

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
<b>800m</b>										
<b>800m</b>	<b>Midget</b>									
800m	Midget	2:15.27		2	Pattison	Alana	90	LM	Burnaby	6/4
800m	Midget	2:15.41		1	Trenholm	Stephanie	90	CRC	Burnaby	7/15-17
800m	Midget	2:16.01		3	Trenholm	Stephanie	90	CRC	Edmonton, AB	8/6-7
800m	Midget	2:16.61		1	Trenholm	Stephanie	90	CRC	Kelowna	7/1-3
800m	Midget	2:16.72		2	Crofts	Helen	90	WVAN	Burnaby	7/15-17
800m	Midget	2:16.74		1h2	Pattison	Alana	90	LM	Burnaby	6/3
800m	Midget	2:17.14		1	Pattison	Alana	90	LM	Abbotsford	7/23-24
800m	Midget	2:17.15		3	Pattison	Alana	90	LM	Burnaby	7/15-17
800m	Midget	2:17.41		2	Johnson	Justine	91	VTFC	Abbotsford	7/23-24
800m	Midget	2:17.89		2h3	Crofts	Helen	90	WVAN	Burnaby	6/3
800m	Midget	2:18.53		1	Nelson	Kaitlin	91	VTFC	Burnaby	7/15-17
800m	Midget	2:19.03		2	Johnson	Justine	91	VTFC	Burnaby	7/15-17
800m	Midget	2:19.08		1	Johnson	Justine	91	VTFC	Kelowna	7/1-3
800m	Midget	2:19.16		1	Pattison	Alana	90	LM	Langley	6/18-19
800m	Midget	2:19.17		2	Crofts	Helen	90	WVAN	Kelowna	7/1-3
800m	Midget	2:20.21		4	Therrien	Brittany	90	VTFC	Burnaby	7/15-17
800m	Midget	2:20.26		6	Crofts	Helen	90	WVAN	Burnaby	6/4
800m	Midget	2:20.56		1	Trenholm	Stephanie	90	CRC	Victoria	5/14-15
800m	Midget	2:20.64		3	Therrien	Brittany	90	VTFC	Kelowna	7/1-3
800m	Midget	2:21.12		2	Nelson	Kaitlin	91	VTFC	Kelowna	7/1-3
800m	Midget	2:21.50		5	Schoch	Teegan	90	KEL	Burnaby	7/15-17
800m	Midget	2:21.99		4	Vogt	Emma	90	BBY	Kelowna	7/1-3
800m	Midget	2:22.37		1	Pattison	Alana	90	LM	Surrey	4/23
800m	Midget	2:22.47		6	Vogt	Emma	90	BBY	Burnaby	7/15-17
800m	Midget	2:22.57		2	Vogt	Emma	90	BBY	Langley	6/18-19
800m	Midget	2:22.63		5	Schoch	Teegan	90	KEL	Kelowna	7/1-3
800m	Midget	2:23.05		3	Schoch	Teegan	90	KEL	Abbotsford	7/23-24
800m	Midget	2:23.27		4	Vogt	Emma	90	BBY	Abbotsford	7/23-24
800m	Midget	2:23.81		2	Therrien	Brittany	90	VTFC	Victoria	5/14-15
800m	Midget	2:23.93		3	Foster	Alexi	90	U	Langley	6/18-19
800m	Midget	2:24.15	m	12	Vogt	Emma	90	BBY	Burnaby	7/19
800m	Midget	2:24.69		5	Teer	Aleah	91	VR	Abbotsford	7/23-24
800m	Midget	2:24.70		1	Nelson	Kaitlin	91	VTFC	Victoria	5/14-15
800m	Midget	2:24.90		3	Teer	Aleah	91	VR	Burnaby	7/15-17
800m	Midget	2:25.08		1	Chappaz	Katy	90	NORW	Coquitlam	6/11-12
800m	Midget	2:25.20		1	Teer	Aleah	91	VR	Langley	6/18-19
800m	Midget	2:26.47		6	Chappaz	Katy	90	NORW	Kelowna	7/1-3
800m	Midget	2:26.55		2	Vogt	Emma	90	BBY	Coquitlam	6/11-12
800m	Midget	2:27.48		7	Chappaz	Katy	90	NORW	Burnaby	7/15-17
800m	Midget	2:27.54		3h4	Therrien	Brittany	90	VTFC	Burnaby	6/3
800m	Midget	2:28.59		3	Meehan	Erin	90	VR	Coquitlam	6/11-12
800m	Midget	2:28.91		7	Foster	Alexi	90	U	Kelowna	7/1-3
800m	Midget	2:29.25		4	Meehan	Erin	90	VR	Langley	6/18-19
800m	Midget	2:29.49		2	Kang	Monica	91	UAC	Langley	6/18-19
800m	Midget	2:29.49		2h1	Teer	Aleah	91	VR	Abbotsford	5/7
800m	Midget	2:29.51		3	Sawatsky	Sarah	91	CHWK	Langley	6/18-19
800m	Midget	2:29.97		1	Foster	Alexi	90	U	Burnaby	7/9-10
800m	Midget	2:30.40		8	Meehan	Erin	90	VR	Burnaby	7/15-17
800m	Midget	2:30.48		6	Ling	Grace	90	KAJ	Abbotsford	7/23-24
800m	Midget	2:31.05		3h1	Meehan	Erin	90	VR	Abbotsford	5/7
800m	Midget	2:31.40		4	Kang	Monica	91	UAC	Kelowna	7/1-3
800m	Midget	2:32.11		5	Santa Cruz	Stephanie	90	KAJ	Langley	6/18-19

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Midget	2:32.14		10	Riva	Lauren	90	OTFC	Kelowna	7/1-3
800m	Midget	2:32.63		9	Ling	Grace	90	KAJ	Burnaby	7/15-17
800m	Midget	2:33.01		5	Thornhill	Alexis	91	PGTF	Kelowna	7/1-3
800m	Midget	2:33.13		7	Meehan	Erin	90	VR	Abbotsford	7/23-24
800m	Midget	2:33.13		4	Santa Cruz	Stephanie	90	KAJ	Coquitlam	6/11-12
800m	Midget	2:33.17		10	Santa Cruz	Stephanie	90	KAJ	Burnaby	7/15-17
800m	Midget	2:33.68		1	Kang	Monica	91	UAC	Coquitlam	6/11-12
800m	Midget	2:33.83		11	Ling	Grace	90	KAJ	Kelowna	7/1-3
800m	Midget	2:33.95		4	Parent	Holly	91	VTFC	Burnaby	7/15-17
800m	Midget	2:34.50		4	Ling	Grace	90	KAJ	Victoria	5/14-15
800m	Midget	2:34.66		8	Thornhill	Alexis	91	PGTF	Abbotsford	7/23-24
800m	Midget	2:34.72		6	Newman	Jillian	91	PGTF	Kelowna	7/1-3
800m	Midget	2:34.87		2	Sawatsky	Sarah	91	CHWK	Coquitlam	6/11-12
800m	Midget	2:35.16		9	Santa Cruz	Stephanie	90	KAJ	Abbotsford	7/23-24
800m	Midget	2:35.64		7	Sawatsky	Sarah	91	CHWK	Kelowna	7/1-3
800m	Midget	2:36.07		5h1	Santa Cruz	Stephanie	90	KAJ	Abbotsford	5/7
800m	Midget	2:36.20		5	Santa Cruz	Stephanie	90	KAJ	Coquitlam	6/11-12
800m	Midget	2:36.23		5	Sawatsky	Sarah	91	CHWK	Burnaby	7/15-17
800m	Midget	2:36.25		1	Kang	Monica	91	UAC	Burnaby	7/9-10
800m	Midget	2:36.37		11	Riva	Lauren	90	OTFC	Burnaby	7/15-17
800m	Midget	2:36.54		8	Bartell	Larissa	91	PGTF	Kelowna	7/1-3
800m	Midget	2:36.62		12	Spurr	Hayley	90	NORW	Kelowna	7/1-3
800m	Midget	2:36.81		6	Kang	Monica	91	UAC	Burnaby	7/15-17
800m	Midget	2:37.09		1	Marpole-Bird	Monica	91	TBIR	Clermont, FL	3/19
800m	Midget	2:37.43		7	Thornhill	Alexis	91	PGTF	Burnaby	7/15-17
800m	Midget	2:37.66		6h1	Marpole-Bird	Monica	91	TBIR	Abbotsford	5/7
800m	Midget	2:38.10		10	Kits	Alisa	91	LM	Kelowna	7/1-3
800m	Midget	2:38.28		4	Matthews	Alana	91	LM	Langley	6/18-19
800m	Midget	2:38.72		13	Ireland	Katie	90	PGTF	Kelowna	7/1-3
800m	Midget	2:38.73		5	Kits	Alisa	91	LM	Langley	6/18-19
800m	Midget	2:38.40		6	Spurr	Hayley	90	NORW	Langley	6/18-19
800m	Midget	2:39.05		5	Santa Cruz	Stephanie	90	KAJ	Victoria	5/14-15
800m	Midget	2:39.71		8	Newman	Jillian	91	PGTF	Burnaby	7/15-17
800m	Midget	2:40.71		10	Newman	Jillian	91	PGTF	Abbotsford	7/23-24
800m	Midget	2:41.08		3	Maneesha	Dakha	91	SFTC	Coquitlam	6/11-12
800m	Midget	2:41.56		2	Parent	Holly	91	VTFC	Victoria	5/14-15
800m	Midget	2:41.61		6	Evans	Rhiannon	91	TBIR	Langley	6/18-19
800m	Midget	2:41.72		7	Clark	Alyssa	91	GEA	Langley	6/18-19
800m	Midget	2:41.79		9	Kits	Alisa	91	LM	Burnaby	7/15-17
800m	Midget	2:42.00		2	Spurr	Hayley	90	NORW	Burnaby	7/9-10
800m	Midget	2:43.70		12	Marpole-Bird	Monica	91	TBIR	Kelowna	7/1-3
800m	Midget	2:44.16		13	Clark	Alyssa	91	GEA	Kelowna	7/1-3
800m	Midget	2:44.38		8	Stinson	Amanda	91	VAAA	Langley	6/18-19
800m	Midget	2:46.16		2	Waldum	Sandra	91	BBY	Burnaby	7/9-10
800m	Midget	2:46.45		14	Morassut	Jesse	91	TRA	Kelowna	7/1-3
800m	Midget	2:46.49		9	Revi	Rebecca	91	NORW	Langley	6/18-19
800m	Midget	2:48.43		11	Horsley	Alejandra	91	KAJ	Abbotsford	7/23-24
800m	Midget	2:49.33		15	Stinson	Amanda	91	VAAA	Kelowna	7/1-3
800m	Midget	2:49.69		14	Amos	Jennifer	90	U	Kelowna	7/1-3
800m	Midget	2:50.86		10	Horsley	Alejandra	91	KAJ	Burnaby	7/15-17
800m	Midget	2:52.54		4	Revi	Rebecca	91	NORW	Coquitlam	6/11-12
800m	Midget	2:53.40		12	Warwick	Heather	90	KAJ	Burnaby	7/15-17
800m	Midget	2:56.2		4	Daviel	Melisendra	90	KAJ	Richmond	4/20
800m	Midget	2:56.27		15	Warwick	Heather	90	KAJ	Kelowna	7/1-3
800m	Midget	2:56.78		10	Goodwin	Spencer	91	LM	Langley	6/18-19

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
<b>800m</b>	<b>Juvenile</b>									
800m	Juvenile	2:08.38		3	Egami	Lisa	88	VR	Victoria	6/10
800m	Juvenile	2:09.25		7	Shaw	Angela	89	VR	Victoria	6/10
800m	Juvenile	2:10.36		1	Shaw	Angela	89	VR	Abbotsford	6/25-26
800m	Juvenile	2:10.67		11	Egami	Lisa	88	VR	Abbotsford	6/16
800m	Juvenile	2:10.72		12	Shaw	Angela	89	VR	Abbotsford	6/16
800m	Juvenile	2:11.41		9	Egami	Lisa	88	VR	Claremont, CA	4/15
800m	Juvenile	2:11.98		5	Shaw	Angela	89	VR	Montreal, QC	7/8-10
800m	Juvenile	2:13.02		3h1	Egami	Lisa	88	VR	Marrakesh, MO	7/15
800m	Juvenile	2:13.57		1	Egami	Lisa	88	VR	Burnaby	6/4
800m	Juvenile	2:14.09		1	Shaw	Angela	89	VR	Edmonton, AB	8/6-7
800m	Juvenile	2:14.09		1h3	Shaw	Angela	89	VR	Montreal, QC	7/8-10
800m	Juvenile	2:14.11		4	Egami	Lisa	88	VR	Burnaby	4/10
800m	Juvenile	2:14.43		1	Shaw	Angela	89	VR	Abbotsford	7/23-24
800m	Juvenile	2:14.81		1h4	Egami	Lisa	88	VR	Burnaby	6/3
800m	Juvenile	2:14.92		1	Shaw	Angela	89	VR	Gresham, CA	4/23
800m	Juvenile	2:14.95		1h3	Shaw	Angela	89	VR	Burnaby	6/3
800m	Juvenile	2:15.16		3	Egami	Lisa	88	VR	Burnaby	4/30
800m	Juvenile	2:15.18		3	Ershov	Victoria	88	CC	Abbotsford	6/25-26
800m	Juvenile	2:15.19	m	6	Smith	Jessica	89	NORW	Burnaby	7/19
800m	Juvenile	2:15.22		6	Egami	Lisa	88	VR	Walnut, CA	4/16
800m	Juvenile	2:15.88		1h2	Shaw	Angela	89	VR	Abbotsford	5/7
800m	Juvenile	2:15.96		3	Shaw	Angela	89	VR	Burnaby	6/4
800m	Juvenile	2:16.33		1h1	Weslowski	Jen	89	VR	Burnaby	6/3
800m	Juvenile	2:17.0	m	3	Weslowski	Jen	89	VR	Burnaby	7/12
800m	Juvenile	2:17.08		3	Groenewoud	Chantelle	89	NORW	Abbotsford	7/23-24
800m	Juvenile	2:17.09		6	Groenewoud	Chantelle	89	NORW	Gresham, CA	4/23
800m	Juvenile	2:17.11		1	Groenewoud	Chantelle	89	NORW	Kelowna	7/1-3
800m	Juvenile	2:17.15		1	Ershov	Victoria	88	CC	Langley	6/18-19
800m	Juvenile	2:17.79		2h2	Groenewoud	Chantelle	89	NORW	Abbotsford	5/7
800m	Juvenile	2:17.82		4	Ershov	Victoria	88	CC	Abbotsford	7/23-24
800m	Juvenile	2:18.37		5	Weslowski	Jen	89	VR	Abbotsford	7/23-24
800m	Juvenile	2:18.51		5	Weslowski	Jen	89	VR	Burnaby	6/4
800m	Juvenile	2:18.52		5	Weslowski	Jen	89	VR	Abbotsford	6/25-26
800m	Juvenile	2:19.1	m	1	Ershov	Victoria	88	CC	Burnaby	7/5
800m	Juvenile	2:19.55		2	Weslowski	Jen	89	VR	Langley	6/18-19
800m	Juvenile	2:19.76		6	Degagne	Gabrielle	88	VR	Abbotsford	7/23-24
800m	Juvenile	2:20.0	m	2	Degagne	Gabrielle	88	VR	Burnaby	7/5
800m	Juvenile	2:20.46		3	Cliff	Rachel	88	TBIR	Langley	6/18-19
800m	Juvenile	2:20.51		7	Wright	Gillian	88	NORW	Abbotsford	7/23-24
800m	Juvenile	2:20.72		2h2	Wright	Gillian	88	NORW	Burnaby	6/3
800m	Juvenile	2:20.78		4h2	Weslowski	Jen	89	VR	Abbotsford	5/7
800m	Juvenile	2:20.96		2h4	Ershov	Victoria	88	CC	Burnaby	6/3
800m	Juvenile	2:21.02	m	10	Ershov	Victoria	88	CC	Burnaby	7/19
800m	Juvenile	2:21.5		6	Lotnick	Sam	89	VR	Burnaby	7/12
800m	Juvenile	2:22.14		7	Wright	Gillian	88	NORW	Burnaby	6/4
800m	Juvenile	2:22.17		1	Ershov	Victoria	88	CC	Coquitlam	6/11-12
800m	Juvenile	2:22.30		2	Degagne	Gabrielle	88	VR	Kelowna	7/1-3
800m	Juvenile	2:24.17		13	Weslowski	Jen	89	VR	Gresham, CA	4/23
800m	Juvenile	2:24.23		6h2	Ershov	Victoria	88	CC	Abbotsford	5/7
800m	Juvenile	2:25.81		5	Crawley	Megan	88	PGTF	Kelowna	7/1-3
800m	Juvenile	2:26.35		2	Degagne	Gabrielle	88	VR	Coquitlam	6/11-12
800m	Juvenile	2:26.52		4	Wright	Gillian	88	NORW	Langley	6/18-19
800m	Juvenile	2:26.63		1h1	Degagne	Gabrielle	88	VR	Abbotsford	5/7
800m	Juvenile	2:27.40		8	Martin	Sophie	89	TBIR	Kelowna	7/1-3
800m	Juvenile	2:27.72		3	Stutz	Linda	89	KAJ	Coquitlam	6/11-12

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Juvenile	2:27.93		5	Suddaby	Jessica	88	VR	Langley	6/18-19
800m	Juvenile	2:28.03		6	Martin	Sophie	89	TBIR	Langley	6/18-19
800m	Juvenile	2:28.05		8	Martin	Sophie	89	TBIR	Abbotsford	7/23-24
800m	Juvenile	2:28.1		1	Ershov	Victoria	88	CC	Richmond	4/20
800m	Juvenile	2:28.50		10	Trenholm	Rachelle	88	CRC	Burnaby	4/10
800m	Juvenile	2:28.82		7	Hall	Amanda	88	LM	Langley	6/18-19
800m	Juvenile	2:28.85		8	Stutz	Linda	89	KAJ	Langley	6/18-19
800m	Juvenile	2:29.09		2	Ershov	Victoria	88	CC	Surrey	4/23
800m	Juvenile	2:29.38		9	Crawley	Megan	88	PGTF	Abbotsford	7/23-24
800m	Juvenile	2:29.67		7h2	Wright	Gillian	88	NORW	Abbotsford	5/7
800m	Juvenile	2:29.96		10	Stutz	Linda	89	KAJ	Abbotsford	7/23-24
800m	Juvenile	2:30.86		8	Ershov	Victoria	88	CC	Burnaby	6/4
800m	Juvenile	2:30.90		10	Stutz	Linda	89	KAJ	Kelowna	7/1-3
800m	Juvenile	2:30.96		11	DePaoli	Tamara	89	VTFC	Kelowna	7/1-3
800m	Juvenile	2:32.34		12	Gallagher	Katie	88	CVC	Kelowna	7/1-3
800m	Juvenile	2:32.88		9h2	Kane	Brianna	89	SCA	Abbotsford	5/7
800m	Juvenile	2:33.32		10h2	Raison	Erinn	88	PA	Abbotsford	5/7
800m	Juvenile	2:34.04		11	Martinson	Melissa	89	PGTF	Abbotsford	7/23-24
800m	Juvenile	2:34.7	m	3	Raison	Erinn	88	PA	Penticton	6/14
800m	Juvenile	2:34.74		11h2	Stutz	Linda	89	KAJ	Abbotsford	5/7
800m	Juvenile	2:35.41		4h1	Martin	Sophie	89	TBIR	Abbotsford	5/7
800m	Juvenile	2:35.86		14	Suddaby	Jessica	88	VR	Kelowna	7/1-3
800m	Juvenile	2:39.72		15	Martinson	Melissa	89	PGTF	Kelowna	7/1-3
800m	Juvenile	2:43.57		12	DePaoli	Tamara	89	VTFC	Abbotsford	7/23-24
800m	Juvenile	2:50.5	m	4	Rose	Courtney	89	PA	Penticton	6/14
<b>800m</b>	<b>Junior</b>									
800m	Junior	2:11.51		12	Mancell	Heather	87	CC	Victoria	6/10
800m	Junior	2:11.57		2	Mancell	Heather	87	CC	Walnut, CA	4/16
800m	Junior	2:14.08		13	Mancell	Heather	87	CC	Regina, SK	8/16-20
800m	Junior	2:14.81		2	Kolstad	Kirsten	86	VR	Abbotsford	6/25-26
800m	Junior	2:15.23		1	Mancell	Heather	87	CC	Abbotsford	7/23-24
800m	Junior	2:15.24		1	Mancell	Heather	87	CC	Abbotsford	5/7
800m	Junior	2:15.56		6	Kolstad	Kirsten	86	VR	Burnaby	4/10
800m	Junior	2:15.79		4	Mancell	Heather	87	CC	Abbotsford	6/25-26
800m	Junior	2:15.94		7	Mancell	Heather	87	CC	Burnaby	4/10
800m	Junior	2:16.33		4	Kolstad	Kirsten	86	VR	Burnaby	4/30
800m	Junior	2:16.43		8	Appelt	Melissa	87	U	Burnaby	4/10
800m	Junior	2:16.94		2h1	Hudson	Ali	87	NORW	Burnaby	6/3
800m	Junior	2:17.07		14	Mancell	Heather	87	CC	Regina, SK	8/16-20
800m	Junior	2:18.42		4	Hudson	Ali	87	NORW	Burnaby	6/4
800m	Junior	2:19.66		7	Hudson	Ali	87	NORW	Gresham, OR	4/23
800m	Junior	2:22.45		1	Payne	Erin	87	SFTC	Surrey	4/23
800m	Junior	2:23.14		1	Boss	Traci	87	CC	Coquitlam	6/11-12
800m	Junior	2:24.09		5h2	Hudson	Ali	87	NORW	Abbotsford	5/7
800m	Junior	2:26.96		6	Hayes	Piper	86	U	Burnaby	4/30
<b>800m</b>	<b>Senior</b>									
800m	Senior	2:00.10		5	Cummins	Diane	74	U	Rieti, IT	8/28
800m	Senior	2:00.10		10	Cummins	Diane	74	U	Helsinki, FI	8/7
800m	Senior	2:00.52		3	Cummins	Diane	74	U	Saville, SP	6/4
800m	Senior	2:00.58		3b	Cummins	Diane	74	U	Rome, IT	
800m	Senior	2:00.72		6	Cummins	Diane	74	U	Athina, GR	6/14
800m	Senior	2:00.97		6	Cummins	Diane	74	U	Lasanne, SW	
800m	Senior	2:01.62		4	Cummins	Diane	74	U	Vilen. D'Asq, FR	6/12
800m	Senior	2:01.69		3	Cummins	Diane	74	U	Hengelo	5/29

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
800m	Senior	2:01.71		7	Cummins	Diane	74	U	Helsinki, FI	8/6
800m	Senior	2:01.74		4	Cummins	Diane	74	U	Doha, QA	5/13
800m	Senior	2:01.90		2	Teteris	Aimee	79	PATH	Palo Alta, CA	5/30
800m	Senior	2:02.17		1	Vermuelen	Kate	76	U	Victoria	5/14-15
800m	Senior	2:02.59		1	Cummins	Diane	74	U	Winnipeg, MA	5/15-17
800m	Senior	2:04.30		2	Teteris	Aimee	79	PATH	Winnipeg, MA	5/15-17
800m	Senior	2:04.72		4	Teteris	Aimee	79	PATH	Osaka, JP	5/7
800m	Senior	2:04.80		3	Teteris	Aimee	79	PATH	Victoria	5/14-15
800m	Senior	2:04.92		1	Johnstone	Rebecca	84	U	Louisville, KY	5/27
800m	Senior	2:05.42		1	Cummins	Diane	74	U	Winnipeg, MA	5/15-17
800m	Senior	2:05.77		3	Johnstone	Rebecca	84	U	Winnipeg, MA	5/15-17
800m	Senior	2:05.78		4	Teteris	Aimee	79	PATH	Burnaby	6/14
800m	Senior	2:05.79		5	Johnstone	Rebecca	84	U	Burnaby	6/14
800m	Senior	2:05.79		3	Teteris	Aimee	79	PATH	Victoria	6/10
800m	Senior	2:06.25		5	Teteris	Aimee	79	PATH	Winnipeg, MA	5/15-17
800m	Senior	2:07.19		2	Johnstone	Rebecca	84	U	Eugene, OR	4/23
800m	Senior	2:07.31		1	Thibodeau	Melina	71	PATH	Abbotsford	6/25-26
800m	Senior	2:08.04		2	Johnstone	Rebecca	84	U	Abbotsford	6/25-26
800m	Senior	2:08.08		10	Thibodeau	Melina	71	PATH	Winnipeg, MA	7/15-17
800m	Senior	2:08.55		5	Johnstone	Rebecca	84	U	Abbotsford	6/16
800m	Senior	2:08.57		6	Inman	Courtney	79	VR	Claremont, CA	4/15
800m	Senior	2:09.12		18	Johnstone	Rebecca	84	U	Izmir, TU	8/15-20
800m	Senior	2:09.42		3	Krasovska	Alexandra	84	VR	Eugene, OR	4/23
800m	Senior	2:09.47		2	Elmore	Malindi	80	U	Calgary	5/31
800m	Senior	2:10.13		9	Inman	Courtney	79	VR	Victoria	6/10
800m	Senior	2:10.38		14	Depol	Nancy	76	PATH	Winnipeg, MA	5/15-17
800m	Senior	2:11.05		7	Elmer	Shannon	85	U	Long Beach, CA	4/16
800m	Senior	2:11.51		2	Inman	Courtney	79	VR	Burnaby	4/10
800m	Senior	2:11.59		1	Depol	Nancy	76	PATH	Burnaby	7/9-10
800m	Senior	2:12.21		2	Krasovska	Alexandra	84	VR	Burnaby	4/30
800m	Senior	2:12.86		3	Krasovska	Alexandra	84	VR	Burnaby	4/10
800m	Senior	2:12.99		10	Krasovska	Alexandra	84	VR	Regina, SK	8/16-20
800m	Senior	2:13.36		8	Johnstone	Rebecca	84	U	Winnipeg, MA	5/15-17
800m	Senior	2:15.15		11	Krasovska	Alexandra	84	VR	Regina, SK	8/16-20
800m	Senior	2:15.25		3	Depol	Nancy	76	PATH	Abbotsford	6/25-26
800m	Senior	2:17.01		4	Fedoruk	Nancy	82	PATH	Abbotsford	6/25-26
800m	Senior	2:18.39		2	Krasovska	Alexandra	84	VR	Abbotsford	7/23-24
800m	Senior	2:30.19		11	Laforce	Daisy	81	KAJ	Burnaby	4/10
<b>800m</b>	<b>Masters</b>									
800m	Masters	2:21.31		1	Everton	Nicola	65	U	Burnaby	7/9-10
800m	Masters	2:21.72		1	De St. Croix	Maureen	53	KAJ	Burnaby	7/9-10
800m	Masters	2:22.82		11	De St. Croix	Maureen	53	KAJ	Burnaby	7/19
800m	Masters	2:24.0	m	4	De St. Croix	Maureen	53	KAJ	Burnaby	6/28
800m	Masters	2:25.41		1	Jordan	Debbie	57	U	Burnaby	7/9-10
800m	Masters	2:26.80	m	6	De St. Croix	Maureen	53	KAJ	Burnaby	6/21
800m	Masters	2:41.80		1	Douglas	Avril	47	KAJ	Duncan	6/11-12
800m	Masters	2:45.40		1	Summers	Judy	54	DAC	Duncan	6/11-12
800m	Masters	3:37.05		1	Montgomery	Lenore	30	U	Duncan	6/11-12
800m	Masters	4:20.04		2	Cable	Judi	52	SCA	Langley	6/18-19
<b>1500m</b>										
<b>1500m</b>	<b>Midget</b>									
1500m	Midget	4:36.40		3	Johnson	Justine	91	VTFC	Burnaby	6/4
1500m	Midget	4:40.03		2	Trenholm	Stephanie	90	CRC	Edmonton, AB	8/6-7

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Midget	4:41.10		1	Trenholm	Stephanie	90	CRC	Burnaby	7/15-17
1500m	Midget	4:44.98		1	Johnson	Justine	91	VTFC	Abbotsford	7/23-24
1500m	Midget	4:46.48		1	Trenholm	Stephanie	90	CRC	Kelowna	7/1-3
1500m	Midget	4:46.92		1	Trenholm	Stephanie	90	CRC	Duncan	6/11-12
1500m	Midget	4:49.99		1	Trenholm	Stephanie	90	CRC	Burnaby	6/3
1500m	Midget	4:50.63		1	Johnson	Justine	91	VTFC	Kelowna	7/1-3
1500m	Midget	4:52.28		1	Johnson	Justine	91	VTFC	Burnaby	7/15-17
1500m	Midget	4:56.53		1	Trenholm	Stephanie	90	CRC	Victoria	5/14-15
1500m	Midget	4:56.75		12h	Schoch	Teegan	90	KEL	Burnaby	6/3
1500m	Midget	4:57.00		2	Therrien	Brittany	90	VTFC	Burnaby	7/15-17
1500m	Midget	4:57.82		11	Schoch	Teegan	90	KEL	Burnaby	6/4
1500m	Midget	4:58.00		1	Johnson	Justine	91	VTFC	Clermont, FL	3/19
1500m	Midget	4:59.23		2	Vogt	Emma	90	BBY	Kelowna	7/1-3
1500m	Midget	4:59.74		8h	Teer	Aleah	91	VR	Burnaby	6/3
1500m	Midget	5:00.12		12	Teer	Aleah	91	VR	Burnaby	6/4
1500m	Midget	5:01.61		2	Kehler-Stevens	Amanda	90	CVC	Victoria	5/14-15
1500m	Midget	5:01.98		3	Schoch	Teegan	90	KEL	Kelowna	7/1-3
1500m	Midget	5:02.84		3	Therrien	Brittany	90	VTFC	Victoria	5/14-15
1500m	Midget	5:03.33		4	Therrien	Brittany	90	VTFC	Kelowna	7/1-3
1500m	Midget	5:03.68		2	Teer	Aleah	91	VR	Burnaby	7/15-17
1500m	Midget	5:04.00		3	Digby	Katherine	91	TBIR	Clermont, FL	3/19
1500m	Midget	5:05.77		3	Digby	Katherine	91	TBIR	Burnaby	7/15-17
1500m	Midget	5:06.54		13	Trenholm	Stephanie	90	CRC	Burnaby	4/10
1500m	Midget	5:07.94		1	Teer	Aleah	91	VR	Langley	6/18-19
1500m	Midget	5:09.57		1	McCulligh	Maureen	91	CRC	Victoria	5/14-15
1500m	Midget	5:11.10		3	Vogt	Emma	90	BBY	Burnaby	7/15-17
1500m	Midget	5:11.18		1	Vogt	Emma	90	BBY	Langley	6/18-19
1500m	Midget	5:12.04		4	Andrew	Kalee	90	VTFC	Victoria	5/14-15
1500m	Midget	5:12.83		1	Vogt	Emma	90	BBY	Coquitlam	6/11-12
1500m	Midget	5:12.89		15	Digby	Katherine	91	TBIR	Burnaby	4/10
1500m	Midget	5:14.20		4	Kits	Rebecca	90	LM	Burnaby	7/15-17
1500m	Midget	5:16.75		2	Kits	Rebecca	90	LM	Langley	6/18-19
1500m	Midget	5:16.90		5	Riva	Lauren	90	OTFC	Kelowna	7/1-3
1500m	Midget	5:17.56		4	McCulligh	Maureen	91	CRC	Burnaby	7/15-17
1500m	Midget	5:18.08		3	Kits	Rebecca	90	LM	Coquitlam	6/11-12
1500m	Midget	5:18.80		2	Sawatzky	Sarah	91	CHWK	Langley	6/18-19
1500m	Midget	5:18.96		6	Kits	Rebecca	90	LM	Kelowna	7/1-3
1500m	Midget	5:18.99		1	Harrison	Paige	91	TBIR	Coquitlam	6/11-12
1500m	Midget	5:19.17		7	Ling	Grace	90	KAJ	Kelowna	7/1-3
1500m	Midget	5:20.00		3	Santa Cruz	Stephanie	90	KAJ	Langley	6/18-19
1500m	Midget	5:20.20		5	Ling	Grace	90	KAJ	Burnaby	7/15-17
1500m	Midget	5:20.29		1	Gill	Nikitan	91	SFTC	Surrey	4/23
1500m	Midget	5:20.77		8	Harrison	Paige	91	TBIR	Abbotsford	5/7
1500m	Midget	5:20.97		6	Thornhill	Alexis	91	PGTF	Burnaby	7/15-17
1500m	Midget	5:21.44		3	Sawatzky	Sarah	91	CHWK	Kelowna	7/1-3
1500m	Midget	5:21.63		4	Thornhill	Alexis	91	PGTF	Kelowna	7/1-3
1500m	Midget	5:21.84		5	Newman	Jillian	91	PGTF	Kelowna	7/1-3
1500m	Midget	5:26.39		5	Ling	Grace	90	KAJ	Victoria	5/14-15
1500m	Midget	5:28.52		7	Sawatzky	Sarah	91	CHWK	Burnaby	7/15-17
1500m	Midget	5:29.23		1	Mclvor	Hayley	90	U	Surrey	4/23
1500m	Midget	5:29.5		2	Ling	Grace	90	KAJ	Richmond	5/7
1500m	Midget	5:30.14		8	Kits	Alisa	91	LM	Burnaby	7/15-17
1500m	Midget	5:30.28		7	Santa Cruz	Stephanie	90	KAJ	Victoria	5/14-15
1500m	Midget	5:31.26		9	Kits	Alisa	91	LM	Abbotsford	5/7
1500m	Midget	5:32.21		12	Santa Cruz	Stephanie	90	KAJ	Abbotsford	5/7
1500m	Midget	5:32.47		6	Bartell	Larissa	91	PGTF	Kelowna	7/1-3

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Midget	5:34.16		3	Stinson	Amanda	91	VAAA	Langley	6/18-19
1500m	Midget	5:34.40		6	Riva	Lauren	90	OTFC	Burnaby	7/15-17
1500m	Midget	5:36.31		8	Spurr	Hayley	90	NORW	Kelowna	7/1-3
1500m	Midget	5:37.78		3	Santa Cruz	Stephanie	90	KAJ	Coquitlam	6/11-12
1500m	Midget	5:39.60		17	Harrison	Paige	91	TBIR	Burnaby	4/10
1500m	Midget	5:39.89		7	Stinson	Amanda	91	VAAA	Kelowna	7/1-3
1500m	Midget	5:41.91		8	Kits	Alisa	91	LM	Kelowna	7/1-3
1500m	Midget	5:42.20		7	Santa Cruz	Stephanie	90	KAJ	Burnaby	7/15-17
1500m	Midget	5:43.21		8	Warwick	Heather	90	KAJ	Victoria	5/14-15
1500m	Midget	5:47.40		9	Amos	Jennifer	90	U	Kelowna	7/1-3
1500m	Midget	5:47.67		9	Riva	Lauren	90	OTFC	Victoria	5/14-15
1500m	Midget	5:47.92		4	Kits	Alisa	91	LM	Langley	6/18-19
1500m	Midget	5:48.15		10	Clark	Alyssa	91	GEA	Kelowna	7/1-3
1500m	Midget	5:48.62		2	Kits	Alisa	91	LM	Coquitlam	6/11-12
1500m	Midget	5:49.70		5	Clark	Alyssa	91	GEA	Langley	6/18-19
1500m	Midget	5:50.90		10	Daviel	Melisendra	90	KAJ	Kelowna	7/1-3
1500m	Midget	5:51.95		4	Warwick	Heather	90	KAJ	Langley	6/18-19
1500m	Midget	5:53.07		11	Warwick	Heather	90	KAJ	Kelowna	7/1-3
1500m	Midget	5:56.13		13	Goodwin	Spencer	91	LM	Abbotsford	5/7
1500m	Midget	6:10.24		14	Warwick	Heather	90	KAJ	Abbotsford	5/7
<b>1500m</b>	<b>Juvenile</b>									
1500m	Juvenile	4:34.91		1	Egami	Lisa	88	VR	Abbotsford	6/25-26
1500m	Juvenile	4:35.78		1	Egami	Lisa	88	VR	Abbotsford	5/18
1500m	Juvenile	4:35.82		2	Smith	Jessica	89	NORW	Burnaby	6/4
1500m	Juvenile	4:37.96		1	Smith	Jessica	89	NORW	Edmonton, AB	8/6-7
1500m	Juvenile	4:38.33		4	Groenewoud	Chantelle	89	NORW	Burnaby	6/4
1500m	Juvenile	4:41.06		13	Cliff	Rachel	88	TBIR	Abbotsford	6/16
1500m	Juvenile	4:42.91		4	Cliff	Rachel	88	TBIR	Abbotsford	6/25-26
1500m	Juvenile	4:43.32		5	Cliff	Rachel	88	TBIR	Burnaby	6/4
1500m	Juvenile	4:41.02		1	Egami	Lisa	88	VR	Gresham, OR	4/23
1500m	Juvenile	4:41.83	m	3	Groenewoud	Chantelle	89	NORW	Burnaby	6/21
1500m	Juvenile	4:42.55		1	Egami	Lisa	88	VR	Abbotsford	5/7
1500m	Juvenile	4:44.62		1	Smith	Jessica	89	NORW	Abbotsford	7/23-34
1500m	Juvenile	4:46.27		1	Smith	Jessica	89	NORW	Abbotsford	5/7
1500m	Juvenile	4:46.31		16	Groenewoud	Chantelle	89	NORW	Abbotsford	6/16
1500m	Juvenile	4:47.06		2	Lotnick	Samantha	89	VR	Abbotsford	5/7
1500m	Juvenile	4:47.76		3h	Smith	Jessica	89	NORW	Burnaby	6/3
1500m	Juvenile	4:49.43		5h	Cliff	Rachel	88	TBIR	Burnaby	6/3
1500m	Juvenile	4:49.71		7h	Imlach	Brittany	89	KAJ	Burnaby	6/3
1500m	Juvenile	4:49.72		9h	Farnan	Emily	89	NORW	Burnaby	6/3
1500m	Juvenile	4:49.91		3	Groenewoud	Chantelle	89	NORW	Abbotsford	7/23-34
1500m	Juvenile	4:50.37		6	Griffin	August	88	KAJ	Burnaby	6/4
1500m	Juvenile	4:50.88		2h	Groenewoud	Chantelle	89	NORW	Burnaby	6/3
1500m	Juvenile	4:50.96		1	Smith	Jessica	89	NORW	Langley	6/18-19
1500m	Juvenile	4:51.87		1	Groenewoud	Chantelle	89	NORW	Victoria	5/14-15
1500m	Juvenile	4:52.83		2	Smith	Jessica	89	NORW	Victoria	5/14-15
1500m	Juvenile	4:54.20		2	Mclvor	Laura	89	U	Langley	6/18-19
1500m	Juvenile	4:54.62		11	Griffin	August	88	KAJ	Burnaby	6/3
1500m	Juvenile	4:55.08		3	Farnan	Emily	89	NORW	Langley	6/18-19
1500m	Juvenile	4:55.95		9	Farnan	Emily	89	NORW	Burnaby	6/4
1500m	Juvenile	4:56.85		10	Imlach	Brittany	89	KAJ	Burnaby	6/4
1500m	Juvenile	4:57.13		4	Degagne	Gabrielle	89	VR	Langley	6/18-19
1500m	Juvenile	4:57.89		1	Smith	Jessica	89	NORW	Kelowna	7/1-3
1500m	Juvenile	4:58.42		4	Farnan	Emily	89	NORW	Abbotsford	7/23-34
1500m	Juvenile	5:00.08		2	Degagne	Gabrielle	89	VR	Kelowna	7/1-3

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Juvenile	5:00.82		5	Hall	Amanda	88	LM	Langley	6/18-19
1500m	Juvenile	5:01.00		2	Cliff	Rachel	88	TBIR	Clermont, FL	3/19
1500m	Juvenile	5:02.23		5	Slattery	Lauren	88	NORW	Abbotsford	5/7
1500m	Juvenile	5:02.85		3	Farnan	Emily	89	NORW	Kelowna	7/1-3
1500m	Juvenile	5:10.68		4	DePaoli	Tamara	89	VTFC	Kelowna	7/1-3
1500m	Juvenile	5:13.42		3	Mitic	Laura	89	VTFC	Victoria	5/14-15
1500m	Juvenile	5:14.99		5	Carlyle	Laura	89	KEL	Kelowna	7/1-3
1500m	Juvenile	5:16.80		4	DePaoli	Tamara	89	VTFC	Victoria	5/14-15
1500m	Juvenile	5:17.22		6	Stutz	Linda	89	KAJ	Kelowna	7/1-3
1500m	Juvenile	5:19.65		5	Raison	Erinn	88	PA	Abbotsford	7/23-34
1500m	Juvenile	5:20.24		7	Raison	Erinn	88	PA	Abbotsford	5/7
1500m	Juvenile	5:21.19		6	Martinson	Melissa	89	PGTF	Abbotsford	7/23-34
1500m	Juvenile	5:21.91		5	Degagne	Gabrielle	89	VR	Abbotsford	6/25-26
1500m	Juvenile	5:25.11		10	Rose	Courtney	89	PA	Abbotsford	5/7
1500m	Juvenile	5:26.84		8	DeMarinis	Jessica	89	KEL	Kelowna	7/1-3
1500m	Juvenile	5:29.31		9	Martinson	Melissa	89	PGTF	Kelowna	7/1-3
1500m	Juvenile	5:32.86		6	Stanley	Roxanne	89	CHWK	Langley	6/18-19
1500m	Juvenile	5:37.50		11	Stanley	Roxanne	89	CHWK	Kelowna	7/1-3
1500m	Juvenile	5:48.81		7	DePaoli	Tamara	89	VTFC	Abbotsford	7/23-34
1500m	Juvenile	6:01.14		4	Keorner	Mira	88	TBIR	Clermont, FL	3/19
1500m	Juvenile	6:16.62		5	Flynn	Melissa	89	AVTC	Victoria	5/14-15
<b>1500m</b>	<b>Junior</b>									
1500m	Junior	4:33.03		3	Kolstad	Kristen	86	SFTC	Montreal, QC	7/8-10
1500m	Junior	4:33.17		1	Kolstad	Kristen	86	SFTC	Victoria	6/10
1500m	Junior	4:33.77		1	Mancell	Heather	87	CC	Burnaby	6/4
1500m	Junior	4:34.39		2	Kolstad	Kristen	86	SFTC	Abbotsford	7/23-24
1500m	Junior	4:34.75		2	Mancell	Heather	87	CC	Burnaby	4/30
1500m	Junior	4:35.79		4h2	Mancell	Heather	87	CC	Montreal, QC	7/8-10
1500m	Junior	4:35.93		3	Mancell	Heather	87	CC	Abbotsford	7/23-24
1500m	Junior	4:36.74		4h1	Kolstad	Kristen	86	SFTC	Montreal, QC	7/8-10
1500m	Junior	4:37.19		9	Kolstad	Kristen	86	SFTC	Regina, SK	8/16-20
1500m	Junior	4:37.96		6	Mancell	Heather	87	CC	Montreal, QC	7/8-10
1500m	Junior	4:39.08		2	Mancell	Heather	87	CC	Abbotsford	6/25-26
1500m	Junior	4:40.40		8	Kolstad	Kristen	86	SFTC	Regina, SK	8/16-20
1500m	Junior	4:40.77		3	Kolstad	Kristen	86	SFTC	Abbotsford	6/25-26
1500m	Junior	4:41.13		13	Mancell	Heather	87	CC	Claremont	4/15
1500m	Junior	4:45.22		1h	Mancell	Heather	87	CC	Burnaby	6/3
1500m	Junior	4:47.86		34	Hayes	Piper	86	U	Long Beach, CA	4/16
1500m	Junior	4:51.54		8	Hague	Alycia	87	VR	Burnaby	6/4
1500m	Junior	4:52.35		10h	Hague	Alycia	87	VR	Burnaby	6/3
1500m	Junior	4:59.96		11	Proctor	Sarah	87	U	Burnaby	4/30
1500m	Junior	5:03.42		9	Proctor	Sarah	87	U	Burnaby	4/10
1500m	Junior	5:26.48		1	Swift	Megan	87	PGTF	Abbotsford	7/23-24
1500m	Junior	5:32.06		2	Swift	Megan	87	PGTF	Kelowna	7/1-3
<b>1500m</b>	<b>Senior</b>									
1500m	Senior	4:07.77		3	Vermuelen	Kate	76	U	Carson, CA	5/22
1500m	Senior	4:08.17		3	Vermuelen	Kate	76	U	Palo Alta, CA	5/30
1500m	Senior	4:17.19		4	Babcock	Courtney	72	U	Cork, Ir	7/2
1500m	Senior	4:17.21		5	Inman	Courtney	79	VR	Stanford, CA	5/1
1500m	Senior	4:17.42		11	Inman	Courtney	79	VR	Palo Alta, CA	5/30
1500m	Senior	4:18.55		3	Vermuelen	Kate	76	U	Winnipeg, MA	7/15-17
1500m	Senior	4:19.02		4	Cummins	Diane	74	U	Winnipeg, MA	7/15-17
1500m	Senior	4:20.65		11	Inman	Courtney	79	VR	Burnaby	6/14
1500m	Senior	4:23.75		9	Johnstone	Rebecca	84	U	Victoria	6/10

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500m	Senior	4:26.08		5	Smith	Kristy	83	U	Knoxville, TN	4/15
1500m	Senior	4:29.32		1	MacGregor	Meredith	85	VR	Abbotsford	7/23-24
1500m	Senior	4:36.47		3	McEwen	Heather	81	U	Burnaby	4/30
1500m	Senior	4:37.78		13	Elmer	Shannon	85	U	Winnipeg, MA	7/15-17
1500m	Senior	4:38.13		3	Evans	Tiffany	74	PATH	Victoria	6/10
1500m	Senior	4:38.36		1	Thibodeau	Melina	71	PATH	Victoria	5/14-15
1500m	Senior	4:38.55		1	Fedoruk	Nancy	82	PATH	Abbotsford	6/25-26
1500m	Senior	4:38.67		12	McEwen	Heather	81	U	Long Beach, CA	4/16
1500m	Senior	4:40.30		2	Fedoruk	Nancy	82	PATH	Victoria	5/14-15
1500m	Senior	4:40.99		3	Evans	Tiffany	74	PATH	Victoria	5/14-15
1500m	Senior	4:42.00		3	Evans	Tiffany	74	PATH	Abbotsford	6/25-26
1500m	Senior	4:44.85		13	MacGregor	Meredith	85	VR	Regina, SK	8/16-20
1500m	Senior	4:48.78		4	Gilgunn	Lyz	84	PATH	Victoria	5/14-15
1500m	Senior	4:50.98		15	Fedoruk	Karen	82	PATH	Winnipeg, MA	7/15-17
1500m	Senior	5:04.44		5	Fedoruk	Karen	82	PATH	Victoria	5/14-15
1500m	Senior	5:15.08		12	Laforce	Daisy	81	KAJ	Burnaby	4/30
1500m	Senior	5:15.74		4	Fedoruk	Karen	82	PATH	Abbotsford	6/25-26
<b>1500m</b>	<b>Masters</b>									
1500m	Masters	4:48.52		1	De St. Croix	Maureen	53	KAJ	Burnaby	7/9-10
1500m	Masters	4:49.00		8	De St. Croix	Maureen	53	KAJ	Burnaby	4/30
1500m	Masters	4:57.88		1	Everton	Nicola	65	U	Burnaby	7/9-10
1500m	Masters	4:57.99		2	Gill	Catherine	65	U	Burnaby	7/9-10
1500m	Masters	5:06.76		1	Jordan	Debbie	57	U	Burnaby	7/9-10
1500m	Masters	5:39.97		1	McKenzie	Bonnie	62	PEN	Victoria	5/14-15
1500m	Masters	6:57.67		1	Montgomery	Lenore	30	U	Duncan	6/11-12
1500m	Masters	7:03.62		1	Panther	Daphne	46	PIH	Duncan	6/11-12
<b>1600m</b>										
<b>1600m</b>	<b>Midget</b>									
1600m	Midget									
<b>1600m</b>	<b>Juvenile</b>									
1600m	Juvenile									
<b>1600m</b>	<b>Junior</b>									
1600m	Junior									
<b>Mile</b>	<b>Senior</b>									
Mile	Senior									
<b>Mile</b>	<b>Masters</b>									
Mile	Masters									
<b>3000m</b>										
<b>3000m</b>	<b>Midget</b>									
3000m	Midget	10:13.95		4	Johnson	Justine	91	VTFC	Burnaby	6/3
3000m	Midget	10:34.99		1	Johnson	Justine	91	VTFC	Burnaby	7/15-17
3000m	Midget	10:43.68		1	Newman	Jillian	91	PGTF	Abbotsford	7/23-24
3000m	Midget	10:55.78		1	Digby	Katherine	91	TBIR	Coquitlam	6/11-12
3000m	Midget	10:56.45		2	Digby	Katherine	91	TBIR	Burnaby	7/15-17
3000m	Midget	11:15.86		1	Andrew	Kalee	90	VTFC	Victoria	5/14-15
3000m	Midget	11:26.79		2	Kits	Rebecca	90	LM	Langley	6/18-19
3000m	Midget	11:31.67		1	Kits	Rebecca	90	LM	Burnaby	7/15-17

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
3000m	Midget	11:33.46		1	McCulligh	Maureen	91	CRC	Victoria	5/14-15
3000m	Midget	11:37.71		3	Gill	Nikki	91	SFTC	Langley	6/18-19
3000m	Midget	11:37.94		3	McCulligh	Maureen	91	CRC	Burnaby	7/15-17
3000m	Midget	11:38.26		1	Kits	Rebecca	90	LM	Coquitlam	6/11-12
3000m	Midget	11:38.71		1	Kits	Rebecca	90	LM	Kelowna	7/1-3
3000m	Midget	11:41.31		2	Riva	Lauren	90	OTFC	Burnaby	7/15-17
3000m	Midget	11:50.78		4	Newman	Jillian	91	PGTF	Burnaby	7/15-17
3000m	Midget	11:52.55		2	Riva	Lauren	90	OTFC	Kelowna	7/1-3
3000m	Midget	11:54.69		3	Daviel	Melisendra	90	KAJ	Kelowna	7/1-3
3000m	Midget	11:56.91		2	Gill	Nikki	91	SFTC	Coquitlam	6/11-12
3000m	Midget	12:10.99		2	Riva	Lauren	90	OTFC	Victoria	5/14-15
3000m	Midget	12:16.0	m	6	Daviel	Melisendra	90	KAJ	Burnaby	6/28
3000m	Midget	12:19.72		4	Amos	Jennifer	90	U	Kelowna	7/1-3
3000m	Midget	12:23.84		5	Santa Cruz	Stephanie	90	KAJ	Langley	6/18-19
3000m	Midget	12:29.63		3	Santa Cruz	Stephanie	90	KAJ	Victoria	5/14-15
3000m	Midget	12:33.29		5	Gill	Nikki	91	SFTC	Burnaby	7/15-17
3000m	Midget	12:37.79		3	Daviel	Melisendra	90	KAJ	Burnaby	7/15-17
3000m	Midget	12:37.82		2	Santa Cruz	Stephanie	90	KAJ	Coquitlam	6/11-12
3000m	Midget	13:20.16		3	Clark	Alyssa	91	GEA	Coquitlam	6/11-12
3000m	Midget	15:20.52		5	Sequeira	Carita	90	CRC	Victoria	5/14-15
<b>3000m</b>	<b>Juvenile</b>									
3000m	Juvenile	10:03.80		1	Sweetland	Kirsten	88	U	Burnaby	6/3
3000m	Juvenile	10:05.96		2	Smith	Jessica	89	NORW	Burnaby	6/3
3000m	Juvenile	10:06.92		3	Cliff	Rachel	88	TBIR	Burnaby	6/3
3000m	Juvenile	10:16.99		1	Cliff	Rachel	88	TBIR	Abbotsford	6/25-26
3000m	Juvenile	10:20.36		1	Smith	Jessica	89	NORW	Edmonton, AB	8/6-7
3000m	Juvenile	10:21.05		4	Lotnick	Sam	89	VR	Gresham, OR	4/23
3000m	Juvenile	10:23.82		8	Cliff	Rachel	88	TBIR	Gresham, OR	4/23
3000m	Juvenile	10:39.3	m	2	Mclvor	Laura	89	U	Burnaby	6/28
3000m	Juvenile	10:42.50		1	Smith	Jessica	89	NORW	Abbotsford	7/23-24
3000m	Juvenile	10:43.38		2	Mclvor	Laura	89	U	Abbotsford	7/23-24
3000m	Juvenile	10:43.68		3	Digby	Erica	89	TBIR	Abbotsford	7/23-24
3000m	Juvenile	10:44.03		4	Farnan	Emily	89	NORW	Abbotsford	7/23-24
3000m	Juvenile	10:50.10		9	Lotnick	Sam	89	VR	Burnaby	6/3
3000m	Juvenile	10:55.47		1	Digby	Erica	89	TBIR	Coquitlam	6/11-12
3000m	Juvenile	11:06.99		1	Farnan	Emily	89	NORW	Kelowna	7/1-3
3000m	Juvenile	11:16.15		1	Mclvor	Laura	89	U	Surrey	4/23
3000m	Juvenile	11:46.47		5	Raison	Erinn	88	PA	Abbotsford	7/23-24
3000m	Juvenile	11:51.06		2	DeMarinis	Jessica	89	KEL	Kelowna	7/1-3
3000m	Juvenile	11:59.56		3	Stanley	Roxanne	89	CHWK	Kelowna	7/1-3
<b>3000m</b>	<b>Junior</b>									
3000m	Junior	9:47.87		5	Kolstad	Kristen	86	SFTC	Montreal, QC	7/8-10
3000m	Junior	10:10.77		1	Campbell	Anita	87	VR	Gresham, OR	4/23
3000m	Junior	10:13.36		12	Hayes	Piper	86	U	Montreal, QC	7/8-10
3000m	Junior	10:21.59		5	Campbell	Anita	87	VR	Burnaby	6/3
3000m	Junior	10:23.42		2	Hayes	Piper	86	U	Abbotsford	6/25-26
3000m	Junior	11:11.85		3	Akeroyd	Nicole	86	U	Abbotsford	6/25-26
<b>3000m</b>	<b>Senior</b>									
3000m	Senior	9:49.50		3	McEwen	Heather	81	U	Richmond	6/12
3000m	Senior	9:58.50		4	MacGregor	Meridith	85	VR	Richmond	6/12
3000m	Senior	10:02.95		1	Evans	Tiffany	74	PATH	Abbotsford	6/25-26
<b>3000m</b>	<b>Masters</b>									

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
3000m	Masters	12:14.37		1	McKenzie	Bonnie	62	PEN	Victoria	5/14-15
<b>5000m</b>										
<b>5000m</b>	<b>Junior</b>									
5000m	Junior	17:11.58		22	Rogers	Natalie	84	U	Walnut, CA	4/15
5000m	Junior	17:23.70		3	Kolstad	Kristen	86	SFTC	Regina, SK	8/16-20
5000m	Junior	17:37.57		5	Kolstad	Kristen	86	SFTC	Windsor, ON	7/28-31
5000m	Junior	17:50.57			Hayes	Piper	86	U	Claremont, CA	4/15
5000m	Junior	18:14.00			Hayes	Piper	86	U	Abbotsford	7/23-24
5000m	Senior	22:31.06		5	Swift	Meghan	87	PGTF	Abbotsford	7/23-24
<b>5000m</b>	<b>Senior</b>									
5000m	Senior	17:14.8		2	Elmer	Shannon	85	U	Burnaby	7/12
5000m	Senior	17:21.73		1	McEwan	Heather	81	U	Pulman, WA	4/3
5000m	Junior	17:24.51		4	Elmer	Shannon	85	U	Regina, SK	8/16-20
5000m	Senior	17:26.22		2	Elmer	Shannon	85	U	Eugene, OR	4/23
5000m	Senior	17:32.61		1	Elmer	Shannon	85	U	Abbotsford	7/23-24
5000m	Senior	18:38.97		3	Carpenter	Kristin	85	U	Abbotsford	7/23-24
5000m	Senior	18:43.18		4	Cullis	Jane	84	HH	Abbotsford	7/23-24
<b>5000m</b>	<b>Masters</b>									
5000m	Masters	26:13.37		1	Montgomery	Lenore	30	U	Duncan	6/11-12
<b>10000m</b>										
<b>10000m</b>	<b>Junior</b>									
10000m	Junior	38:04.33		4	Hayes	Piper	86	U	Regina, SK	8/16-20
<b>10000m</b>	<b>Senior</b>									
10000m	Senior	35:06.13		10	Feenstra	Jenn	81	U	Philadelphia, PA	4/28
<b>1500m</b>	<b>Steeplechase</b>									
<b>1500mS/C</b>	<b>Midget</b>									
1500mS/C	Midget	5:13.43		3	Johnson	Justine	91	VTFC	Burnaby	6/4
1500mS/C	Midget	5:40.74		1	Andrew	Kalee	90	VTFC	Victoria	5/14-15
1500mS/C	Midget	5:46.46		1	Thornhill	Alexis	91	PGTF	Burnaby	7/15-17
1500mS/C	Midget	5:50.58		2	McCulligh	Maureen	91	CRC	Burnaby	7/15-17
1500mS/C	Midget	5:54.48		1	Thornhill	Alexis	91	PGTF	Abbotsford	7/23-24
1500mS/C	Midget	6:04.10		1	McCulligh	Maureen	91	CRC	Victoria	5/14-15
1500mS/C	Midget	6:13.01		3	Gill	Nikki	91	SFTC	Burnaby	7/15-17
1500mS/C	Midget	6:23.71		1	Gill	Nikki	91	SFTC	Burnaby	7/9-10
1500mS/C	Midget	6:26.86		2	Gill	Nikki	91	SFTC	Langley	6/18-19
1500mS/C	Midget	6:37.42		2	Daviel	Melisendra	90	KAJ	Abbotsford	7/23-24
<b>1500mS/C</b>	<b>Juvenile</b>									
1500mS/C	Juvenile	5:13.04		1	Lotnick	Sam	89	VR	Abbotsford	7/23-24
1500mS/C	Juvenile	5:13.30		2	Groenewoud	Chantelle	89	NORW	Burnaby	6/4
1500mS/C	Juvenile	5:15.47		5	Lotnick	Sam	89	VR	Burnaby	6/4
1500mS/C	Juvenile	5:21.58		1	Smith	Jessica	89	NORW	Victoria	5/14-15
1500mS/C	Juvenile	5:36.35		9	Wright	Gillian	88	NORW	Burnaby	6/4
1500mS/C	Juvenile	5:41.35		2	Wright	Gillian	88	NORW	Abbotsford	7/23-24
1500mS/C	Juvenile	6:13.97		4	Gaboury	Christina	88	VTFC	Victoria	5/14-15
<b>1500mS/C</b>	<b>Junior</b>									

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
1500mS/C	Junior	5:00.59		1	Appelt	Melissa	87	U	Burnaby	6/4
1500mS/C	Junior	5:53.99		1	Nyarady	Jenna	87	VR	Langley	6/18-19
1500mS/C	Junior	5:57.10		18	Nyarady	Jenna	87	VR	Burnaby	6/4
1500mS/C	Junior	5:57.36		2	Nyarady	Jenna	87	VR	Abbotsford	5/7
<b>1500mS/C</b>	<b>Senior</b>									
1500mS/C	Senior									
<b>2000mS/C</b>										
<b>2000mS/C</b>	<b>Juvenile</b>									
2000mS/C	Juvenile	7:34.64		3	Lotnick	Samantha	89	VR	Edmonton, AB	8/6-7
<b>2000mS/C</b>	<b>Junior</b>									
2000mS/C	Junior	7:06.29		1	Appelt	Melissa	87	U	Abbotsford	6/25-26
2000mS/C	Junior	7:21.92		11	Hayes	Piper	86	U	Montreal, QC	7/8-10
2000mS/C	Junior	7:33.47		2	Hayes	Piper	86	U	Abbotsford	6/25-26
2000mS/C	Junior	7:35.39		3	Clift	Justine	87	SFTC	Abbotsford	6/25-26
2000mS/C	Junior	8:17.38		4	Nyarady	Jenna	87	VR	Abbotsford	6/25-26
<b>2000mS/C</b>	<b>Senior</b>									
2000mS/C	Senior	6:56.82		1	MacGregor	Meredith	85	VR	Abbotsford	6/25-26
2000mS/C	Senior	7:01.48		1	Elmer	Shannon	85	U	Abbotsford	7/23-24
2000mS/C	Senior	7:08.08		7	Elmer	Shannon	85	U	Regina, SK	8/16-20
2000mS/C	Senior	7:16.39		10	MacGregor	Meredith	85	VR	Regina, SK	8/16-20
2000mS/C	Senior	7:56.62		2	Brown	Erica	84	U	Abbotsford	6/25-26
<b>3000mS/C</b>	<b>Junior</b>									
3000mS/C	Junior									
<b>3000mS/C</b>	<b>Senior</b>									
3000mS/C	Senior	10:36.51		2	MacGregor	Meredith	85	VR	Louisville, KY	5/28
3000mS/C	Senior	10:49.55			MacGregor	Meredith	85	VR	Walnut, CA	4/15
3000mS/C	Senior	11:05.91		3	MacGregor	Meredith	85	VR	Louisville, KY	5/28
3000mS/C	Senior	11:13.49		2	MacGregor	Meredith	85	VR	Winnipeg, MA	7/15-17
3000mS/C	Senior	11:13.54			Kristin	Carpenter	82	U	Pulman, WA	4/3
<b>1500m R/W</b>										
<b>1500mR/W</b>	<b>Midget</b>									
1500mR/W	Midget	7:37.18		2	Warwick	Heather	90	KAJ	Burnaby	6/3
1500mR/W	Midget	7:48.0		1	Warwick	Heather	90	KAJ	Burnaby	7/15-17
1500mR/W	Midget	8:04.17		1	Warwick	Heather	90	KAJ	Victoria	5/14-15
1500mR/W	Midget	8:05.4		2	Hindle	Nicole	90	CVAC	Burnaby	7/15-17
1500mR/W	Midget	8:08.21		1	Warwick	Heather	90	KAJ	Abbotsford	7/23-24
1500mR/W	Midget	8:23.24		1	Meade	Courtney	90	CVC	Victoria	5/14-15
1500mR/W	Midget	8:25.49		2	Wilde	Amy	90	CVC	Victoria	5/14-15
1500mR/W	Midget	8:34.19		1	Warwick	Heather	90	KAJ	Coquitlam	6/11-12
1500mR/W	Midget	8:34.37		3	Hindle	Nicole	90	CVAC	Victoria	5/14-15
1500mR/W	Midget	8:41.6		1	Warwick	Heather	90	KAJ	Richmond	4/20
1500mR/W	Midget	9:09.23		2	Kirk	Annika	90	CVC	Victoria	5/14-15
1500mR/W	Midget	9:20.21	m	4	Warwick	Heather	90	KAJ	Burnaby	6/21
<b>1500mR/W</b>	<b>Juvenile</b>									
1500mR/W	Juvenile	8:20.66		1	Bright	Laura	89	VTFC	Abbotsford	7/23-24
1500mR/W	Juvenile	8:45.65		1	Bright	Laura	89	VTFC	Burnaby	7/9-10

Event	Age Category	Result	M	PI	Surname	Name	YOB	Club	Location	Date
<b>1500mR/W</b>	<b>Junior</b>									
1500mR/W	Junior	7:16.97		1	Huzzey	Kaitlin	87	VTFC	Burnaby	6/3
1500mR/W	Junior	8:04.53		6	Hildenbrandt	Leanne	87	VR	Burnaby	6/3
<b>1500mR/W</b>	<b>Senior</b>									
1500mR/W	Senior	6:38.22		1	Huzzey	Megan	85	U	Victoria	5/14-15
<b>1500mR/W</b>	<b>Masters</b>									
1500mR/W	Masters									
<b>1600mR/W</b>										
<b>1600mR/W</b>	<b>Senior</b>									
1600mR/W	Senior									
<b>3000m R/W</b>										
<b>3000m R/W</b>	<b>Junior</b>									
3000m R/W	Junior									
<b>3000m R/W</b>	<b>Senior</b>									
3000m R/W	Senior	14:53.98		1	Huzzey	Megain	85	U	Louisville, KY	5/27
<b>3000mR/W</b>	<b>Masters</b>									
3000mR/W	Masters	18:41.81		1	Keatley-Campbell	Linda	57	VTFC	Duncan	6/11-12
3000mR/W	Masters	20:06.69		1	Hughes	Jacquie	52	U	Duncan	6/11-12
3000mR/W	Masters	23:20.58		1	Jaques	Helen	45	PIH	Duncan	6/11-12
<b>5000mR/W</b>										
<b>5000mR/W</b>	<b>Junior</b>									
5000mR/W	Junior	27:31		1	Kaitlyn	Huzzey	87	VTFC	Victoria	2/27
5000mR/W	Junior	28:03.41	m	2	Kaitlyn	Huzzey	87	VTFC	Richmond	6/12
<b>5000mR/W</b>	<b>Senior</b>									
5000mR/W	Senior	25:50.87	m	1	Spacey	Sian	64	VFAC	Richmond	6/12
5000mR/W	Senior	26:35		2	Megan	Huzzey	85	VTFC	Victoria	2/27
5000mR/W	Senior	28:03.68	m	2	Megan	Huzzey	85	VTFC	Richmond	6/12
<b>5000mR/W</b>	<b>Masters</b>									
5000mR/W	Masters									
<b>10000mR/W</b>										
<b>10000mR/W</b>	<b>Junior</b>									
10000mR/W	Junior									
<b>10000mR/W</b>	<b>Senior</b>									
10000mR/W	Senior	52:16		1	Spacey	Sian	64	VFAC	Vancouver	5/1
10000mR/W	Senior	53:23		1	Foan	Karen	79	U	Victoria	2/27