

## **Course Directions**

Course follows approx. 3km of paved Valley Trail and 7km of packed crush gravel trail

- **START**: Depart Whistler Olympic Plaza and cross Blackcomb Way
- Turn right onto valley trail along Blackcomb Way
- Turn left on Valley Trail at Audain Museum
- Cross Parking lot road and continue on Valley Trail for 50m
- Turn right on Valley Trail at the circle junction next to Whistler Skate Park
- After 200m Turn left onto Valley Trail leading to covered bridge
- Stay left on Valley Trail after covered bridge, and continue uphill to Blackcomb way (Blackcomb Day Lodge across the road)
- Stay left and enter gravel trail at top of hill, begin downhill on gravel
- Stay on Gravel Trail for approx. 300 m, following it next to Fitzsimmons Creek and under Lorimer Road
- Turn right onto paved valley trail <u>after</u> going under Lorimer Road
- Turn Left on Valley Trail at junction after 300m
- Stay on Valley trail parallel to Blackcomb way past the Chateau Whistler Golf Club clubhouse.
- Stay on Valley Trail as it follows the Chateau Whistler Golf Course first hole on your left
- Turn left on Valley Trail at Lost Lake Road
- After 200m Turn right onto Lost Lake Loop.
- Follow Lost Lake Loop past the warming hut, and along the lake shore
- Turn Right onto Old Mill Road at the north end of Lost Lake
- Follow Old Mill Road for approx. 2 km to the second set of overhead powerlines above Nicklaus North Golf Course. Note that Old Mill Road takes a hard left under the first set of powerlines at the disc golf course. This is the location of the on-course aid station.

- Turn Left at second set of overhead powerlines onto Lower Panorama trail.
- Follow Lower Panorama uphill for approx. 2.5km making a right at Helens Corner to stay on Lower Panorama
- Turn right off Lower Panorama onto Lost Lake Loop at Proposal Corner
- Stay on Lost Lake Loop trail for approx. 2 km all the way back to Passive Haus at the entrance to Lost Lake Park.
- Cross the Blue Bridge in front of Passive Haus
- Turn Left onto Valley Trail and go under Lorimer Road
- Turn right onto Valley Trail immediately after crossing under Lorimer Road
- Stay on Valley Trail as it runs parallel to Lorimer Road
- Turn left on Valley trail at Blackcomb way across from the medical center
- After 150m turn right and Blackcomb Way on the crosswalk into Whistler Olympic Plaza.
- **FINISH** in Whistler Olympic Plaza