

# Want to work in Elementary School Sport Programs?



## BC Athletics



## Curl BC



## Gymnastics BC

**RunJumpThrow (RJT)** teaches the skills of running, jumping and throwing as a basis for all land-based sports, and utilizes the skill progressions of track and field events.

RJT is designed to be delivered to kids 6 – 12 years old, and anyone can be a RJT instructor.

Based on the CS4L 'FUNdamentals' stage - It's fun, fair and inclusive!

The **Capital One Rocks & Rings** program is designed to introduce the Olympic sport of curling to elementary school children.

Rocks & Rings is delivered to kids age 6-12 in a school gym. Anyone can be a Rocks & Rings instructor, regardless of curling experience.

Based on the CS4L 'FUNdamentals' stage – it's a lot of fun for kids of all ages!

The **Kids CanMove** program promotes physical literacy in children from Kindergarten to Grade 7.

**Kids CanMove** puts basic gymnastics activities into easy to understand terminology and skills while empowering instructors to safely teach gymnastics.

Based on the CS4L 'FUNdamentals' stage – preparing children for all sports & activities!

## ARE YOU:

- Available for daytime, weekday, paid contract work?
- Passionate about promoting active living for children age 6-12?
- Willing and able to complete a Criminal Record Check for working with Vulnerable Sector?
- Interested in learning more about these school programs and how you can train to be a **RunJumpThrow Instructor?** A **Rocks & Rings Instructor?** And/or a **Kids Can Move Instructor?**

**FRIDAY OCTOBER 14<sup>TH</sup>, 6-9 PM:** "Rocks and Rings" Training (Curl BC) at Sport BC building, Richmond (**\$30**)

**SATURDAY OCTOBER 15<sup>TH</sup>, 2-9 PM:** "RunJumpThrow" Training (Athletics BC) at Langara YMCA (**\$30**)

**SUNDAY OCTOBER 16<sup>TH</sup>, 2-9 PM:** "Kids CanMove" Training (Gymnastics BC) at Langara YMCA (**\$60**)

**Cost for all THREE training modules: \$120 + HST (\$134.40) (\*or purchase separately as indicated above)**  
*Regular price \$190 + HST (\$212.80)*

**PRE-REGISTRATION IS REQUIRED. CONTACT ONE OF THE FOLLOWING TO PRE-REGISTER FOR MORE INFORMATION:**

### BC Athletics

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### Curl BC

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### Gymnastics BC

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