

Upcoming Community Events:

- Sport BC Power of Sport Tour – Langley (April 17-23, 2010)
- Times Colonist 10K – Victoria (April 25, 2010)
- BMO Vancouver Marathon: Kids MaraFun Zone - Vancouver (May 1-2, 2010)
- Vancouver Sun Run – Vancouver (May 9, 2010)
- Rutland May Days Festival: Sports Zone – Kelowna (May 22-23, 2010)
- Greater Victoria Sports Hall of Fame & PISE Sports Fair – Victoria (May 29, 2010)
- TELUS Walk for a Cure – Aldergrove (June 13, 2010)
- Longest Day 10K – Vancouver (June 18, 2010)

Check the [RJT Webpage](#) for new upcoming events throughout the spring and summer! And look out for our RJT Summer Camp Listings!



Upcoming Workshop:

RJT Community Workshop (8 HR)
Saturday, April 17, 2010
Langley BC
Check the [RJT Webpage](#) for location and schedule updates coming soon!

Summer Job Opportunities –RJT Instructors

Want to make money this summer? Work at RJT events and make cash \$\$\$
Contact the [RJT Office](#) for info on the next event!

BCSPP

The BC Sport Participation Program (BCSPP) will be coming to an end on March 31, 2010. Over the past 3 years the BCSPP has supported Run Jump Throw and its delivery to children across the province. The program goal was to increase the number of children and youth participating on an ongoing basis in organized sport. *Run Jump Throw would like to thank the BCSPP for all it has done over these past 3 years!*



BC Athletics Blog

Subscribe to the Blog and receive the latest information on the Run Jump Throw program and BC Athletics. To view the Blog [click here](#)

LTAD Event Changes

“As part of the process of the development and implementation of the Canadian Sport for Life/Athletics Canada Long Term Athlete Development Model (LTAD) a review of the events for children and youth ages 9 thru 17 was initiated by Athletics Canada. The goal was to set out the recommended events for athletes in these age groups.”

[Click here](#) to read a notice from BC Athletics President and CEO, [Brian McC Calder](#)

Red & White Weekend at Metropolis a Success!

Thanks to RJT Instructors Kevin Lim, Shai Davis, Katie Reid & Anna Hilborn for helping out on Feb 13-14 at Metropolis' Red & White Weekend Event. Almost 300 children experienced RJT in 2 short days in Burnaby! Thanks Metropolis at Metrotown!

