter	Kristin	82	UBC	Seattle, WA	May 15
3000mS/C	Senior	11:45.34		6h2	Carpenter	Kristin	82	UBC	Louisville, KY	May 27-29
3000mS/C	Senior	11:46.94		3	Carpenter	Kristin	82	UBC	Sherbrooke, QU	July 31
3000mS/C	Senior	11:46.94		5	Carpenter	Kristin	82	UBC	Claremont, CA	April 16
3000mS/C	Senior	11:58.76		18	Carpenter	Kristin	82	UBC	Eugene, OR	April 24
3000mS/C	Senior	12:29.13		3	Brown	Erica	83	SOF	Abbotsford	June 26-27

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
<b>1500m R/W</b>										
<b>1500mR/W</b>	<b>Midget</b>									
1500mR/W	Midget	7:56.4h		1	Supeene	Dalyce	90	CVC	Duncan	June 12-13
1500mR/W	Midget	8:07.02		1	Supeene	Dalyce	90	CVC	Kamloops	July 23-25
1500mR/W	Midget	8:09.34		1	Supeene	Dalyce	90	CVC	Nanaimo	May 8-9
1500mR/W	Midget	8:10.13		1	Supeene	Dalyce	90	CVC	Victoria	May 22-23
1500mR/W	Midget	8:21.17		9	Warwick	Heather	90	McNair	Burnaby	June 4-5
1500mR/W	Midget	8:24.27		1	Supeene	Dalyce	90	CVC	Abbotsford	July 16-18
1500mR/W	Midget	8:28.83		2	Meade	Courtenay	90	CVC	Victoria	May 22-23
1500mR/W	Midget	8:34.05		2	Warwick	Heather	90	KAJ	Kamloops	July 23-25
1500mR/W	Midget	8:35.88		2	Wilde	Amy	90	CVC	Nanaimo	May 8-9
1500mR/W	Midget	8:38.50		2	Meade	Courtenay	90	CVC	Abbotsford	July 16-18
1500mR/W	Midget	8:49.25		3	Wilde	Amy	90	CVC	Abbotsford	July 16-18
1500mR/W	Midget	8:44.9h		1	Supeene	Dalyce	90	CVC	Port Alberni	June 19-20
1500mR/W	Midget	8:49.16		3	Wilde	Amy	90	CVC	Kamloops	July 23-25
1500mR/W	Midget	8:53.5h		2	Wilde	Amy	90	CVC	Duncan	June 12-13
1500mR/W	Midget	8:53.72		4	Meade	Courtenay	90	CVC	Kamloops	July 23-25
1500mR/W	Midget	8:55.1h		3	Meade	Courtenay	90	CVC	Duncan	June 12-13
1500mR/W	Midget	8:58.33		4	Warwick	Heather	90	KAJ	Abbotsford	July 16-18
1500mR/W	Midget	8:59.68		3	Wilde	Amy	90	CVC	Victoria	May 22-23
1500mR/W	Midget	9:06.4h		2	Wilde	Amy	90	CVC	Port Alberni	June 19-20
1500mR/W	Midget	9:08.77		4	Hindle	Nicole	90	CVAC	Victoria	May 22-23
1500mR/W	Masters	9:16.7h	m	2	Johnson	Faune	48	RW	Burnaby	August 3
1500mR/W	Midget	9:20.72		5	Warwick	Heather	90	KAJ	Victoria	May 22-23
1500mR/W	Midget	9:28.8h		3	Meade	Courtenay	90	CVC	Port Alberni	June 19-20
1500mR/W	Midget	9:38.95		6	Behan	Tanya	90	PR	Victoria	May 22-23
1500mR/W	Midget	9:49.47		5	Farnan	Emily		U	Abbotsford	July 16-18
1500mR/W	Midget	10:05.35		5	Behan	Tanya	90	PR	Kamloops	July 23-25
1500mR/W	Midget	10:05.78		3	Behan	Tanya	90	PRTC	Nanaimo	May 8-9
1500mR/W	Midget	10:10.3h		4	Behan	Tanya	90	PR	Duncan	June 12-13
1500mR/W	Midget	10:18.66		6	Digby	Erica	89	TBIRD	Abbotsford	July 16-18
1500mR/W	Midget	10:28.47		7	Reisle	Abigail	90	U	Abbotsford	July 16-18
1500mR/W	Midget	10:30.4h		1	Kryschuk	Erin	90	MSS	Prince George	June 12-13
1500mR/W	Midget	10:31.0h		2	Bodewitz	Catlin	90	MSS	Prince George	June 12-13
1500mR/W	Midget	10:50.9h		1	Phillips	Nicholle	89	OTF	Powell River	April 17
1500mR/W	Midget	10:52.22		1	Phillips	Nicholle	89	OTF	Nanaimo	May 8-9
1500mR/W	Midget	10:52.5h		1	Behan	Tanya	90	PR	Powell River	April 17
1500mR/W	Midget	10:53.6h		2	Dube	Diana	89	AVTF	Powell River	April 17
<b>1500mR/W</b>	<b>Juvenile</b>									
1500mR/W	Juvenile	7:00.71		2	Huzzey	Kaitlin	87	VTF	Sudbury, ON	August 8
1500mR/W	Juvenile	7:11.96		2	Huzzey	Kaitlin	87	Belmont	Burnaby	June 4-5
1500mR/W	Juvenile	7:17.90		1	Huzzey	Kaitlin	87	VTF	Abbotsford	June 26-27
1500mR/W	Juvenile	8:08.79		5	Hildenbrandt	Leanne	87	RH	Burnaby	June 4-5
1500mR/W	Juvenile	8:10.92		2	Hildenbrandt	Leanne	87	U	Abbotsford	June 26-27
1500mR/W	Juvenile	8:17.08		6	Bright	Laura	88	CHSS	Burnaby	June 4-5
1500mR/W	Juvenile	8:18.15		7	Wong	Janet	88	CROF	Burnaby	June 4-5
1500mR/W	Juvenile	8:18.73		1	Bright	Laura	88	VTF	Victoria	May 22-23
1500mR/W	Juvenile	8:21.83		1	Hildenbrandt	Leanne	87	U	Burnaby	July 11
1500mR/W	Juvenile	8:23.9h		1	Bright	Laura	88	VTF	Duncan	June 12-13
1500mR/W	Juvenile	8:26.51		1	Bright	Laura	88	VTF	Nanaimo	May 8-9
1500mR/W	Juvenile	8:28.03		3	Bright	Laura	88	VTF	Abbotsford	June 26-27
1500mR/W	Juvenile	9:00.63		14	McAulay	Andria	87	Sardis	Burnaby	June 4-5
1500mR/W	Juvenile	9:12.4h		2	Anderson	Krystle	88	CR	Duncan	June 12-13
1500mR/W	Juvenile	9:21.68		15	Lapinsky	Holly	88	Mei	Burnaby	June 4-5
1500mR/W	Juvenile	9:25.1h		1	Callahan	Leah	87	MSS	Prince George	June 12-13
1500mR/W	Juvenile	9:51.5h		2	Apps	Heather	88	DCAC	Prince George	June 12-13

Event	Age Catego	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500mR/W	Juvenile	10:07.7h		1	Anderson	Krystle	88	CR	Port Alberni	June 19-20
1500mR/W	Juvenile	12:20.1h		3	Thring	Ashley	87	DUCH	Prince George	June 12-13
1500mR/W	Juvenile	12:20.3h		4	Dugan	Tamara	86	MSS	Prince George	June 12-13
<b>1500mR/W</b>	<b>Junior</b>									
1500mR/W	Junior	7:05.21		1	Bernhardt	Joey	86	Sentinel	Burnaby	June 4-5
1500mR/W	Junior	7:52.66		3	Rose	Lyz		OAKB	Burnaby	June 4-5
1500mR/W	Junior	8:01.36		4	Phillips	Jessica	86	Bellenas	Burnaby	June 4-5
1500mR/W	Junior	8:20.94		8	Wood	Meagan		WG	Burnaby	June 4-5
1500mR/W	Junior	8:35.49		10	Natgrass	Cathryn		Mei	Burnaby	June 4-5
1500mR/W	Junior	8:46.53		11	Plenert	Jodi		WG	Burnaby	June 4-5
1500mR/W	Junior	8:48.79		12	French	Leah		Mei	Burnaby	June 4-5
1500mR/W	Junior	8:59.70		13	Fictorie	Andrea		AbbyC	Burnaby	June 4-5
1500mR/W	Junior	9:42.62		16	Jackson	Melissa		CSS	Burnaby	June 4-5
<b>1500mR/W</b>	<b>Masters</b>									
1500mR/W	Masters	9:00.1h	m	2	Benson	Margaret	59	RW	Burnaby	July 6
1500mR/W	Masters	9:26.0h	m	4	Young	Flora	34	SS	Burnaby	July 6
1500mR/W	Masters	9:26.1h	m	2	Johnson	Faune	48	RW	Burnaby	June 22
1500mR/W	Masters	9:26.8h		1	Johnson	Faune	48	RW	Burnaby	June 15
1500mR/W	Masters	9:29.8h	m	2	Johnson	Faune	48	RW	Burnaby	July 20
1500mR/W	Masters	10:59.6h		5	Myhre	Arlen	48	RW	Burnaby	July 6
<b>1600mR/W</b>										
<b>1600mR/W</b>	<b>Senior</b>									
1600mR/W	Senior	7:36.95		3	Brooker	Kate	82	SFU	Walnut, CA	Apr 16-18
<b>3000m R/W</b>										
<b>3000m R/W</b>	<b>Junior</b>									
3000m R/W	Junior	14:08.51		1	Huzzey	Megan	85	UBC	SFU	April 10
3000m R/W	Junior	14:17.3h		1	Huzzey	Megan	85	UBC	Edmonds, WA	Mar 27
3000m R/W	Junior	15:18.95		1	Huzzey	Megan	85	UBC	Louisville, KY	May 27-29
3000m R/W	Junior	16:48.68		3	Bernhardt	Joey	86	WVAN	SFU	April 10
<b>3000m R/W</b>	<b>Senior</b>									
3000m R/W	Senior	15:27.04		2	Brooker	Kate	82	SFU	SFU	April 10
3000m R/W	Senior	15:49.81		2	Brooker	Kate	82	SFU	Louisville, KY	May 27-29
<b>3000mR/W</b>	<b>Masters</b>									
3000mR/W	Masters	20:07.3h	m	3	Johnson	Faune	48	RW	Burnaby	July 13
3000mR/W	Masters	20:21.85		1	Johnson	Faune	48	RW	Calgary	July 17-18
3000mR/W	Masters	20:46.21		1	Johnson	Faune	48	RW	Langley	June 19-20
3000mR/W	Masters	21:25.2h	m	4	Benson	Margaret	59	RW	Burnaby	July 13
3000mR/W	Masters	21:32.18		1	Ruzgaitis	Dianne	52	RW	Langley	June 19-20
3000mR/W	Masters	25:12.29		2	Smallwood	Maxine	29	U	Calgary	July 17-18
<b>5000mR/W</b>										
<b>5000mR/W</b>	<b>Masters</b>									
5000mR/W	Masters	35:02.78		1	Johnson	Faune	48	RW	Calgary	July 17-18
<b>10000mR/W</b>										
<b>10000mR/W</b>	<b>Junior</b>									
10000mR/W	Junior	49:25.50		14	Huzzey	Megan	85	VTF	Grosseto, ITA	July 16
10000mR/W	Junior	49:49.16		1	Huzzey	Megan	85	VTF	Saskatoon	July 25