

RJT SPORTS DAY

On September 30th 2010, Irvine Elementary School in Port Coquitlam, BC was taken over by RunJumpThrow! It was the first ever RJT/Hershey Sports Day event and it was a day to remember. Over 250 students of the school in grades 1 through 7 took part in a series of 8 activity stations positioned all over the school yard.

With a partnership between RJT and the City of Port Coquitlam Healthy Communities team, the fun-filled day has been in the planning stages since the beginning of the summer, and on Thursday, September 30th everyone got to see it come together in action.



The day could not have taken place without the tremendous help and courage of a group of leadership students from the local Terry Fox Secondary School. Mr. Dean Whitson's class was an energetic and courageous group to take control of their respective stations and lead the younger students of Irvine Elementary through some great skill developing games from RunJumpThrow!

The 8 chosen activities were doubled to create 16 different stations across the school-yard and gymnasium at Irvine Elementary on Wellington Street, and each station was lead by a Terry Fox leader. The 16 different stations allowed for every student in the school to be actively participating at all times during the event!

With all the students having a blast running, jumping and throwing, it was not very hard to get the teachers involved with some cheering and positive reinforcement! Following the fun-filled morning of activities, every student received a RunJumpThrow wristband for their hard work! Thank you Irvine Elementary for hosting the first ever RJT Sports Day!



HOST YOUR OWN SPORTS DAY!

Please contact RunJumpThrow – 604.333.3554 or runjumpthrow@bcathletics.org