

Heptathlon

BC Athletics Track Field Records

Women - updated 2/7/2008

Heptathlon (Old) *Prior to 4/1/85 - Old Javelin prior to 1/1/86*

				100mH	HJ	SP	200m	LJ	JT	800m			
N	5751	Connie Polman-Tuin (63)	Wind	13.9 (-3.55)	1.67	13.19	24.6	5.85	35.38	02:25.0	PR	8/22-23/83	Oceanside
N	5751	Connie Polman-Tuin (63)	Wind	13.9 (-3.55)	1.67	13.19	24.6	5.85	35.38	02:25.0	PR	8/22-23/83	Oceanside
Jr	O 5433	Connie Polman-Tuin (63)		14.54	1.62m	12.66m	25.09	5.61m	34.26m	02:27.9	PowR	7/11/1981	Winnipeg
	N 5433	Connie Polman-Tuin (63)		14.54	1.62m	12.66m	25.09	5.61m	34.26m	02:27.9	PowR	7/11/1981	Winnipeg
Juv	O 5162	Allison Eades (65)		14.9	1.58m	10.91m	25.5	5.04m	33.72m	02:20.2	CAN/VOC	6/5-6/82	London
	N 5162	Allison Eades (65)		14.9	1.58m	10.91m	25.5	5.04m	33.72m	02:20.2	CAN/VOC	6/5-6/82	London

Heptathlon (New) *From 4/1/85 - New Javelin from 1/1/86 - New Javelin 1/1/99 tables do not change*

				100mH	HJ	SP	200m	LJ	JT	800m			
Sr	O 6325	Denise Lewis									ENG	8/22-23/94	Victoria
	N 5862	Connie Polman-Tuin										8/9-10/87	Indianapolis
Jr	O 5269	Angela Anoliefoh		15.34	1.74m	10.78m	25.21	5.68m	30.66m	2:16.07	PUR/VR	5/18-19/2001	Bloomingtondale, IL
	N 5269	Angela Anoliefoh		15.34	1.74m	10.78m	25.21	5.68m	30.66m	2:16.07	PUR/VR	5/18-19/2001	Bloomingtondale, IL
Juv	O 5015	Kelly Ann Kempf (70)									LM	1985	
	N 5015	Kelly Ann Kempf (70)									LM	1985	
Mid	O 5015	Kelly Ann Kempf (70)									LM	1985	
	N 5015	Kelly Ann Kempf (70)									LM	1985	