



2011 BC Midget 15 Track & Field Team Trials

*** New → BC Midget Pentathlon Championship
June 25 – Surrey**

**BC Midget Track & Field Championships
July 15 to 17 – Coquitlam**

Selection Criteria & Standards

Overview

The Legion Canadian Youth Track & Field Championships for Midgets is an important completion along the Athlete Development Pathway and serves to identify athletes for future BC and Cdn Youth 16/17 yr old teams. See the Athletics Canada National Team Programs at: <http://www.athletics.ca/main.asp> The Legion National Youth Championships are a critical step towards these major events.

BC Athletics will provide support to those qualifying athletes (see General Criteria for Funding & Team Selection and the team selection criteria and standards.)

- Maximum Team Size: 15 athletes plus staff

General Information

- Legion Canadian Youth Track & Field Championships, Ottawa, Ontario
- August 3 – 9, 2011 (August 5, 6, 7 competition days)

Dates	Description	Location/Notes
March 18 to June 25/11	Pentathlon - Qualifying Window for achievement of Standards	Legal Performances at Sanction T&F Competitions
March 18 to July 17/11	All other events - Qualifying Window for achievement of Standards	Legal Performances at Sanction T&F Competitions
July 10/11	Athlete Declarations – final date for receipt	http://www.bcathletics.org/main/pdf/teamdec11.pdf
July 18/11	BC Team Selection	Following the BC Championships July 15-17/11
June 25/11 July 15-17/11	BC Midget (14/15) Pentathlon Championships BC Midget (14/15) Track & Field Championships	Note: Athletes must compete in the Championships to be considered for the BC Midget 15 T&F Team
July 25/11 – early and July 28/11 - final	Entry deadlines for Legion Canadian Youth T&F Championships	BC Athletics will enter All BC Team Members
June 25/11 July 15-17/11	BC Midget Pentathlon BC Midget Track & Field Championships	Qualifying Championship for BC Athlete Assistance (BC Carding)

Championship Entries - Travel – Accommodation & Meals

- BC Athletics will do the entries for all BC Team athletes
- BC Athletics thru the Royal Cdn Legion has blocked seats for the BC Team Athletes and Coaches for travel to Ottawa. Team athletes and staff must use these bookings. Team Travel Days: Depart Aug 3/Return Aug 9. Details will be available from the BC Athletics Office at: summerstudent@bcathletics.org or ph: 604-333-3558
- Accommodation – Is arranged by the Royal Cdn Legion. Details available as above.

Selection Guidelines

Athletes wishing to be considered for selection to the BC Legion Midget 15 Team to compete at the Legion Cdn Youth T&F Championships, Aug 3-9, 2011 (Competition days Aug 5, 6, 7) in Ottawa, Ontario must:

1. Meet the BC Athletics General Criteria for Funding Support and Selection;
2. * **NEW for 2011** - Take part in the 2011 BC Athletics **BC Midget Pentathlon Championships** June 25 in Surrey, BC for Pentathlon – M/W
3. Take part in the 2011 BC Athletics Midget T&F Championships and Team Trials July 15-17 in Coquitlam, BC and in the events they wish to be considered for team selection or as per the exceptions as provided for in Selection Criteria #5.
4. Athletes must meet the Selection Criteria, which include the funding standards.

Athlete Declarations are due at BC Athletics by July 10, 2011. Please fax declarations to 604-333-3551 to the attention of BC Athletics Technical Manager – Track and Field. **See Team Selection at:** <http://www.bcathletics.org/main/pdf/teamdec11.pdf>

Selection Criteria

Athletes achieving the funding standards will be considered for selection in the following order:

1. Winner in standard in the selection meet;
2. Winner in non standard but having achieved the standard in the current 2011 Outdoor season with performances recognized at a sanctioned meet.
3. Non winner in standard in the selection meet; Note: See Category 5
4. Non winner in non standard but having achieved the standard in the current 2011 Outdoor season; Note: See Category 5
5. Athletes unable to compete in the selection meet for the reasons as listed below will have their performances considered relative to: **Criteria 3, Criteria 4 and Criteria 6**. Notification in writing to BC Athletics is required prior to the start of the first day of competition for a, b, c below, 2 weeks for d;
 - a. Illness - a medical certificate is required (see BC Athlete Assistance above) plus a fitness test and the attainment of a standard prior to selection.
 - b. Injury - as in the above.
 - c. Domestic affliction – see above under BC Athlete Assistance
 - d. Conflict with a competition deemed to be of greater importance, notification of which must be made to BC Athletics **at least 2 weeks prior** to the selection meet: Canadian or BC Team Competition; Canadian Championship.
6. Other athletes may be considered by nearness to the standard and medal potential based on the results at the trial meets. Note: See Category 5

NOTE: Due to limitations in team size (15), achieving the selection standard does not guarantee selection. BC Athletics will not support athletes who pass up the BC selection meet for reasons other than those noted above. Midget age category at the Legion Championships is open to qualifying athletes. See: <http://www.athletics.ca/Legions2011/>

BC Athlete Assistance 2011-2012
Important information for athletes/coaches

- Athletes wishing to be considered for BC Athlete Assistance (BC Carding) must take part in the 2011 BC Track & Field Championships unless they are:
 1. Competing on a Cdn or BC Team – notification to BC Athletics 2 weeks prior to the BC Championships
 2. Injured or Ill – ONLY a letter from a Medical Doctor will be accepted. This must be presented prior to the start of the Championships
 3. Domestic Affliction – defined as a personal or family tragedy, incident or emergency that does not allow you to attend the Championships. Notification must be received prior to the start of the Championships unless this is not possible.
 4. Education, Exam or Graduation commitment

2011 Midget 15 Year Old Team
Selection Standards for the Canadian Legion
Youth T&F Championships

Girls	Events	Boys
2011		2011
12.45	100m	11.30
25.60	200m	23.12
40.42	300m	37.52
2:15.92	800m	2:01.50
3:38.31	1200m	3:15.40
6:17.34	2000m	5:39.60
*New 4:55.00 no water jump 5:06.00 with water jump	1500m S/C	*New 4:30.20 no water jump 4:41.00 with water jump
12.17	80mh	n/a
n/a	100mh	14.47
28.42	200mh	25.43
5.17m	Long Jump	6.19m
1.58m	High Jump	1.81m
10.83m	Triple Jump	12.46m
* new 2.70m	Pole Vault	* new 3.40m
12.25m	(3kg)Shot Put (4kg)	14.95m
30.66m	(1kg) Discus (1kg)	48.09m
35.88m	(600g) Javelin (600g)	48.14m
*new 39.53m	(3kg) Hammer (4kg)	*new 43.72m
*new 2860 pts	Pentathlon	*new 3290 pts
4 x 100m Relay		
1600m Medley		

Please note:

Note: The events offered in the Midget Age Group are those set out by Athletics Canada and the Provincial Branches as part of the Long Term Athlete Development Model. There have been changes and you should be familiar with this information.

***New Events for 2011:** Pole Vault – M/W; Hammer – M/W; Pentathlon – M/W; 1500m S/C (no water) M/W. BC Team Standards for these events were developed by looking at the top 3 performances in BC over the last 5 yrs (as information was available), establishing an average and adjusted as necessary to reflect the expected performance level of BC athletes in 2011.

Rules set by the Dominion Command of the Royal Canadian Legion limit the total number of athletes per Legion team to 40. Furthermore the Legion limits the number per age group to a maximum of 25 in only one of the two age groups for Legion Teams. BC Athletics selects 25 Youth athletes and 15 Midget 15 athletes. **There is an open category for athletes aged 16/17 and Midget 14/15 of age who are not selected to the BC Legion Team. They can enter this Cdn Championship on their own.**

Standards are based on the average of the 3rd place performance in the Legion National Track & Field Championships from the previous 5 years, unless noted. Standards may also be adjusted by the BC Athletics Event Group Committee to better reflect the expected performance levels of 15 Year Old athletes on this BC Team.

Due to limitation of 2 athletes per event and a team size of 15 - 15 Year Old aged athletes, **achieving the selection standards does not guarantee selection.**

Note: The Midget (14/15) age group at the Legion Cdn Youth Championships is Open to any qualifying Midget age athlete. See: <http://www.athletics.ca/Legions2011>