



**2010 BC Midget 15 Track & Field Team Trials
BC Track & Field Championships
July 16 to 18 – Abbotsford**

Selection Criteria & Standards (Amended May 25/10)

Overview

The Legion Canadian Youth Track & Field Championships for Midgets is an important completion along the Athlete Development Pathway and serves to identify athletes for future BC and Cdn Youth 16/17 yr old teams. See the Athletics Canada National Team Programs at: <http://www.athletics.ca/main.asp> The Legion National Youth Championships are a critical step towards these major events.

BC Athletics will provide support to those qualifying athletes (see General Criteria for Funding & Team Selection and the team selection criteria and standards.)

- Maximum Team Size: 15 athletes plus staff

General Information

- **Legion Canadian Youth Track & Field Championships, Ottawa, Ontario**
- **August 4 – 10, 2010 (August 6-8 competition days)**

| Dates | Description | Location/Notes |
|------------------------|--|---|
| Apr 1/10 to July 18/10 | Qualifying Window for the achievement of Standards | Legal Performances at Sanction T&F Competitions |
| July 9/10 | Athlete Declarations – final date for receipt | See Team Selection at: www.bcathletics.org |
| July 18/10 | BC Team Selection | Following the BC Championships July 16-18/10 |
| July 16-18/10 | BC Midget (14/15) Track & Field Championships | Note: Athletes must compete in the Championships to be considered for the BC Midget 15 T&F Team |
| July 26/10 | Entry deadline for Legion Canadian Youth T&F Championships | BC Athletics will enter All BC Team Members |
| July 16-18/10 | BC Midget Track & Field Championships | Qualifying Championship for BC Athlete Assistance (BC Carding) |

Championship Entries - Travel – Accommodation & Meals

- BC Athletics will do the entries for all BC Team athletes
- BC Athletics thru the Royal Cdn Legion has blocked seats for the BC Team Athletes and Coaches for travel to Ottawa. Team athletes and staff must use these bookings. Team Travel Days: Depart Aug 4/Return Aug 10. Details will be available from the BC Athletics Office at: summerstudent@bcathletics.org or ph: 604-333-3558
- Accommodation – Is arranged by the Royal Cdn Legion. Details available as above.

Selection Guidelines

Athletes wishing to be considered for selection to the BC Legion Midget 15 Team to compete at the Legion Cdn Youth T&F Championships, Aug 4-10, 2010 in Ottawa, Ontario must:

1. Meet the BC Athletics General Criteria for Funding Support and Selection;
2. Take part in the 2010 BC Athletics Midget T&F Championships and Team Trials (July 16-18/10 in Abbotsford, BC) in the events they wish to be considered for team selection or as per the exceptions as provided for in Selection Criteria #5.
3. Athletes must meet the Selection Criteria, which include the funding standards.

Athlete Declarations are due at BC Athletics by July 9, 2010. Please fax declarations to 604-333-3551 to the attention of BC Athletics Technical Manager – Track and Field. **See Team Selection at: www.bcathletics.org**

Selection Criteria

Athletes achieving the funding standards will be considered for selection in the following order:

1. Winner in standard in the selection meet;
2. Winner in non standard but having achieved the standard in the current 2010 Outdoor season with performances recognized at a sanctioned meet.
3. Non winner in standard in the selection meet; Note: See Category 5
4. Non winner in non standard but having achieved the standard in the current 2010 Outdoor season; Note: See Category 5
5. Athletes unable to compete in the selection meet for the reasons as listed below will have their performances considered relative to: **Criteria 3, Criteria 4 and Criteria 6**. Notification in writing to BC Athletics is required prior to the start of the first day of competition for a, b, c below, 2 weeks for d;
 - a. Illness - a medical certificate is required (see BC Athlete Assistance above) plus a fitness test and the attainment of a standard prior to selection.
 - b. Injury - as in the above.
 - c. Domestic affliction – see above under BC Athlete Assistance
 - d. Conflict with a competition deemed to be of greater importance, notification of which must be made to BC Athletics **at least 2 weeks prior** to the selection meet: Canadian or BC Team Competition; Canadian Championship.
6. Other athletes may be considered by nearness to the standard and medal potential based on the results at the trial meets. Note: See Category 5

NOTE: Due to limitations in team size (15), achieving the selection standard does not guarantee selection. BC Athletics will not support athletes who pass up the BC selection meet for reasons other than those noted above. **Midget age category at the Legion Championships is open to qualifying athletes. See: <http://www.athletics.ca/legions2010/>**

BC Athlete Assistance 2010-2011 **Important information for athletes/coaches**

- **Athletes wishing to be considered for BC Athlete Assistance (BC Carding) must take part in the 2010 BC Senior Track & Field Championships unless they are:**
 1. **Competing on a Cdn or BC Team – notification to BC Athletics 2 weeks prior to the BC Championships**
 2. **Injured or Ill – ONLY a letter from a Medical Doctor will be accepted. This must be presented prior to the start of the Championships**
 3. **Domestic Affliction – defined as a personal or family tragedy, incident or emergency that does not allow you to attend the Championships. Notification must be received prior to the start of the Championships unless this is not possible.**
 4. **Education, Exam or Graduation commitment**

2010 Midget 15 Year Old Team Selection Standards for the Canadian Legion Youth T&F Championships

| Girls | Events | Boys |
|---------------------|------------------------------|---------------------|
| 2010 | | 2010 |
| 12.45 | 100m | 11.23 |
| 25.51 | 200m | 23.02 |
| 41.22 | 300m | 37.34 |
| Equiv *57.90 | *400m | Equiv *52.48 |
| 2:15.62 | 800m | 2:00.89 |
| 3:38.28 | 1200m | 3:12.24 |
| Equiv *4:45.00 | *1500m | Equiv *4:09.09 |
| 6:28.68 | 2000m | 5:42.43 |
| Equiv *10:21.31 | *3000m | Equiv *9:08.67 |
| 12.05 | 80mh | n/a |
| n/a | 100mh | 14.32 |
| 28.68 | 200mh | 25.78 |
| Equiv *45.93 | *300mh | Equiv *41.33 |
| * New Event 5:05.00 | 1500m S/C no water jump | * New Event 4:29.00 |
| *Equiv 5:20.00 | 1500m S/C with water jump | *Equiv 4:44.00 |
| 5.15m | Long Jump | 6.23m |
| 1.60m | High Jump | 1.83m |
| 10.77m | Triple Jump | 12.27m |
| 12.29m | Shot Put | 14.95m |
| 30.21m | Discus | 47.43m |
| 36.03m | Javelin | 49.87m |
| 7:55.00* New Event | 1500 RW | 7:25.00* New Event |
| 4 x 100m Relay | | |
| 1600m Medley | | |

Please note:

Note: The events offered in the Midget Age Group are those set out by Athletics Canada and the Provincial Branches as part of the Long Term Athlete Development Model. There have been changes and you should be familiar with this information. Please see the following for more details:

<http://bcathletics.wordpress.com/2010/03/17/359/>

Not all events offered by BC Athletics and Clubs for the Midget age group are included in the Legion Canadian Youth Track & Field Championships.

Equivalent Standards: Have been provided for those events where the distances and technical standards are not aligned with the BC School T&F Technical Standards. These will be reviewed annually.

Rules set by the Dominion Command of the Royal Canadian Legion limit the number of athletes to 25 in any one of the two age groups offered at the Legion National T&F Championships. BC Athletics sends 25 Youth and 15 Midget 15 athletes.

Standards are based on the average of the 3rd place performance in the Legion National Track & Field Championships from the previous 5 years, unless noted. Standards may also be adjusted by the BC Athletics Event Group Committee to better reflect the expected performance levels of 15 Year Old athletes on this BC Team.

Due to limitation of 2 athletes per event and a team size of 15 - 15 Year Old aged athletes, **achieving the selection standards does not guarantee selection.**

Note: The Midget (14/15) age group at the Legion Cdn Youth Championships is Open to any qualifying Midget age athlete. See: <http://www.athletics.ca/legions2010/>