

Event	Age Categ	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m										
800m	Senior	1:44.33 cr	1		Reed	Gary	81	PATH	Helsinki, FI	8/12
800m	Senior	1:50.01	4		Whitmarsh	Zach	78	U	Baie Mahault	5/1
800m	Senior	1:50.96	1h1		Hayden	Ryan	82	KAJ	Piscataway, NJ	5/7
800m	Junior	1:51.28	3		Martinson	Geoff	86	PGTF	Regina, SK	8/16-20
800m	Senior	1:51.44	2		O'Brien	Trevor	81	PATH	Victoria	5/14
800m	Junior	1:51.84	1		Mallie	Daniel	87	SFTC	Burnaby	6/4
800m	Senior	1:52.31	3		Williams	Chris	81	TBIR	Seattle, WA	5/7
800m	Senior	1:52.79	5		Wilkie	Mark	84	U	Seattle, WA	5/7
800m	Senior	1:54.2	1		Heidt	Aaron	76	KAJ	Burnaby	7/5
800m	Senior	1:54.57	2		Johnson	Chris	75	U	Burnaby	7/19
800m	Junior	1:54.91	6		Friesen	Kevin	87	NTFC	Victoria	5/14
800m	Juvenile	1:54.99	2		Gordon	Chris	88	U	Victoria	6/10
800m	Juvenile	1:55.50	2		Marpole-Bird	Justin	88	TBIR	Kelowna	7/1-3
800m	Juvenile	1:55.76	2		Gudgeon	Jared	88	VTFC	Burnaby	6/4
800m	Senior	1:56.00	3		Saqui	Glenn	80	PATH	Abbotsford	6/25-26
800m	Juvenile	1:56.40	2		Buikema	Michael	88	SFTC	Langley	6/18-19
800m	Senior	1:57.15	3		Walker	Nicholas	83	PATH	Abbotsford	7/23-24
800m	Senior	1:57.77	1		McLellan	Iain	78	U	Burnaby	4/10
800m	Senior	1:57.83	4		Gooch	Rob	85	TBIR	Burnaby	4/30
800m	Senior	1:58.01	4		Swanson	Chris	81	PATH	Abbotsford	6/25-26
800m	Senior	1:58.3	1		Allander	Gustav	79	PA	Penticton	7/26
800m	Junior	1:58.41	2		Primus	Joel	86	VR	Abbotsford	6/25-26
800m	Junior	1:58.52	3		Hill	Graeme	86	PATH	Abbotsford	6/25-26
800m	Juvenile	1:58.67	3		Mara	Jordan	89	KAJ	Abbotsford	7/23-24
800m	Juvenile	1:58.77	4		Culley	Mitch	89	VR	Abbotsford	7/23-24
800m	Senior	1:59.92	5		Findlay	Eric	82	PATH	Abbotsford	6/25-26
800m	Senior	2:00.03	1		Davidson	Michael	80	PATH	Burnaby	7/9-10
800m	Juvenile	2:00.12	10		Wiens	Ross	88	PGTF	Victoria	5/14
800m	Senior	2:00.28	6		Mangan	Chris	82	PATH	Abbotsford	6/25-26
800m	Juvenile	2:00.35	2		Overs	Thomas	88	CC	Burnaby	7/9-10
800m	Senior	2:01.09	2		Le Bihan	Patrice	76	TBIR	Langley	6/18-19
800m	Junior	2:01.75	3		Childs	Dylan	87	KEL	Kelowna	7/1-3
800m	Juvenile	2:01.88	6		Nicol	Scott	88	KEL	Kelowna	7/1-3
800m	Junior	2:02.05	3		Gartner	David	87	UAC	Langley	6/18-19
800m	Juvenile	2:02.13	7		Ritchie	Brandon	89	PGTF	Abbotsford	7/23-24
800m	Junior	2:02.37	7		Adair	Michael	87	NORW	Burnaby	6/4
800m	Midget	2:02.60	3		Hanscomb	Oren	90	CRC	Edmonton, AB	8/6-7
800m	Juvenile	2:02.82	6		Wakefield	Brett	89	GEA	Abbotsford	6/25-26
800m	Midget	2:02.86	9		Clark	James	90	GEA	Burnaby	6/3
800m	Junior	2:02.90	5		Cleary	Brandon	87	NTFC	Abbotsford	7/23-24
800m	Juvenile	2:02.97	4		Phillips	Roberto	88	NORW	Burnaby	7/9-10
800m	Junior	2:04.07	6		Daechsel	Aaron	87	PA	Abbotsford	7/23-24
800m	Midget	2:04.37	3		Hegele	Paul	90	KAJ	Burnaby	7/15-17
800m	Junior	2:04.44	7		Keigher	Ryan	87	VR	Abbotsford	7/23-24
800m	Midget	2:04.53	2		Clark	James	90	GEA	Kelowna	7/1-3
800m	Midget	2:04.55	1		Clark	James	90	GEA	Burnaby	7/9-10
800m	Juvenile	2:04.69	9		Wasylychyn	Adam	89	NORW	Kelowna	7/1-3
800m	Midget	2:05.63	2		Clark	James	90	GEA	Clermont, FL	3/19
800m	Juvenile	2:05.73	3		Sologub	Viktor	89	GEA	Coquitlam	6/11-12
800m	Juvenile	2:05.75	10		Green	Alex	89	SFTC	Abbotsford	7/23-24
800m	Juvenile	2:05.79	4		Hew	Alvin	88	CFAL	Coquitlam	6/11-12
800m	Junior	2:06.46	7s2		Clegg	Kyle	87	NORW	Gresham, OR	4/23
800m	Midget	2:06.57	3		Hegele	Paul	90	KAJ	Kelowna	7/1-3
800m	Juvenile	2:06.73	9		Levins	Cameron	89	CVC	Burnaby	4/10
800m	Juvenile	2:06.78	12		Lee	Andrew	88	KAJ	Kelowna	7/1-3
800m	Midget	2:07.90	2		Jackson	Spencer	90	KAJ	Abbotsford	7/23-24
800m	Juvenile	2:08.56	14		Smith	Evan	89	PA	Kelowna	7/1-3

Event	Age Categ	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Midget	2:08.84		3	Yee	Jason	90	PEN	Victoria	8/14-15
800m	Midget	2:08.88		5	Generaux	Cory	90	CVAC	Burnaby	7/15-17
800m	Juvenile	2:09.12		6	Jankowski	Theo	88	TBIR	Burnaby	7/9-10
800m	Juvenile	2:09.51		15	Newmarch	Will	89	KAM	Kelowna	7/1-3
800m	Juvenile	2:10.37		5	O'Neill	Blair	89	NORW	Langley	6/18-19
800m	Masters	2:10.84		1	Reimer	Paul	55	DAC	Duncan	6/11-12
800m	Juvenile	2:11.28		17	Buchan	John	89	TRA	Kelowna	7/1-3
800m	Midget	2:11.35		2	Sydney-Smith	Dyaln	91	WVAN	Kelowna	7/1-3
800m	Juvenile	2:11.59		7	Houston	Dillon	89	CC	Burnaby	7/9-10
800m	Masters	2:11.6		1	Skuja	Darren	62	U	Victoria	5/14-15
800m	Masters	2:12.7		2	Marshall	Peter	58	CVC	Victoria	5/14-15
800m	Masters	2:12.72		1	Smillie	Malcolm	60	U	Duncan	6/11-12
800m	Midget	2:13.49		2	Dudley	Christian	90	VAAA	Burnaby	7/9-10
800m	Juvenile	2:13.59		6	Miles	Reece	88	CC	Coquitlam	6/11-12
800m	Midget	2:14.18		1	Forseth	Rowan	91	OCTF	Burnaby	7/15-17
800m	Junior	2:14.24		6	Sperling	Dave	87	SFTC	Langley	6/18-19
800m	Juvenile	2:14.32		19	Watts	Andrew	88	PA	Kelowna	7/1-3
800m	Midget	2:16.22		4	Slater	Brandon	91	VTFC	Kelowna	7/1-3
800m	Masters	2:16.47		1	Gill	Michael	62	U	Duncan	6/11-12
800m	Junior	2:17.47		12	Perrella	Jordan	87	MAC	Burnaby	4/10
800m	Juvenile	2:17.55		8	Boss	Andrew	89	CC	Coquitlam	6/11-12
800m	Midget	2:17.76		1	Polos	Ian	91	KAM	Langley	6/18-19
800m	Midget	2:17.92		2	Fedorkew	Brett	91	CHWK	Burnaby	7/15-17
800m	Masters	2:19.35		7	Martinson	Brian	58	PGTF	Kelowna	7/1-3
800m	Senior	2:19.71		1	Smith	Quentin	70	CHWK	Burnaby	7/9-10
800m	Masters	2:20.38		1	De St Croix	Ted	57	KAJ	Burnaby	7/9-10
800m	Junior	2:20.91		3	Adomat	David	87	CC	Coquitlam	6/11-12
800m	Midget	2:21.19		1	Peters	Nathan	90	VR	Coquitlam	6/11-12
800m	Midget	2:22.49		3	Houlton	Matthew	90	LM	Langley	6/18-19
800m	Masters	2:23.4	m	2	Cheng	Bob	59	KAJ	Burnaby	6/28
800m	Midget	2:23.43		6	Hall	Daniel	90	KAM	Burnaby	7/15-17
800m	Midget	2:25.08		4	Enns	Ross	90	U	Abbotsford	7/23-24
800m	Midget	2:25.64		3	Bonwick	Mark	91	VTFC	Victoria	8/14-15
800m	Masters	2:27.30		1	Hollingshead	Bill	42	U	Duncan	6/11-12
800m	Masters	2:27.53		1	Pawluk	Fred	47	KAJ	Burnaby	7/9-10
800m	Midget	2:32.30		8	Gaiesky	Kris	90	PGTF	Burnaby	7/15-17
800m	Masters	2:37.26		2	Madderom	Jake	45	KAJ	Duncan	6/11-12
800m	Midget	2:41.24		2	Weaver	Harry	91	NORW	Langley	6/18-19
800m	Midget	2:41.25		1	D'Arcy	Peter	91	TBIR	Coquitlam	6/11-12
800m	Masters	2:42.7		5	Tarrant	Philip	54	PIH	Victoria	5/14-15
800m	Midget	2:43.35		3	Brown	Cory	91	PGTF	Abbotsford	7/23-24
800m	Midget	2:45.96		3	Verdegaal	Paul	91	VAAA	Langley	6/18-19
800m	Masters	2:48.0		6	Giegerich	Joe	33	NTFC	Victoria	5/14-15
1500m										
1500m	Senior	3:41.95		1	Hayden	Ryan	82	KAJ	Philadelphia, PA	5/16
1500m	Senior	3:42.70		7	O'Brien	Trevor	78	PATH	Stanford, CA	5/1
1500m	Senior	3:42.87		3	Wells	Graeme	83	KAJ	Victoria	6/10
1500m	Senior	3:46.16		6	Heidt	Aaron	76	KAJ	Eugene, OR	4/23
1500m	Juvenile	3:47.4 cyr		1	Marpole-Bird	Justin	88	TBIR	Burnaby	7/26
1500m	Senior	3:51.88		7	Mosley	Richard	82	VR	Burnaby	6/14
1500m	Junior	3:52.66		5	Winter	Chris	86	NORW	Eugene, OR	4/23
1500m	Senior	3:53.04		9	Murenbeeld	Steve	82	PATH	Burnaby	6/14
1500m	Junior	3:54.31		3	Friesen	Kevin	87	NTFC	Victoria	6/10
1500m	Senior	3:55.69		4	Saqui	Glenn	80	PATH	Abbotsford	6/25-26
1500m	Senior	3:56.41		5	Roulston	David	84	U	Abbotsford	6/25-26
1500m	Junior	3:56.83		1	Mallie	Daniel	87	SFTC	Burnaby	7/19
1500m	Junior	3:57.05		3h2	Primus	Joel	86	VR	Montreal, QC	7/8-10

Event	Age Categ	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Senior	3:57.36		6	Swanson	Kris	81	PATH	Abbotsford	6/25-26
1500m	Senior	3:58.03		3	Titus	Morgan	83	U	Burnaby	4/30
1500m	Junior	3:58.31		3	Hill	Graeme	86	PATH	Burnaby	7/19
1500m	Senior	3:58.98		4	Moody	Randall	74	U	Burnaby	4/30
1500m	Junior	3:59.18		3	Martinson	Geoff	86	PGTF	Abbotsford	6/25-26
1500m	Juvenile	3:59.52		2	Gordon	Chris	88	U	Victoria	5/14-15
1500m	Senior	4:00.01		5	Johnson	Matt	78	VR	Burnaby	4/30
1500m	Senior	4:00.86		3	Findlay	Eric	82	PATH	Victoria	5/14-15
1500m	Senior	4:01.85		4	Reid	Geoff	82	WVAN	Victoria	5/14-15
1500m	Senior	4:03.78		8	Mangan	Chris	82	PATH	Abbotsford	6/25-26
1500m	Senior	4:04.36		9	Le Bihan	Patrice	76	TBIR	Abbotsford	6/25-26
1500m	Junior	4:05.06		6	Keigher	Ryan	86	VR	Abbotsford	6/25-26
1500m	Senior	4:06.37		11	Odermatt	Craig	73	PATH	Victoria	6/10
1500m	Junior	4:09.17		7	Byl	Jeremy	86	KEL	Abbotsford	6/25-26
1500m	Junior	4:09.81		4	Cobb	Matt	86	DAC	Burnaby	6/4
1500m	Juvenile	4:11.27		5	Levins	Cameron	89	CVC	Burnaby	6/4
1500m	Midget	4:11.92		1	Clark	James	90	GEA	Burnaby	7/15-17
1500m	Juvenile	4:12.30		3	Culley	Mitch	89	VR	Abbotsford	7/23-24
1500m	Juvenile	4:13.19		1	Wakefield	Brett	89	GEA	Burnaby	7/9-10
1500m	Juvenile	4:13.91		7	Nicol	Scott	88	KEL	Burnaby	6/4
1500m	Midget	4:14.33		2	Mitchell	Cam	90	SFTC	Langley	6/18-19
1500m	Juvenile	4:14.77		3	Rosser	Brendan	88	NORW	Burnaby	7/9-10
1500m	Midget	4:15.08		2	Hanscomb	Oren	90	CRC	Burnaby	7/15-17
1500m	Senior	4:15.4		1	Nelson	Mark	83	PATH	Victoria	5/14-15
1500m	Midget	4:16.55		3	Dhaliwal	Manpreet	90	VR	Burnaby	7/15-17
1500m	Juvenile	4:16.93		6	Childs	Clifford	89	KEL	Abbotsford	7/23-24
1500m	Juvenile	4:17.23		4	Overs	Thomas	88	CC	Burnaby	7/9-10
1500m	Juvenile	4:17.70		2	Gudgeon	Jared	88	VTFC	Kelowna	7/1-3
1500m	Juvenile	4:19.37		4	Phillips	Roberto	88	NORW	Kelowna	7/1-3
1500m	Junior	4:19.38		1	Daechsel	Aaron	87	PA	Coquitlam	6/11-12
1500m	Juvenile	4:20.01		4	Kostelyk	David	89	VR	Langley	6/18-19
1500m	Juvenile	4:20.97		5	Wasylychyn	Adam	89	NORW	Kelowna	7/1-3
1500m	Senior	4:21.72		10	Tipping	Craig	83	PATH	Abbotsford	6/25-26
1500m	Senior	4:21.8		2	Cocker	Tyler	84	PATH	Victoria	5/14-15
1500m	Senior	4:23.4		3	Wooten	Allen	83	PATH	Victoria	5/14-15
1500m	Junior	4:24.32		2	Adair	Michael	87	NORW	Coquitlam	6/11-12
1500m	Midget	4:24.66		5	Hegele	Paul	90	KAJ	Burnaby	7/15-17
1500m	Junior	4:24.75		6	Gartner	David	87	UAC	Langley	6/18-19
1500m	Midget	4:24.88		6	Jackson	Spencer	90	KAJ	Burnaby	7/15-17
1500m	Juvenile	4:25.32		9	Ritchie	Brandon	89	PGTF	Kelowna	7/1-3
1500m	Juvenile	4:25.38		6	Green	Alex	89	SFTC	Burnaby	7/9-10
1500m	Juvenile	4:25.89		8	Mara	Jordan	89	KAJ	Langley	6/18-19
1500m	Juvenile	4:26.25		17	Han	Yi	88	TBIR	Burnaby	4/10
1500m	Masters	4:27.83		1	Reimer	Paul	55	DAC	Duncan	6/11-12
1500m	Masters	4:28.36		1	Skuja	Darren	62	U	Duncan	6/11-12
1500m	Juvenile	4:30.41		13	Thiessen	Geoffrey	89	VR	Abbotsford	6/25-26
1500m	Juvenile	4:30.83		4	Lee	Andrew	88	KAJ	Coquitlam	6/11-12
1500m	Juvenile	4:32.51		11	Newmarch	William	89	KAM	Kelowna	7/1-3
1500m	Juvenile	4:33.07		12	Buchan	John	89	TRA	Kelowna	7/1-3
1500m	Senior	4:33.2		4	Matte	Dave	79	U	Victoria	5/14-15
1500m	Senior	4:33.72		1	Ollis	Ryan	80	NORW	Coquitlam	6/11-12
1500m	Juvenile	4:34.37		11	Houston	Dillon	89	CC	Abbotsford	7/23-24
1500m	Masters	4:34.5		1	Marshall	Peter	58	CVC	Victoria	5/14-15
1500m	Midget	4:35.28		7	Dudley	Chris	90	VAAA	Burnaby	7/15-17
1500m	Juvenile	4:36.6		2	Scowcroft	Daniel	89	KAJ	Victoria	5/14-15
1500m	Juvenile	4:36.7		3	Mancell	Bryce	88	CVC	Victoria	5/14-15
1500m	Midget	4:37.95		5	Hall	Andrew	90	LM	Langley	6/18-19
1500m	Juvenile	4:38.0		4	Van Steenis	John	89	VR	Victoria	5/14-15
1500m	Juvenile	4:38.76		13	Ferguson	Cameron	88	PA	Kelowna	7/1-3

Event	Age Categ	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Masters	4:40.46		1	Smillie	Malcolm	60	U	Duncan	6/11-12
1500m	Juvenile	4:40.63		14	Watts	Andrew	88	PA	Kelowna	7/1-3
1500m	Juvenile	4:42.60		5	Ferguson	Cameron	88	PA	Abbotsford	5/7
1500m	Masters	4:42.91		5	Martinson	Brian	58	PGTF	Kelowna	7/1-3
1500m	Masters	4:44.72		1	De St Croix	Ted	60	KAJ	Burnaby	7/9-10
1500m	Midget	4:44.93		2	Slater	Brandon	91	VTFC	Kelowna	7/1-3
1500m	Midget	4:46.12		6	Dunfee	Evan	90	KAJ	Langley	6/18-19
1500m	Masters	4:46.77		2	Gill	Michael	62	U	Duncan	6/11-12
1500m	Juvenile	4:46.79		17	Beischer	Josh	89	KEL	Kelowna	7/1-3
1500m	Juvenile	4:47.44		14	Andrews	Nathan	89	KAJ	Langley	6/18-19
1500m	Midget	4:49.07		8	Hardy-Poirier	Alistair	90	NORW	Langley	6/18-19
1500m	Midget	4:49.71		8	Diprose	Steven	90	PRTF	Burnaby	7/15-17
1500m	Juvenile	4:51.13		15	Gignac	Stephen	89	VTFC	Abbotsford	7/23-24
1500m	Midget	4:51.54		8	Diemer	Matthew	90	NORW	Abbotsford	5/7
1500m	Midget	4:52.79		9	Peters	Nathan	90	U	Burnaby	7/15-17
1500m	Juvenile	4:53.95		5	Andrews	Nathan	89	KAJ	Coquitlam	6/11-12
1500m	Midget	4:55.18		1	Zalit	DJ	91	LM	Burnaby	7/15-17
1500m	Midget	4:55.93		2	Gibson	Alex	91	PAA	Burnaby	7/15-17
1500m	Midget	4:56.60		3	Slade	David	91	SFTC	Kelowna	7/1-3
1500m	Masters	5:01.28		1	Pawluk	Fred	47	KAJ	Burnaby	7/9-10
1500m	Masters	5:04.11		1	Hollingshead	Bill	42	U	Duncan	6/11-12
1500m	Juvenile	5:07.0		6	Stephens	Jeff	89	PRTF	Victoria	5/14-15
1500m	Masters	5:09.71		2	Abildgaard	Erik	61	KEL	Langley	6/18-19
1500m	Juvenile	5:10.7		7	Tanaka	Jeff	89	VTFC	Victoria	5/14-15
1500m	Midget	5:13.86		9	Butler	Michael	90	SFTC	Langley	6/18-19
1500m	Midget	5:15.00		3	Benson	James	91	GEA	Burnaby	7/15-17
1500m	Junior	5:18.7		1	Bennet	Jason	87	CRC	Victoria	5/14-15
1500m	Midget	5:25.37		4	Brown	Cory	91	PGTF	Burnaby	7/15-17
1500m	Masters	5:27.8		3	Tarrant	Philip	54	PIH	Victoria	5/14-15
1500m	Midget	5:36.10		10	Weaver	Harry	91	NORW	Abbotsford	5/7
1500m	Midget	5:55.81		2	Sutton	Kaleb	91	GEA	Surrey	4/23
1500m	Masters	5:27.01		2	Madderom	Jake	45	KAJ	Duncan	6/11-12
1500m	Masters	5:41.9	m	2	Townley	Mike	43	PA	Penticton	6/14
1500m	Masters	5:52.80		3	Powrie	Douglas	61	TBIR	Langley	6/18-19
1500m	Masters	6:03.2		4	Tarrant	Maurice	30	PIH	Victoria	5/14-15
1500m	Masters	6:21.79		3	Lefevre	Robert	61	U	Duncan	6/11-12
1500m	Masters	6:45.87		4	Donnelly	Pat	55	LM	Langley	6/18-19
1500m	Masters	6:48.33		2	Benson	Mark	55	SCA	Duncan	6/11-12
1500m	Masters	7:18.0	m	7	Mayne	Robert	42	PP	Penticton	6/14
1500m	Masters	7:44.0		5	Sargent	Jim	23	PIH	Victoria	5/14-15
1500m	Masters	8:02.95		6	Benson	Don	33	CITY	Langley	6/18-19
3000m										
3000m	Senior	8:16.9		1	Mosley	Richard	83	VR	Burnaby	8/2
3000m	Senior	8:18.23		3	Murenbeeld	Steve	82	PATH	Richmond	6/10
3000m	Juvenile	8:20.0 bcr		2	Marpole-Bird	Justin	88	TBIR	Burnaby	8/2
3000m	Junior	8:30.11		2	Friesen	Kevin	87	NTFC	Burnaby	6/3
3000m	Junior	8:36.54		11	Primus	Joel	86	VR	Richmond	6/12
3000m	Junior	8:41.62		13	Gant	Dylan	86	U	Richmond	6/12
3000m	Juvenile	8:50.23		3	Gordon	Chris	88	U	Burnaby	6/3
3000m	Senior	8:58.66		2	Le Bihan	Patrice	76	TBIR	Kelowna	7/1-3
3000m	Juvenile	8:59.67		4	Rosser	Brenden	88	NORW	Burnaby	6/3
3000m	Juvenile	9:04.12		5	Levins	Cameron	89	CVC	Burnaby	6/3
3000m	Junior	9:07.83		6	LaBelle	Myke	87	U	Burnaby	6/3
3000m	Senior	9:07.85		3	Symonds	Jeff	85	PA	Kelowna	7/1-3
3000m	Midget	9:16.79		9	Clark	James	90	GEA	Burnaby	6/3
3000m	Juvenile	9:20.83		3	Childs	Clifford	89	KEL	Abbotsford	7/23-24
3000m	Juvenile	9:21.66		1	Kostelyk	David	88	VR	Coquitlam	6/11-12

Event	Age Categ	Result	M	PI	Surname	Name	YOB	Club	Location	Date
3000m	Midget	9:21.88		1	Dhaliwal	Manpreet	90	VR	Abbotsford	7/23-24
3000m	Midget	9:23.95		2	Mitchell	Cam	90	SFTC	Abbotsford	7/23-24
3000m	Juvenile	9:25.53		5	Bowman	Sam	89	TBIR	Abbotsford	7/23-24
3000m	Juvenile	9:38.36		4	Wakefield	Brett	89	GEA	Kelowna	7/1-3
3000m	Senior	9:44.52		4	Ollis	Ryan	80	NORW	Langley	6/18-19
3000m	Juvenile	9:54.88		2	Van Steenis	John	89	VR	Coquitlam	6/11-12
3000m	Midget	9:57.14		3	Generaux	Cory	90	CVAC	Burnaby	7/15-17
3000m	Midget	10:00.51		6	Hall	Andrew	90	LM	Langley	6/18-19
3000m	Midget	10:02.63		2	Dudley	Christian	91	VAAA	Burnaby	7/9-10
3000m	Juvenile	10:03.84		5	Scowcroft	Daniel	89	KAJ	Kelowna	7/1-3
3000m	Midget	10:04.44		7	Zalit	DJ	91	LM	Langley	6/18-19
3000m	Midget	10:05.68		1	Forseth	Rowan	91	OCTF	Victoria	5/14-15
3000m	Midget	10:08.14		3	Dunfee	Evan	90	KAJ	Abbotsford	7/23-24
3000m	Juvenile	10:11.14		3	Van Steenis	John	89	VR	Abbotsford	5/7
3000m	Juvenile	10:11.59		4	Thiessen	Geoff	89	VR	Coquitlam	6/11-12
3000m	Juvenile	10:21.28		2	Mancell	Bryce	88	CVC	Victoria	5/14-15
3000m	Juvenile	10:26.82		6	Andrews	Nathan	89	KAJ	Kelowna	7/1-3
3000m	Juvenile	10:28.77		6	Gignac	Stephen	89	VTFC	Abbotsford	7/23-24
3000m	Midget	10:32.42		6	Diprose	Evan	90	KAJ	Burnaby	7/15-17
3000m	Midget	10:32.71		4	Gibson	Alex	91	PAA	Abbotsford	7/23-24
3000m	Midget	10:34.74		1	Diemer	Matthew	90	NORW	Surrey	4/23
3000m	Midget	10:35.45		2	Hardy-Poirier	Alistair	90	NORW	Surrey	4/23
3000m	Midget	11:35.88		8	Butler	Michael	90	SFTC	Burnaby	7/15-17
3000m	Midget	10:39.37		9	Slade	David	91	SFTC	Langley	6/18-19
3000m	Midget	10:45.83		4	Fedorkew	Brett	91	CHWK	Abbotsford	7/23-24
3000m	Midget	10:49.15		5	Benson	James	91	GEA	Abbotsford	7/23-24
3000m	Juvenile	11:05.95		1	Sosner	Iliia	89	MAC	Burnaby	7/9-10
3000m	Masters	12:19.17		1	Tarrant	Maurice	30	PIH	Victoria	5/14-15
3000m	Midget	12:44.91		9	O'Meara	Kyle	90	PGTF	Burnaby	7/15-17
3000m	Masters	16:03.66		2	Sargent	Jim	23	PIH	Victoria	5/14-15
5000m										
5000m	Senior	13:51.18		10	Schiebler	Jeff	73	U	Shibetsu, JP	6/25
5000m	Senior	14:07.38		4	Ziak	Jerry	76	U	Winnipeg, MA	7/15-17
5000m	Senior	14:09.09		4	Hewmudaliage	Marcel	82	U	Tulsa, OK	5/14
5000m	Senior	14:11.91		21	Mazzota	Bruno	80	U	Stanford, CA	5/25
5000m	Senior	14:14.40		5	Mosley	Richard	72	VR	Winnipeg, MA	7/15-17
5000m	Senior	14:16.63		11	Bomba	Mark	69	U	Victoria	6/10
5000m	Senior	14:25.42		3	Osadiuk	Steve	79	U	Eugene, OR	5/7
5000m	Senior	14:40.32		3	Titus	Morgan	83	U	Abbotsford	6/25-26
5000m	Senior	14:41.59		8	Murenbeeld	Steven	82	PATH	Winnipeg, MA	7/15-17
5000m	Senior	14:42.61		9	Jackson	David	76	PIH	Winnipeg, MA	7/15-17
5000m	Senior	14:47.92		6	Day	Ryan	82	U	Regina, SK	8/16-20
5000m	Junior	14:59.00		1	Friesen	Kevin	87	NTFC	Abbotsford	6/25-26
5000m	Senior	15:07.29		6	Walker	Nick	83	PATH	Abbotsford	6/25-26
5000m	Senior	15:31.29		8	Odermatt	Craig	70	PATH	Abbotsford	6/25-26
5000m	Junior	15:33.43		2	Keigher	Ryan	86	VR	Abbotsford	6/25-26
5000m	Senior	15:52.08		2	Symonds	Jeff	85	PA	Abbotsford	7/23-24
5000m	Senior	17:32.28		9	Ollis	Ryan	80	NORW	Abbotsford	6/25-26
5000m	Masters	18:29.13		1	Phillips	Herb	41	PIH	Duncan	6/11-12
5000m	Masters	18:47.91		2	Hollingshead	Bill	42	U	Duncan	6/11-12
5000m	Masters	20:16.21		3	Towler	Frank	45	U	Duncan	6/11-12
5000m	Masters	20:16.40		1	Tarrant	Philip	54	PIH	Duncan	6/11-12
5000m	Masters	21:10.17		1	Tarrant	Maurice	30	PIH	Duncan	6/11-12
5000m	Masters	24:01.58		2	Phelan	Sean	55	U	Duncan	6/11-12
10000m										
10000m	Senior	29:25.22		1	Bomba	Mark	69	U	Abbotsford	6/17

Event	Age Categ	Result	M	PI	Surname	Name	YOB	Club	Location	Date
10000m	Senior	29:25.76		2	Ziak	Jerry	76	U	Abbotsford	6/17
10000m	Senior	30:01.34		5	Osaduik	Steve	79	U	Abbotsford	6/17
10000m	Senior	30:18.16		4	Hewmudaliage	Marcel	82	U	Tulsa, OK	5/13
10000m	Senior	31:10.03		4	Day	Ryan	82	U	Regina, SK	8/16-20
10000m	Senior	31:16.10		6	Holm	Neil	66	U	Abbotsford	6/17
10000m	Senior	31:21.35		7	Findlay	Eric	82	U	Abbotsford	6/17
10000m	Junior	31:28.14		6	Friesen	Kevin	87	NTFC	Windsor, ON	7/28-31
3000m	Steeplechase									
3000mS/C	Junior	8:54.99		2	Winter	Chris	86	NORW	Montreal, QC	7/8-10
3000mS/C	Senior	9:03.43		11	Johnston	Matt	78	VR	Eugene, OR	4/23
3000mS/C	Senior	9:12.79		1	Titus	Morgan	83	U	Abbotsford	7/23-24
3000mS/C	Senior	9:17.37		1	Walker	Nick	83	PATH	Abbotsford	6/25-26
3000mS/C	Junior	9:23.09		6h1	Gant	Dylan	86	U	Louisville, KY	5/26-28
3000mS/C	Senior	9:23.18		4	Symonds	Jeff	85	PEN	Seattle, WA	5/7
3000mS/C	Juvenile	10:31.61		3	Phillips	Roberto	88	NORW	Abbotsford	6/25-26
3000mS/C	Juvenile	10:44.76		9s1	Apps	Michael	89	DCAC	Montreal, QC	7/8-10
3000mS/C	Juvenile	10:53.44		10s1	Black	Justin	88	DCAC	Montreal, QC	7/8-10