



BC Athletics 2012 5K Road Race Championship

The BC Athletics 2012 5K Road Race Championship will be held in conjunction with the 7th Annual BMO St Patrick's Day 5K on Saturday, March 17.

Race Information

Certified 5K, fast and scenic loop of Stanley Park. All with an Irish theme; post-race party with great food, green beer, DJ and lots of FUN. Race records are 14:32 (Dylan Wykes) and 16:46 (Kristina Rody). Race starts at 10:00am. Complete race details on the event website: <http://www.stpatricks5k.com/>.

Entry Information

Enter online at: <http://www.events.runningroom.com/site/?racelid=7547>

Race is limited to 1,500 entries. Entry fee is only \$22.00 for BC Athletics athlete members until January 31, \$27.00 up to February 29, and \$32.00 for late registrations.

Championship Eligibility

The Championship portion of the event is open to all Junior, Senior, Masters and Road & Trail members of BC Athletics. Memberships must be received by March 15, 2012 in order to be eligible.

Championship Awards

Championship Medals and Prize Money of \$200, \$100, and \$50 will be presented to:

- The first 3 eligible finishers, men and women, overall.

Championship Ribbons will be presented to:

- The first 3 eligible finishers, men and women, in each age category: 18-19, 20-24, 25-29, 30-34, ... 100+

High Performance Athletes

- Prize Money: \$300/\$200/\$100 to the top-3 men and women overall, in addition to BC Championship prize money.
- To apply for high performance consideration contact info@stpatricks5k.com

Travel Assistance

Through the Sport Experience program, BC Ferries and Sport BC will assist with ferry travel costs for athletes participating in the BC Championship. For further details, see the Sport BC website: <http://sportbc.com/membership-information/member-discount/bc-ferries/>. Applications for travel assistance must be received at least two weeks before the Championship. Due to overwhelming demand, Sport BC may not be able to accept all applications.